Printed: 11/24/2024 Form Approved OMB No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 495211 NAME OF PROVIDER OR SUPPLIER Mount Vernon Healthcare Center		(X2) MULTIPLE CONSTRUCTION A. Building B. Wing STREET ADDRESS, CITY, STATE, ZI 8111 Tiswell Drive Alexandria, VA 22306	(X3) DATE SURVEY COMPLETED 11/08/2019
For information on the nursing home's	plan to correct this deficiency, please con	Lact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0550 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	her rights. **NOTE- TERMS IN BRACKETS H Based on observation, staff intervie and dignity for one resident (Resid The findings included: 1. For Resident # 261, the facility s assessment. Resident # 261 was v Resident # 261 was a [AGE] year of limited to, Anxiety Disorder, Insomi first Lumbar Vertebra, Low Back P Resident #261 did not have a Minin Resident #261 stayed in the facilit Review of the clinical record was of Review of a Facility Reported Incid The report stated that on 6-25-18, 6/25/2018 reporting that his mothe on 6-22-2018, day of admission. P report that nurse (LPN E) ha indelicate during the procedure. The alleged cavity check but was alarm back as result of being turned and facilitated; however, he elected not admitted that he waited to share the	HAVE BEEN EDITED TO PROTECT Community, and clinical record review, the facility ent #261) in a sample size of 43 reside staff failed to ensure a dignified experies when up between 1:00 am and 1:30 and an experience where the facility on [Dinia, Gastroesophageal Reflux Disease ain, muscle weakness and lack of coordinating the facility on [Dinia, Gastroesophageal Reflux Disease ain, muscle weakness and lack of coordinating the facility on [Dinia, Gastroesophageal Reflux Disease ain, muscle weakness and lack of coordinating the facility on [Dinia, Gastroesophageal Reflux Disease ain, muscle weakness and lack of coordinating the facility on [Dinia, Gastroesophageal Reflux Disease ain, muscle weakness and lack of coordinating the foreast (MDS) because she had get (MDS) because she had given the facility on facility and the facility on facility manner for the facility on facility manner facility on facility manner facility on facility on facility manner facility on faci	ity staff failed to maintain respect ents. Ince during an admission skin m for a skin assessment. In ATE] with the diagnoses of, but not young Compression Fracture of redination. Indoor of the compression of the compres

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID: 495211

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Mount Vernon Healthcare Center	-n	8111 Tiswell Drive	P CODE	
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F 0550 Level of Harm - Minimal harm or potential for actual harm	The son requested to have his mother moved to another SNF (Skilled Nursing Facility). Facility complied with this request and discharged the patient on 6/25/18 to the facility chosen by the patient and her son. Patient discharged at approximately 7:30 p.m.			
·	Review of the FRI update form date	ed 6/29/2018 revealed the following do	cumentation:	
Residents Affected - Few	We are unable to substantiate the patient's claim that she was subjected to a forced cavity check by Nurse (LPN E) or any other staff member. The facility has initiated education for all staff on reporting and escalating allegations of abuse to the appropriate personnel in real time. We have also begun educating all nurses on the proper method to admit a patient, including performing all assessments with another caregiver present, explaining all procedures to the patient in a manner that is easily understood, and ensuring the patient is fully awake and coherent before commencing with any tests, procedures, or medication administration.			
	On 11/7/2019 at 10:10 a.m., an interview was conducted with the Administrator who stated he remembered the incident and FRI that was submitted to the State Agency. The Administrator was asked to present the investigation file of the FRI for Resident # 261 for the surveyor to review. The Administrator returned with the investigation file at approximately 10:25 a.m.			
	Review of the investigation file includocumentation of portions of the cli	uded the Facility Reported Incident form nical record.	ns, several witness statements and	
	Review of typed witness statements revealed documentation included but not limited to statements from Resident # 261, the nurse accused of performing a cavity search LPN (Licensed Practical Nurse) E, the nurse who actually performed the skin assessment (LPN F), the RN (Registered Nurse) Supervisor, the Acting Director of Nursing (Employee G) and the Administrator.			
	Review of a typed statement from F	Resident # 261 revealed this statement	:	
	some exercise on the hallway and went to sleep. I asked (LPN E it form (sic) the pharmacy which lat patients on the hallway and in the r deep sleep and she was ripping off my side which caused me to have (LPN E) what she was doing and to I asked her why are you doing this her that she was lying and she was she stopped. Then I called my son not go to sleep till 7 am in the morn (RN-Registered Nurse G), the nurs nurse should not come back to my 6/24/2018, the nurse(LPN H)	ame of hospital) on Friday, 6/22/2018 at to the second floor dining room on and be to give me my flexeril and she told me or on gave it to me before I went to be unursing station. At 1:30 am, the nurse, all my clothes rough without asking for beain and muscle spasm on my back sure to me again and again and she told me to me again and again and she was try at around 1:50 am and gave him all the ling, I was frightened. On Saturday 6/2: who was taking care of me on the da room and if that happened he will call at took care of me and he was good. The statement. It was not signed and was not signed a	off till approximately 11:30 pm and e she was in the process of getting d. I also met most of the staff and (LPN E) woke me up from my r permission and she rolled me on rgical site. I was yelling at raway and she was strong. Again, as she was checking my skin. I told ing to put something in my rectum, as details of what happened. I did 3/2018, my son called ry shift and told him that LPN E the apolice. On the night shift of a name of Resident # 261 was	

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F 0550 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Review of the typed witness statem F), revealed documentation: On 6/23/2018, approximately 12 an (Resident # 261)	full regulatory or LSC identifying information tents from the nurse who actually perform the street of the facility on the complete of the facility on the facility of the facility had time to wait until a more appropriated of the facility had time to wait until a more appropriated of the daministration of the facility had time to wait until a more appropriated after the became aware of the facility had time to wait until a more appropriated of the daministration of the facility had time to wait until a more appropriated of the daministration of the facility had time to wait until a more appropriated of the facility had time to wait until a more appropriated of the facility had time to wait until a more appropriated of the facility had time to wait until a more appropriated of the facility had time to wait until a more appropriated of the facility had time to wait until a more appropriated of the would check the facility had time to wait until a more appropriated after he became aware of the situation of the facility had time to wait until a more appropriated of the would check the facility had time to wait until a more appropriated of the with her during the assessment and the with another staff member present, and the facility had time to wait until a more appropriated of the with her during the assessment and the with another staff member present, and the facility had time to wait until a more appropriated of the with her during the assessment and the with ano	e (LPN E) about [DATE] around 6:30 pm to room een 1:00 am and 1:30 am, my name was (LPN F) toe assessment and she gave the (Resident # 261) assisted me assessed the upper part of her urgical scar and her bottom. While opened her buttock and assessed Resident # 261 was asking me at to (Resident # 261) that I oblete skin assessment. rugs and I again told her that I was her gown and helped her to put it n and again I told her sorry that I obsessment, (Resident # 261) her room with the vital sign Resident # 261) was telling me that d she was upset about it. I ore midnight and I was the one I #261) stated that (LPN E) was the e and she stated that I was not the e whole time except that she was by (LPN E). orm. It was not signed. There was rator who stated the facility had the ain number of hours after letermine the exact time frame for mission skin assessments should policy on Admission assessments. the hour to complete the skin tition on 6/25/2018 and completed istrator stated the nurse (LPN F) and could have waited until later to or stated the nursing staff had been
	awake, alert and understands the assessment and gives consent. (continued on next page)		

