Printed: 12/22/2024 Form Approved OMB No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023	
	NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		P CODE	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.				
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0636 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	**NOTE- TERMS IN BRACKETS IN Based on record reviews and staff (MDS) assessment within the requind MDS. The findings included: Resident #5 was admitted to the factor of	a timely manner when first admitted, and HAVE BEEN EDITED TO PROTECT Continterviews the facility failed to complete fired 14 days for 1 of 4 residents (Resident 14 days for 1 of 4 residents (Resident 14 days for 1 of 4 residents (Resident 15 expired of 15 days for 1 of 4 residents (Resident 16 days for 1 of 4 residents (Resident 17 days for 1 of 4 residents (Resident 18 days for 1 of 4 residents (Resident 18 days for 1 of 4 residents revealed the same for the second of 5 days for 1 of 4 residents revealed the second of 5 days for 1 of 4 residents revealed the second of 5 days for 1 of 4 residents revealed the second of 5 days for 1 of 4 residents revealed the second of 5 days for 1 of 4 residents revealed to 1 days for 1 of 4 residents revealed to 10 days for 1 of 4 residents revealed to 1 days for 1 of 4 residents revealed to 1 days for 1 of 4 residents revealed to 1 days for 1 of 4 residents revealed to 1 days for 1 of 4 residents revealed to 1 days for 1 of 4 residents (Residents for 1 of 4 residents for 1 of 4 residents (Residents for 1 of 4 residents for 1	ONFIDENTIALITY** 37280 e an admission Minimum Data Set lent #5) reviewed for admission on [DATE]. ed the admission assessment was um Data Set (MDS) Nurse who d and explained that all the MDS efore she left her employment with 5 AM she acknowledged that the uld have been. The DON explained lies to help them get caught up.	

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID: 345133

If continuation sheet Page 1 of 47

facility was behind on the MDS process because she used to help with the process before she became the					
Ridge Valley Center for Nursing and Rehabilitation 1000 College Street Wilkesboro, NC 28697 For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. (X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) Assess the resident when there is a significant change in condition **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 37280 Dased on record review and staff interviews the facility failed to complete a significant change Minimum Dest assessment within 14 days of the determination of Hospice services for 1 of 1 resident (Resident #6) Hospice. The finding included: Resident #6 was admitted to the facility on [DATE] with diagnoses that included thoracic aortic aneurism. A review of Resident #6's physician orders revealed Hospice Services were ordered on 02/14/23. A review of Resident #6's Minimum Data Set (MDS) assessments revealed there was no assessment for significant change. On 04/26/23 at 9.45 AM an interview was conducted with the former MDS Nurse who confirmed that the significant change MDS should be completed within 14 days of the determination of Hospice Services. The Nurse explained that she was aware that the assessment was not completed because at the time she was far behind on all the MDS assessments and was not able to get them caught up before she left her employment with the facility. During an interview with Director of Nursing (DON) #1 on 04/26/23 at 10:25 AM she acknowledged that it facility was behind on the MDS process because she used to help with the process before she became it DON. The DON #1 explained that they had obtained assistance with the MDS process from sister facilitie help them get caught up. An interview was conducted with Administrator #2 on 04/26/23 at 3:05 PM who confirmed that she was aware that the MDS process was behind and informed that the facility had hired a new MDS Nurse who		IDENTIFICATION NUMBER:	A. Building	COMPLETED	
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Ridge Valley Center for Nursing and Rehabilitation 1000 College Streat Wilkesborn, No. 26897 For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. [X4] ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES [Each deficiency must be preceded by full regulatory or LSC identifying information) Ensure each resident receives an accurate assessment. Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few Based on observations, record review and staff interview the facility failed to accurately code cognition in section C of the Minimum Data Sat (MDS) for 5 of 5 residents reviewed (Resident #1, Resident #1, Resident #1, Resident #1, Passident #1, Passi		IDENTIFICATION NUMBER:	A. Building	COMPLETED
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For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. [XA) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) F 0641 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 35789 potential for actual harm Based on observations, record review and staff interview the facility failed to accurately code cognition in section. Or of the Minimum Data Set (MDS) for 5 of 5 of series direct reviewed (Resident #1, Resident #7, Resident #10, Resident #11, and Resident #12). The facility also failed to accurately code the MDS in the area of individual gcatheters for 1 of 2 resident reviewed with individualing catheters (Resident #7). The finding included: 1. Resident #1 was admitted to the facility on [DATE] and expired in the facility on [DATE]. Review of the quarterly Minimum Data Set (MDS) dated [DATE] indicated that Resident #1's cognition was not assessed. The staff assessment of resident cognition was also not completed. The MDS was completed by the traveling MDS nurse. Attempts to speak to the traveling MDS nurse were made on [DATE] at 5:51 PM and were unsuccessful. The Social Worker (SW) was interviewed on [DATE] at 12:07 PM. The SW stated that he began working at the facility on [DATE] and was responsible for completing the oppinion between the Page and the SW stated that in [DATE] the facility on IDATE] and was responsible for completing the oppinion section of the MDS has well and the section of the MDS and the facility on [DATE] at a data and discharges greatly increased and he could not keep up with the influx of responsibilities that the admission/discharge process brought to him. He stated, I just did not have time to complete the cognition section of the MDS so when she would complete the MDS she would sected not assessed. She stated that she				PCODE
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F 0641 Level of Harm - Minimal harm or optoential for actual harm Residents Affected - Few **Thorse-TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 35789 Based on observations, record review and staff interview the facility failed to accurately code cognition in section C of the Minimum Data Set (MDS) for 5 of 5 residents reviewed (Resident #1, Resident #1, Resident #1, Resident #1, Resident #1, Resident #1, Resident #1, The failing lais of sailed to accurately code to the MDS in the area of indwelling catheters for 1 of 2 resident reviewed with indwelling catheters (Resident #7). The finding included: 1. Resident #1 was admitted to the facility on [DATE] and expired in the facility on [DATE]. Review of the quarterly Minimum Data Set (MDS) dated [DATE] indicated that Resident #1's cognition was not assessed. The staff assessment of resident cognition was also not completed. The MDS was completed by the traveling MDS nurse. Attempts to speak to the traveling MDS nurse were made on [DATE] at 5.51 PM and were unsuccessful. The Social Worker (SW) was interviewed on [DATE] at 12.07 PM. The SW stated that he began working at the facility on (DATE] and was responsible for completing the cognition of the MDS. The SW stated that in [DATE] the facility's number of admissions and discharges greatly increased and he could not keep up with the influx of responsibilities that the admission/discharge procase brough to him. He staded, I just did not have time to complete them and he assumed if he did not complete the cognition section of the MDS that no one else did either. He further stated, I chose to ensure the residents had safe discharge, over completing the MDS at the facility for about a year. She stated that late last fall the facility had an influx of admissions and discharges and the SW did not have time to complete the cognition section of the MDS at the facility on [DATE] at 9.34 AM. She stated that she completed MDS at the facility for about a year. She stated that late last fall the facili	For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
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(continued on next page)		nurse had gotten behind with the M new MDS coordinator who will star	IDS assessments and has since resign t in [DATE], she further stated that she	ed. She stated they have hired a had approved to hire an assistance
		(continued on next page)		

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID: 345133

If continuation sheet Page 3 of 47

Printed: 12/22/2024 Form Approved OMB

enters for Medicare & Medic	ald Services		No. 0938-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLIE Ridge Valley Center for Nursing an	d Rehabilitation	STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	<u> </u>	<u> </u>
F 0641 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	cognition was not assessed and Se was also not completed. The MDS The Social Worker (SW) was intervited facility on [DATE] and was respected that in [DATE] the facility's number with the influx of responsibilities that not have time to complete them and no one else did either. He further sthe MDS. The former MDS nurse was intervited MDS assessments at the facility for admissions and discharges and the	e facility on [DATE]. inimum Data Set (MDS) dated [DATE] ection C of the MDS was not completed was completed by the former MDS Nurviewed on [DATE] at 12:07 PM. The SW consible for completing the cognition set of admissions and discharges greatly it at the admission/discharge process broad he assumed if he did not complete thated, I chose to ensure the residents he was about a year. She stated that late last a SW did not have time to complete the lete the MDS she would select not asset	The staff assessment of cognition rse. I stated that he began working at ction of the MDS. The SW stated increased and he could not keep up ught to him. He stated, I just did e cognition section of the MDS that ad safe discharge, over completing She stated that she completed fall the facility had an influx of cognition section or Section C of

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Administrator #2 was interviewed on [DATE] at 3:02 PM. Administrator #2 stated that the previous MDS nurse had gotten behind with the MDS assessments and had since resigned. She stated that they have hired a new MDS coordinator who will start in IDATE1, she further stated that she had approved to hire an assistance for the SW to help him get caught up with his assigned duties including the completion of Section C of the MDS.

3. Resident #12 was admitted to the facility [DATE].

Review of the quarterly Minimum Data Set (MDS) dated [DATE] revealed that the Cognition Patterns section or Section C of the MDS was not completed. The staff assessment of cognition was also not completed. The MDS was completed by the former MDS Nurse.

The Social Worker (SW) was interviewed on [DATE] at 12:07 PM. The SW stated that he began working at the facility on [DATE] and was responsible for completing the cognition section of the MDS. The SW stated that in [DATE] the facility's number of admissions and discharges greatly increased and he could not keep up with the influx of responsibilities that the admission/discharge process brought to him. He stated, I just did not have time to complete them and he assumed if he did not complete the cognition section of the MDS that no one else did either. He further stated, I chose to ensure the residents had safe discharge, over completing the MDS.

(continued on next page)

information caught up.

check not assessed.

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID: 345133

If continuation sheet Page 4 of 47

			NO. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
	NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0641 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	The former MDS nurse was intervie MDS at the facility for about a year discharges and the SW did not have she would complete the MDS she wadministration at the time, but no a Director of Nursing (DON) #1 was a the facility on [DATE] as a second became the Interim DON. The DOI or Section C of the MDS because only SW the facility had, and he just stated when she would complete a check not assessed. Administrator #2 was interviewed on nurse had gotten behind with the Manew MDS coordinator who will stassistance for the SW to help him of C of the MDS. 37280 4. Resident #10 was admitted to the Analysis as left blank. A review of Resident #10's quarter to understand others and made he Brief Interview for Mental Status shall have a conducted with the melpoyment at the facility on [DATE the MDS. The SW indicated due to During an interview with Director of had other duties that caused him to months. She explained that they haprocess, but they remained behind An interview was conducted with A the MDS process was behind and the MDS process was behind and the MDS process was behind and the months.	ewed via phone on [DATE] at 9:34 AM. She stated that late last fall the facility of time to complete the cognition section would select not assessed. She stated ssistance was offered in attempt to get interviewed on [DATE] at 10:16 AM. The MDS Nurse and remained in that role us 11 stated that the SW got behind with of the other duties that he was assigned at did not have time to get everything con MDS, and the SW had not completed and [DATE] at 3:02 PM. Administrator #2 MDS assessments and had since resignant in [DATE], she further stated that she get caught up with his assigned duties in the facility on [DATE]. Iterly Minimum Data Set (MDS) assessments and made herself under the series of t	She stated that she completed had an influx of admissions and nor Section C of the MDS so when she had discussed it with the the information caught up. e DON #1 stated she was hired at intil [DATE] at which time she in completing the cognition section it. She explained that he was the impleted on time. The DON #1 if the cognition section she would it was stated that the previous MDS it is stated that they have hired it is had approved to hire an including the completion of Section in it is stated in the previous in the stated in the previous in the stated in the previous in the stated in the stated in the stated in the previous in the stated in the stated in the stated his stated in the stated his in the cognitive Patterns section on the stated in the stated she was aware that in the stated she was aware that in the sections. She stated that after in the stated in the stated in the stated she was aware that in the sections. She stated that after in the sections. She stated that after in the section in the stated she was aware that in the sections. She stated that after in the section in th

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NAME OF PROVIDER OR SUPPLII		STREET ADDRESS, CITY, STATE, ZI	P CODE
Ridge Valley Center for Nursing ar		1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0641	43443		
Level of Harm - Minimal harm or potential for actual harm	5. a. Resident #7 was admitted to t	he facility on [DATE].	
Residents Affected - Few		Pata Set (MDS) dated [DATE] indicated nt of resident cognition was also not co	
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	b. Review of the quarterly MDS dat	ted [DATE] indicated that Resident #7 I	nad an indwelling urinary catheter.
	Facility documentation indicated his	s indwelling urinary catheter was discor	ntinued [DATE].
		DATE] at 10:00 AM revealed he did no	
	In an interview with Resident #7 or ago.	i [DATE] at 8:30 AM, he stated they too	ok out his catheter several months
	dedicated MDS nurse, things had b	dministrator #2 on [DATE] at 1:40 PM, been missed on the MDS assessments ill be fixed when the new MDS nurse stessments were coded accurately.	such as a catheter being coded in
	1		

			NO. 0930-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
	NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	(Each deficiency must be preceded by full regulatory or LSC identifying information) Provide care and assistance to perform activities of daily living for any resident who is unable.		d to trim a dependent resident's at #11). Included: acute respiratory failure lated [DATE] revealed that Resident gnition. The MDS further revealed and had limitation of range of motion in the MDS. I an activity of daily living (ADL) motor vehicle accident. The mber for personal hygiene and oral dident #11 was resting in bed and fail was asked if he could open his alize his fingernails. The fingernails at the end of his finger and there any but the skin was intact. Resident all bit but stated that it hurt. The peroximately three fourth inch long alm of his hand where the nails had all the exact date and could not ecall the status of Resident #11's dit was generally her practice to not say for sure if she trimmed

			10. 0930-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, Z 1000 College Street Wilkesboro, NC 28697	IP CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying informat	ion)
F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Director of Nursing (DON) #1 was interviewed on 04/26/23 at 10:16 AM. The DON #1 explained that the facility generally had two staff members in the shower room completing showers on a daily basis. Anytime the resident received a bath or shower she would expect the staff to perform nail care. If Resident #11 received a complete bed bath on 04/14/23 and the staff noted his nail to be long the staff should have trimmed them at that time.		

