Printed: 11/22/2024 Form Approved OMB No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021	
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.				
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0550 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	her rights. **NOTE- TERMS IN BRACKETS H Based on observations, record rev residents in a dignified manner by through her brief onto her draw she (Resident #2) who had a bowel mod dinner while smelling the bowel mod The findings included: 1. Resident #17 was admitted to the included Alzheimer's disease, dem Resident #17"s Care Area Assess assessment dated [DATE] revealed cognitive impairment. Resident wa related to her incontinence. Resident Resident #17's most recent quarter severely impaired for daily decision	HAVE BEEN EDITED TO PROTECT Continuous, resident, family and staff interview not providing incontinence care prior to eat. In addition, the facility failed to provide the property of the facility of the facility of the facility on [DATE] and readmitted or identia, seizure disorder and anxiety discontinent summary completed with her annual she was incontinent of bowel and blass at risk for developing pressure ulcer agent was totally dependent on nursing starty Minimum Data Set assessment dates a making and required extensive to total ally dependent on 1 staff member for total staff member fo	on on Fide in the facility failed to treat a resident (Resident #17) wetting yide incontinence care to a resident r roommate (Resident #1) ate or dignity and respect. I [DATE] with diagnoses which order. I [DATE] with diagnoses which order.	

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID: 345133

If continuation sheet Page 1 of 33

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CON IDENTIFICATION NUMBER: A. Building B. Wing	COMPLETED 10/15/2021 CITY, STATE, ZIP CODE	
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation 1000 College Street Wilkesboro, NC 2869		
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or t		
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
Resident #17's care plan dated 09/15/21 revealed a plan or related to her confusion and impaired mobility. The goal we skin breakdown due to incontinence and brief use through included check for incontinence prn (as needed), wash, rin incontinent elipsodes, notify nursing if incontinent or protein that a protein the protein that the protein the protein that the	f care for her incontinence of bowel and bladder as for Resident #17 to remain free from infection, the review date of 11/20/21. The interventions se and dry perineum, change clothing prn after tivities, use disposable briefs per manufacturer's so during the day to promote prompted voiding athroom (resident does not use bathroom), symptoms of UTI such as burning, pain, blood ary frequency, foul smelling urine, fever, chills, ing habits, monitor/document/report to MD prn, constipation, loss of bladder tone, weaking of ooke, and medication side effects, and obtain esident #17 in conference room revealed she had as soon as walked in the door. The family member the resident and NA #11 told her she had not DAM after breakfast. NA #11 had been into nt and the family member told her no and came to see the condition the resident was in. The family resident is soiled, she usually changed her and herwise it was not done. She indicated this was be was assigned to Resident #17 for the 3:00 PM to she was able to get supplies for her incontinence continence care revealed the resident had wet her ice border around the brief and the cotton layer in plastic outer layer was balled up in the center of draw sheet under her on the bed. Resident #17 ean draw sheet was placed under her on top of the did not think the resident had been checked or	

			No. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0550 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	PM revealed she had only been ab Resident #17 after breakfast and wher no that she wanted the surveyor to the resident prior to 2:00 PM due further stated this was her first wee was only 3 NAs in the building. NA was assigned to care for and said to Resident #17 was supposed to get not even had time to give her a bed lately for the NAs to have 20 or mo hours. Interview on 10/12/21 at 4:45 PM with challenges at the facility. The DON time employed nurse on evening sinurses. She further stated they recibut still had quite a few open positic changed as needed or at least eve being checked for incontinence. 2. Resident #2 was admitted to the included Alzheimer's disease, dem Resident #2's most recent Minimur extensive to total assistance of 1 to she required extensive assistance Resident #2's care plan dated 10/1 bladder due to diagnosis of demen for the resident to remain free from date of 01/20/22. The interventions manufacturer's recommendation, cand prn, clean peri-area with each between with med pass, observe for cloudiness, no output, deepening of foul smelling urine, fever, chills, alto observe/report prn any possible ca	with NA #11 who had taken care of Resplet to change the resident once today. Navent in to change her around 2:00 to 2:00 to 2:00 to 2:00 to see her changed. NA #11 stated to to all the feedings, lifts, and everythin exit off orientation and she was overwhele #11 indicated she was overwhelmed withere was not enough time to get every a shower today but there was no one of the bath due to her workload. According fore residents to care for and there was not entitle the interim Director of Nursing (DO) a stated there was only 1 full time employed hift and the rest of the nurses were PR ently had increased their base salary to ons. The DON indicated she expected by 2-3 hours and would not expect residentia, osteoarthritis, and anxiety disorded in Data Set (MDS) assessment dated [In 2 staff with most activities of daily living the staff with toileting and wore briefs. 2/21 revealed there was a plan of care tia and was at risk of UTI and pressure is skin breakdown due to incontinence as included barrier cream as ordered, us theck during care rounds when soiled a incontinence episode, encourage adector signs and symptoms of UTI including of urine color, increased pulse, increase ered mental status, change in behavior uses of incontinence, bladder infection eased bladder capacity, diabetes, strokenses.	NA #11 stated she had changed 30 PM and the family member told she had not been able to get back g else she had to do today. NA #11 lmed with the workload when there with the number of residents she thing done. She further indicated doing showers and said she had to NA #11, it was pretty normal no way to get everything done in 8 N) revealed there were staffing byed nurse on day shift and 1 full N (as needed) or were agency to be more competitive with hiring residents to be checked and dents to go for over 4 hours without DATE] with diagnoses which ler among others. DATE] revealed she required ng (ADL). The MDS further revealed to the long incontinent of bowel and the for being incontinent of bowel and the lucer development. The goal was not brief use through the review e of disposable briefs according to fund prn, clean peri-area when soiled quate fluid intake with meals and grain, burning, blood tinged urine, and change in eating habits, constipation, loss of bladder tone,

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NAME OF PROVIDER OR SUPPLII		STREET ADDRESS, CITY, STATE, ZI	P CODE	
Ridge Valley Center for Nursing and Rehabilitation		1000 College Street Wilkesboro, NC 28697		
For information on the nursing home's	plan to correct this deficiency, please con	l tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)	
F 0550 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	narm described an incident recently in which Resident #2 had sat in her own poop for over 4 NA assigned to her had not come in and changed her as requested by the roommate, F			
	Saturday, 10/09/21, at 4:00 PM she bowel movement and she could sm Resident #1 further stated NA #7 at Resident #1 indicated she told NA again she had just changed the rest and changed Resident #2. Resident smelling her bowel movement. Rest the incident and complained about addressed. Resident #1 advised the	with Resident #1 who is the roommate of a rang her call light for Resident #2. Refell it, so she rang her light for a NA to inswered the call light and stated she her she had had a bowel movement and ident. Resident #1 further indicated it was the text and Resident #1 further explained that she inform it and was told (could not remember by at she knew the specific times because is sident #2 and looked at her watch again her watch every day.	sident #1 stated Resident #2 had come in and change Resident #2. ad just changed Resident #2. d she could smell it and NA #7 sai vas 8:45 PM before NA #7 came i #2 had to eat their dinner while ormed Resident #2's family about y whom) that it was being a she had looked at her watch who	
	Resident #1 and Resident #2. NA # other place you work and said it wa	with NA #7 revealed she was working o \$7 stated there were good days and ba as difficult to get everything done for eve e were more days than not they worke	d days with staffing just like any ery resident on days they were d without an adequate number of	

Interview on 10/12/21 at 4:45 PM with the interim Director of Nursing (DON) revealed there were staffing challenges at the facility. The DON stated there was only 1 full time employed nurse on day shift and 1 full time employed nurse on evening shift and the rest of the nurses were PRN (as needed) or were agency nurses. She further stated they recently had increased their base salary to be more competitive with hiring but still had quite a few open positions. The DON indicated she expected residents to be checked and changed as needed or at least every 2-3 hours and would not expect residents to go for over 4 hours without being checked for incontinence.

staff for the workload. NA #7 further stated it was impossible to get incontinence rounds done every 2 hours and they were lucky to get 2 rounds done on every resident. NA #7 indicated if she didn't change Resident #2 when Resident #1 rang the bell for her it was probably because she was cleaning another resident and then supper trays came out and she had to pass trays and feed residents that need to be fed and then after all trays are collected you can then start your second round. NA #7 further indicated they don't purposely leave someone wet or messed up but sometimes it was impossible to get everything done for everybody and

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you just had to do the best you can.