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	Review of the facility policy entitled Admission Evaluation Effective: 1/24/2007, Revised: 10/30/2013, 9/21/2016. Reviewed: 5/29/2019 revealed the definition: Admission: the first 24 hours the resident is in the facility or returning to the facility. Under Policy was written:			
Residents Affected - Few	It is the policy of this facility to provide resident centered care that meets the psychosocial, physical and emotional needs and concerns of the residents. A systematic evaluation is completed by a licensed nurse upon admission/readmission to assist in determining the most effective and appropriate care needs of each resident admitted to the center.			
	Procedure:			
	Complete the admit/Readmit/Quelectronically as soon as feasible but	arterly Screener assessment and appr ut within 24 hours.	opriately triggered assessments	
	On 11/7/2019 at 4:05 p.m., an interview was conducted with the Assistant Director of Nursing (Employee F). Employee F stated the resident (Resident # 261) nurses should perform nursing assessments with another staff member present after they obtain consent for the assessment. Employee F stated Resident # 261 was assessed by her physician at the facility and transferred to another skilled nursing facility. Employee F stated the resident and her son were upset.			
	Review of the Nurses Notes reveals the response by Resident # 261.	ed no documentation of the skin assess	sment performed by LPN F and/ or	
	Review of the Admission Assessments (Admission Observation Tool and Skin Grid Pressure Assessment revealed both were dated 6/23/2018 were signed by LPN F. There was no documentation either of those documents of Resident # 261's response during the assessments.			
	LPN F was no longer employed at t were unsuccessful-voicemail messa	he facility at the time of survey. Two at age stated voicemail is full.	tempts to reach her via telephone	
	On 11/8/2019 at 12:30 PM, attempt to reach Resident # 261's son via telephone was unsuccessful. The phone rang several times but no voicemail was available. Another attempt to reach Resident # 261's son via telephone, the son answered but stated it was not a convenient time. The resident's son stated he would return the call to the surveyor.			
	During the end of day debriefings on 11/7/2019 and 11/8/2019, the facility Administrator and Director of Nursing were informed that the facility staff performed an admission skin assessment between 1:00 am and 1:30 am, and continued with the assessment when the resident was upset indicated by the fact that she verbalized more than once that she thought it was a drug search.			
	No further information was provided.			

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F 0554 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Allow residents to self-administer d **NOTE- TERMS IN BRACKETS H Based on observation, staff intervies staff failed to assess a Resident to medications at the bedside for one The findings included: For Resident #86 the facility staff lest been assessed or determined to be Resident #86 was admitted to the factor of the state of	rugs if determined clinically appropriate IAVE BEEN EDITED TO PROTECT Color, facility documentation review and condetermine if they were safe to administ Resident (Resident #86) in a survey of set medications at the bedside for the Resident (Resident #86) in a survey of set medications at the bedside for the Resident (Resident #86's diagrated in the set of the IAME of the IAM	DNFIDENTIALITY** 41449 Inical record review, the facility ter medications, before leaving 43 Residents. esident when the Resident had not redications. It is included but were not limited, degenerative disease of the hydronephrosis, and muscle I) with an ARD (assessment ident #86 was coded as having lintact cognitive skills. Resident redications, personal hygiene, and if bowel and occasionally to not be in his room. Observation the cup with a small, 1/2 of a white, reveyor C to Resident #86's room. Its meds [medications] but I think it ations at the bedside, RN D stated, Resident #86 self-administers the nursing station. RN D call the doctor and let him know. In order Metoprolol Tartrate Tablet, redate was 10/10/19 and continued conducted, to include the careplan

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F 0554 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	On 11/6/19 at 11:37 AM, a request been assessed to self administer m documents. On 11/07/19 at 04:31 PM the facilit administration, the Administrator st When asked if medications can be observe the resident take the meds. On 11/8/19 at 9:00 AM a review of 11/6/19 at 10:52 AM, written by RN it was noted that he did not take his his bedside table, and patient went given to re-check patient's blood pr was within normal limit (124/79), ar was made by LPN D at 12:34 PM this blood pressure medication, pating Review of the facility policy titled Meremain with resident until the medical The facility administrator and Directions.	was made for any assessments or det nedications. The facility Director of Nursey Administrator was asked his expecta ated, I expect them to follow the 7 right left at the bedside, the Administrator states. Resident #86's electronic clinical record D that read, Patient was given his most blood pressure medication metoprolo down for therapy. MD was called and ressure upon return on the floor since paid to give the blood pressure medication hat read, patient returned to the floor, went its oh I didn't, it must have been stitlesident Self-Administration of Medication to self-administer medication until the action of the self-administer medication until the action of the self-administration with a review cation is swallowed, do not leave medication of Nursing (DON) were advised during of day meeting on 11/8/19, of medication of day meeting on 11/8/19, of medication and control of the self-administration of the self-administration of the self-administration with a review cation is swallowed, do not leave medication of the self-administration of the self-administration of the self-administration with a review cation is swallowed, do not leave medication of the self-administration of the self-administration with a review cation is swallowed, do not leave medication of the self-administration of the self-administration with a review cation is swallowed, do not leave medication of the self-administration of the self-administration with a review cation of the self-administration with a review cation of the self-administration of the self-administration with a review cation of the self-administration with a self-administration with a self-administration with a self-administration with a self-	termination that Resident #86 had sing stated they had no such tions regarding medication ts of medication administration. tated, of course not, she has to describe revealed a nursing note dated rating medications today, however, if 12.5mg. Medication was noted on informed of the above. New order patient blood pressure this morning on after. Another nursing note entry was informed that he had not taken ick [sic] to the bottom of the cup. Ons with a review date of 5/29/19 assessment is completed by the date of 5/29/19 read on page 4, cation at bedside.	

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F 0558 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Reasonably accommodate the nee **NOTE- TERMS IN BRACKETS F Based on observation, resident inte failed to provide accommodations t 43 residents. The findings include: For Resident #41, the callbell was assistance. Resident #41, an [AGE] year old m but not limited to muscle weakness Resident #41's most recent Minimu 09/18/2019 was coded as an annu- Status (BIMS) score of 9 out of pos requiring extensive assistance for a On 11/5/19 at approximately 10:15 with his callbell located on the wall stated that he did not know where I from the soap dispenser on the wa cannot get out of bed or even reach Employee A was observed in the h conducted with Employee A with re know why the callbell is hanging of Resident #41 could reach his callbe all times so he can use it. Employe bedspread. On 11/6/19, a facility policy regardi Resident Rights, policy #NS 1021-6	ds and preferences of each resident. HAVE BEEN EDITED TO PROTECT Control of the review, staff interview, and facility documents to call for assistance for 1 resident (Resident documents). It is a second of the resident of the right of the head of his bed, wraphis callbell was located and when it was lift, he stated, I have no idea how it ended.	confidential control of the control

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F 0577	Allow residents to easily view the n	ursing home's survey results and comr	nunicate with advocate agencies.	
Level of Harm - Potential for minimal harm	41449			
Residents Affected - Many	Based on observation, staff interview, the facility staff failed to post and have readily accessible the results of the survey reports for the three preceding years, to include any plan of corrections. The facility only had two of the last three years available. In addition the facility did not have plans of corrections that were finalized for two of the three surveys that were available.			
	The findings included:			
	On 11/6/19 at approximately 3:00 PM, the survey binder was observed to be located on a table on the first floor as you enter the nursing facility through the lobby. The binder contained survey results from the following surveys:			
	* May 2018 Standard Survey			
	* June 2018 Life Safety Survey			
	* March 2017 Standard Survey			
	On 11/7/19 at 9:11 AM the survey I	binder was observed to contain the follo	owing surveys:	
	* 5/22/18- 5/24/18 Emergency Pre POC [plan of correction] not final	paredness Survey and Standard Surve	y which had a watermark that read	
	* 6/15/18 Life Safety Survey			
		nd Biennial State Licensure Survey rep watermark that read POC [plan of corr		
	On 11/7/19 at 3:53 PM, during an end of day meeting the facility Administrator was asked about the survey results binder. The Administrator stated it is located in the lobby at the nurses station. When asked about th contents, the Administrator stated it is our last survey results and plan of correction for the last 2 years. When asked if he was aware that the regulations require it to include the last 3 years of results, the administrator stated, I should have been. The Administrator was given the survey results binder during this meeting.			
	On 11/8/19 at approximately 8:10 AM, the facility survey results binder was observed again and revealed the following survey information, and the three years of survey results had not been included:			
	* 5/22/18- 5/24/18 Emergency Preparedness Survey and standard survey which had a watermark that read POC [plan of correction] not final			
	* 6/15/18 life safety survey			
	(continued on next page)			

