Printed: 03/04/2025 Form Approved OMB No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave Sterling, CO 80751	P CODE
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0578  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few			onfidentiality** 37661  esident had the right to formulate mple residents.  was accurate, up-to-date and  provided by the corporate sident has executed an advanced esentative which is stored in the nt's or the legal representative's ectronic health record.  cord whether the resident has  ly valid if they are consistent with ner advance directive. Similarly, a stated in an advance directive, may  computerized physician orders

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

FORM CMS-2567 (02/99) Previous Versions Obsolete

Event ID:

Facility ID: 065174

If continuation sheet Page 1 of 84

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NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS CITY STATE 71	CTREET ADDRESS CITY STATE 7ID CODE	
NAME OF PROVIDER OR SUPPLIER  Sterling Rehabilitation and Nursing LLC  Sterling Rehabilitation and Nursing LLC  STREET ADDRESS, CITY, STATE, ZIP CODE  1420 S 3rd Ave		IF CODE		
Sterling, CO 80751				
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F 0578	III. Record review			
Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few	The medical orders for scope of treatment (MOST) form revealed the resident wanted cardiopulmonary resuscitation (CPR) attempted if he did not have a pulse and was not breathing. It indicated this form was signed by the resident on [DATE] and was last reviewed by the MDS coordinator on [DATE].  A [DATE] physician telephone order revealed an order for social services to ensure the resident's MOST form was consistent with the resident's living will. It indicated if it was inconsistent, a new MOST form neede to be completed to align with the living will and to have the power of attorney (POA) sign due to the resident' lack of capacity.			
risolasine / incolor   Fow				
		revealed the resident was a Full Code ored as desired through the next revie		
	-Specific wishes include: CPR, full	treatment, no artificial nutrition;		
		l of life requests with resident, family and ent and provide education as needed;		
	-Notify the physician for potential cl	hanges or needs for treatment changes	S.	
	The [DATE] CPO revealed the resi	dent had orders to Do Not Resuscitate	(DNR), ordered [DATE].	
	-This did not match with the resident's MOST form.			
	IV. Staff interviews			
	The certified medication aide (CMA electronic health record, to see if a	was interviewed on [DATE] at 12:15 resident was a DNR or not.	p.m. She said she would look in the	
		was interviewed on [DATE] at 12:30 p. would go to the hard chart and look at		
	The corporate consultant (CC) and the director of nursing (DON) were interviewed on [DATE] at They said upon admission, the nurse should go over the MOST form with the resident or resider representative and determine if the resident is a full code or a DNR, then they should contact the and get orders to match. They said the MOST form should be reviewed quarterly. They said the have clarification to determine what code status Resident #19 was.			

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(X4) ID PREFIX TAG	(4) ID PREFIX TAG  SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0584  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Some	receiving treatment and supports for **NOTE- TERMS IN BRACKETS H. Based on observations, record revi and comfortable environment for respecifically, the facility failed to:  -Ensure multiple resident rooms throughout the surroughout the s	ew and interview, the facility failed to p sidents, staff and the public in two out roughout the facility were free from dryone facility was free from stains; pleted and without potential hazards (sloon was attached to the wall.  am policy and procedure, last revised [29/21 at 3:00 p.m. and read in pertiner pogram results in cleaner, safer and more seekly while others are conducted more veekly while others are conducted more preventive maintenance program, and if the typic is required to develop a touch-up parentire building.  ance policy and procedure, last revised ance policy and procedure and	PONFIDENTIALITY** 39261 rovide a safe, functional, sanitary, of two units.  wall damage and missing paint;  harp plastic molding to the corner);  December 2010, was provided by nt part:  re efficient operations with fewer  schedule. Some preventative enthly, quarterly, semi-annually, or  s essential for extending the useful inting schedule that, over time, will at March 2008, was provided by the