Facility ID: 345133

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0561 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Honor the resident's right to and the support of resident choice. **NOTE- TERMS IN BRACKETS IN Based on observations, record reviresidents 'preferences regarding pont (Resident #1, Resident #6, and Resident #1, Resident #6, and Resident #1 was admitted to the included end stage renal disease, of disease among others. Resident #1's Care Area Assessment Set assessment revealed she was to wheelchair bound and was incorned Resident #1's most recent quarterly cognitively intact for daily decision. Resident #1's care plan dated 08/1 due to decreased mobility. The goas she was able through the next review the next review date of 11/18/21. The staff, personal hygiene: extensive of resident was non-ambulatory and unursing staff, among others. The shower schedule provided by the stage of the stage of the shower schedule provided by the support of the shower schedule provided by the support of the shower schedule provided by the support of the	e facility must promote and facilitate residence. HAVE BEEN EDITED TO PROTECT Conserved in the second service of the second sec	Sident self-determination through ONFIDENTIALITY** 37019 vs, the facility failed to honor the hs per week for 3 of 3 residents OATE] with diagnoses which and chronic obstructive pulmonary o with her annual Minimum Data he call bell for assistance, was bed the CAA summary further revealed ek. Int dated [DATE] revealed she was of 1 staff member for bathing. Trequiring physical assistance daily activities of daily living (ADL) as significant decline in ADL through vering: dependent on 1-2 nursing praise all efforts at self-care and ervision with no more than 1 cheduled for showers only once per

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NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI 1000 College Street	P CODE
Ridge Valley Center for Nursing and	a Renabilitation	Wilkesboro, NC 28697	
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0561 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Interview on 10/11/21 at 4:30 PM w showers as scheduled as well as o Nurse Aides (NAs) calling in and w floor and unable to do showers. Sh because the NA scheduled for show #1 indicated her last shower had be 11/08/21 but there was no one at the floor. According to Resident #1, shower sper week. She explained said she preferred showers over be explained she liked to be clean becomell or not appear clean at the dialinterview on 10/12/21 at 11:27 AM day, NAs had 20 to 25 residents and care for. NA #14 stated bathing and showers done. Interview on 10/12/21 at 12:07 PM stated recently (the past 3-4 weeks not done as scheduled. NA #1 furth and there were only 2 shower room done unless there were residents the she could only get about 8 to 10 sh shower days, but it was difficult to whad disappeared and had not been interview on 10/12/21 at 3:15 PM w #7 indicated the NA to resident rationals assigned work. She stated on bade sometimes they were not able to get interview on 10/12/21 at 4:45 PM w to 11:00 PM shift. She stated there able to get any showers done on the linterview on 10/12/21 at 4:45 PM w challenges at the facility. The DON time employed nurse on evening shourses. She further stated they recount still had quite a few open positic certain days then they should get the sh	with Resident #1 in the activities room on their residents. Resident #1 stated their they called in the NA assigned to see further stated she had gone 2 weeks wers was pulled to work the floor due to be facility to do showers that day. The see preferred her showers on Tuesday are yout was told (could not remember by she was used to showering every day per do baths or partial baths because she facuse she went out in public to dialysis allysis center. With Nurse Aide (NA) #14 revealed on the dots were often not done because with NA #1 revealed she usually did she showers were often not done because with NA #1 revealed she usually did she had been pulled to the floor to fill their stated there were usually about 10 the she had been pulled to the floor to fill the she had been p	evealed she was not getting her e was a problem at the facility with showers was pulled to work on the recently without getting a shower or another NA calling out. Resident e was supposed to get a shower on shower NA was pulled to work the nd Friday and stated she had whom) that she would get two orior to coming to the facility and elt cleaner. Resident #1 further 3 times a week and did not want to day shift for at least 4 hours of the done with that many residents to e there was not enough help to get nowers if showers were done. She in for call outs and showers were to 16 showers scheduled per day ould probably get 10 to 12 showers there were a lot of lifts, NA #1 said d baths were done sometimes on ten tray for washing hair in the bed by and bad days at the facility. NA there not able to complete all the completed as scheduled and were doing showers on the 3:00 PM showers but since they were not 2 NAs assigned to showers. N) revealed there were staffing byed nurse on day shift and 1 full N (as needed) or were agency to be more competitive with hiring dents wanted their showers on the residents receive their showers

	NU. 0930-0391		
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NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's plan to correct this deficiency, please con		tact the nursing home or the state survey agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0561	37280		
Level of Harm - Minimal harm or potential for actual harm	Resident #9 was admitted to the facility on [DATE] with diagnoses that included heart failure and renal insufficiency.		
Residents Affected - Some		MDS) assessment dated [DATE] reveal drequired supervision assistance of on-	
	A review of the Shower Schedule r	evealed Resident #9's shower was sch	neduled for Monday and Friday.
	A review of Resident #9's Bathing record for October 01, 2021 through October 12, 2021 revealed the Resident received a shower on Monday October 4th and Monday October 11th.		
	A review of the Daily Staffing record revealed there was no staff scheduled to give showers on Friday October 1st or Friday October 8th for the morning or evening shifts.		
	An interview conducted with Resident #9 on 10/12/21 at 11:00 AM revealed the Resident explained he scheduled for two showers a week, but he was lucky if he received one shower a week. The Resident schefore last night (10/12/21) he had not received a shower for 7 days and that was not okay with him bechis skin itched him all the time and he looked forward to his showers. Resident #9 stated that on some of the staff wiped him off, but it was not as thorough as a shower bath which he preferred. The Resident continued to explain that when he does not receive his showers the staff tell him that they do not have enough staff to give showers.		
	During an interview with Nurse Aide (NA) #1 on 10/11/21 at 2:58 PM the NA confirmed she cared for Resident #9 on 10/08/21 on morning shift and provided a partial bath for the Resident because there was not a person scheduled to give showers that day.		
	Attempts were made to interview N unsuccessful.	lurse Aide #9 who worked on 10/08/21	evening shift but the attempts were
	During an interview with the Director of Nursing (DON) on 10/12/21 at 4:30 PM she reviewed Resident #9's Bathing record since October 1st, 2021 and acknowledged that the Resident had not received his two scheduled showers a week for at least two weeks. The DON explained that if the residents wanted their showers on certain days then they should get them, and it was her expectation that the residents receive their showers when they wanted their showers. The DON also added that if the showers were not documented then they were not done.		
	with Resident #9 on 10/01/21 morn	lurse Aide (NA) #2 on 10/13/21 at 2:10 ning shift. The NA explained that the Re staff person scheduled to give showers	esident did not received a shower
	Resident #9 on 10/01/21 evening s	lurse Aide (NA) #3 on 10/13/21 at 2:20 shift. The NA explained there was no pealled to the floor therefore, Resident #9	erson scheduled to give showers
	41833		
	(continued on next page)		

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NAME OF PROVIDER OR SUPPLIE			D CODE	
		STREET ADDRESS, CITY, STATE, ZI 1000 College Street	PCODE	
Ridge Valley Center for Nursing and Rehabilitation		Wilkesboro, NC 28697		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0561 Level of Harm - Minimal harm or potential for actual harm	3. Resident # 6 was readmitted to the facility on [DATE] with diagnoses that included paranoid schizophrenia, major depression, moderate intellectual disabilities, anxiety disorder, epilepsy, suicidal ideations, diabetes, chronic obstructive pulmonary disease, congestive heart failure, atrioventricular block, and morbid obesity.			
Residents Affected - Some	cognitively intact for daily decision	Data Set (MDS) assessment dated [DA making and was extensive assistance giene and total dependence with 2-per	with 1-person assist for bed	
	Review of the care plan dated 12/20/20 with a review date of 11/29/21 revealed an activity of daily living (ADL) self-performance deficient with a goal to remain at current level of functioning.			
	A review of the shower schedule re	evealed Resident # 6 was to receive sh	owers every Monday and Thursday.	
	A review of the Documentation Survey Report v2, type: bathing schedule, indicated Resident # 6 did not receive bed baths daily for the months of June 2021 through October 10, 2021.			
	An interview with Resident # 6 on 10/11/21 at 12:23 PM revealed he did not want to have showers but only wanted a bed bath daily. Resident # 6 further revealed he'd had no bed bath today and he never refused bed baths. He stated sometimes he would get them in the morning, sometimes in the afternoon and sometimes would not get them at all.			
	An interview with Nursing Assistant (NA) # 5 on 10/11/21 at 3:10 PM revealed she did what she could in the amount of time she had. NA # 5 further revealed she occasionally gave a bed bath but the shower person would give the bed baths and they were done any time throughout the first shift.			
	An interview with NA #14 on 10/12/21 at 11:27 AM stated the NAs sometimes had 20-25 residents to care and there wasn't enough time to get everything done. NA # 14 further stated showers and bed baths often were not done because there wasn't enough help.			
	An interview with the Interim Director of Nursing (DON) on 10/12/21 at 4:45 PM revealed if the res wanted a shower or bed bath on certain days they should get them. The Interim DON further revearesident did not want a shower, they should be getting a bed bath every day. The Interim DON sta showers or bed baths were not documented, they were not done.			
<u> </u>				