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F 0577 Level of Harm - Potential for minimal harm Residents Affected - Many	* 3/7/17-3/9/17 standard survey ar	nd biennial state licensure survey reportmark that read POC [plan of correction	rt, which revealed the biennial state

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F 0582 Level of Harm - Minimal harm or	Give residents notice of Medicaid/Medicare coverage and potential liability for services not covered. 40452		
potential for actual harm	Based on staff interview, clinical re	cord review, and facility documentation	review, the facility staff failed to:
Residents Affected - Few	provide notification of non-cover and	age in a timely fashion for one of three	sampled residents (Resident #315
	2) complete an Advanced Beneficia	ary Notice (ABN) for one of three samp	eled residents (Resident #12)
	The findings included:		
	I .	to Medicare Provider Non-Coverage (ould end was 07/17/2019 and Resident	•
	A review of the ABN for Resident # party, an option pertaining to the ca	:12 revealed that although it was signerare and cost was not selected.	d and dated by the responsible
	On 11/08/19 at 09:33 AM, an interview with Employee P, the social worker, was conducted. When asked about the process for issuing NOMNCs and ABNs, Employee P stated that the NOMNC and ABN should be signed 48 to 72 hours, mostly 72 hours in advance. When asked why it was important to have more than a one day notice, Employee P stated To have enough notice for the appeal process.		
	When Employee P was informed Resident #315 signed the NOMNC the day before services would end and the option selection on the ABN for Resident #12 was not completed, Employee P stated I can get back with you on that. Policies for obtaining NOMNCs and ABNs were requested.		
		00 PM, the administrator and DON we by does not have a policy pertaining to	

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F 0656 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Develop and implement a complete that can be measured. **NOTE- TERMS IN BRACKETS In Based on observation, Resident are facility staff failed to develop and in survey sample of 43 Residents. The findings included: 1. For Resident #73 the facility staff tubing for nebulizer. Resident #73, a [AGE] year old woon Chronic Respiratory Failure, COPE dementia, major depressive disorded the Resident as being extensionant and dressing and total assistance with the facility and total assistance with the facility and transposed to the provided that the facility staff to the facility and transposed to the facility and transposed to the facility and scheduled tubing change. Resident #75 a [AGE] year old worn CHF (Congestive Heart Failure), and Failure and heart disease of coronal Resident #75's most recent MDS (In codes resident #75 as having a (Brimpairment. The Resident was also for bed mobility and transfers and the assist for bathing dressing and hygonical services.	e care plan that meets all the resident's AAVE BEEN EDITED TO PROTECT Condition of the staff interview facility documentation in the plane of the staff interview facility documentation in the staff interview was conducted with LF and record review it was noted that the F and with the scheduled tube changing we can admitted to the facility on [DATE] where the staff is the staff interview of Mental Status (assessing in the schedule of the staff interview of Mental Status) BIMS of coded as needing extensive assistant and unable to walk. She required extensive	on eds, with timetables and actions on FIDENTIALITY** 40026 and clinical record review the or 3 Residents (#73, 75, #66) in a er treatments and changing of with diagnoses of but not limited to se), Trach, G-Tube, dysphagia, zures. ssment reference date) of [DATE] stance for bed mobility, transfers g, feeding, and mobility. Resident has a g-tube for feeding and a trach. Itubing to her nebulizer. IN A and she stated the tubing Residents care plan addressed the ekly however they omitted the It to include nebulizer treatments With diagnoses of but not limited to be disorder, COPD, Acute Kidney sment reference date) of [DATE] f 15 indicating no cognitive ce of 2 person physical assistance assistance of 1 person physical

CTATEMENT OF REFIGURES	(VI) PDOVIDED (SUBSTITUTE (ST.)	(/2)	(VZ) DATE CURVEY	
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F 0656	The clinical record review and it was noted that the Residents care plan addressed the PRN use of oxygen along with the scheduled tube changing weekly however it omitted the nebulizer treatment on the care plan.			
Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few		was conducted with RN A who stated lizer tubing like oxygen tubing should be		
	The facility policy for Continuous A	erosol Therapy [nebulizer] read:		
	Page # 2 Paragraph II.			
	Equipment and Maintenance			
	a. Aerosol/Trach masks are to be o	hanged once a week and PRN		
	b. Disposable aerosol tubing and d	rain bags are to be changed once a we	eek and PRN.	
	c. Non - refilled nebulizers are to be staff	e changed 3 times a week and filled as	needed by respiratory or nursing	
	d. Refilled nebulizers are to be cha	nged when empty or once a week.		
	On [DATE] at 2:30 PM the DON sta weekly and care planned as such.	ated that it was her expectation that the	Nebulizer tubing be changed	
	On [DATE] during the end of day m information was provided.	neeting the Administrator was made aw	are of the findings and no further	
	41449			
	antibiotics, being on contact precau	B. For Resident #66 the careplan did not address the current infections of osteomyelitis, C-Diff, receiving l'antibiotics, being on contact precautions, the need for assistance with ADL's, the presence of wounds, the need for wound care, the use of an anticoagulant or history of falls as identified in the comprehensive assessment		
	Resident #66 was admitted to the facility on [DATE], with a readmitted [DATE]. Resident #66's diagnoses included but were not limited to: chronic osteomyelitis with draining sinus of right femur, pyogenic arthritis, infection following a procedure, broken internal right knee prosthesis, local infection of the skin and subcutaneous tissue, pressure ulcer of the sacral region stage 4, and enterocolitis due to clostridium diffici (C-Diff).			
	(continued on next page)			

			NO. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 495211	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2019
NAME OF PROVIDER OR SUPPLIE Mount Vernon Healthcare Center	ER .	STREET ADDRESS, CITY, STATE, ZI	P CODE
Would vortion regulatoure conten		Alexandria, VA 22306	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0656 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Resident #66's most recent MDS (reference date) of [DATE] was cod a BIMS (brief interview for mental swas coded as having required extetoileting. Ambulation and transfers been always incontinent of bowel a diagnoses of deep vein thrombosis management regimen, and had a from [DATE] during rounds it was obroom. The nurse was asked about C-Diff. On [DATE] review of the electronic address the current infections of osthe need for assistance with ADL's anticoagulant or history of falls as in On [DATE] at 5:10 PM an interview electronic careplan's. When asked we do a 48 hour baseline careplan careplanned, RN F stated diagnosis behaviors the nurse taking care of be found, RN F stated, the unit maincluded only the 3 focus areas of: on paper, his assessment was don On [DATE] at approximately 5:15 F asked what the importance of a carable to take care of a resident, it is On [DATE] at approximately 5:20 F Resident #66. RN E provided a doc	minimum data set) (an assessment too ed as an admission assessment. Residentially score of 14, which indicated into status) score of 14, which indicated into status) score of 14, which indicated into status assistance for dressing, personal were coded as having not occurred. Resident deceived anticoagulants (blood the all in the month prior to admission. Inserved that contact isolation supplies within and indicated that Resident #66 we clinical record for Resident #66 reveals the steomyelitis, C-Diff, receiving IV antibios, the presence of wounds, the need for dentified in the comprehensive assession was conducted with RN F, who was the about the process for developing and it and after 21 days we put it in the comps, health conditions, medications like put the patient takes care of that. When as an ager has a binder with it. When shown discharge, CPR and weight changes, for IDATE].	I) with an ARD (assessment dent #66 was coded as having had lot cognitive skills. Resident #66 I hygiene, bed mobility and esident #66 was coded as having coded to indicate Resident #66 had inner), received scheduled pain were outside of Resident #66's as on contact precautions due to ed that the careplan did not tics, being on contact precautions, wound care, the use of an ment. The MDS Coordinator who writes the initiating careplan's, RN F stated, outer. When asked what should be sychotropic, if have falls or ked where the paper careplans can in the careplan for Resident #66 that RN F stated, his careplan should be to give information to the staff to be r, RN E for the paper careplan for in V3- V 3, which had an effective
	Focus problems safety/fall precautions		
	infection control		
		event surgical wound complications	
	emotional support, prevent emotio		
	monitor PICC site to prevent comp		
	pain management with appropriate		
	(continued on next page)		