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Sterling Rehabilitation and Nursing LLC  1420 S 3rd Ave Sterling, CO 80751  For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.  [X4] ID PREFIX TAC  SUMMARY STATEMENT OF DEFICIENCIES [Each deficiency must be preceded by full regulatory or LSC identifying information)  Interior maintenance of the physical plant is an essential function of the preventive maintenance pr assure employee and resident safety.  II. Observations  Two environmental tours of the facility were conducted: on 3/23/21 at 4:45 p.m., and on 3/25/21 at m. with the facility maintenance service director (MSD). The observations of resident rooms, bathrothallways and nurses stations revealed:  room [ROOM NUMBER] bedroom: The wall behind the head of the residents bed had the paint renthe drywall.  room [ROOM NUMBER] bedroom: The wall behind the head of the residents bed had a large area paint had been removed.  room [ROOM NUMBER] bedroom: The wall behind the head of the residents bed had a large area paint had been. The area had a recline in front of the damage.  room [ROOM NUMBER] bathroom: The heater had large areas of scraped off paint on the heater.  Common hallways with carpeting all with brown and black stains in varying sizes. The threshold be carpet and tile areas was cracked and missing in small chunks.  The nurses station on the back hallway had come off the wall and was supported by a cabinet at on The area not easily accessible to the residents and no residents were seen during survey 3/23-3/21 that area. The nurses station was tipped at an angle which was nursable. There was no signage in to staff or residents not to use or enter the area near the broken nurses station.  The wall across from the damaged nurses station was sheetrock that had not been finished and habeen painted over. There was a large vertical crack in the middle of the wall. The commor of the wall protected by clear plasts in middling which was publing away from the wall and had sharp exposed		
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	was	
III. Staff interviews		
The MSD was interviewed on 3/25/21 at 10:00 a.m. during the second environmental tour. He said aware of the wall and paint damage behind multiple resident rooms as well as the missing paint on bathroom heater vents. He said he had tried different things like bumpers on the bed and nothing shelp. The MSD said he needed to do a walk through and determine all of the rooms with paint and damage, and paint the damaged areas more often.	amage behind multiple resident rooms as well as the missing paint on the aid he had tried different things like bumpers on the bed and nothing seemed to be to do a walk through and determine all of the rooms with paint and wall	
The MSD said the carpeting in the facility was old and did not have any backing which made it difficulties. The MSD said the carpeting had just been cleaned Monday (3/22/21), and it did not matter they cleaned it the stains were not able to be removed.		
He said the nurses station had broken about a year ago, and he had the supplies to fix it, but he had found a good opportunity to block off the nurses station. The MSD said it was on his list of projects complete.		
(continued on next page)		

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F 0584  Level of Harm - Minimal harm or potential for actual harm		ak in the shower room a while ago, and I it had not been completed properly ar	
Residents Affected - Some	maintenance projects should be co	HA) was interviewed on 3/25/21 at app mpleted as needed throughout the fac the above mentioned environmental co	ility. The NHA did not provide a
	Licensed practical nurse (LPN) #2 was interviewed 3/29/21 at 10:30a.m. She said the clear plastic mothat was pulling away from the wall, the facility had placed a towel over it to ensure would not be an achazard for any resident. She said that the nurse station desk was not used by anyone and residents nentered that area.		
	IV. Facility follow-up		
		at 5:00 p.m. She said the nurses statio	on desk was removed from the area
	,		

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F 0604	Ensure that each resident is free from	om the use of physical restraints, unles	s needed for medical treatment.
Level of Harm - Minimal harm or	**NOTE- TERMS IN BRACKETS H	AVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 37661
potential for actual harm  Residents Affected - Some	sample residents were free from re	w and interviews, the facility failed to e straints and had the least restrictive alt valuation of the need for the restraint.	
	Specifically, the facility failed to:		
	-Have a consent with the risks and	benefits for wander guard use for Resi	dent #19;
	-Ensure Resident #7, who had severe cognitive impairment, did not sign their own consent for a wander guard;		
	-Ensure Residents #19 and #7 were being monitored for elopement behavior to warrant the continued use of wander guards; and,		
	-Re-evaluate the need for the wander guard for Resident #19.		
	Findings include:		
	I. Facility policy and procedure		
	The Elopement Management policy and procedure, last revised July 2017, provided by the corporate consultant (CC) on 3/29/21 at 3:00 p.m., revealed in pertinent part, If the resident is identified to be at risk f elopement, interventions are developed and implemented in accordance with the care plan. Care plan interventions may include the placement of a signaling device. If a signaling device is determined to be an appropriate safety device, the facility is to:		esident is identified to be at risk for with the care plan. Care plan
	-Notify the resident and/or the resid	lent representative of the need for its u	se;
	-Document the intervention in the re	esident's record;	
	-The signaling device will be replac	ed if it is missing or fails to function; an	d
	-The licensed nurse will notify the a	ttending physic of the implementation	of the signaling device.
	Signaling devices should be placed on the resident, not on a wheelchair, geri-chair, walker, merry-walker, etc. Only one device should be placed to avoid malfunction of the device.		
	II. Resident #19		
	A. Resident status		
	Resident #19, age 82, was admitted (CPO), diagnoses included dement	d on [DATE]. According to the March 2 ia with behavioral disturbances.	021 computerized physician orders
	(continued on next page)		