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NAME OF DROVIDED OD SUDDIUS	- n	STREET ADDRESS CITY STATE 71	D CODE
NAME OF PROVIDER OR SUPPLIE		STREET ADDRESS, CITY, STATE, ZI 1000 College Street	P CODE
Ridge Valley Center for Nursing an	id Renabilitation	Wilkesboro, NC 28697	
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0600	Protect each resident from all types of abuse such as physical, mental, sexual abuse, physical punishment, and neglect by anybody.		
Level of Harm - Actual harm Residents Affected - Few	**NOTE- TERMS IN BRACKETS H	AVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 42090
Nesidents Affected - Few	to a resident who was soiled with u (Resident #23) residents reviewed	w and staff interviews, the facility negle rine and resulted in a small reddish ope for activities of daily living. The residen and she could care for herself, so she die	en area on her buttocks for 1 of 4 t stated that her bottom was
	The findings included:		
	Resident #23 was admitted to the facility on [DATE] with diagnoses that included hemiplegia following a cerebral accident affecting her left non-dominate side, contractures, moisture associated dermatitis, urinary incontinence, and anxiety.		
	as at risk for skin breakdown.		
	An incontinence care plan revised 05/25/21 indicated Resident #23 was incontinent of bowel and blawith a goal of no skin breakdown due to incontinence with interventions that included peri-care after incontinent episode and total dependance from staff for incontinence care.		
	revised on 07/01/21 with a goal to assistance by staff for personal lity.		
	A quarterly Minimum Data Set (MDS) dated [DATE] revealed Resident #23 to be require extensive assistance for her bed mobility and personal hygiene needs. The MDS further indicated Resident #23 was always incontinent of bowel and bladder.		
	A Brief Interview of Mental Status (BIMS) dated 10/05/21 indicated Resident #23 was cognitively intact.		
	An observation and interview made on 10/11/21 at 12:45 PM revealed Resident #23 laying on her back in bed yelling for assistance with incontinence care. Resident #23 was pulling at the blue incontinence brief she wore that was partially covered by a white sheet and she said, please change me, my bottom it is on fire. There was a strong urine odor in the room during the observation. Resident #23's call light was not on during the observations; however, she was heard requesting assistance from outside of the door by the surveyor who entered.		
	(continued on next page)		

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	345133	B. Wing	10/15/2021
NAME OF PROVIDER OR SUPPLIE	ER	STREET ADDRESS, CITY, STATE, ZI	P CODE
Ridge Valley Center for Nursing an	d Rehabilitation	1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0600 Level of Harm - Actual harm Residents Affected - Few	An observation and interview made still on her back yelling for assistan stated it is hurting worse; someone take care of myself, so I didn't need would make the nurse aware she in the desk at the nurses' station and. An observation and interview made assistance requesting incontinence was burning like it was on fire and indicated she thought she had a hout. The surveyor approached the requesting assistance with incontin. An observation on 10/11/21 at 3:47 revealed Resident #23 lying in bed the interior cotton lining separating visibly wet with a yellow liquid subs #23's buttocks revealed a quarter speri-area. The area was open and #12 began to wipe Resident #23's throughout the procedure. Once the NA #19 covered Resident #23 up vo. An interview with NA #12 and NA # approximately an hour and had not stated the day shift should have proving the control of the cont	e on 10/11/21 at 1:00 PM revealed Resce with incontinence care while staff we please get this off me before I have a danyone to wipe my butt and sit wet. The seeded assistance. The surveyor then the nurse said she would have an Nurse on 10/11/21 at 3:45 PM revealed Rescare and when approached became the felt like she couldn't barely stand to sit of le on her butt. Resident #23 verbalized nurses' station and notified the oncominence care and need for observation where the felt like she couldn't barely stand to sit of le on her butt. Resident #23 verbalized nurses' station and notified the oncominence care and need for observation where the felt like she couldn't be statut and shedding from the brief linings. The stance present. The brief was discarded ized red circular area to the left lower that the sheet and the Resident #23 to the left lower that the sheet and the Resident #23 statut the sheet and the Resident #23 statut the sheet and the Resident #23 statut the sheet and the Resident #23 since the sident #23 presented during the incontant abserved was new to their knowledge and statut the sheet and the resident #23 presented during the incontant abserved was new to their knowledge.	ident #23 continue to lay in her bed alked by the room. Resident #23 hole in my butt. I wish I could just the surveyor told the resident she old a nurse who was sitting behind se Aide (NA) to take care of it. ident #23 was again yelling for earful saying her buttocks felt like it on it any longer. Resident #23 d staff did not help when she called ng nurse that Resident #23 was nen it occurred. Nurse Aide (NA #12) and NA #19 a dark ring of liquid that revealed he bed pad under Resident #23 was d and visualization of Resident buttocks near Resident #23's from the center of her rectum. As NA aplain of burning and stinging h a clean brief and bed pad, then atted she felt better. I had only been on duty be they arrived for their shift. They 23 before they left for the day. Both attended they had cared for Resident was responsible for wounds in the en than being able to assess Resident #23 was observed to have ne would investigate this concern.

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/LIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY COMPLETED (X3) 1333 (X2) MULTIPLE CONSTRUCTION (X4) Building (X3) MULTIPLE CONSTRUCTION (X5) MULTIPLE COMPLETED (X6) Wing (X6) Wing (X7) MULTIPLE CONSTRUCTION (X6) Building (X6) Bui				NO. 0930-0391
Ridge Valley Center for Nursing and Rehabilitation 1000 College Street Wilkesboro, NC 28697 For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. (X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) An interview with NA #11 on 10/12/21 at 3:00 PM revealed she had been assigned to care for Resident #23 on 10/11/21 during day shift. NA #11 indicated she felt overwhelmed with the assignment she was given on 10/11/21 and had only changed Resident #23 before breakfast that morning. NA #11 indicated with all the lifts, feedings, and incontinence care it was more than she was able to get done in a shift and got sidetracke and did not make it back in to change Resident #23 before her shift ended on 10/11/21. NA #11 stated she wants to change residents every two hours, but often it may only be once or twice when the NAs are assigned up to 20 residents on day shift. NA #11 did not recall noticing the red open area noted to Resident #23's buttocks on 10/11/21 when she changed her early that morning. NA #11 also vocalized staff are awar that Resident #23 has a history of hollering out and doesn't always need care, but often just wants someone to come in the room. An order was obtained from the physician on 10/12/21 at 3:43 PM for Zinc Oxide to Resident #23's buttocks twice daily on day and evening shifts for redness. An interview with the Director of Nursing (DON) on 10/12/21 at 4:45 PM revealed she expected all residents to be changed every two to three hours regardless of the facility's recent staffing shortages and increase workloads. The DON indicated she Resident #23 should not have went without being checked and		IDENTIFICATION NUMBER:	A. Building	COMPLETED
SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) An interview with NA #11 on 10/12/21 at 3:00 PM revealed she had been assigned to care for Resident #23 on 10/11/21 during day shift. NA #11 indicated she felt overwhelmed with the assignment she was given on 10/11/21 and had only changed Resident #23 before breakfast that morning. NA #11 indicated with all the lifts, feedings, and incontinence care it was more than she was able to get done in a shift and got sidetracke and did not make it back in to change Resident #23 before her shift ended on 10/11/21. NA #11 stated she wants to change residents every two hours, but often it may only be once or twice when the NAs are assigned up to 20 residents on day shift. NA #11 did not recall noticing the red open area noted to Resident #23's buttocks on 10/11/21 when she changed her early that morning. NA #11 also vocalized staff are awar that Resident #23 has a history of hollering out and doesn't always need care, but often just wants someone to come in the room. An order was obtained from the physician on 10/12/21 at 3:43 PM for Zinc Oxide to Resident #23's buttocks twice daily on day and evening shifts for redness. An interview with the Director of Nursing (DON) on 10/12/21 at 4:45 PM revealed she expected all residents to be changed every two to three hours regardless of the facility's recent staffing shortages and increase workloads. The DON indicated she Resident #23 should not have went without being checked and			1000 College Street	P CODE
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	Level of Harm - Actual harm	An interview with NA #11 on 10/12 on 10/11/21 during day shift. NA #10/11/21 and had only changed Relifts, feedings, and incontinence ca and did not make it back in to chan wants to change residents every twassigned up to 20 residents on day #23's buttocks on 10/11/21 when sthat Resident #23 has a history of to come in the room. An order was obtained from the phtwice daily on day and evening shift An interview with the Director of Nato be changed every two to three hworkloads. The DON indicated shee	/21 at 3:00 PM revealed she had been 11 indicated she felt overwhelmed with esident #23 before breakfast that morning it was more than she was able to ge region and the property of the prope	assigned to care for Resident #23 the assignment she was given on ing. NA #11 indicated with all the it done in a shift and got sidetracked d on 10/11/21. NA #11 stated she or twice when the NAs are e red open area noted to Resident if #11 also vocalized staff are aware care, but often just wants someone c Oxide to Resident #23's buttocks evealed she expected all residents staffing shortages and increase ithout being checked and