			No. 0938-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 495211	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2019
NAME OF PROVIDER OR SUPPLIE		STREET ADDRESS, CITY, STATE, Z	IP CODE
Mount Vernon Healthcare Center		8111 Tiswell Drive Alexandria, VA 22306	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informat	ion)
F 0656 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	assist with d/c planning needs monitor ABT [antibiotic] therapy wi On the back of page 7 the following monitor ext [external] fixator and d contact precautions/isolation It was observed that none of these objectives and timeframes to meet On [DATE] at 5:28 PM an interview DON and RN E were asked when t the DON stated, we write on it duri of [DATE]. However, the contact pr On [DATE] a review of the facility p the purpose of this policy the plan o is resident-focused and provides fo guidance to the facility to support the persona-centered care planning an to live with dignity and supports the goals related to the their [sic] daily On [DATE] during an end of day m	entries were dated as to when written the Resident's medical and nursing new was conducted with the facility DON (the handwritten entries were made on the handwritten entries were made on the clinical meeting that was held were autions were not ordered until [DAT woolicy titled Plan of Care Overview with the face, also care plan is the written tree of care, also care plan is the written tree of care, also care plan is the written tree of care, also care plan is the written tree of care inclusion of the resident or resident defined that this planing includes the provision of the resident's goals, choices, and prefere routines and goals to potentially return the planing the facility Administrator and Direction of the resident of the facility Administrator and Direction of the resident of the facility Administrator and Direction of the person-centered of the facility Administrator and Direction of the facility Administrator and Directi	and failed to have measurable leds. Director of Nursing) and RN E. The led the 48 hour baseline careplan and hen it was signed which had a date led to so this wasn't the case. a review date of [DATE] read, for atment provided for a resident that lose of the policy is to provide representative in all aspects of lon of services to enable the resident notes including, but not limited to, to a community setting.

			No. 0938-0391	
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2019	
NAME OF PROVIDER OR SUPPLIE Mount Vernon Healthcare Center	NAME OF PROVIDER OR SUPPLIER		P CODE	
		Alexandria, VA 22306		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying informati	on)	
F 0657 Level of Harm - Minimal harm or	Develop the complete care plan will and revised by a team of health pro	thin 7 days of the comprehensive asse of the comprehensive asse	ssment; and prepared, reviewed,	
potential for actual harm	**NOTE- TERMS IN BRACKETS H	AVE BEEN EDITED TO PROTECT C	ONFIDENTIALITY** 29128	
Residents Affected - Few		erview, staff interview, clinical record re ne resident (Resident # 79) in the surve		
	The Findings included:			
	For Resident #79, the facility sta unstageable pressure ulcers on his	ff failed to review and revise the care p left ankle and left heel.	lan after the development of	
		I who was admitted to the facility on [D. ralized Muscle Weakness, Dementia, Nort Failure.		
	10/11/19 was reviewed. Resident # impaired cognition. He was coded	a Significant Change Assessment with f79 had a Brief Interview of Mental Stat as requiring the extensive physical ass nt #79's range of motion was impaired ng unstageable pressure ulcers.	us Score of 12, indicating mildly istance of at least two people for	
	His previous MDS, which was a Qu reviewed. He was not coded for an	uarterly Assessment, with an Assessme y pressure ulcers.	ent Reference Date of 8/26/19 was	
		d of Resident #79's clinical record. Acculcer was initially identified by a wound		
	Resident #79's care plan was revie their existence or treatment.	wed. It did not document anything rega	arding his pressure ulcers, including	
	The Plan of Care Overview policy dated 5/30/19 was reviewed. An excerpt read, Care Plan is the written treatment provided for a resident that is resident-focused and provides for optimal personalized care. Review care plans quarterly and/or with significant changes in care. Nurses are expected to participate in the resident plan of care for reviewing and revising the care plan of residents they provide care for as the resident's condition warrants.			
	On 11/6/19 an interview was conducted with the facility Administrator (Employee A) in the conference of When asked about his expectation about when a care plan must be revised, he stated that it should be revised within 24 hours of the change in condition, with focused goals and interventions to mitigate further pressure injuries.			

			No. 0938-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2019
NAME OF PROVIDER OR SUPPLIE Mount Vernon Healthcare Center	R	STREET ADDRESS, CITY, STATE, ZI 8111 Tiswell Drive Alexandria, VA 22306	P CODE
For information on the nursing home's	plan to correct this deficiency, please conf	tact the nursing home or the state survey :	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	EIENCIES full regulatory or LSC identifying informati	on)
F 0658 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Ensure services provided by the nut **NOTE- TERMS IN BRACKETS H Based on observation, staff intervies staff failed to follow professional state of 43 Residents. The findings included: 1. For Resident #86 the facility staff Resident (Resident #86) take media. Resident #86 was admitted to the factor Spinal Stenosis, Urinary tract informervous system, cirrhosis of liver, a weakness. Resident #86's most recent MDS (reference date) of 10/15/19 was condad a BIMS (brief interview for men #86 was coded as required extensitioleting. Resident #86 was coded as incontinent of bladder. On 11/6/19 at 9:19 AM during facility of the room revealed on the over-beround pill and a cup of water beside. On 11/6/19 at approximately 9:40 A When asked if it is routine to leave sure they taken them. On 11/6/19 a review of Resident #86 give 12.5 mg by mouth two times a as an active order for Resident #86. On 11/07/19 at 04:31 PM the facility administration, the Administrator state When asked if medications can be observe the resident until the medication with resident until the medication with resident until the medications.	arsing facility meet professional standard IAVE BEEN EDITED TO PROTECT Color, facility documentation review and chandards for three Residents (Residents) and ards for three Residents (Residents) are failed to following nursing standard of cation, and left medication at the bedsideracility on [DATE]. Resident #86's diagnifection, obstructive and reflux uropathy acute kidney failure, hemochromatosis, minimum data set) (an assessment too ded as an admission assessment. Resided status) score of 15, which indicated we assistance in transfers, bed mobility as having been frequently incontinent of the transfers of the bedside, was a medicine at the bedside, was a medicine at the bedside, was a medicine at the bedside, RN D states (BG's current physician orders revealed a day for HTN [hypertension]. The order of the profession of the pr	cross of quality. DNFIDENTIALITY** 41449 Ilinical record review, the facility #86, #107, #2) in a survey sample In practice by failure to observe a de. In oses included but were not limited to degenerative disease of the hydronephrosis, and muscle I) with an ARD (assessment dident #86 was coded as having I intact cognitive skills. Resident to design the present of the properties of the cup with a small, 1/2 of a white, and of bowel and occasionally It onot be in his room. Observation to ecup with a small, 1/2 of a white, and order Metoprolol Tartrate Tablet, and order Metoprolol Tartrate T