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLII		STREET ADDRESS, CITY, STATE, ZI	P CODE
Ridge Valley Center for Nursing ar		1000 College Street Wilkesboro, NC 28697	. 6052
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0678	Provide basic life support, including physician orders and the resident's	g CPR, prior to the arrival of emergency advance directives.	medical personnel , subject to
Level of Harm - Immediate jeopardy to resident health or safety	**NOTE- TERMS IN BRACKETS H	HAVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 38515
Residents Affected - Some	Based on record review and staff, Nurse Practitioner and Medical Director interviews the facility failed to have basic lifesaving equipment readily available for use to immediately begin cardiopulmonary resuscitation (CPR) when Resident #3 experienced sudden cardiac arrest on [DATE] and staff were unable to immediately begin CPR that included chest compressions and rescue breathing because the first crash cart (cart of emergency supplies) that was brought to the bed side did not have a ambu bag or manual resuscitator (device to administer rescue breathing) on it, staff began chest compressions and it took the staff approximately three minutes to get the second crash cart that did have a ambu bag to begin rescue breathing. Resident #1 experienced sudden cardiac arrest on [DATE] and staff were unable to immediately begin CPR that included chest compressions and rescue breathing because the staff could not locate an ambu bag or manual resuscitator to begin rescue breaths and could not locate a backboard (hard surface to do chest compressions on while in bed). It took the staff approximately five minutes to locate the needed items to begin CPR. On [DATE] Resident #2 experienced sudden cardiac arrest and staff were unable to immediately begin CPR that included chest compressions and rescue breathing because they could not locate an ambu bag or manual resuscitator and had to borrow one from another resident's room. The staff also could not locate the paddles for the Automatic External Defibrillator (AED) (device used to deliver a shock to the heart). It took staff several minutes to locate the ambu bag and paddles for the AED to begin CPR. This affected 3 of 4 residents reviewed who experienced sudden cardiac arrest. Resident #1, #2, and #3 expired in the facility or in the hospital.		
	out of compliance at lower scope a	credible allegation of immediate jeopar nd severity E (no actual harm with mor nitoring systems are in place and the co	e than minimal harm that is not
	The finding included:		
	Review of the facility's policy titled CPR Procedures, last revised on ,d+[DATE] read in part: 1. If an indi is found unresponsive, briefly assess for abnormal or absence of breathing a. Verify or direct a staff me to verify the DNR (Do Not Resuscitate) or code status of an individual b. Instruct a staff member to active the emergency response system (code) and call 911 c. Instruct a staff member to retrieve the crash car Initiate the basic life support (BLS) sequence of events.		
	Resident #3 was admitted to the respiratory failure with hypoxia and	facility on [DATE] with diagnoses that congestive heart failure.	included acute and chronic
	Review of a physician order dated	[DATE] indicated Resident #3 was a fu	Il code.
	Review of a care plan dated [DATE] read; Resident #3 has an established advanced directive; Full Code. The goal read: Resident #3 wishes as expressed in Advanced Directive will be followed.		
	(continued on next page)		

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
	NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
Evel of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some	part: Resident reported on floor at a smoking area. Resident assessed thest compressions were initiated in this Nurse #13 and additional Nurse EMS arrived at 6:25 AM and begare an interview with Nurse #13 (agency revealed he was an agency nurse assistance from Nurse #7. He state room and began assisting with resources as a sistence from Nurse #7. He state room and began assisting with resources as a fact that to be retrieved as his Review of the facility's staffing schen Nurse Aide (NA) #11, NA #12, Nurse Aide (NA) #11, NA #12, Nurse Aide (NA) #11, NA #13 (agency) was working in the facility on [DATE unresponsive around 5:30 AM on [Insterview with NA #13 (agency) was working in the facility on [DATE around 5:30 AM, MA #3 entered Recrash cart was brought to the room stated when she returned from notification it and she ran back down the hall to 5-minute delay in getting the supplication of the floor and screamed for 1 and seemed his normal self. So him on the floor and screamed for 1 and seemed his normal self. So him on the floor and screamed for 1 and seemed his normal self. So him on the floor and screamed for 1 and seemed his normal self. So him on the floor and screamed for 1 and seemed his normal self. So him on the floor and screamed for 1 and seemed his normal self. So him on the floor and screamed for 1 and 1	in [DATE] at 12:05 PM she reported she in ghe passed away. She reported he has the reported when MA #3 went into his in the p. NA #11, NA #12, NA #13 and Numer to get the crash cart while Nurse #13 she remembered the second crash can be be used in the provided in the pr	g ambulation by resident from was placed in a supine position and il Services) notified by staff while ary resuscitation] in residents' room. Bunced expired by EMS at 6:46 AM. 3:44 PM via telephone and or help from MA #3 on [DATE] requested the crash cart and sissions until Nurse #7 arrived at the ted he did not know if a second dident #3's life. But #3 passed away, revealed dication Aide (MA) #3 were working. Resident #3 in the floor of his room and Nurse #13 arrived at the room. It work for transport, so she left the rash carts. The, at 2:42 PM and revealed she on the floor of his room and Nurse #13 arrived at the room. It working on the other unit. She in cart did not have an ambu bag on the term was an approximate The and NA #12 were assigned to ad gone out to smoke around 4:00 room around 5:00 AM, she found rise #13, responded to Resident Began Cardiopulmonary rise that to be retrieved because the sealed she was working on [DATE] de aware Resident #3 was in started CPR. NA #12 reported she cart because the first one did

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building	(X3) DATE SURVEY COMPLETED 04/27/2023	
	040100	B. Wing		
NAME OF PROVIDER OR SUPPLI	ER	STREET ADDRESS, CITY, STATE, ZI	P CODE	
Ridge Valley Center for Nursing ar	nd Rehabilitation	1000 College Street Wilkesboro, NC 28697		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0678	An interview was attempted with N	urse #7 and was unsuccessful.		
Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some	A joint interview with Unit Manager (UM) #1 and UM #2 on [DATE] at 1:15 PM revealed they were responsible for ensuring crash carts were stocked and that the crash carts were checked daily and completed a log of inventory that was kept on the crash carts. They reported they checked the crash carts to ensure they contained ambu bags, oxygen, a suction machine, and other needed materials in the event of a cardiac arrest event. They also reported the logs from [DATE] had been long removed and were unable to locate them. UM #1 and UM #2 insisted both of the facility's crash carts had an ambu bag and that backboards were kept next to the crash carts.			
		lical Director on [DATE] at 5:13 PM rev the crash carts to immediately start CP		
	An observation of the facility's crash carts was made on [DATE] at 1:09 PM. Both crash carts were observed to have ambu bags on the bottom of the cart and a backboard was next to each crash cart. The crash carts were also stocked with a suction machine, tubing, nasal cannulas, stethoscope, blood pressure cuff, and other supplies that may be needed during a cardiac arrest emergency.			
	An interview was attempted with th	e Director of Nursing #3 and was unsu	ccessful.	
	An interview was attempted with Administrator #3 and was unsuccessful.			
	35789			
	2. Resident #1 was admitted to the facility on [DATE] with diagnoses that included diabetes, hypertension, peripheral vascular disease, atrial fibrillation, and others.			
	Review of a physician order dated	[DATE] read: Full Code.		
	Review of a care plan dated [DATE read: Resident #1 will have his Adv	e] read; Resident #1 will have Full Code rance Directives followed.	e Advance Directives. The goal	
	Review of a nurses note written on [DATE] as a late entry by Nurse #1 read, Resident was found to be unresponsive by the NA who was in the process of making rounds. CPR was started immediately. EMS was called and they arrived in 10 minutes. EMS took over CPR compressions and proceeded to continue to perform full code on resident. Resident continue to be none responsive. The ER doctor on call pronounced resident deceased at 2:26 AM.			
	Resident #1 expired on [DATE].			
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NAME OF PROVIDER OR SUPPLI	ED.	STREET ADDRESS, CITY, STATE, ZI	D CODE
Ridge Valley Center for Nursing ar		1000 College Street Wilkesboro, NC 28697	PCODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0678 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some	third shift on [DATE]. She stated sh was in bed and was his usual self. know came to her and stated that I how to page overhead, so she beg that she sent the NAs to get the cragetting mad because they could now hat we needed (backboard and a #1 stated she was the only nurse in really quick. Nurse #1 stated that sorientation to the facility regarding crash carts were from just observinthat when you have crash carts it sambu bag and the back board coul Resident #1 was not breathing, she Full Code and when she began che confirmed that she checked all his while she waited for the appropriate. NA #1 (agency NA) was interviewe facility through an agency and was NA #1 stated that she was very fan go and check on him, she stated he she had gone and got Resident #1 times during the shift and Resident verbally hollering that they had Coc Resident #1's room. NA #1 stated that and no backboard was available. Soft bed not on a hard surface. NA begin compressions, but she continuing to do rescue breathing. NA #1 she could not recall who found it are the crash carts were to be checked needed to do CPR on Resident #1	d via phone on [DATE] at 11:06 AM whorking third shift on [DATE] when Reniliar with Resident #1 and each night the particularly loved milk and shortly after a carton of milk to drink. She stated shift was in his bed in his usual state. Shifted Blue (code for sudden cardiac arrest that someone had grabbed the crash carbon that someone had grabbed the crash carbon that stated that Nurse #1 began chest carbon that stated she suggested to Nurse #1 through the staff stated that it took a few minutes for soind she did not know where they found it daily to ensure all the supplies were at the crash cart did not have an ambublan cart they used stayed in disarray for a	assed Resident #1's room and he one of the NAs who she did not #1 stated that she was not aware she needed some help. She stated ssions. Nurse #1 stated I was them over five minutes to find here they located the items. Nurse aides how to use the ambu bag ency, and she did not get any he stated she knew where the ated, I was very upset, I felt like and that night it did not have an hat when the NA told her that cord and verified his code status as as still warm to touch, and she chest compression were initiated no confirmed that she worked at the sident #1 went into cardiac arrest, hat she worked she would always en the start of her shift on [DATE] he had passed by his room several he stated then she heard the staff th, and she went running towards art but there was no ambu bag on it compressions, but he was on the hat they lower him to the floor to frantically tried to locate an ambu meone to find an ambu bag, but t. NA #1 stated that she believed vailable but stated that when they ag and no back board was

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NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0678	NA #2 was interviewed via phone on [DATE] at 11:23 AM and confirmed that she worked third shift on		

Residents Affected - Some

safety

Level of Harm - Immediate

ieopardy to resident health or

[DATE] and was responsible for Resident #1. NA #2 stated that she had answered a call light for another room and had walked past Resident #1's room on her way to the nurse's station to tell the nurse what that resident needed. She stated that as she passed by Resident #1's room he was in bed and was kicking the covers off of him, she proceeded to the nurse's station and as she walked back by Resident #1's room she noticed that his color was gone, and he was very pale. She stated that Resident #1 was warm to touch but was not breathing so she yelled Code Blue to the other staff on the unit. NA #2 stated she did not know how to overhead page, so she ran to the other side to alert the staff and on her way back grabbed the crash cart. She stated that there was no ambu bag on the crash cart and she could not find a backboard. NA #2 stated that she rushed around trying to find all the stuff that was needed for him. NA #2 recalled that eventually they found the backboard but finding the ambu bag was little more difficult because she was not sure what she was looking for. NA #2 stated that eventually another staff member who she did not know returned to the room with an ambu bag and they began rescue breathing around the same time that EMS arrived on scene. NA #2 stated that it took approximately five minutes to gather all the needed supplies to do CPR on Resident

Medication Aide (MA) #1 (facility staff) was interviewed via phone on [DATE] at 12:33 PM who confirmed that she was working third shift on [DATE]. She stated that she recalled hearing the Code Blue for Resident #1 and she went to assist as needed. She stated that Nurse #1 was a agency Nurse and really did not know what to do so she was telling her the procedure. She stated that Nurse #1 began CPR, but she could not recall anything regarding the supplies. MA #1 stated it had been a while since the event and she really could only recall that Resident #1 had passed away.

NA #3 was interviewed via phone on [DATE] at 4:41 PM who confirmed that she was working third shift on [DATE]. She stated what she recalled about that evening was that Resident #1 coded and the crash cart was not fully stocked because it did not have an ambu bag and they could not find the backboard. She could not recall if they ever found the ambu bag but stated EMS was there quickly and they began working on Resident #1, but he passed away. NA #3 stated she was aware of where the crash cart was located but stated that when the staff brought it to the room it did not have what they needed.

Unit Manager (UM) #1 and #2 were interviewed together on [DATE] at 1:15 PM. UM #2 stated that she was aware that Resident #1 had coded during the night when she was not in the building and had passed away. UM #1 stated that she and UM #2 were responsible for checking and stocking the crash carts daily and they logged those checks in a binder kept on the crash cart. UM #1 and UM #2 stated that they were not aware that the staff could not locate an ambu bag or backboard when Resident #1 went into cardiac arrest. Both stated that they checked the crash carts daily and both had an ambu bag and the backboard was always kept next to the crash cart. Both UM confirmed that they checked and restocked the crash carts daily on the days that they were working in the facility.

Director of Nursing (DON) #2 was interviewed via phone on [DATE] at 11:18 AM. DON #2 stated that there were two crash carts in the building, one on each unit and the UMs were responsible for checking them and stocking them daily and as needed. DON #2 stated she recalled during one emergency the staff could not locate an ambu bag, but they found one and then she had the UMs check and restock the crash carts. She stated she could not recall if that emergency was with Resident #1 or not. DON #2 stated she believed that during the emergency the staff eventually found an ambu bag to use. Following the emergency when the ambu bag could not be immediately located they discussed the issue in morning meeting, and she had stressed the importance of checking the crash carts daily and ensuring that it contained all the supplies that would be needed during an emergency.