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
	NAME OF PROVIDER OR SUPPLIER		P CODE
Ridge Valley Center for Nursing and Rehabilitation		1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0677	Provide care and assistance to per	form activities of daily living for any res	ident who is unable.
Level of Harm - Minimal harm or potential for actual harm	**NOTE- TERMS IN BRACKETS H	NAVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 37019
Residents Affected - Some	Based on observations, record reviews, resident, family and staff interviews, the facility failed to provide incontinence care prior to a resident (Resident #17) wetting through her brief onto her draw sheet, failed to provide incontinence care to a resident (Resident #2) who had a bowel movement, failed to provide showers as scheduled for 1 resident (Resident #3), and failed to provide nail care for 2 residents (Resident #18 and Resident #2) for 4 of 4 residents reviewed for activities of daily living for dependent residents.		
	The findings included:		
	Resident #17 was admitted to the facility on [DATE] and readmitted on [DATE] with diagnoses which included Alzheimer's disease, dementia, seizure disorder and anxiety disorder.		
	Resident #17's Care Area Assessment summary completed with her annual Minimum Data Set (MDS) assessment dated [DATE] revealed she was incontinent of bowel and bladder due to decreased mobility and cognitive impairment. Resident was at risk for developing pressure ulcer and urinary tract infection (UTI) related to her incontinence. Resident was totally dependent on nursing staff for incontinence care.		
	Resident #17's most recent quarterly Minimum Data Set assessment dated [DATE] revealed she was severely impaired for daily decision making and required extensive to total assistance of 1 to 2 staff with all activities of daily living and was totally dependent on 1 staff member for toileting.		
	Resident #17's care plan dated 09/15/21 revealed a plan of care for her incontinence of bowe related to her confusion and impaired mobility. The goal was for Resident #17 to remain free to skin breakdown due to incontinence and brief use through the review date of 11/20/21. The in included check for incontinence prn (as needed), wash, rinse and dry perineum, change cloth incontinent episodes, notify nursing if incontinent during activities, use disposable briefs per material recommendation and change when soiled, encourage fluids during the day to promote promping responses, ensure resident has unobstructed path to the bathroom (resident does not use batestablish voiding patterns, monitor/document for signs and symptoms of UTI such as burning, tinged urine, increased pulse, increased temperature, urinary frequency, foul smelling urine, faltered mental status, change in behavior or change in eating habits, monitor/document/reporpossible medical causes of incontinence, bladder infection, constipation, loss of bladder tone, control muscles, decreased bladder capacity, diabetes, stroke, and medication side effects, a labs/tests as ordered and report abnormal to the MD.		
	(continued on next page)		

(X1) PROVIDER/SUPPLIER/CLIA	(X2) MULTIPLE CONSTRUCTION	()-1
IDENTIFICATION NUMBER: 345133	A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		P CODE
	Wilkesboro, NC 28697	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.		
SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
	Rehabilitation an to correct this deficiency, please constructions are to construct the facility and smeller stated she had spoken with the Nurbeen able to change the resident since and to change the resident since and the nothing new and had been going of the nothing new and not	A. Building B. Wing STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697 an to correct this deficiency, please contact the nursing home or the state survey. SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying informatic Interview on 10/11/21 at 2:30 PM with family member of Resident #17 in cijust gotten to the facility and smelled strong odor of urine as soon as walk stated she had spoken with the Nurse Aide (NA) caring for the resident an been able to change the resident since around 9:00 or 9:30 AM after brea Resident #17's room around 2:20 PM to change the resident and the fami find one of us so we could see her incontinence care and see the condition member further stated when she comes to the facility if the resident is soil bathed her and cut and cleaned her fingernalis because otherwise it was inothing new and had been going on for some time. Interview on 10/11/21 at 3:00 PM with NA #12 revealed she was assigned 11:00 PM shift and would change the resident as soon as she was able to care. Observation on 10/11/21 at 3:06 PM of Resident #17's incontinence care brief all the way up her back, to all four corners of the plastic border aroun between the layer next to the resident on the front and the plastic outer at the brief. Resident #17 had wet through her brief onto the draw sheet und was cleaned by NA #12 and new clean brief applied and clean draw shee her sheet. An interview conducted with NA #12 revealed she did not think changed for several hours due to the amount of urine in the brief and the obeing wet. Interview on 10/11/21 at 3:18 PM with NA #11 who had taken care of Res PM revealed she had only been able to change the resident once today. N Resident #17 after breakfast and went in to change her around 2:00 to 2:3 her no that she wanted the surveyors to see her changed. NA #11 stated to the resident prior to 2:00 PM due to all the feedings, lifts, and everythin further stated this was her first week off orientation and

			No. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro. NC 28697	P CODE
For information on the nursing home's r			agency
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES		
F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	(Each deficiency must be preceded by full regulatory or LSC identifying information) Resident #2's most recent Minimum Data Set (MDS) assessment dated [DATE] revealed she required extensive to total assistance of 1 to 2 staff with most activities of daily living (ADL). The MDS further reve		DATE] revealed she required in g (ADL). The MDS further revealed in for being incontinent of bowel and a fulcer development. The goal was and brief use through the review in e of disposable briefs according to and prn, clean peri-area when in e adequate fluid intake with meals used in pain, burning, blood tinged creased temperature, urinary in behavior and change in eating infection, constipation, loss of diabetes, stroke and medication in the strong of the st

			No. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Resident #1 and Resident #2. NA a other place you work and said it washort staffed. She stated lately ther staff for the workload. NA #7 further and they were lucky to get 2 round #2 when Resident #1 rang the bell then supper trays came out and shall trays are collected you can then leave someone wet or messed up by you just had to do the best you can linterview on 10/12/21 at 4:45 PM with challenges at the facility. The DON time employed nurse on evening sinurses. She further stated they receive but still had quite a few open positic changed as needed or at least everaged as needed or at least everaged as needed or at least everaged as needed for incontinence. 2. b. Resident #2 was admitted to the included Alzheimer's disease, der Resident #2's most recent Minimur extensive to total assistance of 1 to she required extensive assistance. Observation and interview on 10/11 were not pleased with the resident' from Resident #2's fingernails. The fingernails were dirty, so they clear member stated the care was not wishe could not speak up for herself, as their family member's roommate her care when she was in the room Nursing about the care and were to Interview on 10/12/21 at 11:10 AM care of her on 10/11/21 and 10/12/0f daily living including personal hy care but said she had not noticed fin a rush to complete care. NA #10	with the interim Director of Nursing (DO stated there was only 1 full time emploif and the rest of the nurses were PR ently had increased their base salary toons. The DON indicated she expected ry 2-3 hours and would not expect residuhe facility on [DATE] and readmitted or mentia, osteoarthritis, and anxiety disorm Data Set (MDS) assessment dated [I to 2 staff with most activities of daily living the stated the results of the stated that the	d days with staffing just like any very resident on days they were d without an adequate number of inence rounds done every 2 hours ted if she didn't change Resident as cleaning another resident and that need to be fed and then after rindicated they don't purposely everything done for everybody and N) revealed there were staffing eyed nurse on day shift and 1 full N (as needed) or were agency to be more competitive with hiring residents to be checked and dents to go for over 4 hours without the IDATE] with diagnoses which reder among others. DATE] revealed she required and (ADL). The MDS further revealed disiting Resident #2 revealed they is observed cleaning brown debris me in and her hands and the staff to do it. The other family was sometimes ignored because of were blessed to have Resident #1 #2 and kept them informed about and complained to the Director of exest we can. Ted for Resident #2 and had taken dependent on staff for all activities ident fingernails when providing she had a lot of residents and was and trimming unless the resident

			No. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Interview on 10/11/21 at 12:50 PM nails on shower days. She stated the or family. Nurse #6 further stated they were the nurses would clean, #2's nails being dirty while providing Interview on 10/12/21 at 4:45 PM with challenges at the facility. The DON were long, dirty, or anytime the resultance of the severely impaired and required extra Resident #3's revised care plan darelated to hemiplegia and dementia and would not decline in her activit utilizing interventions such as provibath when a full bath or shower can a review of the Shower Schedule of Thursday. A review of Resident #3's Bathing Resident had not received a shower A review of Resident #3's Progress documentation for refusal of shower An observation of Resident #3 would not already made bed fully dressed in incontinence. Resident #3 would not 10/11/21 at 1:10 PM an interview was scheduled for showers on Sur The family member stated the Rest to be showered when scheduled to	with Nurse #6 revealed staff usually perhe staff would perform nail care at other the NAs performed nail care on resident trim, and file their nails. Nurse #6 indicated their med pass. with the interim Director of Nursing (DOI stated she expected fingernails to be dident or family requested they be done. If facility on [DATE] with diagnoses that the MDS assessment dated [DATE] reveal tensive assistance of one staff for bathin to behaviors of rejection of care. It do 8/16/21 revealed the Resident had a. The goals that Resident #3 would reries of daily living (ADL) through the neviding extensive assistance of one staff innot be provided. It evealed Resident #3 was scheduled for record from October 1, 2021 through Over during that time period. Is Notes from October 1, 2021 through Over day and Thursday and had not receive indent was incontinent and was prone to other who visited the Resident nearly events the resident was incontinent and was prone to other who visited the Resident nearly events the resident nearly events the resident nearly events the resident nearly events and the resident nearly events had a staff the resident	erformed nail care and trimmed or times if requested by the resident its unless they were diabetic and if ated she had not noticed Resident. N) revealed there were staffing cleaned, cut, and filed any time they included cerebral vascular accident. It ded Resident #3's cognition was ing. The MDS also indicated the indicated the indicated the indicated the indicated by for her ADL and providing a sponge in showers on Sunday and included the indicated the indicated the indicated the indicated the indicated by for her ADL and providing a sponge in showers on Sunday and included the indicated that indicated the ind
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			No. 0938-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's	plan to correct this deficiency, please conf	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	During an interview on 10/11/21 at #3 on 10/03/21 evening shift. The N pulled to the hall to work that day d shift. The NA continued to explain t as well but did not give the Resider An interview was conducted with N scheduled for showers on 10/07/21 shower and the Resident refused (t she reported the refusal to the Nurs An interview was conducted with th shown Resident #3's Bathing recommonth of October 2021. The DON a Resident #3 received a shower on taking the Resident into the shower were given then the staff should ha showers to be given as scheduled an interview was conducted with N but did not give Resident #3 her sol give showers on that shift. During an interview with Nurse Aide #3 on 10/10/21 evening shift. The N to work therefore, Resident #3's sol An interview was conducted with N with Resident #3 on 10/10/21 morn shift therefore, the Resident did not During an interview with Nurse Aide Resident #3 on 10/03/21 morning s scheduled for a shower that day an they normally did not have a persor staffed, and the shower person was An interview was conducted with N Resident #3 on 10/07/21 morning s showers on the morning shift and s 44398 4. Resident #18 was admitted to the	4:05 PM with Nurse Aide (NA) #4 she AIA explained that she was normally solue to call outs. The NA stated Residen that she was scheduled to care for Residenthat she was scheduled to care for Residenthat she was scheduled shower that shift. Surse Aide (NA) #2 on 10/11/21 at 5:00 evening shift. The NA explained that she refusal was not documented on the sebut could not remember who the Nurse Director of Nursing (DON) on 10/12/21 divident which reflected she had not received acknowledged the Bathing record and in 10/07/21 given by Nurse Aide (NA) #10 room and fixing her hair. The DON adve given a bed bath instead. The DON and if the showers were not documented urse Aide (NA) #10 who confirmed she heduled shower. The NA explained the let (NA) #7 on 10/12/21 5:00 PM she contained that the person scheduled shower was not given.	confirmed she cared for Resident needuled to give showers but was it #3 did not receive a shower that ident #3 on 10/07/21 evening shift. PM who confirmed she was she approached Resident #3 for her Bathing record). The NA stated rese was. 21 at 4:30 PM. The DON was her scheduled showers during the reported that she knew that 0 because she observed the NA ded, regardless, if the showers also added she expected the red then they were not done. I worked on 10/07/21 evening shift are was not a person scheduled to mirror was not a person scheduled to the hall. PM. The NA confirmed she worked aff scheduled to give showers that confirmed she worked with are that the Resident was The NA continued to explain that and because they were usually short rk. PM who confirmed she cared for not a staff person scheduled to give uled shower.