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION INTEGRATION NUMBER: 498211 NAME OF PROVIDER OR SUPPLIER Mount Vernon Healthcare Center STITEST ADDRESS, CITY, STATE, ZIP CODE 8111 Tisreell Drive Alexandria, VA 22305 For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC Identifying information) Fights of Medication Administration Definition for actual harm Residents Affected - Some Guidance from [NAME]'s Nursing Center com (www.nursingcenter.com) Rights of Medication Administration 1. Right patient. Check the name on the order and the patient. Use 2 identifiers. Ask patient to identify thimselfiners (When available), use technology (for example, bar-code system). 2. Right medication Check the medication label. Check the order. 3. Right dose Check the order. Confirm appropriateness of the dose using a current drug reference. If necessary, cicluste the dose and have another nurse calculate the dose and were calculated to dose and the correct time. Confirm when the list dose was given. 5. Right route Again, check the order and appropriateness of the route ordered. Confirm that the patient of the correct medication. Double-check that you are giving the ordered dose at the correct time. Confirm when the list dose was given, has his to do an another provided to the desire of the correct medication. What is the patient's history? Why is he/she taking this medication? Be sure to document your monitoring of the patient and any other nursing intervenions that are applicable. Reference: Wirming(2012 Drug Handbook		1	1	1	
Mount Vernon Healthcare Center 8111 Tiswell Drive Alexandria, VA 22306 For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. (X4) ID PREFIX TAC SUMARY STATEMENT OF DEFICIENCIES [Each deficiency must be preceded by full regulatory or LSC identifying information) F 0658 Lovel of Harm - Minimal harm or potential for actual harm Residents Affected - Some Residents Affected - Some 1. Right patient Check the name on the order and the patient. Use 2 identifiers. Ask patient to identify himselffhreself. When available, use technology (for example, bar-code system). 2. Right dose Check the order. Confirm appropriateness of the dose using a current drug reference. If necessary, calculate the dose and have another nurse calculate the dose as well. 4. Right route Again, check the order and appropriateness of the route ordered. Confirm that the patient can take or receive the medication by the ordered route. 5. Right time Check the frequency of the ordered medication. Double-check that you are giving the ordered dose at the correct time. Confirm when the last dose was given. 6. Right only only other specific information as necessary, For example, the site of an injection or any laboratory value or vital sign that needed to be checked before giving the drug. 7. Right reason Confirm the rationale for the ordered medication. What is the patient's history? Why is he/she taking this medication? Revisit the reasons for long-term medication use. 8. Right response Make sure that the drug led to the desired effect. If an anti-hypertensive was given, has his/her blood pressure improved? Does the patient verbalize improvement in depression while on an antidepressari? Be sure to document your monotring of the patient and any other mursing interventions that are applicable. Reference: Nursing2012 Drug Handbook. (2012). [NAME]. Philadelphia, Pennsylvania, www. nursingcenter.com Accessed online 38/18. The facility administrator and Director of Nu		IDENTIFICATION NUMBER:	A. Building	COMPLETED	
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Residents Affected - Some Residents Affected -	(X4) ID PREFIX TAG				
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take or receive the medication by the ordered route. 5. Right time Check the frequency of the ordered medication. Double-check that you are giving the ordered dose at the correct time. Confirm when the last dose was given. 6. Right documentation Document administration AFTER giving the ordered medication. Chart the time, route, and any other specific information as necessary. For example, the site of an injection or any laboratory value or vital sign that needed to be checked before giving the drug. 7. Right reason Confirm the rationale for the ordered medication. What is the patient's history? Why is he/she taking this medication? Revisit the reasons for long-term medication use. 8. Right response Make sure that the drug led to the desired effect. If an anti-hypertensive was given, has his/her blood pressure improved? Does the patient verbalize improvement in depression while on an antidepressant? Be sure to document your monitoring of the patient and any other nursing interventions that are applicable. Reference: Nursing2012 Drug Handbook. (2012). [NAME] & [NAME]: Philadelphia, Pennsylvania. www. nursingcenter.com Accessed online 3/8/18. The facility administrator and Director of Nursing (DON) were advised during an end of day meeting on 11/7/19 at 4:31 PM and again at end of day meeting on 11/8/19, of medications being left at the bedside of Resident #86. No further information was provided. 2a. For Resident #107 the facility staff failed to administer insulin as ordered by the physician on 6 of 16 scheduled doses. Resident #107, was admitted to the facility on [DATE]. Resident #107's diagnoses included but were not limited to: sepsis, osteomyelitis of vertebra sacral and sacrococycygeal region, pressure ulcer sacral region stage 4, pressure ulcer of right upper back stage 4, unspecified dementia without behavioral disturbance, type 2 diabetes mellitus without behavioral disturbance, type 2 diabetes mellitus without complications, and hemiplegia and hemiparesis following other cerebrovascular diseas					
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(continued on next page)		limited to: sepsis, osteomyelitis of vertebra sacral and sacrococcygeal region, pressure ulcer sacral region stage 4, pressure ulcer of right upper back stage 4, unspecified dementia without behavioral disturbance, type 2 diabetes mellitus without complications, and hemiplegia and hemiparesis following other			
		(continued on next page)			

			NO. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 495211	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2019
NAME OF PROVIDER OR SUPPLIE Mount Vernon Healthcare Center	ER	STREET ADDRESS, CITY, STATE, ZI 8111 Tiswell Drive Alexandria, VA 22306	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying informati	on)
F 0658 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Resident #107's most recent MDS (minimum data set) (an assessment tool) with an ARD (assessment reference date) of 10/26/19 was coded as an admission assessment. Resident #107 was coded as having not been interviewable for a BIMS (brief interview for mental status) score. The staff assessment indicated the Resident is severely cognitively impaired. Resident #107 was coded as required total assistance of staff for transfers, bed mobility, dressing, personal hygiene, toileting, and bathing. Resident #107 was coded as having been always incontinent of bowel. On the afternoon of 11/7/19 a review of Resident #107's clinical record revealed a physician order dated 10/21/19 that read, Toujeo Solostar Solution Pen-Injector 300 unit/ML (insulin Glargine) Inject 14 unit subcutaneously at bedtime for DM [diabetes mellitus]. Review of the Medication Administration Record (MAR) for October and November 2019 revealed that Resident #107 was not administered 6 of the scheduled 16 doses, (10/21/19, 10/24/19, 10/28/19, 10/31/19, 11/2/19, and 11/3/19) which were due from		
	for Resident #107's Toujeo, LPN C LPN C stated, yes, she gets it ever would not give the scheduled medi	w was conducted with LPN C. LPN C w stated, she gets 14 units at bedtime. W y night. LPN C was asked if there was cation, LPN C stated, it depends on the n with the doctor. LPN C was asked if t	When asked if this is every night, any indications as to when he be blood sugar, if the blood sugar is
	indicated. RN B looked at the leger required. RN B added, if the blood that range was, RN B stated, I will long acting insulin doesn't have a r	AM, RN B, the unit manager was asked attached to the MAR and indicated is sugar falls below certain range they do have to look. RN B went on to state, thange so they use their judgement, if the that a nursing note entry would be enterlieve so, yes.	t meant no insulin coverage in't give. Surveyor C asked what e nurse does the accu check and ey hold it they call the doctor. RN B
		esident #107 revealed no notes on the 1/3/19 to indicate why the Toujeo was	
	RN B stated, those days are the sa scale insulin has parameters but th orientation, he is the only nurse red asked if she would have administed given, I wouldn't have just held with give insulin as ordered, RN B state insulin doses. Before we hold a me attempted to reach the nurse that h	urned to Surveyor C after reviewing the time nurse [referencing the dates of the le long acting does not. That nurse is a cording NC and I didn't see any commured the Toujeo on the days in question, nout communicating with the doctor. Rt d, this is important for them to see if the dication we need to consult the doctor and failed to administer the insulin but con their return to work for their next should be the same and the same	missed medication], the sliding new nurse and just finished inication with the doctor. RN B was RN B stated, yes I would have B was asked why it is important to ey need to make adjustments to RN B also stated that she had didn't reach them via telephone but
	infection, for 28 doses (four times of	taff failed to administer IV antibiotics fo daily/every 6 hours on 10/24/19-10/30/	
	(continued on next page)		

