STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0550 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	her rights. **NOTE- TERMS IN BRACKETS F Based on observation, interview, refailed to treat each resident in a mailife for four (4) of four (4) nursing units 1B, 11 disposable cups during meals. The findings include: Review of the facility's policy, Resident Community be treated with considering including privacy in treatment and including privacy in treatment and including privacy in treatment and including privacy in the the treatment and including privacy in the the treatment and including privacy in the treatment and including privacy in the the treatment and including privacy in the treatment and including privacy in the treatment and including privacy in the treatment and the t	C, 2B, and 2C revealed staff served re dent Rights revealed the facility ensure eration, respect and full recognition of f n care for his or her personal needs. hit, on 01/06/2020 at 12:45 PM, revealed	ONFIDENTIALITY** 34116 cy, it was determined the facility gnity and enhanced their quality of sidents their beverages in plastic, ed each resident admitted to the his or her dignity and individuality, ed staff served residents drinks in emonade and chocolate milk room. If staff served residents drinks in the lunch tray pass. h meal service, on 01/06/2020 at R] a meal tray and opened the milk t's milk. d disposable cups and used them istic cups off and on for three (3) or urther revealed cups were not

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE TITLE

(X6) DATE

Facility ID: 185039

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICE (Each deficiency must be preceded by f		IENCIES full regulatory or LSC identifying informati	on)
F 0550 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	he then provided a plastic, disposal Observation, on 01/08/2020 at 8:48 #55's breakfast tray. Interview with for meals and it made him/her feel I Interview with Resident #23, on 01/ cups for the past four (4) or five (5) Interview with CNA #13, on 01/10/2 regular dishes should be used for m Interview with CNA #16, on 01/11/2 residents as they arrived on the uni when the residents wanted actual of Interview with CNA #11, on 01/10/2 residents' drinks served in the dispo- and dishware so the residents woul Interview with Licensed Practical N disposable cups for meals because disposable plastic ware because it Interview with LPN #11, on 01/10/2 residents of the entire facility. He st however, since the change of owner He stated prior to the ownership ch difficulty locating cups and trays. Fo as well as being a dignity issue for Interview with the Dietary Manager drinking cups for residents. Accordi sometimes residents kept the cups (CNA) liked to use the plastic dispo-	AM, revealed a disposable plastic cup the resident during the observation rev like a second-class citizen. 08/2020 at 9:03 AM, revealed the facil months; however, the resident stated l 2020 at 10:06 AM, revealed the facility neals, instead of plastic, disposable cu 2020 at 10:15 AM, revealed meals were t. He stated staff used plastic disposate ups for their drinks. 2020 at 10:16 AM, revealed she was no osable cups. According to CNA #11, it ld feel at home. urse (LPN) #4, on 01/09/2020 at 10:38 the kitchen ran out of glasses. Accord ut a month. 020 at 11:52 AM, revealed residents' n was a dignity issue and not homelike. 2020 at 3:13 PM, revealed there were r ated he did not know why the plastic d prship in September 2019 they have be ange, the facility used real glass cups. urther interview revealed the plastic dis	o with orange juice on Resident vealed the facility used plastic cups ity had used disposable, plastic he/she preferred a regular cup. was the residents' home and ps. e served from the tray carts to ble cups during the meal services of aware of the purpose for the was important to use regular cups a AM, revealed staff used ling to the LPN, staff had used neals should not be served on not enough regular cups for isposable cups were used; een utilizing the disposable cups. He stated the manager had sposable cups were not homelike, he facility did not have enough ps was an ongoing issue because tated the Certified Nurse Aides not have sufficient cups; however, d trouble finding cups and trays to

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIE	R	STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitation	on	1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG			on)
F 0550 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) Interview with the Administrator, on 01/09/2020 at 12:04 PM, revealed the residents should have a comfortable, homelike setting to maintain their dignity. Continued interview with the Administrator, on 01/10/2020 at 4:40 PM, revealed he became aware of the residents' concerns, upon his arrival this weed during the survey process. He stated his greatest concern was not meeting the resident's needs. He revealed he was not aware that plastic, disposable cups were being provided to the residents during the meal services.		residents should have a v with the Administrator, on erns, upon his arrival this week and g the resident's needs. He

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NAME OF PROVIDER OR SUPPLIE	D	STREET ADDRESS, CITY, STATE, ZI	P CODE
		1705 Stevens Avenue	FCODE
Highlands Nursing and Rehabilitation		Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by f		IENCIES full regulatory or LSC identifying informati	on)
F 0565	Honor the resident's right to organize	ze and participate in resident/family gro	oups in the facility.
Level of Harm - Minimal harm or potential for actual harm	35750		
Residents Affected - Some		dent Council Minutes, and review of the on, address and resolve the grievance:	
		lained of their concerns with staff's res ilability of medications. Additionally, int by the facility.	
	The findings include:		
	 Review of the facility's policy, Grievance/Complaint Log, reviewed 06/01/18, revealed the resolution resident grievances and/or complaints will be recorded on the facility's Resident Grievance/Complain The policy stated the Administrator/Social Services was responsible for recording and maintaining the Per review, the Grievances/Complaints were to be reviewed by the Quality Assurance/Performance Improvement (QAPI) Committee monthly for trends and follow up. The policy further stated it was be practice for the Grievance/Complaint resolution/follow up to be completed as soon as practicable, no exceeded by thirty (30) days, if feasible. Review of the Resident Council Meeting Forms completed during the monthly Resident Council meet dated from June 11, 2019 through December 10, 2019, revealed no Old Business was carried over f of the previous meetings. Further review revealed some forms did not contain a section for old busin ensure residents' grievances were addressed and resolution had been attempted. 		
		December 2019 Resident Council Meet in the previous meetings. Grievances and trash removal.	
	Review of the Monthly Grievance log dated August 14, 2019, through December 23, 2019, revealed residents had filed fifteen (15) grievances. During the annual survey one-hundred-fifty-one (151) residents resided at the facility. Continued review revealed two (2) residents filed most of the recorded grievances, and these pertained to Residents #55 and #57. Per review of the log, the grievances were marked as resolved, with the concern and the resolution date documented. However, further review revealed during the annual Recertification Survey screening process, both residents made it known to the Surveyor (State Survey Agency) that some of their concerns remained unresolved.		
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NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitati	on	1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0565 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Interview during the Resident Group Meeting, with the Ombudsman present, on 01/07/2020 at 10:47 AM, revealed seven (7) of seven (7) residents reported their grievances had not been resolved. Per interview, the Resident Group was particularly very vocal regarding issues, such as; extended call light times primarily during the night shift and on weekends, the loud noisy units, staff congregating around the nursing station and not being available to meet residents' needs and a lack of follow up on their concerns. Residents had made their grievances known to the nurses, the Social Worker, Director of Nursing, Administrator and the Ombudsman. In addition, the residents complained of not receiving their medications in a timely manner, particularly their pain medications and sleeping pills. The residents also complained of the facility running out of the medications which they needed to take as prescribed. The primary concern voiced during the Resident Group Meeting, was a lack of responsiveness by nursing staff which frustrated the residents. Further interview revealed the Resident Group members stated they were resigned to the lack of resolution of their ongoing concerns which had been reported to the facility.		
		01/07/2020 at about 12:15 PM, followi ng had spoken up regarding their conce	0
	Interview with the Social Worker (SW), on 01/11/2020 at 10:07 AM, revealed she followed up on the grievances expressed in the Resident Council meetings. She stated she was aware residents had complained of not getting their care needs resolved. Per interview, she stated as far as she knew the DON addressed the residents' concerns; however, there might be an education issue related to agency staff. The SW stated she was aware that from time to time residents' nursing care concerns were not resolved, and she had heard from residents that nursing staff had not answered their call lights. Per the SW, this made residents frustrated, and as a result, they did not want to file another grievance as there was no resolution to the original grievance. The SW stated she was primarily aware of residents' concerns on third (3rd) shift and at times on weekends. Further interview revealed the residents were at the facility to get their care needs met, and would not otherwise live at the facility if they were able to help themselves. The SW stated she expected residents to have consistent and good care provided as required, and it was not alright for residents not to have all their care needs met.		
	Interview with the Social Services Assistant (SSA), on 01/09/2020 at 4:46 PM, revealed she took notes during the Resident Council Meeting and completed a form. The SSA stated the residents' concerns were then brought up in the next morning meeting, where the concerns were addressed by the appropriate department. According to the SSA, during the Resident Council Meeting she guided the residents through the form and provided direction and reminders. She stated she also discussed with the residents whether old business from the previous meeting had been followed up on. Per interview, she spoke to the Resident Council President next. The SSA stated however, after she reviewed the old notes if it was determined the same issue had been brought up again, a new grievance form was completed and then she addressed the grievance in the next Resident Council Meeting Form again. The SSA stated the facility had performed a lot of in-services, and dips and trends were found.		
	Further interview with the SSA, on 01/10/2020 at 10:50 AM, revealed she had heard that residents continued to voice concerns regarding not getting their care needs met, and not receiving all their medications as prescribed. She stated the facility's goal was for the grievance process to work, and responsibility needed to be assigned to a staff member on an ongoing basis for oversight and to ensure that the grievances were resolved.		
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. Building	(X3) DATE SURVEY COMPLETED
	185039	B. Wing	01/11/2020
NAME OF PROVIDER OR SUPPLIE Highlands Nursing and Rehabilitati		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0565 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	getting the paperwork ready for all which was coordinated with the DC Continued interview revealed she a responsibilities; however, she state party unless they had a question. T process on admission, and was un revealed most residents did not wa process, and only occasionally, wo assumed the SW was explaining th policy stated regarding this area. S working, and the facility needed to Interview with the DON, on 01/11/2 and provided training to the CNA in However, further interview revealed in a timely manner. She stated this psychosocially. Interview with the Administrator, or process and was in the process of regarding the current grievance pro expected a follow up; however, he According to the Administrator, he address the grievances immediated been done to resolve their issue/gr	linator, on 01/11/2020 at 9:34 AM, revenew resident admissions. She stated the new resident's needs also provided the packet which included d she did not read over the rights with it is Admissions Coordinator stated she sure who explained that process to new nt to go over the resident rights informauld a resident request she read the entipe grievance process in more detail, and he further stated to her it seemed the faind an overall solution for this problem 020 at 12:13 PM, revealed she was aw toolved on how to perform perineal care is she had not known the resident's incore could have caused the resident to be a 01/10/2020 at 4:40 PM, revealed he unchanging it. He stated he was aware the stated residents did not always know wexpected staff to review the residents' gravance. Continued interview, residents is levance. Continued interview revealed a part of the facility's policy which had the state of the facility's policy which had the process.	his included all clinical information, could be met by the facility. I resident's rights and the resident and/or responsible did not mention the grievance v admissions. Further interview ation, which included the grievance ire rights section. She stated she d was not sure what the facility's acility's grievance process was not vare of Resident #57's grievance e appropriately for the resident. ontinent brief had not been changed affected physically, as well as, nderstood the facility's grievance esidents filed a grievance, he what the outcome of the grievance. grievances and staff should should be told in person what had he was aware of the fact that 2) residents had told him so. The

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NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by f		CIENCIES full regulatory or LSC identifying informati	on)
F 0584 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Many	 receiving treatment and supports for **NOTE- TERMS IN BRACKETS H Based on observation, interview, refacility failed to ensure resident's har units, and two (2) of four (4) showe Observations revealed stained or m dirty resident bathrooms, broken or Observations revealed resident roo floors. Observation of the 2B Unit Shower the seat. Also a soiled shower bed Multiple soiled clothing and linen its drain was partially covered with a thregarding the 2B Unit Shower, revere Further observation of the 1B Unit Shower, revere Further observation of the 1B Unit Shower, revere Further observations revealed the show Further observations revealed the show Further interview revealed the show Further observations revealed the show Based on the vent slats. The diappeared soiled with a dark substa contained cobwebs in the corners we chair railing on Units 1B, and 1C corpeling wallpaper and the vinyl base the hallway exposing a sharp edge The findings include: Review of the Housekeeping Positit housekeeping and cleaning activitie ensure	AVE BEEN EDITED TO PROTECT Con- ecord review, and review of the facility's ad a safe, clean, and homelike environ r rooms. hissing ceiling tiles, broken drawers in n missing floor tiles, dirty privacy curtain rms contained gray/white substances of Room, revealed a bariatric-sized chain and a stand up lift with a brown dried s erns were on the floor throughout the sl hick substance. Interview with Certified ealed the substance, partially covering to Shower Room, revealed stool was on t aled the facility was dirty. Resident #10 is (CNA's) to clean the shower room be ver room felt like an [NAME]. elevator transition plates into the elevat ris in the grooves. The vents in the [NAME] Dinii nce on the arm rests and seats. Addition with dead insects and the windowsills ho potained a loose gray substance. The re- reboard was damaged and peeling awa	ONFIDENTIALITY** 34116 s policy, it was determined the ment for four (4) of four (4) nursing resident rooms, broken call lights, is, and broken closet doors. In furniture surfaces and debris on with a brown, dried substance on substance on the leg supports. hower room. The shower room Nursing Assistant (CNA) #20, the shower drain, was stool. he floor of the shower. If stated sometimes he/she had to cause there was feces on the floor. for car revealed a dark thick ME] Dining room contained a gray ng area and Unit 1C's furniture bonally, the [NAME] Dining room lad dirt and debris. The corridor nurses' station on 2B contained ay from the corner coming out into sekeeping performed id assigned areas and shifts to ectations were met. The np mopping floors in all areas sible for cleaning bathrooms which e for the daily cleaning and

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NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	Louisville, KY 40205	agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICI		`	
F 0584 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Many	Review of the Job Description for the Environmental Services Account Manager, not dated, revealed the Manager supervised the environmental services staff according to the policies and procedures and federal/state requirements. The Manager was responsible for coordinating and insuring the satisfactory and timely completion of projects and program work done in the building on varying shifts. Review of the facility's policy, Resident Rights, dated 2019, revealed the facility ensured the rights of each		
	resident admitted to the Community. Continued review revealed this included ensuring each resident was treated with consideration, respect and full recognition of his or her dignity and individuality, including privacy in treatment and in care for his or her personal needs.		
	Review of the facility's policy, Maintenance Service, revised December 2009, revealed the Maintenance Department was responsible for maintaining the buildings, grounds, and equipment in a safe and operable manner at all times. Functions of maintenance personnel included, but were not limited to: maintaining the building in compliance with current Federal, State, and local laws, regulations, and guidelines; and, maintaining the building in good repair and free from hazards.		
		towards the nurses' station, on 01/06/2 on the walls on both sides of the corrid	
	Observation of the 2C Unit, near the area of the nurses' station and elevator corridor, on 01/06/2020 at 11:16 AM, revealed the upholstery on the resident's sofa, and chairs appeared soiled on the armrest and in the seats, along with loose particles, and debris in the seats.		
	11:17 AM, revealed twelve (12) floo floor. Continued observations revea rolling and walking across floor tiles	Init entering 2B Unit near room [ROOM or tiles were cracked, with missing piec aled a resident with a rolling walker mo s, with some of the floor tiles missing. F the walls down the hallway corridor be ms [ROOM NUMBERS].	es, creating depressions in the ving in and out of the area while urther observations revealed
	substance on top of the chest of dra arts and craft beads and a medicine	OM NUMBER], on 01/06/2020 at 11:02 awers and the television base. Continu e cup lying on the floor. Further observ or, and in the corners of the resident's ack/gray substance.	ed observation revealed there wer ation revealed black scuff marks
	resident, he/she dusted and swept dusted. Resident #101 stated some	I, at the time of observation, revealed the facility was dirty. According to the swept the room because dust was everywhere and housekeeping staff neve d sometimes he/she had to ask the Certified Nursing Assistants (CNA's) to c ere was feces on the floor. During further interview, Resident #101 stated th ME].	
	on two (2) ceiling tiles above the ro	DM NUMBER], on 01/06/2020 at 11:42 om's window, and a white substance s tion of the bathroom revealed broken g	plattered across the lower portion
	(continued on next page)		