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI	P CODE
range valley content of radising and rendamental		Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0677 Level of Harm - Minimal harm or potential for actual harm	Review of the quarterly comprehensive Minimum Data Set (MDS) dated [DATE] revealed that Resident #18 was cognitively impaired for daily decision making and required extensive assistance of one staff member with activities of daily living.		
Residents Affected - Some	Review of care plan dated 10/12/21 revealed Resident #18 required physical assistance with activities of daily living (ADLS) due to decreased mobility and cognitive impairment. The goal was for resident #18 would be clean, dry and odor free with current interventions. Interventions included extensive assist of one person to physically assist resident #18 with personal hygiene.		
	An observation of Resident #18 was made on 10/11/21 at 10:47 AM. Resident #18 was observed sitting in her wheelchair in the hallway. All 10 of her fingernails were approximately a quarter inch long and were noted to have dried brown substance under them.		
	An observation of Resident #18 was made on 10/11/21 at 2:43 PM. Resident #18 was resting in bed. All 10 of his fingernails were approximately a quarter inch long and were noted to have dried brown substance under them.		
	An interview was conducted with NA #10 on 10/12/21 at 11:10 AM during first shift. NA #10 confirmed that she routinely cared for Resident #18 and had taken care of her on 10/11/21 and 10/12/21. She stated that she assisted resident #18 with getting dressed the morning of 10/11/21. She stated that Resident #18 was dependent on staff for all aspects of activities of daily living including nail care. NA #10 stated she usually checked nails whenever she provided care. NA #10 stated that she performed nail care and trimming unless they were diabetic then the nurse trimmed the nails. NA further stated that she was rushed during morning care and had not noticed the resident's finger nails.		
	An interview was conducted with Nurse #6 on 10/11/2021 at 12:50 PM. Nurse #6 stated that the NA's usually performed nail care and trimmed nails on shower days. She also stated the staff would perform nail care if requested by a resident. Nurse #6 further stated that the NAs performed nail care on residents unless the resident was a diabetic, then the nurses would perform nail care and trimmed nails.		
		eatment nurse #7 on 10/12/2021 at 4:0 clean residents' nails, unless the residents anails.	
	An interview was conducted with the Director of Nursing (DON) on 10/12/21 at 4:14 PM. The DON stated that she expected fingernails to be cleaned and trimmed any time they were long or dirty.		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
AND PEAN OF CORRECTION	345133	A. Building	10/15/2021	
	040100	B. Wing	13/13/2021	
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE	
Ridge Valley Center for Nursing and Rehabilitation		1000 College Street		
		Wilkesboro, NC 28697		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES			
	(Each deficiency must be preceded by	full regulatory or LSC identifying informati	on)	
F 0684	Provide appropriate treatment and	care according to orders, resident's pre	eferences and goals.	
Level of Harm - Minimal harm or potential for actual harm	**NOTE- TERMS IN BRACKETS H	HAVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 42090	
Residents Affected - Few		ew, and staff interviews, the facility faile ulting in an open area of redness to the c).		
	Findings included:			
	Resident #23 was admitted to the facility on [DATE] with diagnoses that included hemiplegia following a cerebral accident affecting her left non-dominate side, contractures, moisture related dermatitis, urinary incontinence, and anxiety.			
	A review of Resident #23's physicial breakdown to her buttocks.	an orders indicated she had no treatme	nts in place for identified skin	
	Resident #23 had a self-care deficit care plan related to total incontinence revised on 07/01/21 with a goal to remain clean, dry and odor free and interventions to include the need for assistance by staff for personal hygiene and grooming and two personal physical assistance for bed mobility.			
	A quarterly Minimum Data Set (MDS) dated [DATE] revealed Resident #23 required extensive assistance for her bed mobility and personal hygiene needs.			
	A Brief Interview of Mental Status (BIMS) dated 10/05/21 indicated Resident #23 was cognitively intact.			
	A skin assessment dated [DATE] ir	ndicated Resident #23's skin was intact		
	A review of nurse progress notes to nor an updated skin assessment w	or 10/8/21 to 10/12/21 did not include nas completed.	nention of any new skin breakdown	
	An observation and interview made on 10/11/21 at 12:45 PM revealed Resident #23 laying on her back in bed yelling for assistance with incontinence care. Resident #23's door was observed to be open at the time. Resident #23 was pulling at the blue incontinence brief she wore that was partially covered by a white sheet and she said, please change me, my bottom it is on fire. There was a strong urine odor in the room upon entry.			
	An observation and interview made on 10/11/21 at 1:00 PM revealed Resident #23 continued to lay in her bed yelling for assistance with incontinence care while staff walked by the room. Resident #23 stated it is hurting worse; someone please get this off me before I have a hole in my butt. I wish I could just take care of myself, so I didn't need anyone to wipe my butt and sit wet.			
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			NO. 0930-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, Z 1000 College Street Wilkesboro, NC 28697	IP CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		ion)
F 0684 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	During an observation of incontiner quarter sized red circular area to the heavily soiled brief was removed. INA #12 began to wipe Resident #2 throughout the procedure. After ideal blanch in color. An interview with NA #12 and NA # new to their knowledge as they had an interview with Wound Nurse on facility; however, she had recently resident wounds. The Wound Nurse have a reddened open area visible concern. An observation and interview with the observation of Resident #23's button the physician. An interview with NA #11 on 10/12.	full regulatory or LSC identifying information of the left lower buttocks near Resident #2 The area was open approximately 1 inc 3's bottom, Resident #23 continued to entification, NA #12 ran her fingers across to 10/11/21 at 3:53 PM stated they do cared for Resident #23 before and state of the entification of the indicated she had not been made as during incontinence care on 10/11/21 at 11:30 becks. The Wound Nurse acknowledged to observation the Wound Nurse stated area then indicated she would obtain a 1/21 at 3:00 PM did not recall noticing the changed her early that morning before the indicated she rearly that morning before the changed her early that morning before the indicated she rearly that morning before the changed her early that morning before the indicated she would obtain a 1/21 at 3:00 PM did not recall noticing the changed her early that morning before the indicated she would obtain a 1/21 at 3:00 PM did not recall noticing the changed her early that morning before the indicated she would obtain a 1/21 at 3:00 PM did not recall noticing the changed her early that morning before the indicated she would obtain a 1/21 at 3:00 PM did not recall noticing the changed her early that morning before the indicated she would obtain a 1/21 at 3:00 PM did not recall noticing the changed her early that morning before the indicated she would obtain a 1/21 at 3:00 PM did not recall noticing the changed her early that morning before the indicated she would obtain a 1/21 at 3:00 PM did not recall noticing the changed her early that morning before the indicated she would obtain a 1/21 at 3:00 PM did not recall noticing the changed her early that morning before the indicated she would not recall noticing the indicated she indicated she would not recall noticing the indicated she would not recall not	#19 on 10/11/21 at 3:47 PM, a 3's peri-area was seen when her ch from the center of her rectum. As complain of burning and stinging pass the area and the area did not y felt the open area observed was ated they would let the nurse know. as responsible for wounds in the tien than being able to assess ware Resident #23 was observed to but she would investigate this 0 AM revealed the Wound Nurse's d a new reddened open area to she was uncertain what caused the a new order for an ointment from the red open area noted to Resident