			NO. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2019
NAME OF PROVIDER OR SUPPLIE Mount Vernon Healthcare Center	ER	STREET ADDRESS, CITY, STATE, ZI 8111 Tiswell Drive Alexandria, VA 22306	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying informati	on)
F 0658 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	*On 10/22/19 an order read, Unas: 3 gram intravenously every 5 hours MAR for October revealed that this * On 10/22/19 another order read, Sodium) Use 3 gram intravenously carried out and administered on 10 on 10/23/19 at 12:22 PM. * On 10/23/19 an order read, Unas 3 gram intravenously every 6 hours was carried out and administered of the durance o	syn Solution Reconstituted 3 (2-1) GM is for wound infection for 6 weeks. This ration of the month of Oct. and through 9 at 18:53 read, unasyn Solution Recorsis, osteomyelitis until 10/31/19, confire facility was awaiting pharmacy to deliam, RN B, the unit manager was asked eone entered it wrong, so as an interdify what she meant that it was entered vices to have an end date. RN B was the sive the IV antibiotics, RN B stated, I do	Ampicillin-Sulbactam Sodium) Use vas discontinued on 10/22/19. The 107. GM (Ampicillin-Sulbactam sodium) Use a until 10/31/19. This order was . The order was then discontinued (Ampicillin-Sulbactam Sodium) Use 9, which was in error. This order (Ampicillin-Sulbactam Sodium) Use order was then carried out and the time of this review. Instituted 3 (2-1) GM use 3 gram ming the order was to continue this ver. I about Resident #107's multiple IV sciplinary team we go back and vrong, RN B stated, it didn't have an questioned about the multiple on't know unless there was a delay clinical record for Resident #107. that was communicated with the given to change to every 6 hours I the order had a start date of a read-back to a contradicting order, f. place orders are in paper chart, h. contact

			No. 0938-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2019
NAME OF PROVIDER OR SUPPLIE Mount Vernon Healthcare Center	ER	STREET ADDRESS, CITY, STATE, ZI 8111 Tiswell Drive Alexandria, VA 22306	P CODE
For information on the nursing home's	plan to correct this deficiency please con	tact the nursing home or the state survey	agency
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	<u> </u>	
F 0658 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Departure from Standards of Care and Fundamentals of Nursing, by [NAM Nurses follow physicians' orders under Guidance is given from [NAME] So Document all medications administ Record). If a medication wasn't administration, and the patient's respoon The Administrator and Director of Nadministrator's office with Surveyor No further information was provided 41450 3. For Resident #2, the facility staff Resident #2, a [AGE] year old femanot limited to heart rhythm abnormationability to speak. Resident #2's most recent Minimum 10/30/2019 was coded as a quarter On 11/7/19 at approximately 3:15 Falso her Responsible Party. He explater than scheduled on the night standard political record review weread, Diltiazem HCl tablet 30mg, giller dose was scheduled to be given.	lursing were informed on 11/8/19 during C of the facility staff's failure to following. It is a diluted to administer cardiac medication ale, was admitted to the facility on [DAT ality, congestive heart failure, high bloom Data Set (MDS) with an Assessment all review. Resident #2 was coded with PM, a family interview was conducted were seed concern that Resident #2's menift. It is a conducted for Resident #2. The phase of the concern that the concern for the month of November 2019 (Diltiazem HCl as follows: It, time administered 05:14 AM time administered 02:23 AM	er properly or in a timely fashion. If or directing medical treatment. If or or harm clients. If Practices, General 10/02/2015. If Collition is a scheduled in the ng nursing standards of practice. If Collitiazem) as scheduled. If El. Her diagnoses included but are depressure, stroke, dementia, and Reference Date (ARD) of severely impaired cognition. If If Resident #2's son who was dications were occasionally given by this blood pressure/chest pain. If Ocion AM every day.

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 495211	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2019
NAME OF PROVIDER OR SUPPLI	ER	STREET ADDRESS, CITY, STATE, Z	P CODE
Mount Vernon Healthcare Center		8111 Tiswell Drive Alexandria, VA 22306	
or information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	:IENCIES full regulatory or LSC identifying informat	ion)
F 0658 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	stated, my expectations for med pa [the] scheduled time. When asked the scheduled time intervals for Re scheduled at the correct times, it co close together, it could cause her b	AM, the Director of Nursing (DON, En ss include [medication to be given] on about the possible outcomes if Diltiaze sident #2, she stated, if the resident dould cause problems with her blood prelood pressure to drop too much, that we actual time that medication is administ	e hour before and one hour after m HCl is not given as ordered at bes not receive the Diltiazem as essure. If it is administered too yould not be good and I expect the
		d, Medication Administration (revision be administered within the time frame	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 495211	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2019
NAME OF PROVIDER OR SUPPLIE		STREET ADDRESS, CITY, STATE, ZI	P CODE
Mount Vernon Healthcare Center	-	8111 Tiswell Drive Alexandria, VA 22306	FCODE
For information on the nursing home's	plan to correct this deficiency, please con	l tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0686	Provide appropriate pressure ulcer	care and prevent new ulcers from deve	eloping.
Level of Harm - Actual harm	**NOTE- TERMS IN BRACKETS H	IAVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 40026
Residents Affected - Few		facility documentation and clinical recor event infection and prevent new pressury ey sample of 43 Residents.	
	The findings included:		
	1	aff failed to identify a pressure ulcer to t sue. In addition, the resident went the	•
	Resident #161, a [AGE] year old work to Multiple Sclerosis, arthritis, cellul	oman admitted to the facility on [DATE] litis, reflux and muscle weakness.] with diagnoses of but not limited
	Mental Status) BIMS score of 15 in needing extensive assistance of 2 personal hygiene. She was coded a	(minimum data set) coded the Resider dicating no cognitive impairment. Resic person physical assistance for bed mot as total dependence with 2 person physical assistance for mobility on and	dent #161 was also coded as oility, toilet use, dressing and sical assistance for transfer, and
	On 11/7/19 during clinical record review it was discovered Resident #161 developed pressure ulcers. The progress notes read:		
	10/24/18 - New skin issue and 10/24/18 6:51 AM - Redness and open areas noted on bilateral buttocks and left inner thigh area		
	new skin issue Resident has open with necrotic tissue present 2.5 cm	show the discovery of another wound. I area on the coccyx area approximately depth and has foul odor present with n th wound cleansed and covered with d	4 cm [centimeters] circular area noderate amount of dark foul
	1	bilateral buttocks open areas no draina new area not previously known and it si	•
	The wound care physician notes re	ad:	
	-	ring provider [MD name redacted} a tho ay. She has a stage 4 pressure wound t	•
	Stage 4 Pressure Wound Coccyx		
	(continued on next page)		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2019
NAME OF PROVIDER OR SUPPLIER Mount Vernon Healthcare Center		STREET ADDRESS, CITY, STATE, ZI 8111 Tiswell Drive Alexandria, VA 22306	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0686	Etiology - Pressure		
Level of Harm - Actual harm	MDS 3.0 Stage - 4		
Residents Affected - Few	Wound Size - 4 x 2 x 3.5 cm		
	Thick adherent devitalized necrotic	tissue - 20%	
	Granulation Tissue - 80%		
	Surgical Excisional Debridement P	rocedure	
	The wound was cleansed with normal saline and anesthesia was achieved using topical benzocaine. Then with clean surgical technique, 15 blade was used to surgically excise 1.6 cm of devitalized tissue and necrotic muscle and surrounding facial fibers were removed.		
	In addition, Resident #161 went to the local hospital on 11/12/18 and was discharged on [DATE] excerpts from the hospital record are as follows.		
	Discharge Diagnosis:		
	Principal Diagnosis : Sepsis due to Methicillin resistant Staphylococcus Aureus.(MRSA)		
	Sacral Ulcer		
	Hospital Course:		
	brought in from nursing facility with was due to metabolic Encephalopa and irrigation with sacral wound VA Proteus. Patient seen by ID [Infecti	of multiple sclerosis, chronic lower extra altered mental status and new sacral uthy in the setting of infected sacral ulce C placement on 11/15/19. Wound cultious Disease]. Discharge recommendat trim for 4 weeks. She will continue to he	ulcers. The change in mental status er. Patient underwent debridement ure positive for MRSA, E-Coli and tion is Vancomycin, Rocephin and
	1	vith the DON who stated that ideally wo re usually found during bathing by the	
	On 11/8/19 during the end of day n information was provided.	neeting the Administrator was made aw	vare of the findings and no further
	29128		
		ff failed to prevent the development of a ecoming unstageable. In addition, the fa Tibia prior to it becoming Stage 3.	
	(continued on next page)		