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023	
NAME OF PROVIDER OR CURRUIT	- n	CTREET ADDRESS SITV STATE 7	D CODE	
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	PCODE	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0678 Level of Harm - Immediate jeopardy to resident health or safety	Administrator #1 was interviewed on [DATE] at 5:03 PM who stated that she was not aware of issues with Resident #1 and could not say for sure how or when he passed away. Administrator #1 stated that she does not recall any staff member expressing concerns that the crash carts were not stocked appropriately and that they did not have the supplies they needed during an emergency.			
Residents Affected - Some	The Medical Director (MD) was interviewed via phone on [DATE] at 5:13 PM. The MD explained that Resident #1's diagnoses placed him at high risk for sudden cardiac arrest. The immediate start of CPR had a high likelihood of changing Resident #1's outcome and the MD stated he fully expected the facility to have the supplies they needed to immediately start CPR in the case of sudden cardiac arrest.			
	An observation of the facility's crash carts was made on [DATE] at 1:09 PM. Both crash carts were observed to have ambu bags on the bottom of the cart and a back board was next to each crash cart. The crash carts were also stocked with a suction machine and tubing, nasal cannulas, stethoscope, blood pressure cuff and other supplies that may be needed during an emergency.			
	 Resident #2 was admitted to the facility on [DATE] with diagnoses that included history heart attack, diabetes, atrioventricular heart block, chronic kidney disease, and others. 			
	Review of a physician order dated	[DATE] read: Full Code.		
	Review of a nurse's note dated [DATE] written by Nurse #2 read; Resident seen upon morning care in dire [NAME], resident seen in bed foaming at the mouth; this nurse checked resident for responsiveness. When patient did not respond this nurse called a code-initiated others to get a crash cart and call 911. CPR was initiated after patient was placed on back board. Necessary staff was present, and EMS arrived shortly after.			
	Resident #2 was transferred to the	local hospital where he died on [DATE].	
	Attempts to speak to Nurse #2 (age	ency nurse) were unsuccessful.		
	Nurse #3 (agency nurse) was interviewed on [DATE] at 3:09 PM who confirmed that she was working on [DATE] when Resident #2 went into cardiac arrest. She stated that the staff brought the crash cart to the room and there was no ambu bag on it. She stated the staff were doing chest compressions, and someone went and got a non-rebreather mask (mask used to deliver oxygen with a bag on end), and we began pushing oxygen through the mask. Nurse #3 stated that initially Nurse #2 was doing chest compressions are when the crash cart arrived at the room with no ambu bag she took over chest compressions and Nurse #2 went to find an ambu bag. Nurse #3 stated that when she began chest compressions Resident #2 was still warm and it took the staff several minutes to find the ambu bag and she believed that they went to another resident's room in the facility that had a tracheostomy and got the one in his room. The ambu bag was foun as Emergency Medical Services (EMS) was coming on scene and they took over and transported Resident #2 to the hospital, but he passed away shortly thereafter.			
	(continued on next page)			

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	stact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying informati	on)
F 0678 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some	[DATE] when Resident #2 went intimmediately responded to the room without a backboard. She stated she brought to the room chest compress the oxygen all the way up and then finally found the ambu bag and brought the time, they could not find room that had an ambu bag and get that prior to Resident #2's cardiaca an ambu bag because she had wo crash cart, she discovered it did not #4 stated that she followed up and that she had told the former Director Nurse Aide (NA) #4 was interviewed Resident #2 coded and went into covery disorganized, and staff were reason NA #4 stated he was on standby to sure where they located the ambut the same time EMS arrived and the first crash cart was in the reseing a backboard in the break room Resident #2's room with the backbout it did not have an ambu bag eit member had yelled to go and get the she could not recall who that was until EMS came and took over and NA #7 was interviewed on [DATE] Resident #2 coded. She stated who grabbed the one from the other sid #2's room there was no ambu bag facility that had an ambu bag in his	viewed on [DATE] at 3:25 PM who con o cardiac arrest. She stated when she in. Nurse #2 was in the room, and she whe hollered at the staff to get the backbesions were started again. Nurse #4 start realized that there was no ambu bag ought it to the room she began administ an ambu bag, Nurse #4 instructed the set it so they could start rescue breaths of arrest she had informed Unit Manager rised a night shift back in [DATE] and we hat have an ambu bag, so she reported the asked UM #2 about the ambu bag and or of Nursing #2 (DON) about the needed of the compressions if needed so he did bag or backboard. He added that they set took over CPR until Resident #2 was at 12:11 PM who confirmed that she what when she got to Resident #2's room oom, so she left to go and get it. NA #5 oard she saw NA #6 coming down the ther. When she got to Resident #2's room one, so she left to go and get it. NA #5 oard she saw NA #6 coming down the she she heard the Code Blue, she grabtle of the building. NA #7 stated when the one ither crash art. NA #7 stated she rate of the building.	heard the Code Blue called, she was beginning to do compressions oard and once it was found and ated she instructed Nurse #3 to turn on the crash cart. When the staff ering rescue breaths. At some point staff to go into another resident's on Resident #2. Nurse #4 stated (UM) #2 that the crash cart needed while doing a routine check of the o UM #2 that it needed one. Nurse if couple days later and she stated for the ambu bag. Bed that he was working when arrived at Resident #2's room it was ent that was not on the crash cart. In the leave the room and was not located all the equipment around as transferred to the local hospital. Bas working on [DATE] when in they did not have a backboard it. She stated that she recalled stated that as she was returning to hallway with the other crash cart, on with the backboard another staff from and someone ran to get it, but they staff began performing CPR spital. Bas working on [DATE] when one of the other crash cart. NA #6 had be crash carts arrived in Resident and to the resident's room in the poply closet and got a suction

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NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 1000 College Street Wilkesboro, NC 28697			
For information on the nursing home's	For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.				
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)				
F 0678 Level of Harm - Immediate jeopardy to resident health or	NA #6 was interviewed on [DATE] at 3:00 PM who confirmed she was working on [DATE] when Resident #2 coded. She stated that when she heard the page for Code Blue, she grabbed the crash cart and ran to Resident #2's room. NA #6 stated that once she arrived in the room, she broke the seal on the crash cart but could not find the ambu bag. She stated she looked over the crash cart several times and there was no				

Residents Affected - Some

safety

could not find the ambu bag. She stated she looked over the crash cart several times and there was no ambu bag, she stated she heard that they found one in another's resident room. NA #6 stated both crash carts were supposed to have an ambu bag on them, but she could not say whether the other crash cart had one or not.

Nurse Practitioner (NP) #1 was interviewed via phone on [DATE] at 3:52 PM who confirmed she was in her office charting on [DATE] when she heard the Code Blue page. She stated she when she got to the room the staff were doing chest compressions on the bed with no backboard, I instructed the staff to go and get the backboard. Then the NP said, where is the ambu bag so we can do rescue breaths? The crash cart was in the room with no ambu bag on it, so she again instructed the staff to go and find an ambu bag. The NP stated Resident #2 had fluids running out of his mouth and he needed to be suctioned but there was no suction machine on the crash cart, so instructed staff to go and find a suction machine. The NP stated she was aware that the facility had an Automatic External Defibrillator (AED) she questioned that staff where the AED was. She stated that another staff member ran to get the AED and when they brought it to the room there was no paddles to use it. The NP stated, we did the best we could with what we had until EMS arrived. She stated that she questioned UM #1 about why the crash cart was not stocked but the check list indicated that everything was there. The NP stated UM #1 stated that she had checked the crash cart, and everything was there. The situation was awful and should not have happened that way, the NP added that she expected the crash carts to be stocked to run codes and perform CPR when needed. The NP also stated she had met with Administrator #1 and Director of Nursing (DON) #2 and expressed her dissatisfaction with the situation but really did not get any answers as to why it had happened the way it did.

Unit Manager (UM) #1 and #2 were interviewed together on [DATE] at 1:15 PM. UM #1 stated that she and UM #2 were responsible for checking and stocking the crash carts daily and they logged those checks in a binder kept on the crash cart. UM #1 and UM #2 stated that they were not aware that the staff could not locate an ambu bag, backboard, and other equipment when Resident #2 went into cardiac arrest. Both stated that they checked the crash carts daily and both had an ambu bag and the back board was always kept next to the crash cart. Both UM confirmed that they checked and restocked the crash carts daily on the days that they were working in the facility.

DON #2 was interviewed via phone on [DATE] at 11:18 AM. DON #2 stated that there were two crash carts in the building one on each unit and the UMs were responsible for checking them and stocking them daily and as needed. DON #2 stated she recalled during one emergency the staff could not locate an ambu bag, but they found one and then she had the UMs check and restock the crash carts. She stated she could not recall if that emergency was with Resident #2 or not. DON #2 stated she believed that during the emergency the staff eventually found an ambu bag to use. Following the emergency when the ambu bag could not be immediately located they discussed the issue in morning meeting, and she had stressed the importance of checking the crash carts daily and ensuring that it contained all the supplies that would be needed during an emergency.

Administrator #1 was interviewed on [DATE] at 5:03 PM who stated that she was not aware of issues with Resident #2 and could not say for sure how or when he passed away. The Administrator stated that she did not recall any staff member expressing concerns that the crash carts were not stocked appropriately and that they did not have the supplies they needed during an emergency.

(continued on next page)

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID:

If continuation sheet

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE
Ridge Valley Center for Nursing and Rehabilitation		1000 College Street Wilkesboro, NC 28697	. 3352
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0678 Level of Harm - Immediate jeopardy to resident health or safety	The Medical Director (MD) was interviewed via phone on [DATE] at 5:13 PM. The MD explained that Resident #2's diagnoses placed him at high risk for sudden cardiac arrest. The immediate start of CPR had a high likelihood of changing Resident #2's outcome and the MD stated he fully expected the facility to have the supplies they needed to immediately start CPR in the case of sudden cardiac arrest.		
Residents Affected - Some	An observation of the facility's crash carts was made on [DATE] at 1:09 PM. Both crash carts were observed to have ambu bags on the bottom of the cart and a back board was next to each crash cart. The crash carts were also stocked with a suction machine and tubing, nasal cannulas, stethoscope, blood pressure cuff and other supplies that may be needed during an emergency.		
	Administrator #1 and the DON #1 v	vere notified of the Immediate Jeopard	y on [DATE] 11:03 AM.
	The facility provide the following IJ	removal plan:	
	Identify those recipients who have suffered, or are likely to suffer, a serious adverse outcome as a result of the noncompliance. On [DATE] at approximately 1:00 AM Resident #1 experienced sudden cardiac arrest. The staff were unable to locate an Ambu bag or manual resuscitator used to deliver ventilation to residents not breathing. The star were also unable to locate a back board (hard surface) to correctly deliver chest compressions to the correct depth for delivery of CPR. It took the staff approximately 5 minutes of time to locate the required items to deliver CPR when Resident #1 was pulseless. Resident #1 expired on [DATE] in the facility. On [DATE] at approximately 10:30 AM Resident #2 experienced sudden cardiac arrest. The staff were unable to locate an Ambu bag or manual resuscitator used to deliver ventilation to residents not breathing. The staff were also unable to locate a back board (hard surface) to correctly deliver chest compressions to the correct depth for delivery of CPR. The Nurse Practitioner (NP) responded to the code and requested the basic lifesaving equipment and indicated that it took several minutes before a manual resuscitator was take from another residents' rooms to use, the NP requested the facilities Automatic External Defibrillator (AED) and when staff retrieved the AED failed to have the paddles used to deliver the shock readily available for use by the NP. The NP also requested a suction machine that was not readily available for use. Resident #4 was transported to the emergency room (ER) and expired in the hospital. On [DATE] Resident #3 who had an extensive history of drug and opioid abuse was found on the floor with white powdery substance on his bedside table. Resident #3 was warm to touch but was pulseless and was cardiac arrest. Staff responded with the crash cart and there was no ambu bag on the crash cart. Another staff member had to obtain the other crash cart to get an ambu bag. It took approximately two to three minutes to obtain the other crash cart to get an a		
	Resident #1 expired on [DATE] at 2	2:26 AM in the facility.	
	Resident #2 expired on [DATE] in t	he hospital.	
	Resident #3 expired in the facility of	on [DATE].	
	(continued on next page)		

			NO. 0930-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's p	olan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		ion)
Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some	deficiency. On [DATE], the Regional Nurse Co facility, expired in the facility, and/o to ensure procedures for CPR were This was completed on [DATE].	Il Code status have the potential to be insultant completed record review of red redischarged to another hospital for the followed with no issues. Staff interview to alter the process or system failured, and when the action will be	esidents that expired in a medical efollowing dates, [DATE] - [DATE] ws completed with nurse involved.

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF DROVIDED OD SUDDIUI		STREET ADDRESS CITY STATE 71	D CODE
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro. NC 28697	PCODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		ion)
F 0689	Ensure that a nursing home area is free from accident hazards and provides adequate supervision to prevent accidents.		
Level of Harm - Immediate jeopardy to resident health or safety	**NOTE- TERMS IN BRACKETS H	HAVE BEEN EDITED TO PROTECT C	ONFIDENTIALITY** 38515
Residents Affected - Some	Based on record review, observation, and interviews with resident, Nurse Practitioner, and staff, the facility failed to implement measures to mitigate the risk of an accidental drug overdose for a resident who had a known history of substance abuse that included crushing and snorting pills/medications. On [DATE] Residen #3 was found unresponsive in his room as a result of sudden onset cardiac arrest and he was unable to be revived. Nursing Assistant (NA) #11, NA #12, and Housekeeper #1 had observed a white, powdery substance on the tray table in his room. The facility also failed to provide the necessary supervision to prevent accidents for a cognitively impaired resident (Resident #4) who was assessed as a high fall risk due to a history of multiple falls and tendency to overestimate or forget his limits. On the morning of [DATE], Resident #4 was left unsupervised in his room in his wheelchair after a therapy session. He was found by staff that afternoon after suffering an unwitnessed fall that resulted in right 9th through 11th rib fractures, facial fractures, right frontal bone fracture extending into the superior orbit roof and lateral orbit wall (fracture that extended to the top and to the side of right eye socket), right hemothorax (blood collecting between chest wall and lungs which can collapse the lung), and intraparenchymal hemorrhage of the brain (bleeding in the tissue of the brain). He was transferred from the emergency room to the local trauma center for a higher level of care. This deficient practice was for 2 of 3 residents (Residents #3 and #4) reviewed for supervision to prevent accidents. Immediate jeopardy began for example #1 on [DATE] when Nurse Practitioner #2 was informed by staff that Resident #3 was seen cutting a white powdery substance on his tray table, she ordered Narcan (a reversal agent used in case of an overdose) to treat an accidental overdose, but no measures were implemented by the facility to mitigate the risk of an overdose. Immediate jeopardy began for example #2 on [D		
	The findings included:		
	Resident #3 was admitted to the fa congestive heart failure, and chron	cility on [DATE] with diagnoses that indic ic respiratory failure.	cluded cocaine dependence,
	A physician's order for Resident #3 dated [DATE] indicated Oxycodone HCl (narcotic pain medication) tab 20 milligrams (mg) every 6 hours as needed for pain. The order indicated to crush the tablet and for the resident to take the medication in front of the nurse.		
	Resident #3's quarterly Minimum Data Set assessment dated [DATE] revealed he was cognitively intact no psychosis, behaviors, or rejection of care. Resident #3 was coded with having frequent pain and he received opioids on 7 of 7 days during the lookback period. The MDS revealed Resident #3 was born in indicating he was [AGE] years old.		
	(continued on next page)		