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	185039	B. Wing	01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI	P CODE
		1705 Stevens Avenue Louisville, KY 40205	
or information on the nursing home's	plan to correct this deficiency, please cont	tact the nursing home or the state survey	agency.
X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0584 Level of Harm - Minimal harm or	Observation of resident room [ROOM NUMBER], on 01/06/2020 at 12:06 PM, revealed the cord to the wa light was broken and hanging from the side rail of the bed. Further observation revealed the plastic covering on the resident's pillow was torn and exposed the cloth batting inside.		
potential for actual harm Residents Affected - Many	Interview with Resident #26, at the time of the observations, revealed he/she had to leav night because the cord was broken. The resident stated it had been like that for about a interview revealed the light interfered with his/her sleep because it gets hot.		
	Observation of resident room [ROOM NUMBER], on 01/06/2020 at 1:05 PM, revealed a grayish black ring o two (2) corner ceiling tiles near the window.		
	Interview with Resident #55, on 01/08/2020 at 8:48 AM, revealed the bathroom soap dispenser had been broken for about seven (7) months. The resident stated he/she purchased his/her own hand soap due to the broken dispenser. Continued interview revealed the resident had reported the issue to staff; however, nothing ever got fixed when it was reported. Observation of the dispenser, during the interview, revealed the hand lever to dispense the soap was broken as reported by Resident #55.		
	Observation of resident room [ROOM NUMBER], on 01/07/2020 at 9:30 AM, revealed the top drawer was missing from the resident's nightstand.		
	missing from the four (4) drawer ch	(#212), on 01/07/2020 at 9:46 AM, rev est, and the resident's personal clothin next to the bed was torn and the brow	g was visible at the bottom. Furth
	chest of drawers was lying on the fl the toilet paper dispenser was off th move. According to Resident #34, t	M NUMBER] revealed one (1) of the dr loor. Interview with Resident #34, at the ne wall in the bathroom, and the closet he drawer had been broken for about a realed the maintenance issues were rice	e time of the observation, reveale doors were off track and difficult a month and the dispenser for
		01/07/2020 at 9:47 AM, revealed she wand 01/07/2020. She stated she had no	÷
	Interview with Resident #34, at the time of the observations, revealed he/she had reported the broken chest two (2) or three (3) months ago, and the wallpaper had been scraped off for quite a while. According to the resident, the condition of the room bothered him/her, and it did not feel homelike.		
	the broken drawers in room [ROOM	sistant (CNA) #3, on 01/07/2020 at 10:1 I NUMBER], about two (2) weeks ago rtant to repair the broken furniture beca	and had reported the issue to the
	(continued on next page)		

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)	
F 0584 Level of Harm - Minimal harm or potential for actual harm	Observation of the 2B Unit's Shower Room, on 01/07/2020 at 10:14 AM, revealed the non-skid floor strips were peeled up at the edges. Continued observation revealed a hard plastic wall covering was pulled away from the shower wall exposing a sharp edge. Further observation revealed a soiled broom and dustpan stored on top of the shower bed.			
Residents Affected - Many				
	Observation of the 1B Unit's Showe floor that smelled like stool.	er Room, on 01/08/2020 at 11:31 AM, r	evealed a brown substance on the	
	Interview with Certified Nursing Assistant (CNA) #20, on 01/08/2020 at 10:31 AM, reversion of the shower room after each use. She stated the floor has dried dirt at the entran shoe prints were also observed on the floor. CNA #20 stated the vent over the shower filthy in appearance. She indicated the vent above the entrance contained dark gray, or stated the thick slime over the shower drain was stool, partially covering the drain.			
		DM NUMBER], on 01/08/2020 at 9:37 A y, fuzzy build-up on the exhaust fan.	M, revealed the towel bar was	
	loose on the right side and not secu and baseboards contained a dark, and bathroom appeared worn with	n, on 01/08/2020 11:25 AM, revealed t ured. The floor in the resident's room, in thick coarse, dried substance. In additi torn and jagged edges. The bathroom stance. Continued observations reveal e vent slats.	n the corners, and along the floor on, the fall strips next to the bed floor was also soiled in the corner	
	During interview with Resident #65, on 01/08/2020 at 11:25 AM, the resident stated, It looked like not much cleaning occurred around here.			
	Interview with Certified Nursing Assistant (CNA) #4, on 01/08/2020 at 9:08 AM, revealed the CNA's were responsible for reporting maintenance issues to the nurse, and for completing a work order in the computer.			
	Interview with Licensed Practical Nurse (LPN) #4, on 01/09/2020 at 10:38 AM, revealed she tried to call maintenance and submit a work order whenever she noticed a maintenance issue. However, she was not sure if the missing towel bars or broken soap dispensers were reported. She revealed it was important to address maintenance issues to maintain infection control and for the residents' dignity. According to the LPN, the rooms were not homelike if items were not available for resident use.			
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NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please cont		agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by f		IENCIES full regulatory or LSC identifying informati	on)
F 0584 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Many	housekeeping staff to help her rega procedure for submitting work order Interview with Housekeeper #3, on cleaning bathrooms, and sweeping, for ensuring paper towels, toilet pap Housekeeper stated if she noticed t sprayed deodorizer on the privacy of Manager were responsible for chan want her family to live there becaus not clean until State Surveyors (Sta the issues to the Housekeeping Dir Interview with the Maintenance Dire preventative maintenance accordin was responsible for submitting elect revealed the Housekeeping Depart and the Housekeeping Director not Review of the computerized Work O evidence of work orders related to to broken wall light, broken floor tiles, non-skid strips and wall covering in Observation of the corridors leading corridors contained a thick, dried br transitions between the corridors ar loose debris, was observed to be ho Observation of the [NAME] Dining F ten (10) stained ceiling tiles. The wi vents were coated with a thick gray table stored in the dining room and Interview with the Account Manage was to oversee housekeeping servi initial sweeping in the hallways was this process occasionally occurred	01/10/2020 at 10:45 AM, revealed she /mopping resident rooms every day. Sh ber, soap and hand sanitizer were stock the soiled privacy curtains she notified curtains when she cleaned; however, the ging/washing the curtains. According the set the rooms did not look clean. She state the Survey Agency) were in the building ector who addressed the problems; ho ector, on 01/10/2020 at 9:34 AM, reveat g to the electronic maintenance progra- tronic work order requests as needed. ment did not have access to the electro ified him of maintenance issues by wor Orders, for the period of 10/01/2019 thr the missing towel bars, stained ceiling to broken and/or missing drawers, broken the 2B Unit's shower room. g to the [NAME] Dining Room, on 01/06 rown, black substance on the floors alo nd the door entries. The exit to the resise eavily soiled, and dirty in appearance of substance over the vent slats. In addit scooted over to the side. r for Housekeeping Services, on 01/09 ides. He stated the routine floor care, in a followed by an auto scrubber, which li in the shower room and resident rooms August of 2019, and made notes of are	was responsible for trash removal the stated she was also responsible ked in all the rooms. The the Manager. She stated she he Floor Tech and Housekeeping of the Housekeeper, she would not ated some housekeeping staff did b. She further stated she reported wever, it had not done any good. Ied he performed monthly m. The Director stated nursing staff However, further interview onic maintenance program system d of mouth. u 01/08/2020, revealed no illes, broken soap dispenser, in closet doors, or of the peeling 6/2020 at 12:01 PM revealed the ng the corners and at the dent's smoking area contained on the floor and walls. 1/06/2020 at 12:06 PM, revealed grayish substance. The airflow ion, there was a broken wobbly /20 at 9:49 AM, revealed his role coluded a dry dust mop daily. The ghtly scrubbed the floor. He stated s. He stated he completed a round

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. Building	(X3) DATE SURVEY COMPLETED
	185039	B. Wing	01/11/2020
NAME OF PROVIDER OR SUPPLIE	ĒR	STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitation	on	1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please cont	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	IENCIES full regulatory or LSC identifying information	on)
F 0584 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Many	stripped bare and at this time they we schedule, or a plan of when the ide privacy curtains should be taken do found soiled. Further interview revert that Housekeeping staff were educated issue was identified. He stated his a audit, his focus was looking at all of randomly audited a second room to revealed he had not identified any it cleaning vents. However, vents were once every four weeks. In addition, identified the vents were dirty and resay if maintenance had notified houset the role of housekeeping was tated the role of housekeeping was a the windowsills. The DOM stated the previously had leaking areas. The component of the windowsills. The DOM stated the role of revealed the role of stated the role of stated the previously had leaking areas. The component of the windowsills were in need of republic should be maintained in a clean and rooms should all be maintained in a were all kept clean throughout the formation and the previous with the Administ formation and the should be maintained in a clean and rooms should all be maintained in a state of the should be maintained in a clean and rooms should all be maintained in a state in a state of the should be maintained in a clean and rooms should all be maintained in a state of the should be maintained in a clean and rooms should all be maintained in a state of the should be maintained in a clean and rooms should all be maintained in a state of the should be maintained in a clean and rooms should all be maintained in a state of the should be maintained in a clean and rooms should all be maintained in a state of the should be maintained in a clean and rooms should all be maintained in a state of the should be mainta	nts Manager revealed he identified floc were still trying to address those areas. Intified cleaning tasks would be comple- win for deep cleaning once a month, ar- aled it was the policy for staff to clean a atted on expectations during orientation audit practice included a daily audit of of if the high touch areas, to determine if the see if it was deep cleaned, according ssues during the audits. He stated hou- re only cleaned during the deep cleaning he stated housekeeping would not clea- emoved them for housekeeping to clea- isekeeping of the need to clean the ver- s to keep the facility clean and sanitary h the Administrator, the Director of Mai 2020 at 12:04 PM, revealed the vents in tance, and they expressed concerns fo- ntial of poor air quality. The DOH revea- ere dusty, contained cobwebs, and dea- te ceiling tiles were stained, and had be dining area chairs were soiled, and in d- hese items were less than sanitary, and the doan the walls, and the doors needed trator, DOM, and the DOH revealed the d sanitary manner. In addition, the vent a clean and sanitary manner, ensuring the acility.	. He stated he did not have a tited. He stated the resident's and otherwise as needed when resident rooms daily. He stated a, annually, and as needed if an one to two rooms; and during the hey were cleaned. In addition, he to policy. Continued interview usekeepers were responsible for ang of the room, which occurred an the vents unless maintenance an. He further stated he could not ints when they were taken down. He y for the residents. intenance (DOM), and the Director in the [NAME] Dining Area or residents with respiratory type aled the windowsills, and the chair ad insects in the corners, and on een for a while, as they had lis-repair. Further interview with the d not acceptable for the residents' and Administrator stated the ed painting. Observation of the 2B e scales, and resident transfer lift, ts, drainage systems, soiled utility trash was removed, service carts

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	185039	A. Building	01/11/2020
		B. Wing	
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitati	ion	1705 Stevens Avenue	
		Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	IENCIES full regulatory or LSC identifying informati	on)
F 0623	Provide timely notification to the results before transfer or discharge, includ	sident, and if applicable to the resident ing appeal rights.	representative and ombudsman,
Level of Harm - Minimal harm or potential for actual harm	21585		
Residents Affected - Few	Ombudsman (OMB) of discharges related to the resident's transfer to	and facility policy review, it was detern and transfer. In addition, the facility dic ensure continuity of care nor was the r on for one (1) of one (1) of a total sam	l not record resident information esident given a written statement o
	The findings include:		
	must be considered prior to the dec preserving resident rights, ensure to discharged on ly for medical reason	Resident Rights, dated 2019, revealed isions made in the facility. As a compa- heir rights were not voilated. When res ns, or his or her welfare or that of other ansfer or dischargem and such actions	ny we place a tipr priority on idents were transferred or residents the facilty would provide
	Review of the facility's policy titled, Transfer or Discharge Notice, revised 2016, revealed a copy of the transfer or discharge notice would be sent to the Office of the State Long-Term Care Ombudsman. In addition, the reason for the transfer or discharge would be documented in the resident's medical record.		
	Review of the closed record for Resident #107, revealed the facility admitted the resident on 02/09/2009 with a history of Heart Failure, Acute Myocardial Infarction (heart attack), Chronic Kidney Disease and Diabetes. The facility transferred the resident to an Acute Care Hospital on 10/12/2019, after a change in condition and readmitted the resident on 10/21/2019. Further review revealed the facility again transferred the resident to the hospital for shortness of air on 01/03/2020.		
	to ensure continuity of care during of transferred. In addition, no evidence the resident's appeal rights or the S	's clinical record revealed, the facility of each transfer process, nor the location e the resident or the responsible party state Long Term Care Ombudsman's c ot have written evidence that the Omb ers.	to which the resident was was provided a written statement o ontact information, during or after
		riew, on 01/09/2020 at 3:05 PM, with the Assistant Social Services Director and the Director of Social ces, revealed it was not their responsibility to notify the Ombudsman of resident transfers and arges.	
		٨, with the Business Office Manager, r tions to the Ombudsman office related	
	(continued on next page)		

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's ((X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC		- · ·
F 0623 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Interview with the Ombudsman, on receiving notifications from the nurs Interview with the Director of Nursii responsible for providing the Ombu she was not aware the facility was resident rights or OMB contact info know the facility was not recording Interview with Administrator, on 01, notice to the ombudsman and to do	full regulatory or LSC identifying information 01/09/2020 at 3:50 PM, revealed the C sing facility related to transferred or disc ordsman with the resident's transfer and not providing the resident or the respon- rmation after the facility transferred a re- resident information during transfer to e (10/2020 at 8:22 AM, revealed the proc ocument in the medical record informati- are. He stated he did not know how this interval in the stated he did not know how this interval in the stated he did not know how this interval in the stated he did not know how this interval interval interval interval interval interval interval interval interval interv	Ombudsman's (OMB) office was not charged residents. If she did not know who was discharge information. In addition, isible party with information on esident. In addition, she did not ensure continuity of care. ess for the facility staff to send on regarding resident transfer or