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	345133	A. Building B. Wing	10/15/2021
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NAME OF PROVIDER OR SUPPLIE	ER	STREET ADDRESS, CITY, STATE, ZI	P CODE
Ridge Valley Center for Nursing and Rehabilitation		1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0697	Provide safe, appropriate pain management for a resident who requires such services.		
Level of Harm - Actual harm	**NOTE- TERMS IN BRACKETS H	HAVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 42090
Residents Affected - Few	Based on record review and staff, hospice, and physician interviews, the facility failed to administer pain medications as prescribed by the physician to a hospice resident to treat chronic pain for 1 of 1 resident reviewed for pain management (Resident #15). As a result, Resident #15 reported her pain level was 7 to 9 on a scale of 1 to 10 across all three shifts during her stay in the facility.		
	Findings included:		
	Resident #15's hospital discharge	summary included the following order w	vith a fill date of 08/27/21:
	Morphine Sulfate Immediate Relea	ase (MSIR) 15 milligram (mg) tabs give	3 to equal 45mg every 4 hours for
	MSIR is controlled substance in the	e opiate category used to treat moderat	te to severe pain.
	Resident #15 was admitted to the facility on [DATE] under hospice services following a hospitalization for narcotic medication withdrawal and chronic obstructive pulmonary disease (COPD) and she had a history of a motor vehicle accident (MVA) that resulted in a left above the knee amputation.		
		2021 Medication Administration Record by the Director of Nursing (DON). to inc	
	Morphine Sulfate Immediate Relea	ase (MSIR) 15 milligram (mg) tabs give	3 to equal 45mg every 4 hours as
	A review of the August 2021 MAR	also revealed Resident #15 was admin	istered MSIR on 7 occasions.
	Resident #15 received no MSIR or	n 08/27/21 after her admission to the fa	acility.
		SIR on 8/28 at the following time: 8:40 f 1 to 10 and again at 10:15 PM with pabed Resident #15 missed 4 doses.	•
	Resident #15 was administered MSIR on 08/29 at the following times: 4:58 AM when her pain was documented to be a 7, 10:57 AM with an unidentified pain level (NA was listed), and again at 11:48 PM with pain level documented to be a 8. Resident #15 missed 3 doses on 08/29/21.		
	Resident #15 was administered MSIR on 8/30 at the following times: 4:23 AM when pain was documented to be a 7 and 8:58 AM with pain levels documented at a 3.		
	(continued on next page)		

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	345133	B. Wing	10/15/2021
NAME OF PROVIDER OR SUPPLI	NAME OF PROVIDER OR SUPPLIER		P CODE
Ridge Valley Center for Nursing and Rehabilitation		1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0697 Level of Harm - Actual harm Residents Affected - Few	The discharge Minimum Data Set (noted she received opiates and an The MDS further indicated under a 9 of 10 on the pain scale over the last of Resident #15's pain management to Resident #15's pain management A facility social worker (SW) note of Resident #15's family member about better care under hospice services. A review of a hospice note dated 0 expressed being very displeased with prescribed and having to wait 1-2 have and had been responsible for admits tated she recalled medicating Resexplained Resident #15 had approxinguiring why her medications were receive them every time she wante were ordered as needed and she with frequently complained of experience and she made a nurse aware although An interview with Nurse Aide (NA). Resident #15; however, did recall the resided in the facility and was composed in the facility and was composed in the facility and was composed in the facility and going Resident #15's nurse that day about nurse was assigned to Resident #15. An interview with NA #3 on 10/13/2 and recalled her constantly complaints to the facility complaints that day about nurse was assigned to Resident #15. Stated her pain was excruciating #15. Stated her pain was excruciating the facility complaints with the pain was excruciating the facility complaints.	(MDS) dated [DATE] assessed Resider tianxiety medications on 3 of 7 days dusection titled pain assessment Reside ast 5 days. Otes dated 08/27/21 through 08/30/21 ret to include location of pain or notificated 18/30/21 revealed a telephone of ut Resident #15's desire for discharge at home and get her medications proven 18/30/21 written by Hospice Nurse #1 in with her stay at the facility due to not retours after she requested them before 10 on 10/13/21 at 3:20 PM revealed she inistering her medications on 10/29/21 sident #15 with controlled substances to ached her on one occasion although she and them. MA #1 elaborated that she told would have to ask for them to receive the ting debilitating pain although she was unable to recall which nurul #13 on 10/13/21 at 3:25 PM revealed she plaining of being in pain and not received them the room when Resident #15 tell her brother someone needing home where she could get better caut what she had overheard; however, sit	and #15 with intact cognition and uring the MDS assessment period. Int #15 verbalizing a pain level of a revealed no documentation related ion of the provider. Inversation between the SW and due to believing she will receive ided for pain and anxiety on time. Indicated Resident #15 had be revealed an opiate with Resident #15 during the evening shift. MA #1 to include an opiate. MA #1 to include an opiate with the ewas unable to recall the time why she had to ask and wait to the Resident #15 the medications from MA #1 indicated Resident #15 unable to give an exact pain level rese she notified. The had not directly worked with alled her family member who fing her medications as prescribed. The determinant is the recall which the was unable to recall which the was unable to recall which the Resident #15 while in the facility eneralized pain. At times, Resident ware, but she was unsure if

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	P CODE
For information on the nursing home's	For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.		agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0697 Level of Harm - Actual harm Residents Affected - Few	SUMMARY STATEMENT OF DEFICIENCIES		the of 08/30/21. MA #2 stated she #15 complained of a lot of pain in recall the names of the medications that was ordered and was clarified without success. AM revealed she had visited regarding her pain management. The surface of the theory (although she could not recall the staff second of the theory (although she could not recall the staff member of the surface of the staff member of the surface of the s

			NO. 0930-0391
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For information on the nursing home's p	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		ion)
F 0697 Level of Harm - Actual harm Residents Affected - Few	An interview with the Director of Nu Resident #15's pain had not been in medications as prescribed on the distribution to transcribed the medications from the scheduled doses of the opiates and procedure included herself and and administrative nurses were utilized following admission. Although she the following day. An interview with the Medical Direct pain had not been managed during the facility. The MD vocalized the indischarge summary. The MD elaboration in the discharge summary.	ursing (DON) on 10/12/21 at 10:45 AM managed while in the facility or that Re lischarge summary. The DON acknowled antianxiety medications. The DON expother administrative nurse (typically Nurshere new admission orders were revisured under the content of the co	revealed she was unaware sident #15 did not receive her pain ledged she was the nurse who ribed them as PRN instead of (plained that the facility's typical rese #5) although at times other riewed for accuracy on the morning ed if these orders were reviewed e was not aware Resident #15's as and he did not see her while in tered as ordered on the hospital lependance who was accustomed