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDED OR SURDIUS	- n	STREET ADDRESS, CITY, STATE, ZI	D CODE
	NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		PCODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0689 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some	A physician's order for Resident #3 mg in nostril every 6 hours as need Resident #3's care plan last update - Resident #3 exhibits or has the property and anxiety; history of snorting pills medication administration to ensure - Resident #3 does complain of paichronic pain and opioid dependent Interventions included Per MD order every 2 minutes until emergency may be a progress note written by Nurse Pende Behavioral concerns - this NP recondocumented reports from the staff facility at risk for liability if he were overdose. I have expressed my condition of the property	dated [DATE] indicated Narcan liquidated for overdose. and on [DATE] revealed the following infection to exhibit verbal/physical behaves/medications, misuse of oxygen. Interverence medications are taken and swallowed and times due to impaired mobility. Research and ser Narcan 1 milliliter by nasal route as reledical services arrive. Anactitioner (NP) #2 dated [DATE] for Rememends that the patient be discharged of overdose, abuse, and noncompliance to overdose. I have added Narcan 4mg nacerns with the [Former] Director of Number of National States of the medications and then crushed and the medications and then crushed and the medications and then crushed and the patient #3 observed units facility administration that showed the in the facility. She explained this was event of an accidental overdose. The Patient Patie	4 mg/0.1 milliliter (ml), provide 4 primation: riors related to opioid dependence rentions included monitoring a prior to leaving resident. sident #3 has a diagnosis of ce and is followed by pain clinic. Reeded for opioid overdose. Repeat resident #3 indicated the following: It from this facility for numerous e. I believe that the patient puts the primasal every 6 hours as needed for rsing, Administration, and Medical ritioner (NP) #2 she stated she was faking his narcotic pain rentrator until he passed out. She use she heard from staff (unable to disnorted them. She reported resident #3's till it was fully taken in applesauce nable to recall the NA's name) who Resident #3 cutting a white when she prescribed Resident #3 PM she revealed she prescribed sed.

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLII	ED.	STREET ADDRESS, CITY, STATE, ZI	P CODE
	Ridge Valley Center for Nursing and Rehabilitation		FCODE
		Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0689 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some	During an interview with NA #7 on overdose due to her experience of occasion. NA #7 stated each time is and got the nurse on the hall. She powdery substance was gone, and reported she also wrote two separa Administrator #3's door. NA #7 stated certain she slid them underneath A to prevent Resident #3 from snorting. Administrator #1 was asked on [DA Resident #3's observed behaviors [DATE] at 10:00 AM she was unabed. An interview with Resident #3's form 1:16 PM. He revealed he had reported the Wound Nurse and to Former Staken on his cell phone to them on someone from the facility was bring stated he watched Resident #3 nur. On [DATE] at 12:18 PM the photograph Resident #3 sitting in his wheelchat bank debit card in his hand pressing table beside his bed. An interview with the Wound Nurse also reported she had received a proommate, Resident #13, that show his tray table in his room at the facility table in his ro	[DATE] at 3:28 PM she reported she be seeing him snort an unidentified powder she observed Resident #3 snorting a waterported by the time she and the nurse Resident #3 stated it was baby powder at estatements regarding what she observed she could not remember the dates administrator #3's door. She reported to any a white, powdery substance. ATE] at 4:30 PM to provide the written sof crushing and snorting his medication let to locate them. The roommate, Resident #13, was considered Resident #3's drug abuse to facility ocial Worker #1. He stated he even set their cell phones. Resident #3's former ging in either cocaine or opioids and promerous times pull out pills, chop them usuraph and video recorded by Resident #3 ir, in his room, next to his bed with his leg the edge down onto a white, powder abuse problem and crushed his opioid shotograph and a short video, unable to wed Resident #3 using a credit card to be abuse problem and crushed his opioid shotograph and a short video, unable to wed Resident #3 using a credit card to be allity. She reported she immediately sen a Corporate Staff member who was a she corporate Staff member. The Wound in the Corporate Staff member. The Wound in the Corporate Staff member about the	elieved Resident #3 died from an ery substance on more than one hite substance, she stopped him returned to the room, the white, or and denied snorting it. She erved and slid them under she completed the reports but was her knowledge, nothing was done statements from NA #7 regarding its. Administrator #1 reported on ducted via telephone on [DATE] at any staff multiple times including to the pictures and a video he had be roommate reported he felt that eviding them to Resident #3. He ap on his tray table, and snort them. It is also substance that was on his tray revealed it was very well known medications and snorted them. She is recall the date, from Resident #3's cut a white, powdery substance on them to Director of Nursing #3 at female. She was unable to a laso wrote a statement, unable to do Nurse reported she heard nothing a situation. The Wound Nurse evealed she remembered Resident inforting them. She reported reffice some time, unable to recall gue then crushing and snorting rator #3 immediately after being one did anything. She reported
	Resident #3's former roommate, Rethe date, and told her Resident #3 them. She stated she brought it up informed, but it was blown off. She there were no additional intervention discussed weekly at morning meet	esident #13, had approached her in he was storing medications under his tong to Director of Nursing #3 and Administ stated, everyone knew about it, and no put into place to increase supervisions	r office some time, unable to recall gue then crushing and snorting rator #3 immediately after being one did anything. She reported

			NO. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0689 Level of Harm - Immediate jeopardy to resident health or safety	A nurse progress note completed by Nurse #13 dated [DATE] at 7:28 AM read, in part, Resident #3 reported on floor at 6:15 AM by NA following ambulation by resident from smoking area .emergency medical services [EMS] notified by staff while this nurse and additional nurse performed cardiopulmonary resuscitation in resident room. EMS arrived at 6:25 AM .Resident #3 pronounced expired by EMS at 6:46 AM.		
Residents Affected - Some	An interview with Medication Aide #3 (MA) on [DATE] at 3:14 PM revealed she was assigned on the medication cart and was responsible for providing Resident #3 with his medication from 7:00 PM on [DATE] until 7:00 AM on [DATE]. She stated she last gave him his narcotic pain medication at 2:16 AM on [DATE] and found him unresponsive around 5:30 AM. She could not recall with certainty if she crushed his oxycodone when she last administered the medication. She went onto say that she would have administered them as it was ordered on the MAR. MA #3 stated she had worked with Resident #3 a few times previously and she remembered reading in his chart that he had some drug seeking behaviors. She revealed when she worked with him, he came up to her medication cart before he was due to receive his narcotic pain medication and waited there until it was time for it to be administered.		
	Interview with NA #12 (agency) on [DATE] at 12:35 PM revealed she worked the night shift (7:00 PM to 7:0 AM) that ended on [DATE] on the date Resident #3 expired. She indicated she ran to the room when MA #3 called for help after finding him unresponsive. She stated Resident #3 was well known in the facility as a substance abuser and had a history of crushing and snorting his medications and she believed there was a crush order for his opioid medications that he was prescribed. She stated when she arrived at the room, she noticed a white, powdery substance on his tray table, and she immediately believed that he had crushed an snorted his medication due to her understanding of his history. NA #12 also reported that at some point during the emergency, Housekeeper #1 entered the room and wiped down Resident #3's tray table. During an interview with NA #17 (agency) on [DATE] at 2:42 PM via telephone, she reported she was present on [DATE] working as an NA at the time Resident #3 was found unresponsive in his room. She stated it was well known that Resident #3 had a history of substance abuse and had a history of crushing his opioid medications and snorting them. She reported around 6:20 AM to 6:30 AM on [DATE], while EMS was working on Resident #3, she noted Housekeeper #1 entered the room and wiped down Resident #3's tray table. An interview with Housekeeper #1 on [DATE] at 3:33 PM via telephone, revealed she went into Resident #3's room on [DATE] and wiped off a white, powdery substance from his tray table. She reported she did not know Resident #3's medical history or if he had a history of substance abuse. She reported she only wiped off the tray table after EMS requested her to do so. She could not provide any information on why EMS asked her to wipe off Resident #3's tray table.		
	Resident #3 expired. She indicated when she was asked to sign the dereceived from the staff (unable to re-	on [DATE] at 9:01 AM with NP #2 she was the death certificate indicated he died eath certificate, she refused because basecall specific staff members) that were ent #3 had died of an accidental overdote.	of natural causes. She revealed ased on the information she present at the time he went into
	(continued on next page)		

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE
Ridge Valley Center for Nursing an	d Rehabilitation	1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
Evel of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some	and toxicology report needed to be Resident #3 was one of the younge further explained that because of hi autopsy and toxicology report had to examiner was to conduct the autopembalmed prior to the medical examiner was to conduct the autopembalmed prior to the medical examiner was to explain a complex the time of his death. She reported embalmed prior to getting a complex revealed it was her professional opstaff at the time of the sudden cardioverdose of some type of narcotic. Seriously leading to a lack of supervent. She stated the administration. An interview attempt with Director An interview attempt with Administr and the time Resident #3 was admitted the time Resident #3 was admitted to the time Resident #4 was initially admitted weakness, and a Thoracic-12 fraction dementia. Review of a fall risk assessment dathistory of multiple falls and tendence. Resident #4 had a care plan initiate to confusion. The interventions incliging in within reach and encourage prompt response to all requests for non-skid socks when mobilizing in the Review of Resident #4's medical reread, this nurse and Nurse Aide (Nurolled out of bed and fell. This nurse and Nurse Aide (Nurolled out of bed and fell. This nurse and Nurse Aide (Nurolled out of bed and fell. This nurse and Nurse Aide (Nurolled out of bed and fell. This nurse and Nurse Aide (Nurolled out of bed and fell. This nurse and Nurse Aide (Nurolled out of bed and fell. This nurse and Nurse Aide (Nurolled out of bed and fell. This nurse and Nurse Aide (Nurolled out of bed and fell. This nurse and Nurse Aide (Nurolled out of bed and fell. This nurse and Nurse Aide (Nurolled out of bed and fell. This nurse and Nurse Aide (Nurolled out of bed and fell. This nurse and Nurse Aide (Nurolled out of bed and fell. This nurse and Nurse Aide (Nurolled out of bed and fell. This nurse and Nurse Aide (Nurolled out of bed and fell. This nurse and Nurse Aide (Nurolled out of bed and fell.	cator #3 was unsuccessful. ducted on [DATE] at 10:26 AM reveale ed. She also reported for a resident what is them, the facility should have had a cler median and observed until the mediare been increased supervision of Residue facility. d to the facility on [DATE] with diagnosture (T-12 - lower back fracture), Alzhein et al. (DATE] revealed that Resident #4 by to over-estimate or forget his limits. ed on [DATE] that read in part, The residued: Anticipate and meet the resident the resident to use it for assistance as assistance, ensure that the resident is	eath certificate. She explained in relatively good health. She in onset of cardiac arrest she felt an if death. She reported the medical, but the resident had already been he explained that due to the ug levels in Resident #3's system at as told he had already been in the death certificate. The NP is death and what was observed by ed cardiac arrest due to an instration did not take her concerns in resulted in Resident #3's cardiac or prevent the accidental overdose. In the death and what was observed by ed cardiac arrest due to an instration did not take her concerns in resulted in Resident #3's cardiac or prevent the accidental overdose. In the death and what was observed by ed cardiac arrest due to an instration did not take her concerns in resulted in Resident #3's cardiac or prevent the accidental overdose. In the death and what was observed by ed cardiac arrest due to an instration did not take her concerns in resulted in Resident #3's cardiac or prevent the accidental overdose. In the death and what was observed by ed cardiac arrest due to an instration did not take her concerns in the facility for the facility for the facility for the facility for the facility facility for the facility facility for the facility facility for the facility facility facility facility facility for the facility facil

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

(continued on next page)

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
Evel of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some	is in lowest position prior to exiting Review of the admission Minimum cognitively impaired and required eliving (ADL). A fall within one month since admission, with no injury, wa bladder, his balance was not stead d+[DATE]-person assistance only of the company	Data Set (MDS) dated [DATE] revealed extensive assistance of ,d+[DATE] staff h, prior to admission with a fracture was a reported on the MDS. Resident #4 was been the way and only able to stabilize with staff as occurred ,d+[DATE] times in the look been to the made by Nurse #16 read, Medicate or of his own room. Writer entered room erved blood on floor. Writer assessed Resident of the data area to eyebrow hurt. Writer approximate. Physician notified and order receivency Medical Services (EMS) transported on [DATE] to add floor mats for injury actional Therapy encounter note written in twas found up in the wheelchair and work in wheelchair and left up seated to a small frail man who tried to stand-up to support himself. The OTA stated she is a small frail man who tried to stand-up as a small frail man who tried to stand-up as the must have assumed FM #1 was not in the room ated she must have assumed FM #1 was anot in the room ated she must have assumed FM #1 was anot in the room ated she must have assumed FM #1 was not in th	d that Resident #4 was moderately members with activities of daily is reported, and an additional fall as always incontinent of bowel and issistance, and ambulation with , ack period. ion Aide (MA) called to writer and and observed Resident #4 on his tesident, and a laceration to the following floor and onto bed at this time. Oblied pressure to eyebrow. Vital wed to send resident to emergency tation. If prevention. by the Occupational Therapy was seen to address self-feeding. Visit his Family Member (FM) #1. worked at the facility as needed p on his own sometimes from his writes her notes after therapy was a when she left Resident #4 alone as in the building or on her way to sident #4 was back in his room but sing station or at least very close. The would not have left him alone in MA #6 confirmed she was working led Resident #4 was in therapy that him all day through supper, but on around lunchtime when an NA floor. MA #6 stated she went into a facial cut. She stated she told the ot Resident #4 on the floor to avoid sopen. MA #6 stated Resident #4 was a fall risk and added she