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	495211	A. Building B. Wing	11/08/2019
		9	
NAME OF PROVIDER OR SUPPLII	ER	STREET ADDRESS, CITY, STATE, ZI	P CODE
Mount Vernon Healthcare Center		8111 Tiswell Drive Alexandria, VA 22306	
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0686 Level of Harm - Actual harm	included Cerebral Infarction, Gener	I who was admitted to the facility on [Daralized Muscle Weakness, Dementia, N	
	Hypertension, and Congestive Hea		
Residents Affected - Few	10/11/19 was reviewed. Resident # impaired cognition. He was coded	a Significant Change Assessment with 179 had a Brief Interview of Mental Stat as requiring the extensive physical assint #79's range of motion was impaired and unstageable pressure ulcers.	us Score of 12, indicating mildly istance of at least two people for
	His previous MDS, which was a Qureviewed. He was not coded for an	uarterly Assessment, with an Assessme y pressure ulcers.	ent Reference Date of 8/26/19 was
	On 11/5/19 a review was conducted of Resident #79's clinical record.		
	According to a nursing progress note dated 9/5/19, a weekly skin assessment was completed. No findings were documented in the note, or on a skin assessment form.		
	According to a wound care note, on 9/11/19, an unstageable pressure ulcer was initially identified by a wound care physician. An excerpt from the note read, Location: Left Lateral Malleolus. Etiology: Pressure injury/ulcer - Unstageable Pressure Injury. Dressing used: Santyl. Wound Description: Odor-None, Exudate - Scant Serous, Periwound - Stable, Wound Edge - Normal, Pain- 0/10. Tissue: 50% Granulation, 50% Necrotic. Length 0.5 x Width 1.0, Depth 0.1. Wound Progress - First Visit.		
	For the week prior to 10/2/19, there progress notes.	e was no documentation of a skin asses	ssment, including the nursing
	An excerpt from another wound care note read, 10/2/19. Location: Left Lateral Heel. Etiology: Pressure injury/ulcer - Unstageable Pressure Injury. Dressing used: Betadine and Paint with Betadine daily and float heels. Wound Description: Odor-None, Exudate - None, Wound Edge - Eschar, Tissue- 100% Eschar - Length 0.5 x Width 1.7, Depth Undetermined. Wound progress - Undetermined: First Visit.		
	In addition, Resident #79's care pla ulcers, including their existence or	an was reviewed. It did not document a treatment.	nything regarding his pressure
	On 11/6/19 at 11:20 A.M., an observation was conducted of Resident #79's pressure ulcers by Surveyor D (Registered Nurse). The pressure ulcer on his left outer ankle measured 2 cm x 2 cm x .1 cm. It was unstageable, with a black center, and contained slough. It had rolled edges, and moderate drainage. In addition, Resident's left outer leg pressure ulcer had a reddened area, necrotic center with slough. It was unstageable. It measured 3 cm x 2.8. cm no depth, moderate serous, sanguineous (bloody) drainage.		
	was asked about her expectation o assessments. They have different of	view was conducted with the Director of when pressure ulcers are identified. So disease processes. It may be found at a ds, to find them at stage 1, and resolve the residents' heels.	She stated that they do weekly skin unstageable. She stated, our job
	(continued on next page)		

(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 495211	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2019
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plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
Resident #79's diet orders were rev Texture, Thin consistency, No pork on 7/9/19. Prostat 30 ml 2 x daily fo healed and reopened) On 11/6/19 a review of facility docu Policy dated 5/30/19. An excerpt re and to promote the healing of exist thereafter for changes in clinical co On 11/6/19 an interview was condu He stated that on October 1, 2019	viewed. Since 4/18/19, his order was as Prefers fish. The dietary orders relate or wound healing. (Resident #79 was a smentation was conducted, revealing a sad, The facility staff strives to prevent ing wounds. Each resident is evaluate ndition, prior to transfer to the hospital acted with the facility Administrator (Emthe facility changed wound care provide	s follows: Regular Diet, Regular d to wound healing were initiated dmitted with a sacral wound that Skin Care & Wound Management resident/patient skin impairment d upon admission and weekly and upon return from the hospital. ployee A) in the conference room.
	plan to correct this deficiency, please com SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by Resident #79's diet orders were rev Texture, Thin consistency, No pork on 7/9/19. Prostat 30 ml 2 x daily for healed and reopened) On 11/6/19 a review of facility docu Policy dated 5/30/19. An excerpt re and to promote the healing of exist thereafter for changes in clinical co On 11/6/19 an interview was condu- He stated that on October 1, 2019	A. Building B. Wing STREET ADDRESS, CITY, STATE, ZI 8111 Tiswell Drive Alexandria, VA 22306 plan to correct this deficiency, please contact the nursing home or the state survey. SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying informati Resident #79's diet orders were reviewed. Since 4/18/19, his order was as Texture, Thin consistency, No pork, Prefers fish. The dietary orders relate on 7/9/19. Prostat 30 ml 2 x daily for wound healing. (Resident #79 was as

			NO. 0936-0391	
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 495211	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2019	
NAME OF PROVIDER OR SUPPLIER Mount Vernon Healthcare Center		STREET ADDRESS, CITY, STATE, ZIP CODE 8111 Tiswell Drive Alexandria, VA 22306		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0760 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few			ONFIDENTIALITY** 41449 lity staff failed to ensure residents in a survey sample of 43 red by the physician on 6 of 16 agnoses included but were not gion, pressure ulcer sacral region without behavioral disturbance, varesis following other ol) with an ARD (assessment sident #107 was coded as having at The staff assessment indicated as required total assistance of staffing. Resident #107 was coded as vealed a physician order dated sulin Glargine) Inject 14 unit location Administration Record not administered 6 of the ad 11/3/19) which were due from that read [Resident name gion as ordered by doctor. I what NC on the MAR for Toujeo to meant no insulin coverage in the give. Surveyor C asked what the enurse does the accu check and the phold it they call the doctor. RN B ared into the clinical record	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 495211	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2019
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZIP CODE	
Mount Vernon Healthcare Center		8111 Tiswell Drive Alexandria, VA 22306	r cobi
Alexan		·	
For information on the nursing home's p	plan to correct this deficiency, please conf	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0760 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	RN B stated, those days are the sa scale insulin has parameters but the orientation, he is the only nurse recasked if she would have administer given, I wouldn't have just held with give insulin as ordered, RN B state insulin doses. Before we hold a me attempted to reach the nurse that he would be doing some education upon 1b. For Resident #107 the facility stinfection, for 28 doses (four times of the control of 11/7/19 a revieorders: *On 10/22/19 an order read, Unasting 3 gram intravenously every 5 hours MAR for October revealed that this * On 10/22/19 another order read, Sodium) Use 3 gram intravenously carried out and administered on 10/23/19 at 12:22 PM. * On 10/23/19 an order read, Unasting 3 gram intravenously every 6 hours was carried out and administered on 10/30/19 an order read, Unasting 3 gram intravenously every 6 hours was carried out and administered on 10/30/19 an order read, Unasting 10/30/19 and	eyn Solution Reconstituted 3 (2-1) GM (a for wound infection for 6 weeks. This cation of the month of Oct. and through at 18:53 read, unasyn Solution Reconsis, osteomyelitis until 10/31/19, confine facility was awaiting pharmacy to delive M, RN B, the unit manager was asked eone entered it wrong, so as an interdity what she meant that it was entered with the IV antibiotics, RN B stated, I do	missed medication], the sliding new nurse and just finished nication with the doctor. RN B was RN B stated, yes I would have I B was asked why it is important to be need to make adjustments to RN B also stated that she had lidn't reach them via telephone but fit. I sepsis, osteomyelitis and wound 9), as ordered by the physician. Wealed the following physician Ampicillin-Sulbactam Sodium) Use as discontinued on 10/22/19. The 107. GM (Ampicillin-Sulbactam until 10/31/19. This order was The order was then discontinued (Ampicillin-Sulbactam Sodium) Use on the was in error. This order (Ampicillin-Sulbactam Sodium) Use order was then carried out and the time of this review. Instituted 3 (2-1) GM use 3 gram ming the order was to continue this wer. I about Resident #107's multiple IV sciplinary team we go back and wrong, RN B stated, it didn't have a no questioned about the multiple