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. Building	(X3) DATE SURVEY COMPLETED
	185039	B. Wing	01/11/2020
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitat	ion	1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0625 Level of Harm - Minimal harm or	Notify the resident or the resident's representative in writing how long the nursing home will hold the resident's bed in cases of transfer to a hospital or therapeutic leave.		
potential for actual harm	**NOTE- TERMS IN BRACKETS H	AVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 28733
Residents Affected - Few	the resident and the resident's repr	and facility policy review, it was detern esentative written notice related to the sident went on therapeutic leave for two (Residents #83, and #107).	bed-hold policy upon transferring
	The findings include:		
	900 [NAME] 2:05E to appeal any d within fifteen (15) days of date of no Medicaid application pending resid condition, and it was reasonably ex- year were allowed for home visits of hold the bed by paying privately for resident would be placed on a wait	Transfer or Discharge, not dated, reversischarge by informing the Cabinet of H otice. If transferred the resident's bed vents for up to fourteen (14) days per yexpected the resident would return to the or therapeutic leave. If bed hold days we the bed, at current private pay rate. If ing list for the next bed available, with the d to the resident and responsible part	ealth & Family Services, in writing yould be reserved for Medicaid or ar while in a hospital for an acute same level of care. Ten days per ere exhausted the resident may this option was not exercised, the he same sex resident roomate.
	1. Review of Resident #83 clinical records revealed the facility admitted the resident on 11/25/2019 with the diagnoses of Atrial Fibrillation, Coronary Artery Disease, Cardiovascular Disease, Diabetes Mellitus, Dementia, and Hypertension.		
		ident #83 was admitted to the hospital d evidence the facility provided bed ho nsfers.	
	stay with the diagnoses of Chronic resident was transferred to an Acut	ity readmitted Resident #107 on 10/21/ Congestive Heart Failure, Cardiomyop te Care Hospital on 01/03/2020 for sho y provided bed hold information to the	athy. Further review revealed the rtness of air. However, there was
		Assistant, and the Director of Social Se ification of bed hold information, or any	
		DON), on 01/09/2020 at 3:10 PM, reve fer and discharge information with the b	
	(continued on next page)		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue	P CODE
Highlands Nursing and Rehabilitat		Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	ion)
F 0625 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	company outsourced the bed holds notification. Continued interview re- and their families or not. She stated and discharges. Interview with Administrator, on 01/ residents transferred with the bed- the bed hold information was place	ager (BOM), on 01/09/2020 at 3:38 PM s. She stated the consulting company we vealed she was not sure if the liaisons d she was not sure if the Ombudsman (10/2020 at 8:22 AM, revealed the proc hold information, or send to the respon- d in the financial file. He stated the So re to follow up if the resident became a	vould make the offer of bed hold made notifications to the residents Office was notified of the transfers cess for the facility was to send all sible party. In addition, a copy of cial Services, the Business Office

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NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's p	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	IENCIES full regulatory or LSC identifying informati	on)
F 0656 Level of Harm - Actual harm Residents Affected - Few	 that can be measured. **NOTE- TERMS IN BRACKETS H Based on observation, interview, refacility failed to develop/implement #34, #57, #91, #101, #135, and #43 Interviews and record review revea planned, implement falls prevention planned. Review of Resident #34's Medicatic Percocet 10-325 mg was not admir 4:00 AM, 8:00 AM, 12:00 PM, 4:00 revealed staff failed to assess the r AM. Further review of Resident #101's of Oxycodone-APAP 10-325 mg give #101's MAR, dated October 2019, revealed staff failed to assess the r AM. Further review of the MAR, dated October 2019, revealed a comprehensive, personmeet the resident's physical, psych resident. The policy stated a comprehensive, personmeet the resident's physical, psych resident. The policy stated a comprehensive, personfurnished to attain or maintain the r well-being; incorporate identified pr problems. The person-centered car resident's physical, psychosocial ar the resident and his/her family or le person-centered care plan for each analysis of the information gathered included the resident's strength and plan when a resident 91's clinical of the section of the facility from a hos Minimum Data Set (MDS) Assessment 1. Review of Resident 91's clinical of the section of 91's clinical of the facility from a hos Minimum Data Set (MDS) Assessment 1. Review of Resident 91's clinical of the facility from a hos Minimum Data Set (MDS) Assessment 1. 	led the facility failed to administer pain interventions as care planned, and pro- point of the comprehensive Person - Center centered care plan for each resident we comprehensive assessment (MDS- Min recentered care plan for each resident we comprehensive assessment (MDS- Min recentered care plan for each resident we comprehensive assessment (MDS- Min recentered care plan for each resident we comprehensive assessment (MDS- Min recentered care plan for each resident we comprehensive assessment (MDS- Min resident's highest practicable physical, oblem areas; and incorporate risk factor of functional needs. The Interdisciplina gal representative, developed and impresident. The care plan interventions of as part of the comprehensive assess an eeds and culture preferences. The I ant change, when the desired outcome pital stay and quarterly, in conjunction	ONFIDENTIALITY** 34116 policy, it was determined the 2) sampled residents (Residents medication as ordered and care ovide respiratory services as care d December 2019, revealed 8:00 PM; 12/15/2019 at 12:00 AM, 00 AM. Further review of the MAR 4:00 PM until 12/16/2019 at 4:00 rder, dated 09/27/2019, for hours for pain. Review of Resident d doses of Oxycodone-APAP. six (6) missed doses of ered, revised December 2016, ble objectives and timetables to eloped and implemented for each vould be developed within seven (7) himum Data Set). The policy further he services that were to be mental, and psychosocial ors associated with identified and timetables that met the ary Team (IDT), in conjunction with lemented a comprehensive, were derived from a thorough ment. The care planning process DT reviewed and updated the care awas not met, when a resident was with the required Quarterly e resident on 03/18/2019 with

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NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, Z	IP CODE
Highlands Nursing and Rehabilitation		1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	l tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informat	ion)
F 0656 Level of Harm - Actual harm Residents Affected - Few	was at risk for falls related to Deme and poor safety awareness. Contin have a reduced risk for falls and fal encourage/assist resident to wear r assessment/safety.	nensive Care Plan for Fall Risk, initiate entia with confusion, incontinence, poo ued review revealed the goal of the ca I related injury. Interventions included non skid footwear. However, there was	r communication/comprehension, re plan was the resident would assist with transfers and ano intervention related to side rail
		22 AM, revealed Resident #91's side ra urther observation revealed the resider	
	Interview with Certified Nursing Assistant (CNA) #2, on 01/06/2020 at 11:36 AM, revealed the broken side rail was a safety issue and could cause an accident.		
	Interview with CNA #4, on 01/08/2020 at 9:08 AM, revealed the broken rail was a fall and trip hazard.		
	Interview with LPN (Licensed Practical Nurse) #4, on 01/06/2020 at 11:28 AM, revealed the side rail appeared to be broken. She stated Resident #91 could potentially fall out of bed.		
		20 at 4:54 PM, revealed the nurses we when a resident was admitted . LPN #2 vils.	
	Interview with Licensed Practical N plan was to communicate resident	urse #12, on 01/10/2020 at 2:47 PM, r care needs.	evealed the purpose of the care
		r #1, on 01/11/2020 at 10:24 AM, reve le initial and comprehensive care plans are needs.	
	Interview with the Director of Nursir audits related to care plans.	ng (DON), on 01/10/2020 at 5:04 PM, i	revealed she had not initiated any
	written with the initiation of pain me	n Management, dated October 2018, i dication and individualized to the resic avioral symptoms, and alternative pair	lent, addressing potential side
		22 AM, revealed Resident #34 neatly g vealed the resident went two (2) days	
	included Low Back Pain, Radiculop Extremity. Review of the 5-day Min	ed the facility admitted Resident #34 c bathy, and Nontraumatic Compartment imum Data Set (MDS) Assessment, da a Brief Interview for Mental Status (BIN ident was interviewable.	Syndrome of Unspecified Lower ated 11/03/2019, revealed the
	(continued on next page)		

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NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitation		1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	 tact the nursing home or the state survey	agency.
X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by f		CIENCIES full regulatory or LSC identifying informati	on)
F 0656 Level of Harm - Actual harm	Further review of the clinical record revealed a Physicians' Order, dated 11/06/2019, for Percocet 10-325 r (Oxycodone-Acetaminophen, pain medication) give one (1) tablet by mouth every four (4) hours related to Nontraumatic Compartment syndrome of Unspecified Lower Extremity.		
Residents Affected - Few	adequate relief of pain. Interventior physician of unrelieved or worsenir decrease in functional abilities, dec	evised 11/05/2019, revealed a goal that ns included administering pain medicat ng pain; observing and reporting chang prease in range of motion (ROM), withd providing the resident and family with i	ions as ordered; notifying the es in usual routine, sleep patterns, rawal or resistance to care;
	Review of Resident #34's Medication Administration Record (MAR), dated December 2019, revealed Percocet 10-325 mg was not administered on 12/14/2019 at 4:00 PM and 8:00 PM; 12/15/2019 at 12:00 AM, 4:00 AM, 8:00 AM, 12:00 PM, 4:00 PM, and 8:00 PM; or on 12/16/2019 at 12:00 AM. Further review of the MAR revealed staff failed to assess the resident's pain level from 12/14/2019 at 4:00 PM until 12/16/2019 at 4:00 AM.		
	available. Further review of the Pro	ed 12/14/2019 at 4:49 PM, revealed Re ogress Notes revealed staff did not ass terventions, or notify the physician to m vailable.	ess the resident's pain level,
	include applying a cold/warm comp have assessed Resident #38's pair should have notified the physician	2020 at 11:52 AM, revealed non-pharm press, offering fluids or diversional active n level, implemented non-pharmacolog for a one-time order for pain medication verything. LPN #11 further revealed the nistered.	rities. LPN #11 stated she should ical intervention(s), and probably n; however, she was sometimes
	Interview with LPN #12, on 01/10/2020 at 2:47 PM, revealed non-pharmacological interventions to manage pain could include deep breathing, repositioning, and positive visualization. She further revealed pain assessments and interventions should be documented in the progress notes. According to LPN #12, Resident #34 was very upset about not having pain medication available.		
	Interview with LPN #4, on 01/09/2020 at 10:38 AM, revealed the care plan was not implemented if the prescribed services or medications were not administered.		
	Interview with LPN #12, on 01/10/2020 at 2:47 PM, revealed the care plan communicated the resident's care needs. LPN # 12 stated Resident #34's care plan was not implemented for pain management.		
	3. Observation, on 01/10/2020 at 10:33 AM, revealed Resident #101 seated at the bedside. Interview during observation revealed the resident's pain medication was sometimes not available.		
	include Congestive Heart Failure (Osteoarthritis. Review of the Quart	led the facility readmitted the resident of CHF), Chronic Obstructive Pulmonary I erly Minimum Data Set, dated dated [D Interview for Mental Status (BIMS) sco Iterviewable.	Disease (COPD), and Primary ATE], revealed the facility
	(continued on next page)		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	4) ID PREFIX TAG SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by f		on)
F 0656 Level of Harm - Actual harm Residents Affected - Few	relief of pain or ability to cope with i per orders; monitor/record/report to notify the physician if interventions from the resident's past experience Further review of the clinical record	revealed a Physicians Order, dated 0	is included administer analgesia as requests for pain treatment; and nplaint was a significant change
	Oxycodone-APAP on 10/02/2019,	2019, revealed a total of fourteen (14) 10/04/2019, 10/07/2019, 10/09/2019, 1 per 2019, revealed a total of six (6) mis	0/11/2019, and 10/13/2019.
	resident's activities of daily living (A prescribed pain medication was not		e plan was not implemented if the
		020 at 2:47 PM, revealed the purpose LPN stated the care plan was not imple nt's pain.	
	35750 4. Observation of Resident #57. on	01/07/2020 at 9:12 AM, revealed the r	resident had oxygen on via nasal
		te (3L/min) and a BI-PAP (Bilevel Posi	
		I/07/2020 at 3:18 PM, revealed the res use. The equipment was atop of the b	
		w revealed the facility readmitted the ri gia and Hemiparesis following Cerebra	
	resident with a Brief Interview for M resident was interviewable. The resident (1) to two (2) staff for all activiti	Data Set review, dated 11/22/2019, re lental Status (BIMS) score of fifteen ou sident's functional status was determine ies of daily living (ADL). The facility det g and at rest and received oxygen there	t of fifteen (15/15) determining the ed to be extensive assistance with ermined the resident had shortnes
	care planning for Activities of Living	review dated 10/14/2019, revealed the g (ADL) function, Urinary Incontinence. and BI-PAP applications, as needed du	Section O, Special Treatment
	(continued on next page)		

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For information on the nursing home's	plan to correct this deficiency, please cont	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0656 Level of Harm - Actual harm Residents Affected - Few	Resident #57's Medication Adminis revealed nursing staff had not imple planned. The order for the BI-PAP of December of 2019. Further review in Resident #57's shower sheet forms received six (6) of the twelve sched Interview, on 01/07/2020 at 9:12 AM however, the resident stated the eq physician ordered for him/her to we night. Resident #57 stated he/she t about not getting the BI-PAP during the facility about the BI-PAP, not re scheduled. Resident #57 stated be/ services, he/she filed a complaint w Interview, on 01/10/2020 at 3:47 PM care needs. She stated at times she because of a lack of effective comm bath; however, she was not always staff to provide it. She stated the re came on shift and the resident had especially on the weekends, there w followed the care plan and the polic Interview, on 01/10/2020 at 4:03 PM order. However, she did not follow th facility did not have enough staff an medications and at times there was an issue with the shower schedule shift the showers should be provide often about this. 5. Resident #135's thirty (30) day M assessed Resident #135 with a Brid determined the resident was cognit (1) staff for bed mobility and surface more injury falls. Resident #135's Quarterly MDS rev a BIMS score of five out of fifteen (8 resident required extensive assistant	tration Record (MAR) reviewed for Seg emented the planned care related to ac was not transcribed onto the October 2 revealed the resident had not received review, 11/29/2019 through 01/04/202	betember, November and January dministration of the BI-PAP, as 2019 MAR and was not received for his/her showers as scheduled. 20, revealed the resident only was supposed to wear a BI-PAP; closet. The resident stated the nap during the daytime and at ger and the Director of Nursing, I, he/she had filed grievances with etting his/her showers as ort, in order to obtain the care and ck of staff affected the residents ew who was receiving a shower 57 was supposed to get a bed and there was not always enough of at least twice a week when she hen there was a lack of staff, et the care. The CNA stated if staff nts. sident #57 had a PRN BI-PAP view at 4:10 PM, revealed the lity leadership with reordering e further stated there was definitely dent got a shower and on what followed and residents complained

