STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
	225207	A. Building B. Wing	12/13/2021

NAME OF PROVIDER OR SUPPLIER	STREET ADDRESS, CITY, STATE, ZIP CODE
Plymouth Rehabilitation & Health Care Center	123 South Street Plymouth, MA 02360

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
F 0689 Level of Harm - Actual harm Residents Affected - Few	Ensure that a nursing home area is free from accident hazards and provides adequate supervision to prevent accidents. 37183 Based on records reviewed and interviews, for one of three sampled residents (Resident #1), who required the use of adaptive equipment, (an air mattress which included an air mattress cover), the Facility failed to ensure staff inspected the air mattress cover for wear and tear, that the air mattress cover straps were secured and intact, in an effort to maintain a safe environment to prevent incidents or accidents that could result in injury. On 11/29/21, Resident #1 had an unwitnessed fall out of bed and was found on the floor with half of the bed air mattress cover underneath him/her. The straps that held the air mattress cover onto the air mattress, were found to be torn and frayed, and could not hold the air mattress cover securely in place over the air mattress. Resident #1 sustained an acute left femoral head dislocation, an abrasion to the left forehead, a skin tear to the right lateral elbow, a bruise to the right hip bone and right side of face. Findings include: Review of the SUPRA APL Air Mattress Overlay/Replacement Mattress Operating Manual, undated, indicated to read all instructions before use. The Manual indicated to use the straps at the end of the mattress and stretch them around the mattress to prevent it from unraveling and to check the mattress cover for signs of wear or damage. Resident #1 was admitted to the Facility in March 2021, medical diagnoses included pathological fracture of left hip, dementia and diabetic foot ulcer. A Quarterly Minimum Data Set (MDS) Assessment, dated 10/13/21, indicated that Resident #1 had severe cognitive impairment, contractures of the lower extremities and required extensive assist of one staff member for bed mobility. Review of Resident #1's Fall Risk Assessment, dated 10/08/21, indicated that he/she was at high risk for falls. (continued on next page)

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE

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F 0689 Level of Harm - Actual harm Residents Affected - Few	Review of the Facility's Internal Investigation, dated 11/29/21, indicated that Resident #1 had an unwitnessed fall out of bed and that the strap that holds the air mattress cover in place was torn and the air mattress cover was noted half off the bed. The Investigation indicated that Resident #1 stated that he/she just fell out of bed and that he/she sustained an abrasion to the left forehead, a skin tear to the right lateral elbow, a bruise to the right hip bone and right side of face. The Investigation indicated that equipment failure was a contributing factor, that faulty straps caused the air mattress cover to slide off the bed (air mattress), and caused Resident #1 to fall onto the floor. Review of a Nurse Progress Note, dated 11/29/21 at 5:21 A.M., indicated that a Certified Nurse Aide (CNA #1) heard a startling noise from an area close to Resident #1's room and noted that he/she was lying on his/her back on the floor. The Note indicated that Resident #1 was crying and stated I just fell out. The Note indicated that Resident #1 complained of mid and lower back pain and confirmed that he/she hit his/her head on the side of bed as his/her body rolled onto the floor. The Note indicated that bright red blood was dripping from the left side of his/her forehead, he/she had a skin tear to his/her right lateral elbow and a bruise to the right hip. The Note indicated that a torn strap on the air mattress cover with little threading holding two straps together, caused the air mattress cover to slide off the bed. The Note indicated that the Physician was notified and ordered a STAT x-ray. Review of a bilateral hip and pelvis X-ray Report, dated 11/29/21, indicated Resident #1 had an acute left femoral head dislocation and soft tissue swelling. Review of a Nurse Progress Note, dated 11/29/21 at 3:32 P.M., indicated that Resident #1 was transferred to the Hospital due to a fall resulting in a dislocated femur. Review of a Nurse Progress Note, dated 11/30/21, indicated that Resident #1 returned from the Hospital at 12:45 A.M. with a diagnosis of chronic left total hip dislocation, that an attempted closed reduction (procedure for treating a hip dislocation without surgery, using manipulation of thigh bone (femur) to put the hip back in place) was not successful and that the Health Care Proxy (HCP) elected to avoid open surgery for now. The Note indicated that Resident #1 complained of an 8/10 pain in his/her left hip and was medicated with oxycodone 10 milligrams (opioid narcotic used to relieve severe pain). Review of a Hospital Discharge Instructions, dated 11/29/21, indicated that Resident #1 had a chronic left total hip dislocation, an attempted closed reduction was not successful and HCP elected to avoid open surgery for now, with pain control as needed. During an interview on 12/13/21 at 11:15 A.M., Nurse #1 said that on 11/29/21 at 3:00 A.M., CNA #1 heard a startling noise coming from Resident #1's room and notified her. Nurse #1 said that when she entered Resident #1's room, he/she was lying on the right side of the bed on the floor with blood coming from the left side of his/her forehead. Nurse #1 said that upon further assessment, Resident #1 had a bruise to the right hip area, a skin tear to his/her right elbow and said he/she complained of back pain. (continued on next page)

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F 0689 Level of Harm - Actual harm Residents Affected - Few	Nurse #1 said that Resident #1 was found lying on the air mattress cover and said that half of the air mattress cover slid off the bed with Resident #1 on it and said the other half of the air mattress cover was still on the bed. Nurse #1 said that the straps to the air mattress cover were all frayed and torn, said that the air mattress cover slid off the bed with Resident #1 and said the air mattress cover was not secured to the air mattress. During an interview on 12/13/21 at 12:40 P.M., the Director of Maintenance said that he is notified by nursing when a resident requires an air mattress. The Director of Maintenance said that he checks the air mattresses to make sure that the mattress holds air and makes sure that the air mattress is set per the weight of the resident. The Director of Maintenance said that when an air mattress is delivered to a resident, he sets up the mattress cover and makes sure the straps are intact. The Director of Maintenance said that the Facility does not have a preventative maintenance program for air mattresses. The Director of Maintenance said that nursing is responsible for the settings of the air mattress and is responsible for inspecting the air mattress cover and making sure the mattress cover is not defective or in disrepair after the air mattress is delivered to the resident. The Director of Maintenance said that if an air mattress becomes defective or in disrepair, nursing notifies him and he replaces the air mattress. The Director of Maintenance said, after the incident, nursing notified him that Resident #1's air mattress cover was torn and said that when he inspected Resident #1's air mattress cover, the straps to the air mattress cover were broken off the air mattress cover. During an interview on 12/13/21 at 2:13 P.M., the Director of Nurses (DON) said that Resident #1 was on an air mattress and said that the air mattress cover was ripped, that the air mattress cover straps were frayed and said that the air mattress cover slid off the bed with Resident #1. The DON said that they follow the manufacturer's recommendations for maintaining the air mattress cover. The DON said that her expectation is that nursing checks that the air mattress cover is intact and checks the integrity of the air mattress and cover when they check the air mattress for placement and function.