			No. 0938-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 495211	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2019
NAME OF PROVIDER OR SUPPLIER Mount Vernon Healthcare Center		STREET ADDRESS, CITY, STATE, ZIP CODE 8111 Tiswell Drive	
For information on the pursing home's	nian to correct this deficiency please con-	Alexandria, VA 22306 tact the nursing home or the state survey.	agency
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	<u> </u>	<u> </u>
F 0760 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	RN B stated, when this medication doctor and it had not stop date. The until 10/29/19 and then consult infe 10/23/19 and had a stop date of 10 10/30/19 and infectious disease gas Review of the facility policy titled Pl order: a. do not try to memorize the validate, d. spell out/clarify sound a in the electronic medical record, g. pharmacy for changes. The Administrator and Director of N	arned to Surveyor C after reviewing the was first ordered it said every 5 hours, e doctor was called and an order was getious disease. The nurse that entered /23/19, so it didn't populate to the MAF ve the order to continue it for 6 weeks. Anysician Orders with a review date of 5 e order b. write down the order as state like drugs, e. discontinue any previous print copy for physician to sign and planursing were informed on 11/8/19 during the company of the facility staff's failure to provided.	that was communicated with the given to change to every 6 hours the order had a start date of and it was caught on review on /30/19 read on page 2, taking the d, c. provide a read-back to contradicting order, f. place orders ce in paper chart, h. contact

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NAME OF PROVIDED OR SURDI IED		CTDEET ADDRESS CITY STATE 7ID CODE	
NAME OF PROVIDER OR SUPPLIER Mount Vernon Healthcare Center		STREET ADDRESS, CITY, STATE, ZIP CODE 8111 Tiswell Drive	
Would vomon ricalinate center		Alexandria, VA 22306	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0842	Safeguard resident-identifiable information and/or maintain medical records on each resident that are in accordance with accepted professional standards.		
Level of Harm - Minimal harm or potential for actual harm	**NOTE- TERMS IN BRACKETS H	HAVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 41449
Residents Affected - Few	Based on observation, staff interview, facility documentation review and clinical record review, the facility staff failed to maintain an accurate clinical record for one Resident (Resident #86) in a survey sample of 43 Residents.		
	The findings included:		
	For Resident #86 the facility staff documented administration of medication which had been left at the bedside and was not taken. Resident #86 was admitted to the facility on [DATE]. Resident #86's diagnoses included but were not limited to: Spinal Stenosis, Urinary tract infection, obstructive and reflux uropathy, degenerative disease of the nervous system, cirrhosis of liver, acute kidney failure, hemochromatosis, hydronephrosis, and muscle weakness.		
	Resident #86's most recent MDS (minimum data set) (an assessment tool) with an ARD (assessment reference date) of 10/15/19 was coded as an admission assessment. Resident #86 was coded as having had a BIMS (brief interview for mental status) score of 15, which indicated intact cognitive skills. Resident #86 was coded as required extensive assistance in transfers, bed mobility, dressing, personal hygiene, and toileting. Resident #86 was coded as having been frequently incontinent of bowel and occasionally incontinent of bladder.		
	On 11/6/19 at 9:19 AM during facility rounds, Resident #86 was observed to not be in his room. Observation of the room revealed on the over-bed table at the bedside, was a medicine cup with a small, 1/2 of a white, round pill and a cup of water beside it. No staff were present.		
	On 11/6/19 at approximately 9:40 AM, RN D was asked to accompany Surveyor C to Resident #86's room. When RN D was asked what the cup was, RN D stated I didn't give him his meds [medications] but I think it is Metoprolol. When Surveyor C asked RN D if it is routine to leave medications at the bedside, RN D stated, usually we stand there to make sure they taken them. RN D was asked if Resident #86 self-administers medications, RN D stated No.		
	On 11/6/19 at approximately 9:50 AM, RN D and Surveyor C returned to the nursing station. RN D approached LPN D and told LPN D, he left this at his bedside, we have to call the doctor and let him know. LPN D confirmed the 1/2 of a pill was metoprolol.		
	On 11/6/19 a review of Resident #86's current physician orders revealed an order Metoprolol Tartrate Tablet, give 12.5 mg by mouth two times a day for HTN [hypertension]. The order date was 10/10/19 and continued as an active order for Resident #86.		
	On 11/6/19 a complete review of Resident #86's entire clinical record was conducted, to include the medication administration record (MAR). The MAR had been recorded as Resident #86 being administered his Metoprolol on 11/6/19 at the 9 AM dose.		
	(continued on next page)		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 495211	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2019
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For information on the nursing home's p	plan to correct this deficiency, please con	Lact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying informat	ion)
F 0842 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Review of the facility policy titled M remain with resident until the medic be charted when given, medication The facility administrator and Direction	edication Administration with a review cation is swallowed, do not leave medis that are refused or withheld or not gittor of Nursing (DON) were advised dure the setting on 11/8/19 of medications being thered by nursing staff.	date of 5/29/19 read on page 4, cation at bedside, medications will ven will be documented.

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0880 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Provide and implement an infection 41449 Based on observation, resident inte equipment and the shower room in rooms. The findings included: On 11/6/19 at approximately 2:18 F shower room on the 2nd floor was clogged and the shower bench was On 11/6/19 at 2:47 PM the bathing * the shower drain was obstructed shower stall. * the shower bench back was obset throughout the entire back. On 11/6/19 at approximately 3:15 F to the 2nd floor bathing suite. When stated, we do the toilet and floors, the done. I just took that project on, on When asked about the shower drait shower bench and Employee N was supervisor stated, my housekeeper On 11/6/19 during the end of day make lack of sanitary conditions as express The Centers for Disease Control and article Volume 25, Number 11-Novand urinary tract and wound infection bathrooms, including shower corners.	erview, and staff interview, the facility sea sanitary manner to prevent the spreading the group Resident Council redirty. The Resident council reported speading and discolored. Suite on the 2nd floor was observed an with a gray matter covering 1/2 of the erved and revealed heavy discolorations. PM, Employee N, the housekeeping sugheners are supposed to wipe down Monday [referencing shower equipment, Employee N stated, I will get them rise asked to observe the back of the short brought that to my attention yesterday the eting the facility Administrator was meassed by Resident Council. Index Prevention (CDC) recognizes in the dember 2019 Serratia marcescens, which cons, is abundant in damp environments and basins, where it appears as a particle accessed online at: https://www.ee.	taff failed to maintain shower ad of infection in 1 of 4 shower meeting, it was shared that the ecifically that the floor drain was and the following was noted: drain holes in the floor drain of the of pink and black substances pervisor accompanied the surveyor the housekeeping supervisor the shower chairs when they are not, such as shower chairs/bench]. In the wer bench, the housekeeping and we have ordered a new one. The add aware of the shower room's add aware of the shower room's are Emerging Infectious Disease the can cause nosocomial outbreaks, as It can be easily found in ink-orange-red discoloration, due to