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	l tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by f		CIENCIES full regulatory or LSC identifying informati	on)
F 0656 Level of Harm - Actual harm Residents Affected - Few	 facility determined the resident was psychoactive drug use, vision/heard free of falls through the next review down after lunch and as needed (P him/her to use it, prompt response when ambulating or mobilizing in w falls and attempt to determine the or resident/family/caregivers/IDT as to 01/10/2020 at 12:36 PM, revealed s or the Interdisciplinary Team meetin 09/06/19 and 11/07/2019. Resident #135's medical record revelation of the line of the control of the line of the line. Interventions related to monitoring, stated, when a patient fell the line line of the line of t	are Plan review revealed a revised goals at risk for falls related to his/her gait/bing problems and impaired cognition. To on 04/20/2020. Interventions included RN), keep his/her remote and call light to all requests for assistance, appropriatheel chair. In addition, the facility planmates of falls, record possible root cause to the causes. However, interview with the she could not locate the fall evaluation, ngs (IDT) notes for Resident #135's fall view revealed the resident was readmittertension, Diabetes Mellitus, Unspecifie ficile, Sepsis due to Enterococcus, Vas M with CNA #10, revealed Resident #1 e needed, did not always know what the dent needed. However, she stated since juately on him/her. CNA #10 stated states with the resident often enough. Any, with MDS Coordinator #1, revealed er, she stated, with the resident was one you ied to get up. She stated the care plan I fall interventions were in place. The M cks could help prevent a fall; but one to help more. MDS Coordinator #1 stated although the facility had tried to put interventions were in place. The M cks could help prevent a fall; but one to help more. MDS Coordinator #1 stated although the facility had tried to put interventions were in place. The M cks could help prevent a fall; but one to help more. MDS Coordinator #1 stated although the facility had tried to put interventions were in place. The M cks could help prevent a fall; but one to help more. MDS Coordinator #1 stated although the facility had tried to put interventions were in place. The M cks could help prevent a fall; but one to help more. MDS Coordinator #1 stated although the facility had tried to put interventions were in place. The M cks could help prevent a fall; but one to help more. MDS Coordinator #1 stated although the facility had tried to put interventions were in place. The M cks could help prevent a fall; but one to help more. MDS Coordinator #1 stated although the facility had tried to put interventions were in place. The M cks could help more were, more coordinator #	alance problems, incontinence and he goal for the resident was to be to encourage the resident to lay within reach and encourage ate footwear and non-skid socks ned to review information on past tes and educate the he Director of Nursing (DON) on, post fall investigation, root cause, is, on 08/24/2019, on 09/01/2019, ted to the facility on [DATE] with d Cerebral Infarction, Pneumonia, cular Dementia and Bradycardia. 35 was confused and yelled out e call light was used for and it was the resident had many falls she ff needed to check on the resident 35 understood at times, and at ing and supervision and he/she fe hit was not normal for Resident titon it was hard to prevent the er bed. She stated the facility was provided care for (him/her) and was updated each time a change DS Coordinator stated the o one (1:1) supervision, one if the care plan did not have erventions in place. She further she reviewed Nurse's Notes and if stated, the DON followed up on ed she could not locate the Post cause of the resident's falls. She ng because the forms the facility the forms she had reviewed were

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0656 Level of Harm - Actual harm Residents Affected - Few	orders including Lamotringe 100 m to diagnoses of Essential Tremor a a day related to a diagnosis of Essential as needed (PRN) related to a diagn	er Sheet (POS) review, dated 01/01/20 illigram (mg) Tablet, by mouth (PO), tw nd Generalized Anxiety Disorder, Topi ential Tremor and Xanax Tablet, 2 mg, nosis of Essential Tremor and an order esident's oxygen saturation > 92% PRI	to (2) times per day (BID) as relate ramate Tablet, 50 mg, one (1) time give one (1) every eight (8) hours to administer 2 Liters of oxygen
	admitted the resident around 2:00 I were diminished, and his/her oxyge	ary Note review, dated 01/01/2020 at 3 PM. The note stated at the time of adm en saturation was ninety-five percent (S ir (SOA) with ambulation and the nurse	ission, the resident's lungs sounds 5%) on room air. In addition, the
	Interview for Mental Status (BIMS)	d 01/06/2020, revealed the facility assessore of thirteen out of fifteen (13/15) oled the resident had shortness of breatedications.	letermining the resident was
	Review of Resident #493's Baselin needed (PRN) and psychotropic m	e Care Plan revealed the resident rece edications.	ived oxygen therapy and, as
		acy Delivery Manifest, dated 01/02/202 0 mg, Topiramate 50 mg and Alpazaoa	
	Xanax 2 mg administered, for the fi	as Note, dated 01/02/2020 at 12:45 PM irst time since his/her admission, on 01 nained without his/her ordered medicat	/01/2020 at approximately 2:00
	and Topamax and he/she had not r stated he/she made this concern kr frustration. Resident #493 stated Ll hours. However, at 10:00 PM, the r	AM, with Resident #493 revealed the pl received these medication for thirty-six nown to the nurse at the desk and also PN #11 informed him/her the medication nedications had not arrived from the pl /she suffered from Congestive Obstruct	(36) hours. The resident further told LPN #11 about his/her ons should arrive in about four (4) harmacy. The resident stated,
	(continued on next page)		

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. Building	(X3) DATE SURVEY COMPLETED
	185039	B. Wing	01/11/2020
NAME OF PROVIDER OR SUPPLIE	R	STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitati	on	1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0656		PM with the Director of Nursing (DON)	
Level of Harm - Actual harm	interventions in place. She stated, a	e at the time of the fall and, if there wa after the IDT met the MDS Coordinator and she directed staff to call her with a	revised the care plan. The DON
Residents Affected - Few	further stated, that during the weekend she directed staff to call her with any falls and she provided staff wi direction to provide the care. She stated if the care plan was not revised then residents would not receive t resident specific care. Continued interview with the DON revealed she expected the staff to provide brief changes every two to three (2-3) hours when they made rounds. She stated, she expected nursing staff to document when they provided care, such as BIPAP administration. The DON stated she had identified omissions in the medical records and was looking to identify a trend.		
		M, with the Administrator revealed he e ysis should be conducted, and they sho time of day.	

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NAME OF PROVIDER OR SUPPLIER		B. Wing STREET ADDRESS, CITY, STATE, ZIP CODE	
Highlands Nursing and Rehabilitat		1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	ion)
F 0657 Level of Harm - Actual harm Residents Affected - Few	Develop the complete care plan wi and revised by a team of health pro 21585	thin 7 days of the comprehensive asse ofessionals.	ssment; and prepared, reviewed,
		and policy review it was determined the recommendations in order to address Resident #107).	
	The findings include:		
	goals and objectives that lead to the goals and objectives were defined objectives were not achieved the re- were not achieved and new goals a accordingly. All disciplines would h the desired out comes were being the resident had a significant change	s and Objectives, Care Plans, revealed e resident's highest obtainable level of as the desired outcome for a specific re- asident's documentation in the medical and objectives would be established. C ave access to the information and wou achieved. The goals and objectives wo ge in condition, when the desired outco ity from a hospital and at least quarterl	independence. The care plan esident problem. When goals and record would occur as to why they are plans would be modified Id be able to report whether or not uld be reviewed and revised when ome was not achieved, when the
	Review of the facility's policy for Weight Assessment and Intervention, not dated, revealed the multidisciplinary team would strive to prevent, monitor, and intervene for undesirable weight loss for the residents. Assessment information would be analyzed by the multidisciplinary team and conclusions would be made regarding resident's target weight range, approximate calorie needs and medical condition.		
	readmitted the resident on 10/21/2	sident #107, revealed the facility admit 019, after a hospitalization . The reside attack), Chronic Kidney Disease and D	nt had a history of Heart Failure,
	104.1 pounds. The Dietary Note st (30) days and a 10.3 percent weigh review revealed a recommendation provide additional Kilocalories and	n/Dietary Note, made on 11/26/2019, m ated the resident had a significant weig nt loss in the last three months and 11.1 n for eight ounces of Nepro (a supplement Protein. However, the supplement did cation Administration Record (TAR/MA	ht change of 10.3 percent in thirty 8 percent in six months. Further ent), every day between meals, to not get transferred to the plan of
		ary Note made on 12/05/2019, reveale ificant weight loss of 11.8 percent in th	•
	(continued on next page)		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0657 Level of Harm - Actual harm Residents Affected - Few	 the resident eight ounces of the supplements recommended eight additional Kilocalories and Protein. On 01/10/2020 at 12:20 PM, intervision know Resident #107 had experience supplements they would be on the supplements to the resident. CMT is supplements to the resident. CMT is supplements would not be administed experience a decline. Interview with Licensed Practical N Resident #107 was a diabetic and a remember much more about the replans routinely. She stated the facil loss or additional supplements were the MAR to alert her to this either. It the MAR to direct her in the care of supplements the resident could explanet the the to the stated if the facility di were placed on the plan of care, resident. She stated if the facility di were placed on the plan of care, rewer with dietary recommendations after 	iew with Certified Medication Technicia ced a weight loss. CMT #1 stated if the MAR/TAR. She stated she could not re #1 stated if the staff did not revise the p tered to address the identified weight lo urse (LPN) #15, on 01/11/2020 at 10:3 small in stature. However, due to her b sident. LPN #15 stated the Interdiscipli lity did not bring it to her attention the re e recommended. Continued interview r She stated she also did not review the f the resident. LPN #15 stated if staff di	Nowever, no order was provided for a day between meals, to provide in (CMT) #1, revealed she did not resident had an order for smember administering blan of care then the recommended bass and the resident could 8 AM and 1:03 PM, revealed eing agency staff, she could not nary team revised resident care esident had a significant weight evealed there was nothing was on plan of care, she just depended on d not provide the recommended revealed she had not identified ded supplement of Nepro for the ecommended dietary supplements xpected staff to revise care plans

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NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitat	ion	1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	l tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	•) ID PREFIX TAG SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by f		on)
F 0677	Provide care and assistance to per	form activities of daily living for any res	ident who is unable.
Level of Harm - Minimal harm or potential for actual harm	35750		
Residents Affected - Few	provide the Activities of Daily Living	and review of the facility's policy, it wa (ADL) assistance necessary to ensure 32) sampled residents (Resident #57).	
	Resident #57 was not provided timely incontinent care on multiple occasions resulting in the resident being left in his/her soiled brief until the oncoming shift assisted him/her. In addition, the resident did not receive his/her showers as scheduled.		
	The findings include:		
	Review of the facility's policy, Quality of Life - Accommodation of Needs, revised August 2009, revealed the facility's environment and staff behaviors were to be directed toward assisting residents in maintaining and/or achieving independent function, dignity and well-being.		
	diagnoses including, Hemiplegia ar Syndrome, Acute and Chronic Res	ecord revealed the facility readmitted th nd Hemiparesis following a Cerebral In piratory Failure with Hypercapnia, Slee nxiety Disorder, and Vascular Dement	farction, Obesity, Chronic Pain p Apnea, Chronic Obstructive
	facility assessed the resident to have (15/15), which indicated he/she was revealed the facility assessed the revealed the revea	inimum Data Set (MDS) for Resident # ve a Brief Interview for Mental Status (I s not cognitively impaired and was inte esident's functional status as requiring aily Living (ADL), which included brief o	BIMS) score of fifteen out of fifteer rviewable. Continued review extensive assistance with one (1)
		edule for Resident #57, for the 2 B-Hall resident's showers for Tuesday and Fri	
	Resident #57 had received six (6) of	ets for the timeframe of 11/29/2019 thi of the twelve (12) scheduled showers. I shower per week instead of the two (2	Per review of the shower sheets,
	having to lay in his/her feces for ho and urine for over three (3) hours th wall and know . what time he/she c promised him/her they would do be and time again. Resident #57 state	M, with Resident #57 revealed he/she f urs. The resident stated he/she had re he previous night. Per interview the res alled staff for assistance. Continued in stter; however, the resident stated he/si d, I don't get my showers as scheduled ther interview revealed the shower issu	mained in a brief soiled with feces ident stated, I have a clock on the terview revealed nursing staff he remained in soiled briefs time d, sometimes I have to wait almost
	(continued on next page)		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	PCODE
	Highlands Nursing and Rehabilitation		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG			ion)
F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	(Each deficiency must be preceded by full regulatory or LSC identifying information) Interview, on 01/10/2020 at 11:06 AM, with Certified Nursing Assistant (CNA) #13, revealed wit to work on her shift Resident #57 had several times been wearing a soiled brief because the print or changed his/her brief. Interview, on 01/10/2020 at 3:58 PM, with CNA #10, revealed Resident #57 was supposed to g She stated she did not always know which resident was to be showered, and at times the facilit enough staff. Per interview, the shower schedule was confusing. According to CNA #10, Resid not always received his/her shower. CNA #10 stated the resident asked her and the nurse be done about this issue. The CNA #10 stated Resident #57 had sat in his/her poop at least tw previously, and had had a puddle under his/her brief. She further stated Resident #57 had a rig about these issues. Interview, on 01/10/2020 at 11:22 AM, with CNA #12, revealed Resident #57 was the only resi who had sat in his/her own urine. Per interview, at times when she had changed the resident's urine felt like ice water. She stated Resident #57 was not always an accurate reporter of details there was at least an ounce of truth in his/her statements. Interview, on 01/10/2020 at 11:10 AM, with Certified Medication Technician (CMT) #2, revealer reported to her at times when nursing staff from the night shift had not changed Resident #57? Per interview, the CNA's talked about finding the resident to nave an inside brief and just g Interview, on 01/10/2020 at 4:19 PM, with LPN #2, revealed the facility had an ineffective show Per interview, the CMT, however, it was not alright to leave a resident in a soiled brief and just g Interview, on 01/10/2020 at 12:18 PM, with Licensed Practical Nurse (LPN) #11, revealed she CNA's as much as possible with turning and repositioning residents and with providing incontir stated however, incontinent care might take three (3) hours and it delayed her from passing th medications tim		NA) #13, revealed when she came d brief because the prior shift had 57 was supposed to get a bed bath. and at times the facility did not have 19 to CNA #10, Resident #57 had ent #57 fussed and complained if ed her and the nurses what could s/her poop at least twice a week Resident #57 had a right to complain #57 was the only resident she knew nanged the resident's brief, the rate reporter of details; however, an (CMT) #2, revealed the CNA's anged Resident #57's soiled briefs. The CMT stated there was a high for the residents living there. soiled brief and just go home. Id an ineffective shower schedule. what shift. She stated residents complaints were valid, as this was N) #11, revealed she assisted the vith providing incontinent care. She d her from passing the residents' pecause they had not been cared lent #57 sitting in his/her own up. LPN #11 stated residents netrview revealed if they were not s was a dignity issue for a resident. (SSA), revealed Resident #57 had
	0,	be more than just a physical discomfor	

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		B. Wing	
NAME OF PROVIDER OR SUPPLIE	R	STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitation	on	1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please cont	tact the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	IENCIES full regulatory or LSC identifying information	on)
F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	perform brief changes when they con- resident remained in his/her soiled irritation. Continued interview reveal from the presence of the soiled brief nursing staff had made her aware F approach the resident again. The D in a timely manner. Further intervier had reeducated one (1) CNA who so Interview, on 01/10/2020 at 5:02 PM showers when they were scheduled	PM, with the Director of Nursing (DON), onducted their rounding, every two (2) 1 brief for longer times, than the two (2) 1 led it could also possibly cause skin im of, it could affect the resident's psychos Resident #57 refused assistance at time ON stated her expectation was for nur- w revealed she had not performed aud she had received a concern about rega M, with the Administrator, revealed he e d. He stated he also expected residents resident did not receive timely assistan d be cared for.	hours. According to the DON, if a hours, it could cause them skin apairment, and if an odor remained ocial well-being. She stated es and she told staff they had to sing staff to perform brief changes its related to this concern yet, but rding residents' perineal care.