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
	345133	A. Building B. Wing	04/27/2023
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE
Ridge Valley Center for Nursing and Rehabilitation		1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0689 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some	Resident #4 on [DATE] at 11:00 AM for falls, she was a restorative aide [DATE]. She stated she was not ve explained on [DATE] at 10:30 AM s resident's nurse aide at that time. N wheelchair alone in his room waitin wheelchair because therapy told he trays and as she was coming back entering Resident #4's room to take room behind EMS, Unit Manager (L stated Resident #4 had fallen out o in his wheelchair, for approximately An interview with NA #15 was cond from 8:00 AM - 11:00 AM. She stat with therapy. NA #15 explained at the OTA or anyone telling her Resident #4 was when EMS was to On [DATE] at 12:07 PM the Director falls and high risk for falls. She stat doorway, so he was visible. On [DATE] at 1:30 PM a progress of the facility due to falls at home. She condition in the facility due to falls at home. She had sitches on the side of his [DATE] she was working on the flow breakfast time because MA # 6 ask therapy and they confirmed they had therapy to come get residents and Resident #4 was back from therapy. She stated when she got to his roow was present in the room when she	A #14 on [DATE] at 4:39 PM and she so in from NA #15. The NA stated while she and only works on the floor when there ary familiar with Resident #4's plan of cashe saw therapy bring Resident #4 back A #14 further explained around 1:00 Pag for his lunch tray. She added she lefter he ate better sitting up. NA #14 state to Resident #14's hall she saw Emerge him to the emergency room (ER). Should have likely and Unit Manager (UM) #2 were fined that the fine wheelchair. NA #4 confirmed that the fine wheelchair was also and had not received his luncted on [DATE] at 3:16 PM she state and during this time, the resident was also also and the fine was back from therapy. She staking him out of his room on a stretchest or of Therapy was interviewed and state and the word of the word of the fine was admitted by the she would have told someone Resident was conducted with UM #2, and she she stated when he was admitted he has head from falls he experienced at how or. She stated she knew OTA took Resident where he was, so she called O' and picked him up for his therapy. She she bring them back without letting anyone of yuntil she heard a loud thump that carm, she observed Resident #4 on his fa arrived. On Services (EMS) report dated [DATE I Resident #4 at 1:43 PM and Resident I Resident #4 at 1:43 PM and Resident	the knew Resident #4 was high risk to are a lot of call-outs such as on are or fall interventions. NA #14 kt to his room but was not the part of the first time and the first time she saw Resident #4 sitting in a state him there sitting up in his at the left the hall to pass meal ency Medical Services (EMS) are stated when she entered the ere both attending Resident #4. She Resident #4 was alone in his room, the tray prior to his fall. If the was assigned to Resident #4 ready dressed and out of his room are assignment. NA #15 did not recall atted the first time she saw for the firs

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA	(X2) MULTIPLE CONSTRUCTION	(VZ) DATE CUDVEV	
	IDENTIFICATION NUMBER:	A. Building	(X3) DATE SURVEY COMPLETED	
	345133	B. Wing	04/27/2023	
NAME OF PROVIDER OR SUPPLIE	R	STREET ADDRESS, CITY, STATE, ZI	P CODE	
Ridge Valley Center for Nursing and Rehabilitation		1000 College Street Wilkesboro, NC 28697		
For information on the nursing home's p	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0689 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some	The ER physician at the local hospital documented an admission note dated [DATE] that read, in part, Review of a computed tomography scan (CT scan) of the head and abdomen confirmed Resident #4 sustained right 9th through 11th rib fractures, and a sub-acute T-12 fracture (fracture in the spine that halready been present). Additionally Resident #4 sustained facial fractures, right frontal bone fracture extending into the superior orbit roof and lateral orbit wall (fracture that extended to the top and to the sright eye socket), right hemothorax (blood collecting between chest wall and lungs which can collapse tlung), and intraparenchymal hemorrhage of the brain (bleeding in the tissue of the brain). A review of an ER physician notes from the local ER dated [DATE] at 6:42 PM, revealed Resident #4 we be transferred to the local trauma center for definitive care (higher level of care). The noted further			
	documented they had stabilized Resident #4 to the best of their ability. Review of a Trauma Center ED note dated [DATE], read in part, The patient presentation with acute presentation with potential threat to life or bodily function. The trauma team ma #4's care in the ED. Neurosurgery, Ophthalmology, Ear/Nose and Throat (ENT) consults evaluation of facial injuries. No surgical intervention was required. A trauma hospital physician discharge note dated [DATE], read in part, Palliative Care co Care (GOC) due to patient injuries and history. After GOC meeting on [DATE] Resident #4 to a Do No Resuscitate (DNR)/Comfort Care (CC) status. They will transfer Resident #4 to skilled nursing facility (SNF) and will be followed by Hospice for end-of-life care. An interview was conducted on [DATE] at 12:00 PM with Director of Nursing (DON) #1 ar Administrator #1 stated it's their goal to keep all their residents safe. Residents who are a needed extra supervision and the staff were knowledgeable about preventing falls. The st residents at risk for falls visible in the hallway, by the desk, or even by the medication care extra supervision. With Resident #4's fall history, he should have been monitored closely, sounded like miscommunication among departments and nursing staff. She stated he should be the stage of the provided of the stated in the staff was and nursing staff. She stated he should be the staff alone in his room for 3 hours.			
		mediate jeopardy on [DATE] at 12:00 F		
	The facility provided the following credible allegation of immediate jeopardy removal. F689: Identify those residents who have suffered, or likely to suffer, a serious adverse outcome as a result of the noncompliance:			
	ot supervised for illicit drug use. vatch the resident take. On [DATE] On [DATE] Resident #3 was found			
		story of drug abuse have the potential to polysubstance abuse. The list is located responsible for updating the list.		
	(continued on next page)			

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR CURRU	-n	CTREET ADDRESS SITV STATE 7	D CODE
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	PCODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0689 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some	Resident #4 who was a high fall ris after therapy session. Resident #4 then transferred to local trauma cerib fractures, right frontal bone fractures. The review and of the Director of Nursing is responsi Specify the action the entity will tak outcome from occurring or recurrin On [DATE], the Director of Nursing residents with a history of polysubs staff on understanding of roles and exhibit behaviors of seeking, acqui by the attending physician at the nuincluding serious adverse side efferoom or in resident possession that remaining with resident, calling out and follow-up reporting by the licer asking to search resident with suspicalling for licensed nurse assistance self-medication such as changes in response in the event of resident self-medication such as changes in response in the event of resident self-medication to the DON and Adminiting reduce risk of reoccurrence, educate the charge nurse if they hear or susfacility. In the event illicit drug use is made. The Director of Nursing will this education. Any new hires inclued.	k was left alone and unattended in his was found on his floor and was sent to nter for treatment of his injuries. Reside ture extending into the superior orbit roled at High fall risk using the Morse fall collaboration was conducted by the Regible for updating the list with new reside the total attemption of the process or system failure and Chief Nursing Officer educated statance abuse. The Director of Nursing a responsibilities in identifying, reporting ring and self-medicating with illegal dructursing home. Education included the focts and death, observing for medication tare not prescribed by the nursing home for nursing assistance for assessment ased nurse to the MD/NP and to the Addicious activity, ensuring resident safety be licensed nurse assessing resident for a vital signs or altered mental status, viself-medication to include; immediate reporting emergency medical care as neaders and calling 911 if indicated, then redications/illegal substances with a second tion of the facility abuse and neglect pospect a staff member is self-medicating as suspected the local police department ensure no licensed nurses or medication prior and Chief Nursing Officer educated collowing: Identifying high fall risk reside	room for approximately three hours the local emergency room and ent #4 sustained right 9 through 11 of and lateral orbit wall. scale have the potential to fall and gional Nurse Consultant on [DATE]. Into that are high fall risk. to prevent a serious adverse es: aff on where to locate the list of and Chief Nursing Officer educated grand responding to residents who go or medications not prescribed and llowing: dangers of self-medicating ans/illegal substances in resident's ne MD/NP and responding by and safe collection of substances ministrator or DON, intervening and are safety and s/s of potential sual observation of consumption, moval of substance from resident excessary and remaining with emoving, counting and securing and licensed nurse witness, then the sum of the proving resident care plan to be of or has an illegal substance in the not will be contacted and a report on aides will work without receiving reto the beginning of their next shift.

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NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0695	Provide safe and appropriate respiratory care for a resident when needed.		
Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 3578 Based on observations, record review, and staff interviews the facility failed to keep emergency tracheostomy (surgically created airway in the front of neck) supplies needed for an unplanned ext (removal of airway tube) or emergency supplies for mechanical ventilation (ambu bag) at bedside accessible for immediate use in an emergency (Resident #11). The facility also failed to change ox tubing as ordered and clean oxygen filters (Resident #10). This affected 2 of 3 residents reviewed respiratory services.		
	The findings included:		
		the facility on [DATE] with diagnoses tl lure with hypoxia, disorder of diaphragi	
	Review of a physician order dated	01/23/23 read: Tracheostomy size 8 cu	uffless
		ata Set (MDS) dated [DATE] revealed re a tracheostomy during the assessment	
	An observation of Resident #11's room was made on 04/18/23 at 10:09 AM. Resident #11 was with his eyes open and was observed to have a tracheostomy in place with oxygen at four liters delivered via tracheostomy collar. There was no ambu bag noted at Resident #11's bedside or i nightstand that was next to his bed. Upon closer inspection of Resident #11's nightstand it was there were several spare tracheostomies for size 6 tracheostomy, size 7 tracheostomy, and 8.5 tracheostomy. There was no spare tracheostomy size 8 noted in Resident #11's room.		
	Nurse #10 was interviewed on 04/19/23 at 2:30 PM who confirmed that she was working at the facility through an agency and was taking care of Resident #11. Nurse #10 was unaware of what size tracheostomy Resident #11 had and was not sure of what emergency supplies were kept at bedside, she stated she worked at the facility through an agency and was not there that frequently enough to know that information.		
	An observation of Resident #11's room was made on 04/19/23 at 2:53 PM along with Nurse Aide (NA) #5. In Resident #11's nightstand there was tracheostomy replacements for size 6, 7, and 8.5 but no size 8 tracheostomies were found. There were multiple inner cannulas found for size 6 and 7. There was also no ambu bag noted in Resident #11's room.		
	Director of Nursing (DON) #2 was interviewed via phone on 04/19/23 at 11:18 AM who confirmed that all residents that had a tracheostomy should have an ambu bag and replacement tracheostomy of the correct size in their room and easily accessible to staff in case of emergency.		
	I .	n/23 at 10:16 AM who confirmed that all ambu bag, and a spare tracheostomy f an emergency.	•
	37280		
	(continued on next page)		
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
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For information on the nursing home's p	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0695 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	pulmonary disease. Resident #10's quarterly Minimum cognitively intact and received oxyg. A review of Resident #10's physicia *An order dated 06/22/22 to change *An order dated 07/03/22 for oxyge A review Resident #10's Medication and set up was changed on Wedne On 04/18/23 at 10:00 AM an obserwith oxygen being delivered via nath The oxygen tubing was dated 04/05 gray with dust accumulation. Resid tubing was changed or when the fill On 04/19/23 at 12:15 PM an obserfilters remained in the same condition An interview was conducted with N Wednesday night 04/12/23. The Nuor cleaning the oxygen filters. An observation was made of Resid dated 04/09/23 and the oxygen filter on 04/19/22 at 5:15 PM during an explained that Resident #10 require explain that the correct oxygen sett changed once a week on Wednesoc cleaned when the tubing was changed once a week on Wednesoc cleaned when the tubing and set up was of croom and observed that the oxyger were dusty gray. Nurse #6 stated the filters had not been changed in a weak of the correct oxygen and observed that the oxyger were dusty gray. Nurse #6 stated the filters had not been changed in a weak of the correct oxygen and observed that the oxygen were dusty gray. Nurse #6 stated the filters had not been changed in a weak of the correct oxygen set the oxygen were dusty gray. Nurse #6 stated the filters had not been changed in a weak of the correct oxygen set the oxygen were dusty gray. Nurse #6 stated the filters had not been changed in a weak of the correct oxygen set the oxygen were dusty gray. Nurse #6 stated the filters had not been changed in a weak of the correct oxygen set the oxygen were dusty gray. Nurse #6 stated the filters had not been changed in a weak of the correct oxygen set the oxygen set the correct oxygen set the oxy	an orders dated revealed: e oxygen tubing and set up weekly on ven at 2 liters per minute via nasal cannum Administration Record (MAR) for 04/2 esday 04/12/23. In Administration Record (MAR) for 04/2 esday 04/12/23 and the filters at 2 liters per minute via nasa ing should be checked once a shift and 14y by the night shift. The Nurse stated ged as well. The Nurse referred to Response on Wednesday 04/12/23. The intubing was dated 04/09/23 and the filter liters should be black not gray and interesting the should be the should be black not gray and interesting the should be should be the should be should be the should be the should be sho	Wednesday. Ala. 2023 revealed the oxygen tubing ident #10 who was lying in bed or at a setting of 2 liters per minute. If on the oxygen concentrator were w when the last time the oxygen regen concentrator revealed the out at dialysis. as scheduled to work on ging Resident #10's oxygen tubing resident wore the oxygen tubing and with Resident #10 that day all cannula. She continued to the oxygen tubing and set up was the oxygen filters should be ident 10's 04/2023 MAR and stated Nurse went to Resident #10's ters on the oxygen concentrator indicated the filters looked as if the JM) #2 who explained oxygen

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NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI 1000 College Street	P CODE
Ridge Valley Center for Nursing and Rehabilitation		Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0695 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	filling in for the Scheduler who also The MA stated changing the oxyge not done it in about 1.5 weeks beca remembered changing Resident #1 An interview was conducted with D	interview with Medication Aide (MA) #2 Interview with Medical Supply Cler In tubing and set up was a duty of the Mause he had been too busy with other of 10's oxygen set up about 2 weeks ago I Interctor of Nursing (DON) #1 on 04/26/2 In the hall once a week on Wednesday	k while she was on her vacation. Medical Supply Clerk, but he had luties. The MA stated he but did not clean the oxygen filters. 3 at 10:25 AM who stated it should
		ew was conducted with Administrator #2 em with the facility's current system on a ge.	