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
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Ridge Valley Center for Nursing and Rehabilitation		1000 College Street Wilkesboro, NC 28697	
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0725	Provide enough nursing staff every day to meet the needs of every resident; and have a licensed nurse in charge on each shift.		
Level of Harm - Actual harm	37019		
Residents Affected - Few	Based on observations, record reviews, resident, family, and staff interviews, the facility failed to provide sufficient nursing staff for the provision of incontinence care to a resident (Resident #23) who was wet and yelling that it was burning and hurting her skin and as a result ended up with a reddened area on her skin, failed to provide incontinence care to a resident (Resident #17) who was wet through her brief and onto her draw sheet, failed to provide incontinence care to a resident (Resident #2) who had a bowel movement, failed to provide showers as scheduled for 3 residents (Resident #1, Resident #6 and Resident #9) and failed to provide nail care for 2 residents (Resident #18 and Resident #2) for 7 of 7 residents reviewed for sufficient nursing staff.		
	The findings included:		
	This tag is cross referred to:		
	F600: Based on observation, record review and staff interviews, the facility neglected to provide incontinence care to a resident who was soiled with urine and resulted in a small reddish open area on her buttocks for 1 of 4 (Resident #23) residents reviewed for activities of daily living. The resident stated that her bottom was burning like it was on fire and wished she could care for herself, so she did not have to sit in a soiled brief.		
	F684: Based on observation, record review, and staff interviews, the facility failed to prevent skin breakdown when incontinence care was delayed resulting in an open area of redness to the buttocks for 1 of 1 resident reviewed for neglect (Resident #23).		
	F 561: Based on observations, record reviews, resident, family and staff interviews, the facility failed to the residents' preferences regarding number of showers or bed baths per week for 3 of 3 residents (Res #1, Resident #6, and Resident #9) reviewed for choices.		
F677: Based on observations, record reviews, resident, family and staff interviews, the facility provide incontinence care prior to a resident (Resident #17) wetting through her brief onto he failed to provide incontinence care to a resident (Resident #2) who had a bowel movement, fa showers as scheduled for 1 resident (Resident #3), and failed to provide nail care for 2 resident #18 and Resident #2) for 4 of 4 residents reviewed for activities of daily living for dependent residents.			gh her brief onto her draw sheet, bowel movement, failed to provide nail care for 2 residents (Resident
	Interview on 10/11/21 at 4:50 PM with the Treatment Nurse revealed last week she had been assigned to work on a medication cart every day. She further revealed she had worked all shifts as needed to cover th schedule instead of her normal job of wound care. The Treatment Nurse stated when she was assigned to work on a cart each nurse was responsible for the wound care of their assigned residents.		
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NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0725 Level of Harm - Actual harm Residents Affected - Few	for the morning of 10/12/21. She st day. NA #13 stated she was not all their best to keep the residents drie best to wash their face, armpits, presidents' hair and said they hadn't had 22 residents they were only all shower per shift done. NA #13 exp schedules. She further explained the shift. NA #13 said residents were put time to keep residents dry due to the linterview on 10/12/21 at 11:13 AM showers and not receiving incontin 2 rounds of incontinence care per second one shower per shift. Nurse #2 NAs with resident care. Interview on 10/12/21 at 4:45 PM verified at the facility. The DON further revenurses were either as needed (pring salary for NAs and nurses to be more than the pool of th	with Nurse #2 revealed residents frequence care. Nurse #2 further revealed the shift and with their workload it was imposable to get showers done as scheduled further stated the nurses did not have the their with the Director of Nursing (DON) revealed she only had 2 full time nurses who against the properties of the still had show many positions were still open, the with the Regional Director of Operations on Aide (CMA) open positions. She further that the RDO stated they had increased were orienting staff as they were had she with the RDO stated they had increased they had increased the state of	ents for a portion of the day if not all ents. She indicated the NAs did ssigned to showers they did their NAs didn't have time to wash the cording to NA #13, on days they and maybe were able to get 1 y late or come in early to cover a mess when she came in for her aff on the previous shift didn't have dently complained about not getting the NAs were only able to complete possible for them to do rounds every and were lucky if they had time to ime during their shift to assist the alled there were staffing challenges orking at the facility and the other the had recently increased the base several positions open on all shifts. It would be a question for the several positions, 2 NA open the revealed over the past 5 weeks assed wages to allow for better

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021	
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE	
Ridge Valley Center for Nursing and Rehabilitation		1000 College Street Wilkesboro, NC 28697		
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0760	Ensure that residents are free from	significant medication errors.		
Level of Harm - Actual harm	**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 42090			
Residents Affected - Few	Based on record review, staff, hospice, and physician interviews, the facility failed to prevent significant medication errors by not accurately transcribing and administering medication as ordered from the hospital discharge summary prescribed to treat chronic pain, shortness of breath, and anxiety for a hospice resident for 1 of 1 resident reviewed for medication errors (Resident #15). As a result, Resident #15 reported her pain level was 7 to 9 on a scale of 1 to 10 across all three shifts during her 4 days as resident in the facility.			
	Findings included:			
	A review of the hospital records dated 08/25/21-08/27/21 indicated in part Resident #15 was restarted on narcotic pain medications following withdrawal symptoms. Resident #15's discharge summary revealed she had been discharged to the facility with the following orders with fill dates of 08/27/21:			
	- Morphine Sulfate Immediate Release 15 milligram (mg) tabs give 3 to equal 45mg every 4 hours for 15 days for pain or shortness of breath.			
	- Lorazepam 1mg tabs every 4 hours for anxiety.			
	A copy of the original hard script for controlled substances provided by the hospital written by the discharging physician's assistant indicated:			
	- Morphine Sulfate Immediate Release 15 milligram (mg) tabs give 3 to equal 45mg every 4 hours for 15 days start 08/27/21. Dispense 270 tablets.			
	- Lorazepam 1mg tabs every 4 hours for 15 days start 08/27/21. Dispense 90 tablets.			
	narcotic medication withdrawal and a motor vehicle accident (MVA) that	the facility on [DATE] under hospice services following a hospitalization for all and chronic obstructive pulmonary disease (COPD) and she had a history of A) that resulted in a left above the knee amputation and long-term opiate quently discharged home on continued hospice services on 08/30/21.		
	A review of the control substance sheets provided by pharmacy with the narcotic medications indicated in part controlled substances were dispensed as follows:			
		- Morphine Sulfate 15mg tablets (MSIR) three tablets by mouth every 4 hours for 15 days and was filled for 252 tablets with a quantity of 18 remaining to be dispensed later by Polaris pharmacy and indicated 9 doses had been administered.		
	 Lorazepam 1mg tablets one tablet by mouth every 4 hours for 15 days and was filled for 88 tablets with 7 doses administered. 			
	Resident 15's Medication Administration Record (MAR) dated August 2021 revealed the above orders were transcribed as:			
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(X4) ID PREFIX TAG	AG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)	
F 0760 Level of Harm - Actual harm	- Morphine Sulfate Immediate Rele needed for 15 days	ease (MSIR) 15 milligram (mg) tabs give	e 3 to equal 45mg every 4 hours as	
	- Lorazepam 1mg tabs every 4 hou	rs as needed for anxiety.		
Residents Affected - Few	A review of the MAR dated August 2021 also revealed Resident #15 was administered: MSIR on 7 occasions:			
	- Resident #15 received no MSIR of	on 08/27/21 while in the facility.		
	Resident #15 was administered MSIR on 8/28/21 at the following time: 8:40 AM when her pain was documented to be a #9 and again at 10:15 PM with pain levels documented at an #8. Based on the original order prescribed Resident #15 missed 4 doses which is over half of her doses ordered for 08/28/21.			
	4:58 AM when her pain was listed, and again at 11:48 PM with 0/21.			
	Resident #15 was administered MSIR on 8/30/21 at the following times: 4:23 AM when pain was documented to be a #7 and 8:58 AM with pain levels documented at a #3.			
	Resident #15 missed an undetermined number of doses of pain medication on 08/30/21 secondary to the facility being unable to determine the exact time of discharge from the facility.			
	It further revealed Lorazepam was administered on 6 occasions:			
	Resident #15 was not administered	d any Lorazepam on 08/27/21 following	her admission time of 5:20 PM.	
	Once on 8/28 at 3:52 PM. Based on the original ordered prescribed Resident #15 missed 5 doses of Lorazepam on 08/28/21.			
	Three times on 8/29 at 4:57 AM, 10:57 AM, and 11:47 PM; Missed 3 doses of Lorazepam on 08/29/21.			
	Twice on 8/30 at 4:23 AM and 8:56 AM.			
	The discharge Minimum Data Set (MDS) dated [DATE] assessed Resident #15 with intact cognition and noted she received opiates and antianxiety medications on 3 of 7 days during the MDS assessment period. The MDS further indicated Resident #15 had experienced pain on resulting in a level 9 of 10 on the pain scale over the last 5 days.			
A review of a hospice note dated 08/30/21 written by Hospice Nurse #1 indicated Resi expressed being very displeased with her stay at the facility due to not receiving media and having to wait 1-2 hours after she requested them before they were administered.			ceiving medications as prescribed	
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NAME OF PROVIDER OR SUPPLIES		STREET ADDRESS, CITY, STATE, ZI	D CODE
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For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0760 Level of Harm - Actual harm Residents Affected - Few	An interview with Med Aide #1 (MA and had been responsible for admi stated she recalled medicating Resmedication. MA #1 explained Reside to recall the time inquiring why her ask and wait to receive them every medications were ordered as need. An interview with Med Aide #2 on that been responsible for medicating she recalled administering controlle #2 explained she had not thought the substance log and card in which the dosage was equal to the ordered downs, and Lorazepam 1mg hospital with Resident #15 on the cafter her time of admission to the fadate Resident #15 was discharged expressing to her that she did not be #1 did not have access to the phys Hospice Nurse #1 recalled Resider and pain on the date of discharge and pain on the date of discharge and pain on the date of discharge the requency before administering the medications to Resident #15. An interview with the Interim Direct who transcribed the medication or admission and felt the medication stranscribed the MSIR and Lorazepaindicated the morning following a resident #15 was discharged expression and felt the medication or admission and felt	a.#1) on 10/13/21 at 3:20 PM revealed sident #15 with controlled substances to dent #15 had approached her on one of medications were not being administer time she wanted them. MA #1 elaborated and she would have to ask for them 10/13/21 at 4:11 PM revealed she was ag Resident #15 on the date of her discord substances for pain and anxiety to in one ensure the order in the electronic meter medication was being dispensed, she osage. 1 on 10/14/21 at 11:13 AM revealed she is for the last year prior to admission to esident #15 was routinely ordered Fentag every 4 hours. Hospice Nurse #1 states and the form the last year prior to admission to esident #15 was routinely ordered Fentag every 4 hours. Hospice Nurse #1 states home under hospice services on 08/30 celieve her medications had been admitician's orders to verify if the medication and #15 having increase heart rate, decreand felt her to be experiencing some with 4/21 at 2:18 PM revealed she vaguely any controlled substance is ordered the medication and she forgot to verify the or of Nursing (DON) on 10/12/21 at 100 ders from the discharge summary for Reshould have been as needed (PRN) beam as PRN medications instead of schesident's admission, orders are verified ever transcribed incorrectly and were near the service of the card the medications instead of schesident's admission, orders are verified ever transcribed incorrectly and were near the substance is ordered the early the services of the services and services are verified ever transcribed incorrectly and were near tran	she was familiar with Resident #15 during the evening shift. MA #1 or include an opiate and antianxiety coasion although she was unable red routinely and why she had to ted that she told Resident #15 the to receive them. The familiar with Resident #15 and harge of 08/30/21. MA #2 stated include MSIR and Lorazepam. MA dical record matched the control only checked to ensure the er was familiar with Resident #15 the facility. Hospice Nurse #1 myl 75mcg/hr. patches, MSIR 45mg red she had been present at the red saw her in the facility shortly to revealed she visited her on the 20/21 but despite Resident #15 instered as ordered, Hospice Nurse is were administered correctly. Pease oxygen saturations, anxiety, thdrawal from her medications. The recalled Resident #15 being in the redication should be checked to both in name, strength, route, and the match when administering the eredication should be was the nurse resident #15 on the date of ased on the dosage and therefore reduled medications. The DON in a clinical meeting, but she