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NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	l tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICI (Each deficiency must be preceded by fit		CIENCIES full regulatory or LSC identifying informati	on)
F 0684	Provide appropriate treatment and	care according to orders, resident's pre	eferences and goals.
Level of Harm - Actual harm	**NOTE- TERMS IN BRACKETS H	IAVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 35750
Residents Affected - Few	Based on interview, record review a ensure residents were provided me residents (Resident #493). The findings include:		
	administered in a safe and timely n only to be administered by licensed document the medication administr accordance with the prescriber's or effect of the medication. Further re preferences, consistent with his/he the scheduled time, the individual a in the space provided for the drug. Review of the facility's policy, Qual	nistering Medications, dated April 2019 nanner, and as prescribed. Continued r l persons, or as permitted by the state, ation. According to the policy, medicati ders to include the required time frame view revealed this was performed to ho r care plan. If a drug was withheld, refu- ted in the medication of Needs, r haviors were directed towards assisting gnity and well-being.	eview revealed medications were to prepare, administer and ions were administered in e, and for the optimal therapeutic onor the resident's choices and used, or given at a time other than ation Administration Record (MAR) revised August 2009, revealed the
	Review of Resident #493's clinical record revealed the facility readmitted the resident on 01/01/2019 with diagnoses including, Acute and Chronic Respiratory Failure with Hypercapnia, Chronic Obstructive Pulmonary Disease (COPD) and Generalized Anxiety Disorder, Urinary Tract Infection Site not specified and Essential Tremor.		
	Review of the Minimum Data Set (MDS) assessment dated [DATE], revealed the facility assessed Resident #493 to have a Brief Interview for Mental Status (BIMS) score of thirteen (13) out of fifteen (15) indicating the resident was interviewable. Further review revealed Resident #493 was assessed to have shortness of breath with exertion and was on oxygen therapy, and received antianxiety medications.		
	Review of Resident 493's Physician Order Sheet (POS) dated 01/01/2020, revealed the resident had orders which included the following medications: Lamotringe (an anticonvulsant) 100 milligram (mg) tablet by mouth (PO) two (2) times per day (BID) related to a diagnosis of Essential Tremor and Generalized Anxiety Disorder; Topiramate (an anticonvulsant) tablet 50 mg one (1) time a day related to a diagnosis of Essential Tremor; and Xanax (an antianxiety) tablet 2 mg one (1) every eight (8) hours as needed (PRN) for diagnosis of Essential Tremor. In addition, further review of the Physician's Order Sheet revealed an order for Oxygen (O2) to be administered at two (2) liters (L) of oxygen per minute (2L/Min) via nasal cannula as needed (PRN), to keep the resident's oxygen saturation level greater than (>) 92% related to COPD diagnosis.		100 milligram (mg) tablet by mouth or and Generalized Anxiety related to a diagnosis of Essential urs as needed (PRN) for diagnosis neet revealed an order for Oxygen via nasal cannula as needed
	(continued on next page)		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	Lact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0684 Level of Harm - Actual harm Residents Affected - Few	review revealed Resident #493 appeared to have shortness of air (SOA) with a		
	Review of the Pharmacy Delivery Manifest, dated 01/02/2020 timed 12:44 PM, revealed the following medications were delivered to the facility for Resident #493: Lamotringe 100 mg, Topiramate 50 mg and Alprazolam (generic medication for Xanax) 2 mg.		
	Review of facility's Progress Note for Resident #493, dated 01/02/2020 at 12:45 PM, revealed the resident received his/her Xanax 2 mg, for the first time since his/her admission on 01/01/2020 at 2:00 PM.		
	Review of the facility's Medication Administration Record (MAR) for Resident #493 revealed the Physician's Orders for Topamax, Lamotringe and Xanax had been transcribed onto the MAR on 01/02/2020 at 8:00 AM. However, record review revealed the Physician ordered all the medications on 01/01/2020.		
	Review of the Inventory Replenishment Report, printed date of 11/13/2019 at 3:57 PM, revealed no documented evidence the facility had Resident #493's ordered Topamax, Lamotringe and Xanax medications in their stock inventory available for use for the resident.		
	strengthening after a hospital stay. medications, Lamictal, Xanax and [¬] Resident #493, I asked the nurse a it was already 10:00 PM. After I ask about four (4) hours away. Continu- received my breathing therapy altho- exhale. Thankfully, the hospital had	1/06/2020 at 10:57 AM, revealed he/sh Per interview, the resident stated he/sh Topamax for about thirty-six (36) hours nd was told my medications would be ked several more times the nurse told n ed interview revealed the resident state ough having COPD. All I could do was I loaded me up with steroids. Resident trol it mentally, when in reality it was pl puld arrive.	he had not received his/her after admission. According to here within four (4) hours, but then ne the pharmacy was located ed, I felt extreme anxiety, had not to take deep breaths, inhale and #493 further stated, I had chest
	had been primarily concerned about	sistant (CNA) #3, on 01/10/2020 at 11: It all his/her medications, but mostly th ther interview revealed CNA #3 stated	e as needed (PRN) medication
	Interview with Licensed Practical Nurse (LPN) #2, on 01/10/2020 at 4:03 PM, revealed the facility had an issue with medication delivery. Per interview, in respect to medication delivery, she stated medications usually got to the facility; however, the issue was nobody oversaw the reordering/ordering of medications.		
	the medications. According to LPN	020 at 12:18 PM and again at 12:27 P #11, residents were not getting their m d staff then they sent the medications o	nedications on time (at the facility).
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	l tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0684 Level of Harm - Actual harm Residents Affected - Few	Interview with the Assistant Director of Nursing (ADON), on 01/11/2020 at 1:16 PM, revealed the faci trouble with nurses following up on Physician's Orders. She stated she knew the nurses struggled to medications, and acknowledged it had also been a struggle for her as well. Interview with the Director of Nursing (DON), on 01/11/2020 at 12:43 PM, revealed she had identified concerns on medication reordering and educated nurses on how to follow up on medications. Interview with the Administrator, on 01/10/2020 at 5:02 PM, revealed he was not a clinician; however nurse should have tried to get Resident #493's medication STAT (immediately). According to the Administrator, if the medication had been available in the Emergency Drug Kit, then the nurses shoul gotten it out of there. He stated not getting the medication timely made Resident #493 anxious and a result the facility failed to provide quality of care.		ew the nurses struggled to reorder II. revealed she had identified some up on medications. vas not a clinician; however, the ately). According to the g Kit, then the nurses should have

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	ion)
F 0692	Provide enough food/fluids to main	tain a resident's health.	
Level of Harm - Actual harm	21585		
Residents Affected - Few	with an identified weight loss were	and policy review it was determined the monitored for further weight loss and the wo (32) sampled residents (Resident #	nat supplements were provided as
	Review of the December 2019 Physician's Orders for Resident #107, revealed on 09/30/2019, the physician ordered the facility to weigh the resident two (2) times per week, every Monday and Thursday, related to Heart Failure. The resident also had an order for staff to provide eight (8) ounces of the supplement, Glucerna, two (2) times a day.		
	Review of the facility's electronic Weight Log, revealed Resident #107 weighed 116 pounds on 10/03/2019, and 102 pounds, on 10/24/2019. Further review revealed this was a 14 pound weight loss. Continued review of the log revealed staff did not weight the resident per the physician's order on seventeen days between October 14, 2019 and December 31, 2019. No weights were documented for January 2020.		
	the resident had a significant weigh six months. The dietitian recommer	ade on 12/05/2019, revealed Resident It loss of 11.8 percent in the last three Inded eight ounces of Glucerna two time Glucerna supplement was inconsister	months and 11.3 percent in the las es a day. Review of Medication
	The findings include:		
	multidisciplinary team would strive residents. The nursing staff would r (2) weeks thereafter. If no weight of Weights would be recorded in each Any weight changes of 5% or more confirmation. The threshold for sign following criteria. For a one month loss was severe. For a three month weigh loss was severe. During a siz 10% was severe. Assessment infor would be made regarding resident's	eight Assessment and Intervention, not to prevent, monitor, and intervene for un measure resident weights on admission oncerns were noted at this point, weigh a unit's Weight Record or notebook and since the last weight assessment wou ificant unplanned and undesired weigh time frame a 5% weight loss was signif a time frame a 7.5% weight loss was signif to time frame a 7.5% weight loss was signif to time frame a 7.5% weight loss was signified to the frame a 7.5% weight loss was signified to the frame a 7.5% weight loss was signified to the frame a 7.5% weight loss was signified to the frame a 7.5% weight loss was signified to the frame a 7.5% weight loss was	Indesirable weight loss for the n, the next day, and weekly for two hts would be measured monthly. If in the individual's medical record. Id be retaken the next day for ht loss would be based on the ficant and a greater than 5% weigh gnificant and a greater than 7.5% s was significant and greater than idisciplinary team and conclusions orie needs, and medical condition
	and readmitted the resident on 10/2 Failure, Acute Myocardial Infarction	record revealed the facility initially adm 21/2019, after a hospitalization . The re n (heart attack), Chronic Kidney Diseas	esident had a history of Heart
	(continued on next page)		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	
(X4) ID PREFIX TAG	plan to correct this deficiency, please com SUMMARY STATEMENT OF DEFIC	IENCIES	
F 0692 Level of Harm - Actual harm Residents Affected - Few	Review of the December 2019 Phy wrote orders for the facility to weigh related to Heart Failure. The reside supplement, Glucerna, two (2) time Review of the facility's electronic W and was 102 pounds, on 10/24/201 revealed staff did not weight the res 10/31/2019, 11/04/2019, 11/07/201 12/05/2019, 12/09/2019, 12/16/201 for January 2020. Review of the Nutrition/Dietary Note and the resident had a significant w last six months. The resident's diet Dietitian recommended eight ounce Record revealed the Glucerna supp Review of Resident #107's Nutrition 104.1 pounds. The Dietary Note sta days; a 10.3 percent weight loss in recommendations were made for e provide additional Kilocalories and care nor to the Treatment or Medic. Interview with Certified Medication agency staff and did not know Resi was to remind the Certified Nursing resident's weights because the nurs had orders for supplements they w administering supplements to the re administer supplements per the phy Interview, on 01/11/2020 at 10:38 A Resident #107 was diabetic, small staff, she could not remember muc attention the resident had a signific LPN #15 stated nothing was on the team discussed residents with iden #15 stated she also did not review	full regulatory or LSC identifying informati sician's Orders for Resident #107, reve in the resident two (2) times per week, e int also had an order for staff to provide is a day. reight Log, revealed Resident #107 we 9; which was a 14 pound weight loss. sident per the physician order on 10/14 9, 11/14/2019, 11/18/2019, 11/22/2019 9, 12/23/2019, 12/26/2019, or 12/30/20 e made on 12/05/2019, revealed Resid reight loss of 11.8 percent in the last th was a mechanical soft modified diabet as of Glucerna two times a day. Review olement was inconsistently documenter h/Dietary Note, made on 11/26/2019, re ated the resident had a significant weig the last three months; a 11.8 percent i ight ounces of Nepro (a supplement), e Protein. However, the supplement did ation Administration Record (MAR/TAF Technician (CMT) #1, on 01/10/2020 a dent #107 had experienced a weight lo y Assistants (CNA) to weigh residents. se documented the weights obtained. O ould be on the MAR/TAR. She stated s esident. CMT #1 stated if the staff did r ysician's order they could experience a AM and 1:03 PM, with Licensed Practic in stature and sat in a wheelchair. How h more about the resident. She stated ant weight loss or that the resident was MAR to alert her to this either. She stated ant weight loss in the morning meetir the plan of care, she just depended on not weigh the resident or provide suppl	ealed on 09/30/2019, the physician every Monday and Thursday, e eight (8) ounces of the gled 116 pounds on 10/03/2019, Continued review of the log /2019, 10/17/2019, 10/28/2019, 0, 11/25/2019, 12/02/2019, 019. No weights were documented ent #107 weighed 103.2 pounds ree months and 11.3 percent in the ic diet with thin liquids. The v of the Medication Administration d as given. evealed the resident's weight was ht change of 10.3 percent in thirty n the six months and every day between meals, to not get transferred to the plan of 8). t 12:20 PM, revealed she was uss. She stated her role as a CMT She stated she did not document CMT #1 also stated if the resident he could not remember not monitor residents' weights or decline. al Nurse (LPN) #15, revealed ever, due to her being agency the facility did not bring it to her is not being weighed as ordered. ated she believed the leadership ngs, which she did not attend. LPN the MAR to direct her in the care of

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AND PLAN OF CORRECTION		A. Building	COMPLETED
	185039	B. Wing	01/11/2020
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitat	ion	1705 Stevens Avenue	
		Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	ion)
F 0692		ng (DON), on 01/11/2020 at 12:55 PM,	
Level of Harm - Actual harm	yet fixed the system issues related	s as ordered. The DON stated she rec to monitoring residents with identified	weight loss. She stated the facility
Residents Affected - Few		hey identified non-compliance with phy had not identified Resident #107's weig	
	discussion in the morning meeting ordered. She stated if the facility di experience a decline.	nt or providing the supplements as	
	Interview with the Administrator, or and physician orders related to obt	n 01/11/2020 at 2:03 PM, revealed he e aining resident's weights.	expected staff to follow facility policy