AND PLAN OF CORRECTION 34: NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Reh For information on the nursing home's plan to	I) PROVIDER/SUPPLIER/CLIA ENTIFICATION NUMBER: -5133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
Ridge Valley Center for Nursing and Reh			
	NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		CODE
	o correct this deficiency, please cont	Wilkesboro, NC 28697 act the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying in			on)
F 0745 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few Ba foll relations and properties of the plant of the pl	review of Resident #6's Physician as no order for Resident #6 to discussion order for Resident #6 to d	vices to help each resident achieve the AVE BEEN EDITED TO PROTECT Coolice, and family interviews the facility fanatologist) for 1 of 3 residents (Resident facility on [DATE] with diagnoses that in the earliest in the earl	e highest possible quality of life. DNFIDENTIALITY** 37280 iiled to arrange transportation to a at #6) reviewed for medically ncluded thrombocytopenia (a low fice visit dated 01/26/23 provided of low up in one month. logy office visit dated 01/26/23 at 3:00 PM for lab work and 23 for Hospice Services. There is tion Aide (TA) who also arranged do that she transported residents to residents' appointments were in service took Resident #6 to her eduled for 02/27/23 at 3:00 PM. doctor's office called her to confirm 6 had recently changed to Hospice topped all their doctor's Director of Nursing #2 about the nument because the Resident was medical appointment for February must have forgot. 18/23 at 7:35 PM who was the unaware that the Resident did not the mail from the doctor's office in twas missed through another spice Services on 02/14/23 related ombocytopenia and required close

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC		<u>-</u>
F 0745 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	An interview was conducted with the began Hospice Services on 02/14/2 further medical appointments was a there was no decision made to can aware that Resident #6 did not go brought to her attention by the Resident to the resident to the rattention by the Resident to the residents herself with the facilit recall that Resident #6 had a follow During an interview with Director of when a resident went under Hospic outside the facility. The DON contin Resident #6's medical appointment Services, and she told the TA that around to doing it so Resident #6 non 04/26/23 at 10:25 AM an interview facility had problems receiving the responsibility of the hall nurse, medical appointments and follow u continued to explain that there sho Resident #6's outside medical appointments and Resident #6's outside medical appointments.	ne Hospice Nurse on 04/20/23 11:20 Al 23 for a thoracic aortic aneurism. She of a decision made by the Resident's fam a decision made by the Resident's fam acel outside medical appointments. The to her scheduled medical appointment ident's family member. The wwas conducted with Unit Manager (I sportation for medical appointments for y van or by an outside transportation or y up appointment made for February 27 for Nursing (DON) #2 on 04/21/23 at 3:05 ce Services, they discontinued all lab where the would speak with Hospice about the missed the medical appointment. The was conducted with Director of Nurpaperwork from the residents' medical unit manager or transportation to obtain provided with scheduling appointments according the situation. The DON indicated what the situation. The DON indicated what the situation.	M who explained that Resident #6 continued to explain that cancelling ily and in reference to Resident #6 to Hospice Nurse stated she was not until after the fact and it was JM) #2 who explained that the TA the residents by either transporting ompany. The UM stated she did not 7th. Description PM she explained that normally work and medical appointments the TA had asked her about cently went under Hospice the situation, but the DON never got the progress notes from their ting to the order. The DON ce and the family about whether hysician's order should have been

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F 0760 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Few	Ensure that residents are free from **NOTE- TERMS IN BRACKETS IN Based on record review, and intervisionificant medication error when in prescribed for a resident who had a pills/medications. The Nurse Practic Resident #3 was found unresponsic initiated but Narcan was not admin Assistant (NA) #11, NA #12, and Intable in Resident #3's room. The faresponded to Resident #3's cardiact a white powdery substance found in arrest (Resident #3) Resident #3 e. Immediate Jeopardy began on [DA powdery substance on his bedside for a suspected drug overdose. Immediate Jeopardy began on in lower scope and severity D (no act ensure monitoring systems are in pure monitoring systems are in pure findings included: Resident #3 was admitted to the fare congestive heart failure, and chron Resident #3's quarterly Minimum Desintact with no psychosis, behaviors and he received opioids 7 of 7 days 1960 indicating he was [AGE] year Review of Resident #3's physician medication) HCI Tablet 20 milligrar Crush oxycodone and the patient is [DATE] - Narcan [reversal agent us 6 hours as needed for overdose. The Resident #3's care plan last update has the potential to exhibit verbal/psnorting pills/medications, misuse of the patient in the patient is potential pills/medications, misuse of the patient in th	full regulatory or LSC identifying information is significant medication errors. HAVE BEEN EDITED TO PROTECT Consideration is significant medication errors. HAVE BEEN EDITED TO PROTECT Consideration is start and the Nurse Practition is larcan (reversal agent used in case of the aknown history of substance abuse the stioner ordered Narcan as needed for ordering in the resident was lousekeeper #1 had observed a white, incility also failed to notify Emergency Most arrest on [DATE] that he had a history next to him. This affected 1 of 4 resident expired in the facility on [DATE]. TE] when Resident #3 was found unrestable and the facility staff failed to admit mediate jeopardy was removed on [DATE] used the facility used harm with more than minimal harm polace and the completion of staff education in front of the resident resident physician is sold. Orders revealed the following physician is (mg) - Give one table by mouth events and in case of overdose] liquid 4mg/0.1	DNFIDENTIALITY** 38515 mer the facility failed to prevent a poverdose) was not administered as at included crushing and snorting verdose on [DATE] for Resident #3. On ary Resuscitation (CPR) was as unable to be revived. Nursing powdery substance on the tray edical Services (EMS) that are of drug abuse nor that there was not reviewed with sudden cardiac sponsive in his room with a white minister an ordered dose of Narcan TE] when the facility provided an will remain out of compliance at that is not immediate jeopardy) to tion. Schuded cocaine dependence, TE] revealed he was cognitively as coded with having frequent pain revealed Resident #3 was born in a orders: - Oxycodone (opioid pain revealed Resident #3 was born in the orders: - The order's start date was milliliter (ml) - 4 mg in nostril every cormation: - Resident #3 exhibits or endence and anxiety; history of

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AND PLAN OF CORRECTION	IDENTIFICATION NUMBER:	A. Building	COMPLETED
	345133	B. Wing	04/27/2023
NAME OF PROVIDER OR SUPPLI	NAME OF PROVIDER OR SUPPLIER		P CODE
Ridge Valley Center for Nursing and Rehabilitation		1000 College Street Wilkesboro, NC 28697	
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F 0760 Level of Harm - Immediate jeopardy to resident health or safety	- Resident #3 does complain of pain at times due to impaired mobility. Resident #3 has a diagnosis of chronic pain and opioid dependence. Resident has pain medication in place and is followed by pain clinic. Interventions included Per MD order Narcan 1 milliliter by nasal route as needed for opioid overdose. Repeat every 2 minutes until emergency medical services arrive.		
Residents Affected - Few	Narcan on [DATE] and that the pre	n [DATE] at 12:12 PM revealed they re scription was filled and delivered on [D t #3's name on it along with the dosing	ATE]. She reported the Narcan
	A review of Resident #3's medication administration record from [DATE] revealed the order for Narcan to be administered in the event of an overdose. No dose of Narcan was signed off on as having been given on [DATE].		
	A review of Resident #3's physician progress notes revealed a note from [DATE] that included the following: Behavioral concerns - this NP [Nurse Practitioner] recommends that the patient be discharged from this facility for numerous documented reports from the staff of overdose, abuse, and noncompliance. I believe that the patient puts the facility at risk for liability if he were to overdose. I have added Narcan 4mg [Milligrams] nasal every 6 hours as needed for overdose. I have expressed by concerns with the [Former] Director of Nursing, Administration, and Medical Director. The note was electronically signed by NP #2.		
	longer working at the facility. She mand then turning his oxygen up on she was concerned about Residen members that he pocketed the memonths before August of 2022 she pain clinic for monitoring. The pain medication was to be crushed and medium. She reported she receive who informed her there was a pictu	on [DATE] at 9:01 AM with Nurse Pract eported Resident #3 had a history of ta his portable tanks and concentrator un t #3 abusing his narcotics because she dications and then crushed and snorted refused to prescribe him narcotic pain clinic ordered oxycodone. She reporte Resident #3 observed until it was fully d information from a staff member who are of Resident #3 cutting a white powder in the powder of the process of th	king his narcotic pain medication til he would pass out. She stated heard from unknown staff them. She reported several medications and referred him to a d Resident #3's narcotic pain taken in applesauce or another m she could no longer remember, lery substance on his tray table in
	The Medication Administration Rec #33 on [DATE] at 2:16 AM by Medi	cord (MAR) for [DATE] revealed oxycoo ication Aide (MA) #3.	done was administered to Resident
	(continued on next page)		

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For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC		<u>-</u>
F 0760 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Few	medication cart and was responsib until 7:00 AM on [DATE]. She state and found him unresponsive aroun oxycodone when she last administe them as it was ordered on the MAF and she remembered reading in his worked with him, he came up to he medication and waited there until it have a physician order for Narcan did not have Narcan on her cart an physician order for Narcan. She rejemergency, she never saw anyone #3 had a history of drug abuse. Me administer Narcan nor any education on floor at 6:15 AM by [Med Aide # medical services [EMS] notified by resuscitation in resident room. EMS During an interview with Nurse #13 help from MA #3. He stated he were pulse or respiration. He stated he in stated Resident #3 was not on his shistory including past drug abuse of stated that Narcan was not administed A review of the EMS run report from an unresponsive resident. Per the overdose situation when they arrive #3. An interview with NA #11 (agency) Resident #3 on [DATE] on 3rd shift medications around 5:00 AM and find she and NA #12 went running. She substance on Resident #3's tray tall Interview with NA #12 (agency NA) Resident #3 and had run to the roo	#3 (MA) on [DATE] at 3:14 PM revealed le for providing Resident #3 with his may do she last gave him his narcotic pain in the disciplent of 5:30 AM. She could not recall with content of 5:30 AM. She could not recall with content of 5:30 AM. She could not recall with content of 5:30 AM. She could not recall with content of 5:30 AM. She could not recall with content of 5:30 AM. #3 stated she had worked with R is chart that he had some drug seeking are medication cart before he was due to the swastime for it to be administered. She because she would have made a note of that it would have been out of the order ported during the entirety of time she are administer Narcan or tell EMS person and faile #3 indicated she had not received on on how to identify a resident who had solve the staff while this nurse and additional nurse arrived at 6:25 AM. Resident #3 prones arrived at 6:25 AM. Resident #3 prones arrived at 6:25 AM. Resident #3 prones are continued as significant with the provided end to knowledge of Resident #3's more and no knowledge of Resident #3's m	edication from 7:00 PM on [DATE] nedication at 2:16 AM on [DATE] ertainty if she crushed his y that she would have administered tesident #3 a few times previously behaviors. She revealed when she receive his narcotic pain a further stated Resident #3 did not to herself. She also reported she dinary for a resident to have a ssisted with Resident #3's nel when they arrived that Resident ed any formal education on how to ad an overdose. read in part, Resident #3 reported m smoking area .emergency rese performed cardiopulmonary ounced expired by EMS at 6:46 AM. Reported he responded to calls for a on the floor, still warm but with no pan chest compressions. Nurse #13 hing about Resident #3's medical ion to suspect a drug overdose and igned to oversee the Medication dical history or care needs. Rived at the facility and began CPR need were not informed of a potential mergency assistance to Resident she reported she was assigned to a #3's room to give him his MA #3 screamed for assistance and noticed a white, powdery worked the night of [DATE] ding him unresponsive. She stated

			NO. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC		<u></u>
F 0760 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Few	An interview with Housekeeper #1 #3's room on [DATE] and wiped of know Resident #3's medical history off the tray table after EMS reques asked her to wipe off Resident #3's During an interview with NA #7 on overdose due to her experience of occasion. NA #7 stated each time: and got the nurse on the hall. She powdery substance was gone, and reported she also wrote two separa Administrator #3's door. NA #7 state certain she slid them underneath A to prevent Resident #3 from snortin Administrator #1 was asked on [DA Resident #3's observed behaviors 10:00 AM she was unable to locate An interview with Resident #3's for 1:16 PM revealed he had reported Wound Nurse and to former Social his cell phone to them on their pers someone from the facility was bring stated he watched Resident #3 nur On [DATE] at 12:18 PM the photog Resident #3 sitting in his wheelcha wearing a lime green t-shirt and ha powdery substance that was on his An interview with the Wound Nurse that Resident #3 had a substance a also reported she had received a p roommate, Resident #13, that shot his tray table in his room at the fac and provided them to a Corporate or her position. She stated she also Corporate Staff member. The Wou	full regulatory or LSC identifying information [DATE] at 3:33 PM via telephone, refa white, powdery substance from his to or if he had a history of substance abouted her to do so. She could not provide a tray table. [DATE] at 3:28 PM she reported she be seeing him snort an unidentified powdershe observed Resident #3 snorting a wareported by the time she and the nurse lakesident #3 stated it was baby powdered she could not remember the datestated she white not consider the she witten stated she with the stated he even sent pictorial she with the she with his latestated by Resident #3 in his room, next to his bed with his latestated he hank debit card in his hand pressing the provider she with the she with his latestated he hank debit card in his hand pressing the provider she with the she with his latestated he hank debit card in his hand pressing the provider she with the she with his latestated he hank debit card in his hand pressing the provider she with the she with his latestated he hank debit card in his hand pressing the provider she with the she with his latestated he had he hank debit card in his hand pressing the provider she with the she with his latestated he had he	evealed she went into Resident tray table. She reported she did not use. She reported she only wiped any information on why EMS elieved Resident #3 died due to an ery substance on more than one thite substance, she stopped him ereturned to the room, the white, or and denied snorting it. She did and slid them under she completed the reports but was the her knowledge, nothing was done attements from NA #7 regarding as but she reported on [DATE] at aff multiple times including to the ctures and video he had taken on roommate reported he felt that oviding them to Resident #3. He up on his tray table, and snort them. #13 was reviewed. They showed back to the door. Resident #3 was ug the edge down onto a white, revealed it was very well known medications and snorted them. She or recall the date, from Resident #3's cut a white, powdery substance on them to Director of Nursing #3 or was unable to remember her name edate, and provided it to the tack from Director of Nursing #3 or