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F 0604  Level of Harm - Minimal harm or potential for actual harm	The 1/30/21 minimum data set (MDS) assessment revealed the resident had severe cognitive impairment with a brief interview for mental status (BIMS) score of three out of 15. The resident required the extensive assistance of one to two people for his activities of daily living (ADLs). The resident wandered four to six days during the assessment period. Wander/elopement alarm was not coded as being used.		e resident required the extensive e resident wandered four to six
Residents Affected - Some	B. Observation		
	On 3/24/21 at 2:28 p.m. the resident was sitting in his wheelchair in the hallway next to the medication cart. The wander guard alarm was on the back of the resident's wheelchair and the date on the wander guard was to be used by 1/6/21.		
	C. Record review		
	The March 2021 CPO revealed the following orders:		
	-Ensure wander guard is in place every shift, last revised 8/18/2020;		
	-Change wander guard every 90 days, last revised 8/18/2020;		
	-Check alarm device via electronic machine every day, last revised 8/18/2020.		
	The care plan, last revised 6/22/2020, revealed the resident was an elopement risk/wanderer related to adjustment to nursing home, disoriented to place, impaired safety awareness and has a history of attempts to leave the facility unattended. Interventions included:		
	-Frequent checks as indicated for elopement behavior;		
	-Check placement and function of s	safety monitoring device every shift;	
	-Observe location at regular and fre interventions;	equent intervals. Document wander bel	navior and attempted diversional
	-Offer emotional and psychological	support;	
	-Offer snacks as diversion;		
	-[NAME] resident to environment;		
	-Reorient/validate and redirect resid	dent as needed; and,	
	-Wander guard in place.		
	No consent with the risks and bene	fits for the use of a wander guard was	found in the resident's record.
	(continued on next page)		
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIE	NAME OF PROVIDED OF CURRULE		P CODE
		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave	PCODE
Sterling Rehabilitation and Nursing LLC		Sterling, CO 80751	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home		tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG  SUMMARY STATEMENT OF DEFICE (Each deficiency must be preceded by f		CIENCIES full regulatory or LSC identifying informati	on)
F 0604  Level of Harm - Minimal harm or		sciplinary team (IDT) met for the reside ent, had wander guard interventions in eview.	
potential for actual harm  Residents Affected - Some	A 5/28/2020 nursing note the IDT met for resident's annual review. It indicated the resident was at high rifer elopement, had wander guard intervention in place and the resident had no elopement attempts since last review.		
	-Review of the record on 3/26/21 re	evealed the IDT did not meet again for	any reviews since 5/28/2020.
	The 7/7/2020 elopement risk assessment revealed the resident was at risk with a score of 12 due to resident verbalizing a desire or plan to leave the facility unauthorized/unsupervised and was mobile device (wheelchair). According to the assessment, if a resident has verbalized to leave the facility self-propel, the resident was automatically considered at risk and no further assessment was requi		
	-Review of the record revealed no documentation of the resident verbalizing a desire to leave the facility or any attempts of the resident trying to leave the facility.		
	The 10/7/2020 elopement risk assessment revealed no risk was identified with a score of 11. According to the assessment, a score of 0-11 is low risk and 12 or higher is at risk.		
	The 12/18/2020 elopement risk assessment revealed no risk was identified with a score of 7.		
	According to the December 2020 treatment administration record (TAR), the wander guard was replaced on 12/28/2020.		
	The 1/7/21 elopement risk assessn	nent revealed no risk was identified with	n a score of 7.
	1	ment revealed the resident was at risk we the facility unauthorized/unsupervise	
	-Review of the record revealed no any attempts of the resident trying	documentation of the resident verbalizing to leave the facility.	ng a desire to leave the facility or
	D. Staff interviews		
	were interviewed on 3/25/21 at 3:4- #19 and should reflect that the resi doors to try and get out. They agre	HA), the director of nursing (DON) and 4 p.m. They said elopement risks were dent was a high risk for wandering becaded that this behavior had not been doorn-going need for the wander guard.	being done quarterly on Resident ause he frequently went to the
	his wheelchair because he was not	interviewed on 3/16/21. She said Resid able to ambulate and was only able to around to the doors and try and get ou	get around in his wheelchair. She
	(continued on next page)		