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For information on the nursing home's	plan to correct this deficiency, please con		adency
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC		
F 0695		ratory care for a resident when needed	
Level of Harm - Minimal harm or potential for actual harm	**NOTE- TERMS IN BRACKETS H	AVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 35750
Residents Affected - Few	Based on observation, interview, record review and review of the facility's policy it was determined the facilit failed to provide respiratory services for one (1) of thirty-two (32) sampled residents (Resident #57). The facility failed to apply the Bilevel Positive Airway Pressure (BIPAP) machine on Resident #57, during day time nap times and at times during night sleep times, as ordered by the physician.		
	The findings include:		
	Review of the facility's policy Administering Medications, dated April 2019, revealed medications were administered in a safe and timely manner, and as prescribed and only by persons licensed or permitted by the state to prepare, administer and document the administration. The Director of Nursing services supervised and directed all personnel who administered medications and/or related functions. Medications were administered in accordance with prescriber orders, including the required time frame and for the optimal therapeutic effect of the medication which honored the resident's choices and preferences, consistent with his/her care plan. Further review revealed if a drug was withheld, refused, or given at a time other than the scheduled time, the individual initialed the Medication Administration Record (MAR) in the space provided for the drug.		
	Observation of Resident #57, on 01/07/2020 at 9:12 AM, revealed the resident had oxygen on via nasal cannula at three (3) Liters per minute (3L/min) and a BIPAP machine sat on top of the resident's closet.		
	Observation of Resident #57, on 01/07/2020 at 3:18 PM, revealed the resident rested in bed, eyes closed without the BIPAP machine on. The equipment was atop the bed and was not administered during the resident's naptime.		
	Review of Resident #57's clinical record revealed the facility readmitted the resident on 11/16/2019 with diagnoses including Acute and Chronic Respiratory Failure with Hypercapnia, Sleep Apnea, Hemiplegia and Hemiparesis following Cerebral Infarction, Chronic Obstructive Pulmonary Disease, Generalized Anxiety Disorder, Vascular Dementia without Behavioral Disturbance and Chronic Pain Syndrome.		
	Review of Resident #57's Significant Change Minimum Data Set, dated dated [DATE] and the Care Area Assessment Summary revealed the resident received oxygen therapy and BIPAP treatment.		
	the resident with a Brief Interview for the resident was interviewable. The with one (1) to two (2) staff for all a	nt #57's Quarterly Minimum Data Set, dated dated [DATE], revealed the facility assesse a Brief Interview for Mental Status (BIMS) score of fifteen out of fifteen (15/15) determini nterviewable. The resident's functional status was determined to be extensive assistance to (2) staff for all activities of daily living (ADL). The facility determined the resident had th with exertion, when sitting and at rest and received oxygen therapy.	
	the resident to have a BIPAP mach	on Administration Record (MAR) reveal ine on every evening at bedtime. The p the day, whenever, the resident was s	physician also ordered the same
	(continued on next page)		

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0695 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Review of Resident #57's MAR for the nurses had never applied the a the physician. The December 2019 Review of Resident #57's routine, the administered/applied the treatment Review of Resident #57's routine M bedtime BIPAP. Review of the Pro- the ordered therapy. The December received. Review of Resident #57's Progress evidence the resident received the Interview with Resident #57, on 01/ machine; however, the resident state equipment on during the day when Interview with Certified Medication resident used a BIPAP machine at was supposed to put the equipmen oxygenation. However, if the reside to his/her brain and could have a si have followed it. Interview with Licensed Practical N shift and she knew Resident #57 re an order and stated, The nurse sho equipment, PRN, as ordered. She si should have to gasp for air. LPN #2 complications. Interview with the Director of Nursin used a BIPAP and had occasionall equipment prior to putting it on and She further stated there were omis identify a trend.	September, October, November of 201 s needed (PRN) BIPAP during daytime 0 MAR for routine and PRN medications bedtime BIPAP, on the September MAR for October 2019 revealed the resi gress Notes revealed no documented e er 2019 MAR for routine and PRN medi s Notes from 10/15/2019 through 01/07 as needed BIPAP as ordered by the pl /07/2020 at 9:12 AM, revealed he/she witted nursing staff had not put it on durin he/she napped. Tech (CMT) #2, on 01/10/2020 at 11:3 night, ordered by physician. She stated at on because the resident needed the ent did not have the BI-PAP the resider troke. The CMT stated if the physician lurse (LPN) #2, on 01/10/2020 at 4:03 F eceived the BIPAP as needed/PRN, shi build follow the order. However, she ack stated the order was for the resident's F 2 stated the resident could die without t ng (DON), on 01/11/2020 at 12:40 PM, y refused it. The DON stated the reside she expected staff to document if they sions in the medical records that she h	 19, and January of 2020, revealed e sleep/nap hours, as ordered by s was requested but not received. R revealed nurses had not b) times in November of 2019. dent had no order for the routine, evidence nursing staff had applied cations was requested but not /2020 revealed no documented hysician during daytime/nap hours. was supposed to use a BIPAP g the night and they never put the 5 AM, revealed she knew the d the nurse that worked at night equipment to get proper at might not adequate oxygen flow ordered it, the nursing staff should PM, revealed she worked the first e stated she knew the resident had nowledged she had not applied the health, for breathing and nobody his equipment or have other revealed she knew Resident #57 ent wanted the nurse to clean the had not provided the treatment. ad identified and was looking to

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	ion)
F 0697 Level of Harm - Actual harm Residents Affected - Few	 Provide safe, appropriate pain management for a resident who requires such services. **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 34116 Based on observation, interview, record review, and review of the facility's policy, it was determined the facility failed to ensure effective pain management for two (2) of thirty-two (32) sampled residents (Residents #34 and #101). The facility failed to have an effective system to ensure pain medications were available when needed. A total of nine (9) missed doses of pain medication for the resident experiencing chronic pain. The findings include: 		
	Review of the facility's policy, Pain was for each resident to be assess The policy revealed the physician w to the policy, residents receiving ro Nurse during rounds and/or during effectiveness of the pain medication (MAR), or on the facility's specific F 1. Observation on 01/07/2019 at 10 bedside in no apparent distress. Int needed pain medication for his/her	nt as free from pain as possible. ening pain in a resident. According seed each shift by the Charge ason for administration, and cation Administration Record groomed and seated on the d Resident #34 stated he/she	
	Review of the clinical record for Re diagnoses which included Low Bac Compartment Syndrome of Unspec in a muscle builds up to a dangerou Review of the facility's Minimum Da assessed Resident #34 with a Brief	days because the facility let it run out. sident #34 revealed the facility admitte k Pain, Radiculopathy (disease of a ne cified Lower Extremity (a painful conditi us level). ata Set (MDS) Assessment, dated 11/0 f Interview for Mental Status (BIMS) to t severely cognitively impaired and the	erve root), and Nontraumatic ion occurring when pressure levels 13/2019, revealed the facility tal score of twelve (12) out of fifteer
	Review of Resident #34's History & Intractable Back Pain (severe, cons	Physical (H&P) dated 10/24/2019, rev stant, relentless and debilitating pain th sonance Imaging (MRI), performed pric	vealed a Chief Complaint of at is not curable). Further review o
	Review of the facility's Physician's Orders revealed an order dated 11/06/2018, for Percocet 10-325 mg (Oxycodone-Acetaminophen) give one (1) tablet by mouth (PO) every four (4) hours related to the diagnosis of Nontraumatic Compartment Syndrome of Unspecified Lower Extremity.		
	(continued on next page)		

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F 0697 Level of Harm - Actual harm Residents Affected - Few	 resident's Percocet 10-325 mg was PM; 12/15/2019 at 12:00 AM, 4:00 AM. A total of nine (9) missed dose review of the MAR revealed no doc 12/14/2019 at 4:00 PM until 12/16/2 Review of the facility's Progress Not medication was not available to adricontinue to monitor the resident. Rehours after the medication was doc had notified the Physician to get a progress Note, dated 12/16/2019 at been available for administration), r to Resident #34 from the facility's E revealed no documented evidence non-pharmacological interventions, the thirty-six (36) hours his/her press Note, dated Practical N problems getting medications from narcotic pain medication ever since issues with delivery of stat medicati sometimes a resident could miss tw to LPN #2, Oxycodone was not available for administration prosing is needication from the EDK as n physician. The nurse did not contact pharmacy. According to LPN #11, n cold/warm compress, offering fluids have assessed Resident #34's pair interview, she probably should have resident was out of medication. How Further interview revealed a resider administered accordingly. Interview with LPN #10, on 01/09/2 medication in the facility's electronic controlled medications. She further 	sident #34 dated December 2019, rever- administered on the following dates: 1 AM, 8:00 AM, 12:00 PM, 4:00 PM, and is of pain medication for the resident ex- sumented evidence staff had assessed 2019 at 4:00 AM, a period of thirty-six (ate dated 12/14/2019 at 4:49 PM, revea- minister. The Note stated the nurse had eview of the Progress Note dated 12/11 umented to have been unavailable for prescription for Resident #34's Percoco it 3:39 AM{approximately thirty-six (36) revealed the nurse had obtained a one imergency Drug Kit (EDK) box. Further staff had assessed Resident #34's pai or had notified the Physician in order f scribed Percocet had been unavailable urse (LPN) #2 on 01/08/2020 at 10:02 the pharmacy and stated there were lo the facility switched pharmacies. She ion orders. LPN #2 stated the pharmace vo (2) doses before the medication was ailable in the emergency drug kit (EDK) 020 at 11:52 AM, revealed the facility f manged in September 2019. LPN #11 si on was not available and request a one eeded; however, she did not know why to the physician to pull from the EDK ur non-pharmacological pain interventions is or diversional activities. Continued int n level, and implemented some non-ph- e notified the Physician for a one-time of wever, she was sometimes swamped an nt could have been in a lot of pain if the 020 at 11:07 AM, revealed nurses wer c MAR (eMAR) and for notifying the ph stated the nurse was responsible for com- in medication	2/14/2019 at 4:00 PM and 8:00 8:00 PM; and 12/16/2019 at 12:0 speriencing chronic pain. Further the resident's pain level from 36) hours. Ided Resident #34's Percocet pain d notified the Pharmacy and would 5/2019 at 4:02 PM,{twenty-four (24 administration}, revealed the nurs et pain medication. Review of hours after the medication had no time order to administer Percocet review of the Progress Notes in level, implemented any o manage the resident's pain for AM, revealed the facility had ts of issues getting residents' further revealed there were also y was located out of town and a delivered to the facility. Accordin and issues with timely delivery of tated the nurse was responsible for e-time order to pull the controlled y she did not notify Resident #34's titl the medication arrived from the would include applying a erview revealed LPN #11 should armacological intervention(s). Per order for pain medication as the and did not document everything. eir pain medication was not

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For information on the nursing home's	plan to correct this deficiency, please cont		agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC		
F 0697 Level of Harm - Actual harm Residents Affected - Few	Interview with LPN #12 on 01/10/20 orders from the Pharmacy. Accordi prescription was needed for refills. EDK and/or notifying the Physician with LPN #12 revealed non-pharma include deep breathing, repositionir interventions should be documente upset about not having pain medica 2. Observation, on 01/10/2020 at 10 observation revealed the resident s available. Review of the clinical record reveal include Congestive Heart Failure (C Osteoarthritis. Review of the Quarterly Minimum D	020 at 2:47 PM, revealed the facility ha ng to LPN #12, the pharmacy did not n The LPN stated nurses were responsit for a prescription if a medication was r acological interventions to use for resid ng, and positive visualization. She furth d in the Progress Notes. According to	d problems receiving medication totify the facility whenever a new oble for pulling medications from the not available. Continued interview ents' pain management could ter stated pain assessments and LPN #12, Resident #34's was very ed at the bedside. Interview during n for days because it was not on 03/25/2017 with diagnoses to Disease (COPD), and Primary d the facility assessed the resider
	10-325 mg give one (1) tablet by m Review of the MAR, dated October Oxycodone-APAP on 10/02/2019, 7	2019, revealed a total of fourteen (14) 10/04/2019, 10/07/2019, 10/09/2019, 1	missed doses of 0/11/2019, and 10/13/2019.
	11/20/2019, 11/21/2019, and 11/26 Interview with Licensed Practical N issues getting medication delivered prescription and Resident #101 wor responsible for notifying the physici needed. The nurse stated pain cou	er 2019, revealed a total of six (6) miss /2019. urse (LPN) #4, on 01/09/2020 at 10:38 from the pharmacy. She stated somet uld run out of pain medication. Accordi an and pulling the narcotic from the Er Id affect a resident's activities of daily I 020 at 11:52 AM, revealed there were	AM, revealed the facility had imes the pharmacy needed a new ng to LPN #4, nurses were nergency Drug Kit (EDK) as iving (ADL).
	medications and stated she reporter representative. Interview with LPN #12, on 01/10/2 medications. She stated staff were find out why the medication was no	she reported the issues to the former Administrator and the pharmacy on 01/10/2020 at 2:47 PM, revealed the facility had problems with delivery of staff were not aware the pharmacy needed a new prescription until they called to tion was not delivered. on 01/11/2020 at 10:34 AM, revealed nurses were responsible for notifying the	
	physician to request a one-time ord	ler to remove a narcotic from the EDK ant to manage pain because pain could	if a pain medication was not

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For information on the nursing home's	plan to correct this deficiency, please con	l tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	ion)
F 0697 Level of Harm - Actual harm	Interview with the Regional Director of Customer Success for the pharmacy used by the facility, on 01/11/2020 at 12:52 PM, revealed he was not aware of any recent issues related to orders or delivery of medications.		
Residents Affected - Few	Interview, on 01/11/2020 at 12:29 PM with the Director of Nursing (DON) revealed she had recently assumed the role as DON and had identified omissions in the medical records and was evaluating to identify a trend to put a corrective action plan in place. Interview, on 01/10/2020 at 4:55 PM, with the Administrator revealed he expected medications to be administered as ordered and the facility was still in the process of finding out if there was a trend at a certain time of day related to medication administration and availability issues.		
	Interview with the Medical Director, on 01/11/2020 on 2:42 PM, revealed he was working with the pharmacy to resolve an issue with faxed prescriptions. The Medical Director stated he was not aware of any persistent issues with delivery of medications.		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	IENCIES full regulatory or LSC identifying informati	on)
F 0700 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Try different approaches before usi resident for safety risk; (2) review th consent; and (4) Correctly install ar **NOTE- TERMS IN BRACKETS H Based on observation, interview, re to ensure the correct use and main residents (Resident #91). Resident on the floor. The findings include: Review of the facility's policy regards sleeping environment would be ass medical conditions, comfort, and for regarding previous sleeping habits deaths/injuries from the beds and r footboard, and bed accessories), th were properly installed using the m proper fit (e.g., avoid bowing, ensu side rails for any reason, the staff s Review of the facility's policy titled, facility strived to make the environr policy revealed employees shall be how to identify and report accident Observation, on 01/06/2020 at 11:2 attached to the bed and the right ra #91 attempted to move his/her legs Review of the clinical record reveal included Atrial Fibrillation, Dementi Review of the Annual Minimum Dar with a Brief Interview for Mental Sta impaired. Further review of the MD Review of the Side Rail Assessment	ng a bed rail. If a bed rail is needed, these risks and benefits with the resider and maintain the bed rail. IAVE BEEN EDITED TO PROTECT Concord review, and facility policy review is tenance of resident side rails for one (1 #91's bed rail was not securely attached ding, Bed Safety, revised December 20 sessed by the interdisciplinary team, co- bedom of movement, as well as input fi and bed environment. The policy furthe elated equipment (including the frame, ne facility would promote approaches ir anufacturer's instructions and other per re proper distance from the headboard hould take measures to reduce related Safety and Supervision of Residents, in nent as free from accident hazards as it trained on potential accident hazards hazards, and try to prevent avoidable a 22 AM, revealed Resident #91 lying in fi il was partially resting on the floor. Fur	he facility must (1) assess a ht/representative; (3) get informed ONFIDENTIALITY** 34116 t was determined the facility failed 1) of thirty-two (32) sampled ed to the bed and partially rested 007, revealed the resident's insidering the resident's safety, rom the resident and family er revealed to try to prevent mattress, side rails, headboard, holuding ensuring that bed side rail rtinent safety guidance to ensure and footboard, etc.). When using I risks. revised July 2017, revealed the possible. Further review of the and demonstrate competency on accidents. bed. Two (2) half side rails were ther observation revealed Residen n 03/18/2019 with diagnoses which Type 2 Diabetes Mellitus. the facility assessed Resident #91 d the resident was cognitively sive assistance for transfers. dent would not utilize side rails.