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLIE	ER	STREET ADDRESS, CITY, STATE, ZI	P CODE
Ridge Valley Center for Nursing an	Ridge Valley Center for Nursing and Rehabilitation 1000 College Street Wilkesboro, NC 28697		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0760 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Few	Resident #3 and that he had a historeported Resident #3's former room to recall the date, and told her Resisnorting them. She stated she broubeing informed, but it was blown of reported there were no additional in behaviors being discussed weekly. An interview was attempted with Dian interview was attempted with Ada interview was attempted with Ada interview with Director of Nursin working in the facility at the time of with a known substance abuse issuadminister the Narcan as ordered. To know which residents were at ris expected her medication aides and responding EMS personnel on the arrival. During a follow up interview with Note Resident #3's history of drug abuadmitted to the facility she prescrib reported the Narcan was on the methe failure of the facility to administ had been given, more than likely, codose of Narcan if he was having a significant adverse effect. She reported the Narcan was notified of the Resident #3's opioid prescription be using. Administrator #2 was notified of the The facility provided the following of Identify those residents who have sononcompliance: Resident #3 was identified as having [DATE] with a white, powdery subs	orker #1 via telephone on [DATE] at 3:1 bry of abusing his medications by crush mate, Resident #13, had approached ident #3 was storing medications under ught it up to Director of Nursing #3 and ff. She stated, everyone knew about it, interventions put into place to increase at morning meeting; it was always not if irector of Nursing #3 and was unsuccest diministrator #3 by telephone and was unsured in the incident, if there was a suspected oue, who had a physician order for Narcash she also reported she expected the most of the resident in distribution of the residen	hing and snorting them. She her in her office some time, unable in his tongue then crushing and Administrator #3 immediately after and no one did anything. She supervision and despite his taken seriously. Insuccessful. Insuccessf

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLIE	-D	STREET ADDRESS CITY STATE 71	P CODE
	ME OF PROVIDER OR SUPPLIER dge Valley Center for Nursing and Rehabilitation 1000 College Street Wilkesboro, NC 28697		FCODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying informati	ion)
F 0760 Level of Harm - Immediate jeopardy to resident health or safety	the Chief Nursing Officer of the res	story of drug abuse have the potential tidents who had a history of polysubsta arc book. The Director of Nursing will b story of polysubstance abuse.	nce abuse. The list was placed on
Residents Affected - Few		e to alter the process or system failure g, and when the action will be complete	
	aides on the administration of NAR unconscious and that residents with Education also included signs and residents with history of polysubsta abuse being located in the narc bornotifying EMS upon their arrival of the Director of Nursing will ensure no lieducation. Any new hires including Education will be completed on [DAR]	and Chief Nursing Officer educated lic CAN in the event a resident with know h history of polysubstance abuse had p symptoms of overdose and nursing counce abuse and presence of list of residue to the cart for ease of access. Further the substance abuse history and the accensed nurses or medication aides will agency will receive education prior to ATE] by the Director of Nursing or Chiemwill be responsible to ensure implement	n drug use history should be found onlysician order for NARCAN. mmunication shift to shift on dents with history of polysubstance hermore, education included diministration of Narcan. The I work without receiving this the beginning of their next shift. If Nursing Officer.
	The alleged date of IJ removal is [D	DATE].	
	with histories of drug abuse was ob- interviewed medication aides and r histories of drug abuse and were al	e allegation of immediate jeopardy was oserved at the nurses' stations and on t nurses were aware of the individuals id lso able to articulate what they needed ses of Narcan. The facility's immediate	the medication carts. The entified by the facility as having to do in a suspected overdose

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023	
NAME OF PROVIDER OR SURRU		CTREET ADDRESS CITY STATE 71	D CODE	
Ridge Valley Center for Nursing ar	NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZIP CODE 1000 College Street	
range valley center for radising at	id iveriabilitation	Wilkesboro, NC 28697		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)	
F 0761 Level of Harm - Minimal harm or potential for actual harm		in the facility are labeled in accordance gs and biologicals must be stored in loo d drugs.		
Residents Affected - Few	35789			
Nesidents Anected - Lew	Based on observation, record revie D) observed during medication pas	ew, and staff interview the facility to sec es.	eure 1 of 4 medications carts (Cart	
	The findings included:			
	medication cart D and was preparing Once Nurse #5 had the medication locations on the hallway leaving the observation a male resident in a whobserved it for several minutes before the control of the co	#5 was made on 04/20/23 at 5:21 AM ng medications. The medication cart was prepared, she would walk from the medication cart unlocked and unsecuneelchair rolled up to the unlocked and ore continuing down the hallway. ade on 04/20/23 at 6:10 AM to 6:14 AM	as parked near one end of the hall. nedication cart to rooms at various ared. During the continuous unsecured medication cart and	
	medication cart D and was continu	ing to prepare medications. The medic I to prepare medications and walk then	ation cart remained parked at one	
		0/23 at 6:15 AM who stated, I know who for a bit I will lock it. Nurse #5 confirmed alked away from the cart.		
		interviewed on 04/20/23 at 10:16 AM we the staff walked away from the cart and		

	<u> </u>	1	1
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLIE	-n	CTDEET ADDRESS CITY STATE 71	D CODE
Ridge Valley Center for Nursing an		STREET ADDRESS, CITY, STATE, ZIP CODE 1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0835	Administer the facility in a manner	that enables it to use its resources effe	ctively and efficiently.
Level of Harm - Immediate jeopardy to resident health or	**NOTE- TERMS IN BRACKETS H	IAVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 35789
Residents Affected - Some	failed to provide leadership and over easily accessible to immediately sta	se Practitioner, and Medical Director intersight to ensure the facility had supplied art Cardiopulmonary Resuscitation (CF) (Resident #1, Resident #2, and Residents.	es that were readily available and PR) when 3 of 4 residents
	Immediate Jeopardy began on [DATE] when Resident #3 experienced cardiac arrest and the facility did not have an ambu bag (used to deliver rescue breaths during CPR) readily available for use and it took the staff approximately three minute to locate the ambu bag and start rescue breathing. Immediate jeopardy was removed on [DATE] when the facility provided an acceptable credible allegation of immediate jeopardy removal. The facility will remain out of compliance at lower scope and severity E (no actual harm with potential for more than minimal harm that is no immediate jeopardy) to ensure monitoring system are in place and the completion of employee education.		
	The findings included:		
	This tag is cross referenced to F67	8:	
	have basic lifesaving equipment re (CPR) when Resident #3 experience begin CPR because the first crash have a ambu bag or manual resusce compressions and it took the staff ambu bag to begin rescue breathin were unable to immediately begin resuscitator to begin rescue breath compressions on while in bed). It to begin CPR. On [DATE] Resident # begin CPR because they could not another resident's room. The staff a (AED) (device used to deliver a sho	ff, Nurse Practitioner and Medical Direct adily available for use to immediately be ced sudden cardiac arrest on [DATE] a cart (cart of emergency supplies) that votation (device to administer rescue breapproximately three minutes to get the g. Resident #1 experienced sudden ca CPR because the staff could not locate a and could not locate a backboard (habok the staff approximately five minutes 2 experienced sudden cardiac arrest and locate an ambu bag or manual resuscials could not locate the paddles for the bock to the heart). It took staff several m. This affected 3 of 4 residents review.	regin cardiopulmonary resuscitation and staff were unable to immediately was [NAME] to the bed side did not athing) on it, staff began chest second crash cart that did have a ardiac arrest on [DATE] and staff an ambu bag or manual ard surface to do chest so locate the needed items to not staff were unable to immediately itator and had to borrow one from the Automatic External Defibrillator inutes to locate the ambu bag to
	(continued on next page)		

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLIE	-D	STREET ADDRESS, CITY, STATE, ZI	P CODE
Ridge Valley Center for Nursing an		1000 College Street	F CODE
range valley define for ransing an	a renabilitation	Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying informati	on)
F 0835 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some	Director of Nursing (DON) #1 was in the facility as the Minimum Data DON at the beginning of [DATE]. To months prior to her arrival at the facilissues that arose during his sudder recalled hearing during the clinical coded by the staff that the facility of Cardiopulmonary Resuscitation (CI Practitioner (NP) who was directly was handled and the lack of equipment of the nurses talking DON stated that she also recalled not stocked, and they continued to that someone was taking the amburesolution to that issue but stated a borrowed a box of ambu bags. Administrator #2 was interviewed of the Regional [NAME] President of the Administrator #1. Administrator #2, and Resthere were issues that had arisen of contributed the failures of the facility Administrator #1 and DON #1 were the noncompliance. The facility provided the following I. Identify those recipients who have the noncompliance. The facility's administration did not with the needed equipment that incoming and automatic external defibrillator arrest. On [DATE] at approximately 1:00 A to locate an Ambu bag or manual revere also unable to locate a back to depth for delivery of CPR. It took the suddent is the contribution of the contrib	interviewed on [DATE] at 10:16 AM who Set (MDS) nurse at the beginning of [Dhe DON stated she had no knowledge cility. She also stated she was not faming a cardiac arrest and code situation. The morning meeting that when Resident # id not have the appropriate equipment PR). She added that she distinctly remainvolved in the code situation voicing him that was available. The DON state to them about the situation and how it is Administrator #1 asking the Unit Managinsist that they had checked them, and a bags off the crash carts. From what the after the event another staff member has the IDATE] at 3:02 PM who confirmed the Operations and provided oversight to the stated that she had no knowledge of the dident #3, she stated that nothing had be during the code situations that all three by on lack of effective leadership.	o explained that she began working DATE] and had become the interim of Resident #1 as he was expired liar at all with Resident #2 or any a DON further stated that she 3 went into cardiac arrest and was to immediately begin embered the former Nurse er dissatisfaction with how the code ed she recalled the former NP should have gone differently. The gers (UM) why the crash carts were at they were stocked and believed the DON could recall there was not digone to the hospital and the facility under the direction of the situations that had occurred with the encommunicated to her that the residents experienced. She and part of the part of the communicated to her that the part of the part

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID: 345133

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			NO. 0930-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLIE	ER	STREET ADDRESS, CITY, STATE, Z	IP CODE
Ridge Valley Center for Nursing ar	nd Rehabilitation	1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informat	ion)
F 0835 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some	unable to locate an Ambu bag or mache to locate the correct depth for delivery of CP basic lifesaving equipment and ind from another residents' rooms to use and when staff retrieved the AED fluse by the NP. The NP also request was transported to the emergency. On [DATE] Resident #3 who had a white powdery substance on his be cardiac arrest. Staff responded with staff member had to obtain the other minutes to obtain the other crash of the case of	the hospital. In [DATE]. Il code status have the potential to be a all Nurse Consultant completed record ty, and/or discharged to another hospity, and/or discharged to another hospity. Another hospity are followed with no issues. Staff DATE]. The to alter the process or system failure g, and when the action will be completed arising educated Administrator on the fairt checklist, location of crash carts in faid the following: The process or system failure g, and when the action will be completed arising educated Administrator on the fairt checklist, location of crash carts in fair the following: The process or system failure g, and when the action will be completed arising educated Administrator on the fairt checklist, location of crash carts in fair the following:	tilation to residents not breathing. ctly deliver chest compressions to ided to the code and requested the idea a manual resuscitator was taken idea to the code and requested the idea a manual resuscitator was taken idea to the shock readily available for adily available for use. Resident #2 abuse was found on the floor with a touch but was pulseless and was in u bag on the crash cart. Another ok approximately two to three idea breathing and compressions. affected by current practice review of residents that expired in a tal for the following dates, [DATE] - if interviews completed with nurse at to prevent a serious adverse in the complete of the procedure actility CPR policy and procedure actility, and location of additional addividual.

		1		
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. Building	(X3) DATE SURVEY COMPLETED	
	345133	B. Wing	04/27/2023	
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE	
Ridge Valley Center for Nursing ar	nd Rehabilitation	1000 College Street Wilkesboro, NC 28697		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)	
F 0835	Initiate the basic life support (BLS)	sequence of events.		
Level of Harm - Immediate jeopardy to resident health or	The BLS sequence of events is refe	erred to as C-A-B (chest compressions	, airway, breathing).	
safety	Chest compressions:			
Residents Affected - Some	a. Following initial assessment, bequising heal of hand.	gin CPR with chest compressions. Posi	tion flat hand over left chest and	
	b. Push hard to a depth of at least	2 inches (5 cm) at a rate of at least 100	compressions per minute;	
	Allow full chest recoil after each co	mpression; and		
	Minimize interruptions in chest compressions.			
	Airway: Tilt head back and lift chin	to clear airway.		
	Breathing: After 30 chest compress	sions provide 2 breaths via resuscitator	or manually (with CPR shield).	
	All rescuers should provide chest of provide ventilations with a compres	compressions to victims of cardiac arrest ssion-ventilation ratio of 30:2.	st. Trained rescuers should also	
	Continue with CPR/BLS until emerg	gency medical personnel arrive.		
	2. Emergency Crash Cart Checklis	t		
	3. Location of crash carts			
	4. Location of backup BLS supplies	3		
	to thoroughly investigate cardiac evany cardiac events and must review participating in cardiac event responsoreeding the incident and finding confirmation that CPR procedure with the from CPR procedure is identified A	rator was educated by Regional Director of Operations on Administrator's responsile ate cardiac events. Administrator must be notified by Director of Nursing or Design and must review code response to ensure CPR procedure was followed. Staffice event response must be interviewed by a member of nurse management team nut and findings of cardiac event investigation must be shared with the Administrator Reprocedure was followed, basic life support supplies were readily available. If variatis identified Administrator should immediately consult Regional Director of Nursing meeting to include IDT and Medical Director, and modify plan of correction in order		
	On [DATE], the Regional Nurse Consultant educated the nurse management team on interviewing the st that participated in the CPR proceeding the incident to ensure CPR procedures were followed and basic lifesaving equipment was readily available.			
	(continued on next page)			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI	P CODE
Ridge valley Certer for Nursing at	iu Renabilitation	Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0835 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some	Effective [DATE], Administrator will outside Administrator no less than crash carts to ensure location, supensure adequate supply of BLS eddesignated location review of cardiac event investigated interview staff to confirm knowledge. Review any new hires since last vivide Effective [DATE] the Administrator jeopardy removal for this alleged not Alleged Date of IJ Removal: [DATE] on [DATE] and [DATE] the facility's Interviews with the DON and Admin Director of Nursing on the CPR pol carts, and location of back up supp and was aware of her responsibility the facility's policy and procedures directly involved with the incident a management team confirmed that it investigation after any cardiac ever saving equipment was readily avail understanding of her responsibility events and review new hire oriental	receive on site visit from Regional Directore per week. Visit will include audit of apply, and emergency crash cart checklist quipment is present on the crash cart at one since previous visit to ensure CPR ge of CPR procedure and role in cardial sit to ensure CPR procedure educations will be responsible for ensuring impler on-compliance.	ector of Operations or designated of the following: st completed and accurate and supply room and is housed in procedure was followed ac event response. In was completed. In entation of this immediate and yremoval was validated. In educated by the Regional cart check list, location of crash nal Director of Operations (RDO) estigate cardiac events to ensure dinclude interviews with staff or #2/RDO. Interviews with the since of conducting thorough oper procedures and that basic life iministrator #2/RDO verbalized supplies, review any cardiac dine the deducation during the