			NO. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave Sterling, CO 80751	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0604  Level of Harm - Minimal harm or potential for actual harm	The social work consultant (SWC) was interviewed on 3/28/21 at 3:04 p.m. She said usually the social worker at the facility should do the elopement assessment and ensure it was care planned. She said the use of a wander guard should be reassessed at least quarterly to determine if the use of the wander guard was still necessary.		vas care planned. She said the use
Residents Affected - Some	The MDS coordinator was interviewed on 3/29/21 at 1:11 p.m. She said Resident #19 frequently went to the facility doors to get out of them and would say he wanted to leave. She said these behaviors should have been documented by the nursing staff and other staff in the progress notes. She said she coded wandering on the MDS based on her personal observations of the resident trying to go out the doors. She said the MDS should have been coded with the wander guard also and a new MDS would be done.		aid these behaviors should have es. She said she coded wandering go out the doors. She said the MDS
	The DON and the CC were interviewed on 3/29/21 at 6:24 p.m. The DON said the wander guard should be checked for placement every shift and function daily. She said the facility should re-evaluate the need for a wander guard at least quarterly. She said to do this, the IDT team would review the progress notes and see if there were any behaviors documented that warranted the continued use of the wander guard. She said Resident #19 was observed to frequently go to the doors in the evening to get out and the staff should have been documenting this.		
	39261		
	III. Resident #7		
	A. Resident status		
	Resident #7, under the age of 60, was admitted on [DATE]. According to the March 2021 computerized physician orders (CPO), diagnoses included fibromyalgia, anxiety disorder, altered mental status, major depressive disorder, obsessive-compulsive disorder and insomnia.		
	with a brief mental status (BIMS) or resident wandered one to three day mobility, transfering, walking, toilet with bed mobility, walking in her roo	S) assessment revealed the resident had core of nine out of 15. She did not have ys during the review period. She require use, and personal hygiene. She require ormand in the corridor, dressing, toilet ent did not have the wanderguard at the	e any rejections of care. The led two person assistance with bed led one person physical assistance use and personal hygiene, she was
	B. Record review		
		progress note documented the following building pulling on door by dining area	
	wandering behaviors. I put a wander	progress note documented the following er guard on (the) resident's left ankle. F een the skin and the braclet (sic). Skin	Patient tolerated without
	The 3/10/21 Elopement Risk Asses	ssment documented the following:	
	(continued on next page)		
	I .		

			NO. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave Sterling, CO 80751	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0604  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Some	(Each deficiency must be preceded by full regulatory or LSC identifying information)  The resident was mobile with a device, she verbalized desire or a plan to leave the facility unauthorized/unsupervised. The resident scored a 12 on the elopement risk, meaning that si		ad a wanderguard and wandered are plan identified the resident had noted to wander through offices are the building or property through was easily redirectable, and to included placing a wanderguard at the following restraint: It must documented the following less we: redirection. The Physical 21.  It ive in decision making regarding being used, risks and the least intation of the resident exhibiting  In the said she was the nurse the had come on for her day nursing be best for the resident's safety to the husband to obtain consent, but the said progress note. The LPN the entation regarding the husband in glexit seeking behavior. She said esident record and said there were if the only wandering/exit seeking to an accurate representation of the had not seen the resident exit.