		1	1
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. Building	(X3) DATE SURVEY COMPLETED
	185039	B. Wing	01/11/2020
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE
Highlands Nursing and Rehabilitat	ion	1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0700 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	rail seemed to be broken and looke when she transferred the resident	lurse (LPN) #4, on 01/06/2020 at 11:28 ed like a screw was missing. LPN #4 st back to bed; however, she had not repo fteen (15) minutes earlier. LPN #4 state tially fall out of bed and get hurt.	ated she noticed the broken rail orted the issue to maintenance
	Further observation, on 01/06/2020 Resident #91's room.) at 11:33 AM, revealed LPN #4 walked	the Maintenance Director to
	Interview with Certified Nursing Assistant (CNA) #2, on 01/06/2020 at 11:36 AM, revealed she noticed the broken side rail about 10:00 AM (an hour and 36 minutes earlier) when she, LPN #4, and a therapy aide transferred the resident back to bed; however, she did not notify maintenance or submit a work order. According to CNA #2, the broken side rail was a safety issue and could cause an accident		
		020 at 9:08 AM, revealed she had notic reported the issue to the nurse and sul d trip hazard.	
		s, for the period 10/01/2019 through 01/ lent #91's loose bed rail and had not be	
	submitting electronic work orders; program. The Maintenance Directo	ector, on 01/10/2020 at 9:34 AM, revea however, housekeeping staff did not ha or stated staff notified him of the broken build be repaired immediately to ensure	ive access to the work order rail during the survey. Further

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	IENCIES full regulatory or LSC identifying informati	on)
F 0730 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Many	 ensure the Certified Nurse Aides (Continuing education for seven (7)) Personnel record review revealed t #16, #17, #18, #19, #20, and #21. I #20, and #21 had documented evid present in the employee's personned. The findings include: Review of the facility's policy, In-Set Nurse Aide personnel should partice personnel were required to attend r in-service training would be based weaknesses identified in the review competence of the Nurse Aides. Th per employment year of annual in-service training classes attended the department supervisor. The Surveyor (State Survey Agence #16, #17, #18, #19, #20, and #21 review of CNA #15's personnel zero (0) hours of CE documented for 2. Review of CNA #15's personnel annual in-service for the fact of for a for the fact of the fact of the fact of for the fact of the fact of	ord review, and facility policy review, it of CNA) received and completed the requi- pof seven (7) sampled CNA personnel fin he facility failed to ensure completion of n addition, the facility failed to ensure of lence of continuing education (CE) bas	 ared annual twelve (12) hours of les reviewed. af annual evaluations for CNAs #15, CNAs #15, #16, #17, #18, #19, sed on their annual evaluations avised October 2017, revealed all training classes. Per the policy, all classes. Continued review revealed once reviews, addressing ces were to ensure the continuing ve no less than twelve (12) hours which addressed the care of revention. Further review revealed red on the respective employee's signated by the supervisor. The el file or were to be maintained by berformance reviews for CNAs #15, e past year. However, the facility tal evaluations, as per policy and B/2015. Continued review revealed h 06/03/2019. b/2010. Continued review revealed h 06/03/2019. b/2014. Continued review revealed rough 01/10/2020. b/2018. Continued review revealed

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's p	plan to correct this deficiency, please cont	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	IENCIES full regulatory or LSC identifying informati	on)
F 0730 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Many	 only one (1) hour of CE documente 6. Review of CNA #20's personnel zero (0) hours of CE documented for 7. Review of CNA #21's personnel zero (0) hours of CE documented for Interview with the Staff Development newly hired as of 01/07/2020. She struesday, 01/07/2020 and Wednesor Director of Nursing (ADON). Review of the Assistant Director of essential responsibilities included p addition, participate in performance community. Interview with the ADON, on 01/11/ orientation of newly hired staff durin Development Coordinator (SDC). Seducation information for staff or for Interview with the Director of Nursing CNAs' CE hours were incomplete for evaluations since her arrival in the I development, she stated she did not Interview with the Human Resource completed annual evaluations for a Interview with the Administrator, on Administrator days ago. He stated to CNAs in the facility. However, the for weeks prior to the survey. Per interraccess to an online education programually entered CNA hours prese current process for the CE for staff facility was unable to locate the orgon revealed none of the seven (7) CNA The Administrator further stated he the HR Director was responsible for 	ng (DON), on 01/10/2020 at 2:45 PM, r for the previous year. She stated she we eted. Per interview, she stated she had last month or so. Although she was ult ot have any audits on personnel files in es (HR) Director, on 01/10/2020 at 3:44 ny of the staff. 01/10/2020 at 3:34 PM, revealed he r the former Clinical Educator/SDC had ormer Clinical Educator/SDC had ormer Clinical Educator/SDC had resig view, the new SDC had started on 01// ram; however, it was not utilized. Cont ent in the personnel records were inacc was not effective for the monitoring of going CE hours for the seven (7) CNAs As reviewed had completed their requi was not sure, if any of the evaluations r ensuring the evaluations were filed in ecent Quality Assurance meeting minu-	12/30/2019. //2015. Continued review revealed /24/2019. //2016. Continued review revealed /10/2019. It 12:42 PM, revealed she had beer eneral orientation program on er orientation with the Assistant ion, dated August, 2019, revealed training education training. In ce the personnel policies of the only started being involved in the esignation of the prior Staff ded her any of the continuing evealed she was not aware the as not aware of any annual d not been involved in any of the imately responsible for staff or progress. 5 PM, revealed the facility had not ecently assumed the role of provided or tracked the CE's for the inued interview revealed the surate. The Administrator stated the the CE program. He stated the s reviewed. Further interview red annual twelve (12) hours of CE had been completed. However, the personnel files. He stated he

(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		P CODE
plan to correct this deficiency, please con	 tact the nursing home or the state survey :	agency.
		on)
Ensure that residents are free from significant medication errors.		
41851		
Based on observation, interview, record review, and the facility's policy review, it was determined the facility failed to ensure nursing administered medications according to physician's orders for one (1) of thirty-two (32) sampled residents (Resident #110). Licensed Practical Nurse (LPN) #2 failed to obtain orders for Intravenous (IV) Heparin flush per a Peripherally Inserted Central Catheter (PICC) line. Observation of LPN #2, on 01/10/2020, revealed the LPN was unable to flush Resident #110 PICC line with Normal Saline Intravenously (IV). Instead, LPN #2 flushed Resident #110 PICC line with 2.5 cubic centimeter (cc) of Heparin 100 units/milliliters (mI) without a physician's order.		
The findings include:		
Review of the facility's policy, Administering Medications, revised April 2019, stated medications a administered in accordance with prescriber orders, including any time frame. The individual admin medication, checks the label three (3) times to verify the right resident, right medication, right dos time and right method (route) of administration before giving the medication. The Director of Nurs Services supervises and directs all personnel who administer medications and/or have related further success and directs.		
diagnoses of Partial Traumatic Am Tissue, Type 2 Diabetes Mellitus w ordered Normal Saline flush ten (10	outation of Left Great Toe, Local Infecti ith other diabetic neurological complica 0) milliliters (ml) every eight (8) hours a	on of the Skin and Subcutaneous tion. In addition, the physician nd flush with ten (10) ml of Norma
medication pass, revealed she was (PICC) line with Normal Saline befor the resident's PICC line with two po #2 stated he/she did not check to v should have checked the orders be the physician for an order before gi	a unable to flush Resident #110's peript ore giving the intravenous (IV) antibiotic bint five (2.5) ml of Heparin 100 units/m erify if Resident #110 had orders for He fore administering the Heparin flush. S ving the medication. In addition, she sh	nerally inserted central catheter be. She then was observed to flush I without a physician's order. LPN eparin flush via PICC line and he stated she should have called would have checked the resident's
Interview with Assistant Director of Nursing (ADON), on 01/10/2020 at 2:57 PM, revealed nursing staff should always obtain an order for a medication before administrating the medication to a resident.		
(continued on next page)		
	IDENTIFICATION NUMBER: 185039 IR on plan to correct this deficiency, please con SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by Ensure that residents are free from 41851 Based on observation, interview, refailed to ensure nursing administer (32) sampled residents (Resident # Intravenous (IV) Heparin flush per a #2, on 01/10/2020, revealed the LP Intravenous (IV). Instead, LPN #2 Heparin 100 units/milliliters (ml) wit The findings include: Review of the facility's policy, Admin administered in accordance with primedication, checks the label three time and right method (route) of ad Services supervises and directs all Review of Resident #110's clinical diagnoses of Partial Traumatic Amp Tissue, Type 2 Diabetes Mellitus with ordered Normal Saline flush ten (10 Saline after administration of intrav Observation and interview with Lice medication pass, revealed she wass (PICC) line with Normal Saline befor the resident's PICC line with two pof #2 stated he/she did not check to v should have checked the orders befor the physician for an order before gi allergies, because he/she could ha Interview with Assistant Director of should always obtain an order for a	IDENTIFICATION NUMBER: 185039 A. Building B. Wing 185039 STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205 on STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205 plan to correct this deficiency, please contact the nursing home or the state survey at SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information Ensure that residents are free from significant medication errors. 41851 Based on observation, interview, record review, and the facility's policy rev failed to ensure nursing administered medications according to physician's (32) sampled residents (Resident #110). Licensed Practical Nurse (LPN) # Intravenous (IV) Heparin flush per a Peripherally Inserted Central Cathete #2, on 01/10/2020, revealed the LPN was unable to flush Resident #110 PIC Intravenously (IV). Instead, LPN #2 flushed Resident #110 PICC line with Heparin 100 units/milliliters (mI) without a physician's order. The findings include: Review of the facility's policy, Administering Medications, revised April 20' administered in accordance with prescriber orders, including any time fram medication, checks the label three (3) times to verify the right resident, right ime and right method (route) of administration before giving the medication Services supervises and directs all personnel who administer medications review of Resident #110's clinical record revealed the facility admitted the diagnoses of Partial Traumatic Amputation of Left Great Toe, Local Infecti Tissue, Type 2 Diabetes Mellitus with other diabetic neurological complica ordered Normal Saline flush ten (10) milliliters (mI) every eight (8) hours a Saline after administration of intravenous medication. Further

Printed: 03/14/2025 Form Approved OMB No. 0938-0391

185039 B. Wing 01112220 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE Highlands Nursing and Rehabilitation 1705 Stevens Avenue Louisville, KY 40205 1705 Stevens Avenue For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. (X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) Interview with Director of Nursing (DON), on 01/10/2020 at 3:30 PM, revealed she recently assumed the role of DON and had only begun to audit nursing services provided. She stated she completed real time education with nursing staff when she identified learning opportunities. However, she had not audited medication administered to a resident. The DON stated administration. In addition, the contracted Pharmacy Services did not audit medication pass either. She stated the nursing staff should obtain an order for any medication medication. The DON stated administrator, on 01/10/2020 at 3:38 PM, revealed his expectation was for nursing staff to obtain an order for a medication administered to a resident. The DON stated administrator, on 01/10/2020 at 3:38 PM, revealed his expectation was for nursing staff to obtain an order for a medication of resident could experience an adverse effect such as an allergic reaction or overdose by giving too much medication.	STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. Building	(X3) DATE SURVEY COMPLETED 01/11/2020
Highlands Nursing and Rehabilitation 1705 Stevens Avenue Louisville, KY 40205 For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. (X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) F 0760 Interview with Director of Nursing (DON), on 01/10/2020 at 3:30 PM, revealed she recently assumed the role of DON and had only begun to audit nursing services provided. She stated she completed real time education with nursing staff when she identified learning opportunities. However, she had not audited medication administration. In addition, the contracted Pharmacy Services did not audit medication pass either. She stated the nursing staff should obtain an order for any medication administered to a resident. The DON stated administrating Heparin IV without and order could cause bleeding to the resident. Interview with Administrator, on 01/10/2020 at 3:58 PM, revealed his expectation was for nursing staff to obtain an order for a medication before the nurses gave the medication. He stated the resident could		185039	B. Wing	01/11/2020
Institution reasoning and restriction additional data in the nursing home of the state survey agency. Louisville, KY 40205 For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) F 0760 Interview with Director of Nursing (DON), on 01/10/2020 at 3:30 PM, revealed she recently assumed the role of DON and had only begun to audit nursing services provided. She stated she completed real time education with nursing staff when she identified learning opportunities. However, she had not audited medication administration. In addition, the contracted Pharmacy Services did not audit medication pass either. She stated the nursing staff should obtain an order for any medication administered to a resident. The DON stated administration, on 01/10/2020 at 3:58 PM, revealed his expectation was for nursing staff to obtain an order for a medication before the nurses gave the medication. He stated the resident could	NAME OF PROVIDER OR SUPPLIE	R	STREET ADDRESS, CITY, STATE, ZI	P CODE
(X4) ID PREFIX TAGSUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)F 0760Interview with Director of Nursing (DON), on 01/10/2020 at 3:30 PM, revealed she recently assumed the role of DON and had only begun to audit nursing services provided. She stated she completed real time education with nursing staff when she identified learning opportunities. However, she had not audited medication administration. In addition, the contracted Pharmacy Services did not audit medication pass either. She stated the nursing staff should obtain an order for any medication administered to a resident. The DON stated administrating Heparin IV without and order could cause bleeding to the resident.Interview with Administrator, on 01/10/2020 at 3:58 PM, revealed his expectation was for nursing staff to obtain an order for a medication before the nurses gave the medication. He stated the resident could	Highlands Nursing and Rehabilitatio	on		
(Each deficiency must be preceded by full regulatory or LSC identifying information) F 0760 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few Interview with Administration, in addition, the contracted Pharmacy Services did not audit medication pass either. She stated the nursing staff should obtain an order for any medication administrating Heparin IV without and order could cause bleeding to the resident. Interview with Administrator, on 01/10/2020 at 3:58 PM, revealed his expectation was for nursing staff to obtain an order for a medication before the nurses gave the medication. He stated the resident could	For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			agency.
Level of Harm - Minimal harm or potential for actual harmof DON and had only begun to audit nursing services provided. She stated she completed real time education with nursing staff when she identified learning opportunities. However, she had not audited medication administration. In addition, the contracted Pharmacy Services did not audit medication pass either. She stated the nursing staff should obtain an order for any medication administered to a resident. The DON stated administrating Heparin IV without and order could cause bleeding to the resident.Interview with Administrator, on 01/10/2020 at 3:58 PM, revealed his expectation was for nursing staff to obtain an order for a medication before the nurses gave the medication. He stated the resident could	(X4) ID PREFIX TAG			on)
	Level of Harm - Minimal harm or potential for actual harm	Interview with Director of Nursing (I of DON and had only begun to audi education with nursing staff when s medication administration. In additid either. She stated the nursing staff DON stated administrating Heparin Interview with Administrator, on 01/ obtain an order for a medication be	DON), on 01/10/2020 at 3:30 PM, reveat t nursing services provided. She stated he identified learning opportunities. Ho on, the contracted Pharmacy Services should obtain an order for any medicat IV without and order could cause blee 10/2020 at 3:58 PM, revealed his expe fore the nurses gave the medication. H	aled she recently assumed the role d she completed real time wever, she had not audited did not audit medication pass ion administered to a resident. The ding to the resident. ctation was for nursing staff to le stated the resident could