F 0867 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some Based on observat (QAA) committee finto place following [DATE] and the redeficiencies that we (F677), Quality of 0 were subsequently		LE CONSTRUCTION (X3) DATE SURVEY COMPLETED 04/27/2023
Ridge Valley Center for Nursing and Rehabilitation For information on the nursing home's plan to correct this defice (X4) ID PREFIX TAG SUMMARY STATE! (Each deficiency must) Set up an ongoing corrective plans of corrective plans of the correction plans of the correction plans of the corrective plans of the correction plans of the correc		1
F 0867 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some Based on observat (QAA) committee for into place following [DATE] and the red deficiencies that we (F677), Quality of C were subsequently multiple surveys of The findings include	STREET ADDI 1000 College Wilkesboro, N	
F 0867 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some Based on observat (QAA) committee for into place following [DATE] and the red deficiencies that we (F677), Quality of C were subsequently multiple surveys of The findings include		
Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some Based on observat (QAA) committee finto place following [DATE] and the red deficiencies that we (F677), Quality of 0 were subsequently multiple surveys of The findings include	MENT OF DEFICIENCIES st be preceded by full regulatory or L	
F637: Based on remaining the recertification of the Minimum Data Set (Resident #6) for Householder of the Minimum Data Resident #11, and catheters for 1 of 2 During the complaid Data Set assessment reviewed for dialys F677: Based on obtaining the complaid to a resident wetting who had a bowel in care for 2 residents.	quality assessment and assurant action. N BRACKETS HAVE BEEN EDITION, record reviews, and staff intailed to maintain implemented properties or the complaint investigations that certification and complaint investigere originally cited in the areas of Care (F689 & F695), Pharmacy Societed on the current complaint record showed a pattern of the facet: Inferred to: Inferred to:	ce group to review quality deficiencies and develop TED TO PROTECT CONFIDENTIALITY** 38515 terviews, the facility's Quality Assessment and Assurance ocedures and monitor interventions the committee put to occurred on [DATE], [DATE], [DATE], [DATE], and gation that occurred on [DATE]. This failure was for eight Resident Assessment (F637 and F641), Quality of Life Services (F760 & F761), and Administration (F835) and investigation of [DATE]. The repeat deficiencies during acility's inability to sustain an effective QA program. The facility failed to complete a significant change to determination of Hospice services for 1 of 1 resident are conducted on [DATE] the facility failed to complete a for a resident who admitted to hospice care for 1 of 2 are facility failed to accurately code cognition or section C reviewed (Resident #1, Resident #7, Resident #10, ailed to accurately code the MDS in the area of indwelling

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER (X3) 45133 NAME OF PROVIDER OR SUPPLIER (X3) 45133 NAME OF PROVIDER OR SUPPLIER (X3) 45133 NAME OF PROVIDER OR SUPPLIER (X4) 1D PREFIX TAG (X4) 1D PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) During the complaint investigation completed on (DATE), the facility failed to provide dependent residents with showers for 3 of 0 residents reviewed for activities of daily living. F688 Based on record triving observation, and interviews with resident, Nutre Practitioner, and staff, the health of the state survey supervise. The health of the provide dependent residents with showers for 3 of 0 residents reviewed for activities of daily living. F688 Based on record triving observation, and interviews with resident, Nutre Practitioner, and staff, the health of the provide state of the state				No. 0936-0391
Ridge Valley Center for Nursing and Rehabilitation 1000 College Street Wilkesborn, NC 28897 For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) During the complaint investigation completed on [DATE], the facility failed to provide dependent residents with showers for 3 of 6 residents reviewed for activities of daily living. F699: Based on record review, observation, and interviews with resident, Nurse Practitioner, and staff, the facility failed to implement measures to miligate the risk of an accidental drug overdose for a resident who had a known history substance abuse that included crushing and snorting pills/medications. On [DATE] Resident 54 was found unresponsive in his room as a result of sudden onset cardo a white, powdery substance on the tray table in his room. Additionally, the facility failed to provide supervision to a cognitively impaired resident (Resident #4) who was a high fall risk and was left alone and unstended in his room affer a therapy session, and was left of the superior orbit role local emergency room (ER) then transferred to a local trauma center for treatment of his injuries that included right inith through eleven in the factures, right frontal bone fracture extending into the superior orbit role local emergency room (ER) then transferred to a local trauma center for treatment of his injuries that included right inith through eleven in the factures, right frontal bone fracture extending into the superior orbit role local emergency room (ER) then transferred to a local trauma center for treatment of his injuries that included right inith through eleven in the factures, right frontal bone fracture extending into the superior orbit role or 2 of 2 residents reviewed for safe smoking. A resident if all dispards the superior orbit role or 2 of 2 of 2 residents and prevent and prevent and		IDENTIFICATION NUMBER:	A. Building	COMPLETED
Evaluation on the nursing home's plan to correct this deficiency; please contact the nursing home or the state survey agency. SUMMARY STATEMENT OF DEFICIENCIES Each deficiency must be preceded by full regulatory or LSC identifying information			1000 College Street	P CODE
SUMMARY STATEMENT OF DEFICIENCIES [Each deficiency must be preceded by full regulatory or LSC identifying information) During the complaint investigation completed on [DATE], the facility failed to provide dependent residents with showers for 3 of 6 residents reviewed for activities of daily living. F689: Based on record review, observation, and interviews with resident, Nurse Practitioner, and staff, the facility failed to implement measures to mitigate the risk of an accidental drug overdose for a resident who had a known history substance abuse that included crushing and snorting pills/medications. On [DATE] Resident #3 was found unresponsive in his room as a result of sudden onset racia carrest and he was unable to be revived. Nursing Assistant (NA) #11, NA #12, and Housekeeper #1 had observed a white, powdery substance on the tray table in his room. Additionally, the facility failed are provide supervision to a cognitively impaired resident (Resident #4) who was a high fall risk and was left alone and unattended in his room after a therapy session, and was later found on the floor, and was sent to the local emergency room (ER) then transferred to a local trauma center for treatment of his injuries that included right ninth through eleven rib fractures, right frontal blose fracture extending into the superior ortion and lateral orbit wall. (Resident #3 & Resident #4) This deficient practice was for 2 of 3 residents reviewed for supervision to prevent accidents. During the complaint investigation completed on [DATE], the facility failed to provide a safe smoking environment for two smokers when staff failed to properly store oxygen at a safe distance from open flame and prevent a resident who utilized oxygen from smoking while his oxygen value has for a orbit wall. (Resident #4) to use for 2 of 2 residents reviewed for safe smoking. A resident if a cigarette with his nasal cannula in his nares and high likelihood of injury to the other resident who was in the smoking area. F695: Based on observations, re			·	
F 0867 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some Residents Affected - Some Besidents Affected - Some Residents Affected - Some Resident	For information on the nursing nome's	plan to correct this deficiency, please con	tact the nursing nome or the state survey	agency.
with showers for 3 of 6 residents reviewed for activities of daily living. F689: Based on record review, observation, and interviews with resident, Nurse Practitioner, and staff, the facility failed to implement measures to mitigate the risk of an accidentel drug overdose for a resident who had a known history substance abuse that included crushing and snorting pills/medications. On IDATE] Resident #3 was found unresponsive in his room as a result of sudden onset cardiac arrest and he was unable to be revived. Nursing Assistant (NA) #11, NA #12, and Housekeeper #1 had observed a white, powdery substance on the tray table in his room. Additionally, the facility failed to provide supervision to a cognitively impaired resident (Resident #4) who was a high fall risk and was left alone and unattended in his room after a therapy session, and was later found on the floor, and was sent to the local emergency room (ER) then transferred to a local trauma center for treatment of his injuries that included right ninth through eleven in bractures, right frontal bone fracture extending into the superior orbit roof and lateral orbit wall. (Resident #3 & Resident #3 his deficient practice was for 2 of 3 residents reviewed for supervision to prevent accidents. During the complaint investigation completed on [DATE], the facility failed to provide a safe smoking environment for two smokers when staff failed to properly store oxygen at a safe distance from open flame and prevent a resident who utilized oxygen from smoking while his oxygen was in use for 2 of 2 residents reviewed for safe smoking, a resident it a cigarette with his nasal cannula in his nares and his oxygen tank on while out in the designated smoking area which resulted in burns to the resident's face and high likelihood of injury to the other resident who was in the smoking area. F689: Based on observations, record review, and staff interviews, the facility failed to keep emergency (surgically resident serviewed for a resident was unable or provide and saily acc	(X4) ID PREFIX TAG			ion)
Narcan was not administered as ordered and the resident was unable to be revived. Nursing Assistant (NA) #11, NA #12, and Housekeeper #1 had observed a white, powdery substance on the tray table in Resident #3's room. The facility also failed to notify Emergency Medical Services (EMS) that responded to Resident #3's cardiac arrest on [DATE] that he had a history of drug abuse nor that there was a white powdery substance found next to him. This affected 1 of 4 residents reviewed with sudden cardiac arrest (Resident #3) Resident #3 expired in the facility on [DATE].	Level of Harm - Minimal harm or potential for actual harm	During the complaint investigation with showers for 3 of 6 residents reference for 3 of 6 resident #3 was found unresponsionable to be revived. Nursing Assis powdery substance on the tray tab cognitively impaired resident (Resident #3 was found unresponsional for a feeded for a feeded for a feeded for a feeded for safe substance for two smokers when and prevent a resident who was feeded for safe smoking. A resident who was feeded for safe smoking and safe for immediate oxygen tubing as ordered and clear respiratory services. During the recertification and compensure oxygen therapy was deliver and failed to provide routine mainted dust and debris for 4 of 5 residents. F760: Based on record review, and prevent a significant medication en administered as prescribed for a recrushing and snorting pills/medicate.	completed on [DATE], the facility failed eviewed for activities of daily living. servation, and interviews with resident, as to mitigate the risk of an accidental of use that included crushing and snorting ve in his room as a result of sudden on stant (NA) #11, NA #12, and Housekeele in his room. Additionally, the facility failed that with the facility failed that with the facility failed that the facility of the facility failed that the facility failed in staff failed to properly store oxygen at a completed on [DATE], the facility failed in staff failed to properly store oxygen at a completed on [DATE], the facility failed in staff failed to properly store oxygen at a completed on [DATE], the facility failed in staff failed to properly store oxygen at a completed on [DATE], the facility failed in staff failed to properly store oxygen at a completed on staff failed in burns to the was in the smoking area. For or eview, and staff interviews, the facility failed in the front of the neck) supplies or energency supplies for mechanical energency in the front of the neck) supplies or energency supplies for mechanical energency failed in the front of the neck). This after the prescribed rate ordered for 3 denance to oxygen concentrators to enserge the for oxygen concentrators to enserge the failed to properly agent the failed to properly agent the failed to properly store oxygen therapy. If interviews with staff and the Nurse Pror when Narcan (reversal agent used in the failed to properly agent agent used in the failed to properly agent agent used in the failed to properly agent agent used in the failed to properly	Nurse Practitioner, and staff, the drug overdose for a resident who pills/medications. On [DATE] iset cardiac arrest and he was eper #1 had observed a white, failed to provide supervision to a as left alone and unattended in his ent to the local emergency room that included right ninth through orbit roof and lateral orbit wall. Its reviewed for supervision to It to provide a safe smoking a safe distance from open flame in was in use for 2 of 2 residents a in his nares and his oxygen tank are resident's face and high likelihood allity failed to keep emergency needed for an unplanned all ventilation (ambu bag) at bedside. The facility also failed to change fected 2 of 3 residents reviewed for on [DATE], the facility failed to of 5 residents reviewed for oxygen ure the air filters were free from actitioner the facility failed to in case of overdose) was not stance abuse that included arcan as needed for overdose on
		Narcan was not administered as or #11, NA #12, and Housekeeper #1 #3's room. The facility also failed to #3's cardiac arrest on [DATE] that substance found next to him. This #3) Resident #3 expired in the facil	rdered and the resident was unable to land observed a white, powdery substance notify Emergency Medical Services (Benedical Services) he had a history of drug abuse nor that affected 1 of 4 residents reviewed with	pe revived. Nursing Assistant (NA) ance on the tray table in Resident EMS) that responded to Resident there was a white powdery

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/27/2023
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying informati	ion)
F 0867 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	During the complaint investigation errors by not accurately transcribin summary prescribed to treat chroni resident reviewed for medication erscale of 1 to 10 across all three shi During the complaint investigation errors when medications were not erviewed for medications. During the complaint investigation error when staff failed to administer Peripherally Inserted Central Cathe was replaced with a different type on [DATE] and [DATE] for 1 of 1 rethe high likelihood for bacterial regimissed medications. F761: Based on observation, recording the complaint investigation were stored and secured using a different type of the facility also failed to remove a left facility also failed to provide lead available and easily accessible to it residents experienced sudden cardia high likelihood of affecting other in During the complaint investigation ensure nurses obtained and admining the complaint investigation ensure nurses obtained and admining an interview with Administrate team met monthly and included the direct care staff. She reported she Administrator but planned to run the was a lack of effective leadership in	completed on [DATE], the facility failed g and administering medication as ordered pain, shortness of breath, and anxiet prors. As a result, the resident reported fts during her 4 days as a resident in the completed on [DATE], the facility failed obtained and administered per the physic path of the properties of the	It to prevent significant medication ered from the hospital discharge y for a hospice resident for 1 of 1 her pain level was a 7 to 9 on a ne facility. It to prevent significant medication sician orders for 3 of 3 residents It to prevent a significant medication sician orders for 3 of 3 residents It to prevent a significant medication DATE] and [DATE]. The to administer IV antibiotics) line liled to administer the IV antibiotic ificant medication errors. There was or return to hospital due to the value of the side