			10. 0938-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 1000 College Street Wilkesboro, NC 28697	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICE	CIENCIES full regulatory or LSC identifying informat	ion)
F 0760 Level of Harm - Actual harm Residents Affected - Few	An interview with the Medical Director (MD) on 10/12/21 at 3:39 PM revealed he was not aware Resident #15's medications were transcribed incorrectly as her stay was limited in days and he did not see her while in the facility. The MD indicated if Resident #15 was a patient who was on long term use of opiates and antianxiety medication there was a possibility for her to begin to experience withdrawal symptoms if her medications were not given as prescribed. The MD stated he expected all orders to be transcribed, verified, and clarified as quickly as possible following admission to the facility and classified these errors to be significant.		

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0880 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Provide and implement an infection prevention and control program. **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 37019 Based on record reviews, observations, staff interviews and the high level of transmission for COVID-19 in the county, the facility failed to implement their infection control policies and the Centers for Disease Control and Prevention (CDC) guidelines for the use of Personal Protective Equipment (PPE) when 2 of 3 staff members (Nurse #1 and Nurse Aide #1) failed to wear eye protection while providing care to 1 of 1 resident (Resident #24) who was on enhanced droplet contact precautions and when 5 of 8 staff members (Medication Aide #3, Nurse Aide #11, Medication Aide #2, Nurse Aide #18 and Nurse #7) failed to wear eye protection while providing care to 7 of 7 residents (Resident #19, Resident #20, Resident #7, Resident #22, Resident #21, Resident #6 and Resident #3) in the general halls. These practices affected 8 of 8 residents reviewed for infection control. These failures occurred during a COVID-19 pandemic. The findings included: A review of the Centers for Disease Control and Prevention (CDC) COVID-19 Data Tracker on 10/11/21 indicated that the county where the facility was located had a high level of community transmission for COVID-19. The CDC guidance entitled, Interim Infection Prevention and Control Recommendations for Healthcare Personnel During the Coronavirus Disease 2019 (COVID-19) Pandemic, updated on 9/10/21 indicated the following information under the section Implement Universal Use of Personal Protective Equipment for HCP (Healthcare Personnel):		of transmission for COVID-19 in and the Centers for Disease Control ament (PPE) when 2 of 3 staff le providing care to 1 of 1 resident len 5 of 8 staff members 8 and Nurse #7) failed to wear eye to #20, Resident #7, Resident #22, practices affected 8 of 8 residents 1 pandemic. D-19 Data Tracker on 10/11/21 of community transmission for lealthcare updated on 9/10/21 indicated the
	history), HCP working in facilities lot PPE (Personal Protective Equipme shield that covers the front and side A review of the facility policy entitle indicated: f. Implement standard, contact, and NIOSH-approved N95 or equivalent resident. A continuous observation was cond for newly admitted unvaccinated resident #24 was unvaccinated and donned an N95 respirator, isolation	spected in a patient presenting for care cated in counties with substantial or highly as described below including: Eye pes of the face) should be worn during a d, Novel Coronavirus Prevention and F d droplet precautions. Wear gloves, govet or higher-level respirator upon entering ducted on 10/11/21 from 10:05 AM to 1 sidents and residents admitted for rehads served going into Resident #24's roomed admitted to the facility on [DATE] and gown, clean gloves and proceeded in with no goggles or face shield on and pit.	gh transmission should also use protection (i.e., goggles or a face all patient care encounters. Response, revised on 9/15/21 was, goggles/face shields, and a and groom and when caring for the 0:30 AM of the quarantine hallway ab services. I with her morning medications. It december that the resident #24's room who was on

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NAME OF PROVIDER OR SUPPLIE	NAME OF DROVIDED OR SURDIJED		P CODE
Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1000 College Street Wilkesboro, NC 28697	r COBL
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)	
F 0880 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Interview on 10/11/21 at 10:14 AM Nurse #1 stated she should have w droplet contact precautions. She st difficult to see with them on due to wear her glasses to be able to see b. At 10:25 AM NA #1 was observe unvaccinated and admitted to the fi isolation gown and gloves prior to e placed them on her face prior to go changed her mask prior to coming head. Interview on 10/11/21 at 10:35 AM while providing care to residents or to get in the room to help the reside into the resident's room. NA #1 furt face prior to going into the room. Interview on 10/12/21 at 5:47 PM w facility's policy for PPE use include providing care to a resident. The R residents on enhanced droplet con stated she was not sure whether th in the facility but expected all staff of indicated. 41069 2. a. During an observation of med Medication Aide (MA) #3 was obse pulled over the top of her head whi protective gear on. MA #3 used har On 10/11/21 at 9:55 AM, MA #3 wa preparing Resident #20's medicatic administered medications to her wh An interview with MA #3 on 10/11/2 forgot to pull them out and use ther #20. MA #3 stated she had difficult remove to put her goggles on. MA eyeglasses but did not think about b. An observation was made on 10	with Nurse #1 revealed she was an ag yorn eye protection into Resident #24's ated she knew better but forgot to put he them fogging up over her glasses. Nurse	ency nurse working at the facility. room since she was on enhanced her goggles on because it was see #1 further stated she had to sovide care. Resident #24 was ATE]. NA #1 donned an N95 mask, les on top of her head but never offed her gown and gloves, ggles were still on the top of her so supposed to wear eye protection in NA #1 stated she was in a hurry so down on her face prior to going have placed the goggles on her rivices (RDCS) revealed the thin six feet of a resident or when sidents in the facility and especially was unknown. The RDCS further resented to all the staff members opriate PPE and to wear PPE as on 10/11/21 at 9:50 AM, cription eyeglasses which she dications. MA #3 did not have eyeing Resident #19's room. medication cart in the hallway and entered Resident #20's room and exprotective gear on. her goggles in her pocket and ions to Resident #19 and Resident to eyeglasses on which she had to gles over her prescription as a protective eye gear. #11 talking to Resident #7 inside
	(continued on next page)		

			NO. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345133	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/15/2021
NAME OF PROVIDER OR SUPPLIER Ridge Valley Center for Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 1000 College Street Wilkesboro, NC 28697	
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0880 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	An interview with NA #11 on 10/11, protective gear on whenever she we obtained a face shield after she was to wear eye protection whenever the c. An observation on 10/11/21 at 11 medications on top of the medication protective gear on. On 10/11/21 at carrying her medications. MA #2 we wan interview with MA #2 on 10/11/2 started her shift because she had be retrieved her face shield when she her medication administration. MA whenever there were no COVID-15 guidelines regarding eye protection within six feet of the residents. d. An observation was made on 10 room while carrying a bag of trash eye protective gear on. NA #18 plainside the soiled linen room. NA #1 Further observation of NA #18 on answering his call light. NA #18 on answering his call light. NA #18 on 10/11, shift started, so she proceeded to perform the procedure. Nurse #7 we have to wear a enhanced droplet precautions. An interview with Nurse #7 on 10/1 worked on the quarantine hall for retain the continuation of the providing care to a resident. The Regional Direction of the providing care to a resident. The Regional care to a resident. The Regional care to a resident was or	full regulatory or LSC identifying information /21 at 3:01 PM revealed she had not be used going to be within six feet of any results told by one of the housekeepers that	een instructed to wear eye sident. NA #11 stated she later all staff members were supposed (MA) #2 while she was preparing ing a surgical mask with no eye dentering Resident #22's room exprotective gear on. Inve her face shield when she it into the facility. MA #2 stated she protection about halfway through of wearing just a surgical mask rethat the CDC had changed their ecially when they were going to be #18 coming out of Resident #21's wearing a surgical mask with no and placed the bag of dirty linens defined hand sanitizer to both hands. Find Resident #6's room and the on with no eye protection. If find a face shield earlier when her without eye protection. If at 4:05 PM, Nurse #7 assisted NA are protective gear on. If eye protection whenever she ons. Nurse #7 stated she had been with residents who were not on If 2/2/21 at 5:47 PM revealed the of thin six feet of a resident or when sidents in the facility and did not stated she was not sure whether