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NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZI 1705 Stevens Avenue Louisville, KY 40205	P CODE
For information on the nursing home's	plan to correct this deficiency, please cont	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	HENCIES	on)
F 0761 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	 professional principles; and all drug locked, compartments for controlled 34116 Based on observation, interview, arr medications were stored securely in medication carts. Observations reverted the findings include: Review of the facility's policy Secure the medication cart during medicati at all times when out of the nurse's used, it must be locked and parked Review of the facility's policy Admir medications, the medication cart waaide. The policy stated no medication cart waaide. The policy stated no medication cart was aide. The policy stated no medication cart was aide. The policy stated no medication beservation, on 01/09/2020 at 10:2 observation revealed the lab and muccensed Practical Nurse (LPN) #13 to prevent resident access because stated she may not have pushed the Observation of the medication cart were unlocked and unattended by so Observation, on 01/06/2020 at 3:27 nurse's station on 1B with his back the unlocked medication cart without Observation, on 01/10/2020 at 3:28 nurse's station was unlocked and u 3:31 PM, revealed Certified Medication Coservation, on 01/10/2020 at 3:34 cart (Rooms 223 - 230). Further observation, on 01/10/2020 at 3:34 	and facility policy review it was determine one (1) of four (4) medication rooms, ealed medication carts and medication ity of Medication Cart, revised April 20 on pass to prevent unauthorized entry view. The policy further revealed wher at the nurses' station or inside the medication instering Medications, revised April 201 as kept closed and locked when out of ons should be kept on the top of the car 22 AM, revealed the 2B Unit medication redication refrigerators inside the medication a during observation revealed the medication a during observation revealed the medication e door all the way shut when she care on 1B Unit, on 01/06/2020 at 1:06 PM staff. 7 PM, revealed Licensed Practical Nurs to his unlocked medication cart. In adout ut observation or intervention. 8 PM, revealed a medication cart (Roor nattended. Further observation of the fution Technician (CMT) #2 returned and PM, revealed CMT #2 was logging in servation revealed CMT #2 was logging in	ed the facility failed to ensure 2B Unit and two (2) of eight (8) rooms unlocked and unattended. 07, revealed the nurse must secure and carts must be securely locked the medication cart was not being dication room. 9, revealed during administration o sight of the medication nurse or art. no room door was open. Further were unlocked. Interview with ication room should remain locked lication and get sick. LPN #13 e out of the room. revealed both medication carts se (LPN) #1 was seated at the lition, the Administrator walked pas ms 235 - 249) located in front of the medication cart, on 01/10/2020 at d locked the cart. new medications on the medicatior ay from the cart to the 2B nurse's

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 1705 Stevens Avenue	
		Louisville, KY 40205	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	tact the nursing home or the state survey IENCIES full regulatory or LSC identifying informati	
F 0761 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Interview with CMT #2, on 01/11/20 controlled medications should be d resident or someone passing by the medication and get sick or overdos Interview with Licensed Practical N should be stored inside a locked m LPN #15 stated it was important to a resident or staff could take the m a resident could potentially ingest t Interview with the Administrator, on (6) days. He stated he was not awa the issues during this survey proce	D20 at 11:12 AM, revealed medication souble-locked, to prevent them from get e cart could take the medication and a e. urse (LPN) #15, on 01/11/2020 at 10:3 edication cart/room and controlled medication to mainte edication if it was left unattended on to he medication and have an allergic real 101/11/20 at 2:03 PM, revealed he can are of the medications issues. He state ss. However, he became aware of the ated he did have expectation the staff f	should always be locked up, and ting stolen. CMT #2 stated a resident could ingest the 4 AM, revealed all medications lication should be double locked. ain accountability. The nurse stated p of the cart. According to LPN #15, ction or overdose. ne to his current role in the last six d he had become aware of some of medication issues on Tuesday of

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZIP CODE	
Highlands Nursing and Rehabilitation		1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0812 Level of Harm - Minimal harm or	Procure food from sources approved or considered satisfactory and store, prepare, distribute and serve food in accordance with professional standards.		
potential for actual harm	**NOTE- TERMS IN BRACKETS H	AVE BEEN EDITED TO PROTECT C	ONFIDENTIALITY** 34116
Residents Affected - Many	Based on observation, interview, record review, and facility policy review, it was determined the facility failed to ensure food was stored, prepared, served and distributed under sanitary conditions. Observations revealed food stored open to air and undated, the dish machine failed to meet the required temperature for sanitization and the facility failed to calibrate the thermometer used to ensure safe food temperatures. In addition, the facility failed to cover food items on meal trays served to resident rooms on four (4) of four (4) nursing units, 1B, 1C, 2B, and 2C.		
	The findings include:		
	1. Review of the facility's policy, Labeling and Dating, dated October 2018, revealed all packaged foods removed from original packing (original case) would be dated with the date received and the date opened if opened (i.e. bags of frozen vegetables removed from the original case).		
	Review of the facility's job description for the Dietary Cook, dated August 2019, revealed the [NAME] was responsible for labeling/dating foods, rotating foods properly, and checking foods for proper storage.		
	Observation of the walk-in freezer, on 01/06/2020 at 10:10 AM, revealed two (2) boxes of frozen ground bere patties and one (1) box of crinkle cut carrots stored in open plastic bags. Further observation revealed the bags of beef patties and carrots were open to air, and had not been labeled with an opened date as per facility policy. Interview, with the Dietary Manager during the observation, revealed the [NAME] was responsible for ensuring opened packages were properly closed and labeled with the opened date. He state it was important to date and store food in properly closed packages to ensure the quality of the food. The Manager further stated he conducted daily walk through audits to ensure food stored in the freezer was labeled and dated.		
	2. Review of the facility's policy, Calibrating Food Thermometers, dated March 2019, revealed the purpose of the policy was to ensure thermometers, used for obtaining food temperatures, were in accurate working order. The policy revealed probe thermometers were to be calibrated weekly or as needed. Further review revealed the information obtained was to be recorded on the Weekly Food Temperature Log.		
	Observation of the facility's food service, on 01/07/2020 at 11:35 AM, revealed the Dietary Manager failed to calibrate the thermometer prior to obtaining temperatures of the food on the steam table. Interview, during the observation, revealed thermometers were calibrated quarterly and as needed.		
	Interview with the Cook, on 01/09/2020 at 3:13 PM, revealed thermometers were calibrated once a week; however, the calibration was not documented. The [NAME] stated it was important to calibrate thermometers to ensure food reached appropriate temperatures to prevent potential food borne illness.		
	The Surveyor (State Survey Agency) requested the log of weekly thermometer calibrations; however, the facility did not provide documented evidence of a log containing the weekly thermometer calibrations.		
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE	
		1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0812 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Many	3. Review of the facility's policy, Dish Machine Monitoring, dated October 2018, revealed the temp the dish machine's wash/rinse cycles and/or parts per million (PPM) of chemical sanitizing was to monitored throughout the day. The policy revealed Dietary staff were to be provided a log to recor temperature and sanitizer readings of the mechanical dish machine. Further review revealed the temperatures and sanitizer levers would meet the manufacturer's recommendations, as indicated facility's dish machine.		
	Review of the Auto-Chlor System D2 Watersaver Dishmachine specifications revealed a one hundred twen (120) degree Fahrenheit (F) Minimum Water Temperature.		
	Observation of the facility's dish machine, on 01/08/2020 at 10:43 AM, with the Dietary Aide, revealed no temperature registered on the thermometer gauge. Interview with the Dietary Aide, during the observation revealed he was responsible for checking the temperature. Further interview revealed he stated the temperature was one hundred eighty (180) degrees F when he checked the temperature earlier.		
	Review of the Dish Machine - PPM Sanitizer Record Log, dated 01/08/2020, revealed staff logged the morning water temperature as one hundred twenty-eight (128) degrees F.		
	Further observation of the facility's dish machine, on 01/08/2020 at 10:48 AM, with the Dietary Manager revealed the water temperature was only ninety-two (92) degrees F using a handheld thermometer. Interview with the Dietary Manager, during the observation, revealed the dish machine temperature was to reach one hundred twenty (120) degrees F for sanitizing dishes.		
	Further interview with the Dietary Aide, on 01/09/2020 at 3:23 PM, revealed the temperature of the dish machine should reach one hundred twenty (120) degrees F. He stated he was responsible for notifying the Supervisor of any issues with the dish machine temperature. According to the Aide, it was important to ensure the machine reached the correct temperature to remove bacteria from the dishes because residents could get sick otherwise.		
	Interview with the Cook, on 01/09/2020 at 3:13 PM, revealed the Dietary Aides were responsible for monitoring the temperature of the dish machine and for reporting any issues to the Supervisor as needed.		
	Additional interview with the Dietary Manager, on 01/09/2020 at 3:33 PM, revealed the dish machine temperature was to be at one hundred twenty-five (125) degrees F to prevent bacterial growth and potential foodborne illness. The Manager stated he monitored the temperature logs daily and had not identified any issues.		
	Interview with the Administrator, on 01/11/2020 at 1:53 PM, revealed it was essential for the Dietary Staff to ensure the dish temperature was correct for sanitation to prevent food borne illness in the elderly population. He stated that storage and labeling prevented the potential contamination of food and prevention of foodborne illnesses. He stated his expectation was for the Dietary Staff to follow the policies and maintain the temperatures. The Administrator stated he was not aware if any of the food concerns were reviewed in Quality Assurance (QA) prior to his arrival.		
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIE		STREET ADDRESS CITY STATE 7	
Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0812 Level of Harm - Minimal harm or potential for actual harm	4. Review of the facility's policy Food Production, dated March 2019, revealed prepared food would be transported to other areas either covered or in covered containers/enclosed carts. The policy further revealed any utensils or dishware transported to other areas would either be covered or placed in covered containers/enclosed carts.		
Residents Affected - Many	Observation of the 2B Unit dining, on 01/06/2020 at 12:45 PM, revealed a dining cart located in the corridor outside room [ROOM NUMBER]. Further observation of the cart revealed the slices of cake served on the lunch trays were not covered and were exposed to air. Certified Nursing Assistant (CNA) #1 removed a tray from the cart, walked down the hall with the uncovered cake, and served it to the resident in room [ROOM NUMBER]-1. The CNA returned to the cart, removed a tray, left the door to the cart open, and walked the tray down the hall to room [ROOM NUMBER]-2. CNA #1 continued to carry the lunch trays down the hall ar served the uncovered cake to Rooms 228-2 and 223-2.		
	Further observation of 2B dining revealed CNA #2 removed a tray from the cart and walked to room [ROOM NUMBER]-2 with the cake uncovered.		
	Interview with CNA #13, on 01/10/2020 at 10:06 AM, revealed staff should push the dining cart down the hal as they served the meal trays. The CNA further revealed it was not acceptable to carry uncovered food down the hall and stated food should be covered at all times to prevent contamination.		
	Interview with CNA #11, on 01/10/2020 at 10:16 AM, revealed staff should not walk down the hall with uncovered food because dust or something else could get in the food.		
	Interview with Licensed Practical Nurse (LPN) #11, on 01/10/2020 at 11:52 AM, revealed staff should not carry uncovered food down the hall because germs in the air could get on the food.		
	Interview with the Cook, on 01/09/2020 at 3:13 PM, revealed food on the meal tray should be covered because dust could get in the food if staff carried the tray down the hall.		
	Interview with the Dietary Aide, on 01/09/2020 at 3:23 PM, revealed food transported from the kitchen shoul be wrapped and covered to prevent contamination.		
	Interview with the Dietary Manager, on 01/09/2020 at 3:33 PM, revealed food transported inside the dining cart did not have to be covered. He stated staff were supposed to close the door of the cart between each tray pass and deliver the trays one at a time, moving the cart as they served. The Dietary Manager stated there was a potential for contamination of uncovered food if the meal trays were carried down the hall.		
	Interview with the Administrator, on 01/11/2020 at 1:53 PM, revealed there was a lot of work for the facility moving forward as he had identified multiple areas of need during his first week onsite. He stated the lack of covering the trays, food items and leaving the meal cart doors open provided opportunity for the food to become contaminated. He stated the act of carrying trays down the hall uncovered allowed opportunity for the food to get dust particles, or environmental containments. Continued interview revealed covering the food items would prevents the opportunity for foodborne illness. In addition, keeping the food carts closed helps to maintain the food at the appropriate serving temperatures.		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185039	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/11/2020
NAME OF PROVIDER OR SUPPLIER Highlands Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 1705 Stevens Avenue Louisville, KY 40205	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	IENCIES full regulatory or LSC identifying informati	on)
F 0880	Provide and implement an infection prevention and control program.		
Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	41851 Based on observation, interview, record review, and facility policy review, it was determined the facility failed to implement an effective infection control program related to staff not washing their hands between glove changes during the medication administration observation.		
	 The findings include: Review of the facility's policy Handwashing and Hand Hygiene, revised August 2015, revealed the facility considered hand hygiene the primary means to prevent the spread of infections. All personnel shall follow the hand washing and hand hygiene procedures to help prevent the spread of infection to other personnel, residents, and visitors. Use of alcohol based hand rub containing at least 62% alcohol; or alternatively, soap and water for the following situations: Before and after handling an invasive device (IV {intravenous} access sites). Review of Resident #110's clinical record revealed the facility admitted the resident on 12/10/2019, with the diagnoses of Partial Traumatic Amputation of Left Great Toe, local Infection of the Skin and Subcutaneous Tissue. Type two (2) diabetes mellitus with other Diabetic Neurological Complication. Review of Resident #110's medication record dated 12/10/2019-12/31/2019, revealed the resident had a peripherally inserted central catheter (PICC) for administration of intravenous antibiotic with start date 12/11/2019. Interview with Licensed Practical Nurse (LPN) #2, on 01/10/2020 at 11:23 AM, revealed that you must wash your hands between glove changes to prevent the spread of infection. LPN #2 stated she had failed to wash her hands between glove changes which could potentially result in cross contamination. The LPN stated this created an increased risk for infection for the residents. Interview with the Assistant Director of Nursing (ADON), on 01/10/2020 at 2:57 PM, revealed she expected staff to perform hand washing between glove changes. She stated the infection was a potential risk to the resident 		
	Interview with the Administrator, on hand washing in the facility. He sta required, and in-between caring for	vashing before and after glove changes 01/10/2020 at 3:58 PM, revealed, he ted the staff were supposed to wash th one resident to another resident. He s on, and lead to sickness and dehydration	was not aware of any problems with eir hands as needed when tated the effect to the resident