			10.0930-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIE Sterling Rehabilitation and Nursing	ling Rehabilitation and Nursing LLC 1420 S 3rd Ave		IP CODE
		Sterling, CO 80751	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informat	ion)
F 0604  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Some	The social work consultant (SWC) was interviewed on 3/29/21 at approximately 4:00 p.m. She said if staff were not documenting a behavior as occurring, it made it difficult to assess interventions to determine if they were working. She said specifically in regards to wanderguards, if the facility was not documenting wandering or more importantly exit seeking behavior, when assessments were reviewed it made it difficult to justify the continued use of the wanderguard. The SWC consultant said it was best practice to document the behavior to determine if the staff were using the correct intervention.		
		sent for a wanderguard, which could e ent had been identified as needing a w ent	
	be signing or giving their own cons	ent.	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZIP CODE	
Sterling Rehabilitation and Nursing LLC  Sterling, CO 80751			
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0636  Level of Harm - Minimal harm or	Assess the resident completely in a 12 months.	a timely manner when first admitted, a	nd then periodically, at least every
potential for actual harm	**NOTE- TERMS IN BRACKETS H	IAVE BEEN EDITED TO PROTECT C	ONFIDENTIALITY** 37661
Residents Affected - Few		ew and staff interviews, the facility faile e (#19) resident out of 29 sample reside	
	Specifically, the facility failed to ide	ntify the use of a wander/elopement ala	arm for Resident #19.
	Findings include:		
	I.Resident status		
	Resident #19, age 82, was admitte (CPO), diagnoses included dement	d on [DATE]. According to the March c iia with behavioral disturbances.	omputerized physician orders
	The 1/30/21 minimum data set (MDS) assessment revealed the resident had severe cognitive impairment with a brief interview for mental status (BIMS) score of three out of 15. The resident required the extensive assistance of one to two people for his activities of daily living (ADLs). The resident wandered four to six days during the assessment period. Wander/elopement alarm was not coded as being used.		
	II. Observation		
	On 3/24/21 at 2:28 p.m. the resident was sitting in his wheelchair in the hallway next to the medication cart. The wander guard alarm was on the back of the resident 's wheelchair and the date on the wander guard was to be used by 1/6/21.		
	III. Record review		
	The March 2021 CPO revealed the	following orders:	
	-Ensure wander guard is in place e	very shift, last revised 8/18/2020;	
	-Change wander guard every 90 da	ays, last revised 8/18/2020;	
	-Check alarm device via electronic	machine every day, last revised 8/18/2	020.
	The care plan, last revised 6/22/2020, revealed the resident was an elopement risk/wanderer related to adjustment to nursing home, disoriented to place, impaired safety awareness and has a history of attempts to leave the facility unattended. Interventions included:		
	-Frequent checks as indicated for e	elopement behavior;	
	-Check placement and function of s	safety monitoring device every shift;	
	(continued on next page)		
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION  (XI) PROVIDER OR SUPPLIER (Sterling Rehabilitation and Nursing LLC  Sterling Rehabilitation and Nursing LLC  Sterling Rehabilitation and Nursing LLC  Summary Startement or Deficiencies  (Each deficiency, please contact the running home or the state survey agency.  (XI) ID PREFIX TAG  Summary STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)  - Observe location at regular and frequent intervals. Document wander behavior and attempted diversion interventions:  - Offer emotional and psychological support:  - Offer emotional psychological support:  - Re				
Sterling Rehabilitation and Nursing LLC  1420 S 3rd Ave Sterling, CO 80751  For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.  (X4) ID PREFIX TAG  SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)  - Observe location at regular and frequent intervals. Document wander behavior and attempted diversion interventions;  - Offer emotional and psychological support;  - Offer snacks as diversion;  - Orient resident to environment;  - Reorient/validate and redirect resident as needed; and  - Wander guard in place.  Review of all the MDS assessments previously submitted to the state reveal the use of a wander/elopen alarm was not coded.  IV. Staff interviews  The MDS coordinator was interviewed on 3/29/21 at 1:11 p.m. She said had been doing the MDS assessments at the facility for three years. She said she completed all parts of the MDS assessment extro for the therapies section and activities section. She said in order to complete the assessment she did he own observations and interviews, reviewed nursing documentation in progress notes and monthly summaries. She said she would submit a new assessment right away.  The corporate consultant (CC) and director of nursing (DON) were interviewed on 3/29/21 at 6:24 p.m. To confirmed Resident #19 had a wander guard alarm on and agreed the wander guard bould be identified.		IDENTIFICATION NUMBER:	A. Building	COMPLETED
Sterling Rehabilitation and Nursing LLC  1420 S 3rd Ave Sterling, CO 80751  For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.  (X4) ID PREFIX TAG  SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)  -Observe location at regular and frequent intervals. Document wander behavior and attempted diversion interventions;  -Offer emotional and psychological support;  -Offer snacks as diversion;  -Orient resident to environment;  -Reorient/validate and redirect resident as needed; and  -Wander guard in place.  Review of all the MDS assessments previously submitted to the state reveal the use of a wander/elopen alarm was not coded.  IV. Staff interviews  The MDS coordinator was interviewed on 3/29/21 at 1:11 p.m. She said had been doing the MDS assessments at the facility for three years. She said she completed all parts of the MDS assessment ext for the therapies section and activities section. She said in progress notes and monthly summaries. She said she wander guard alarms on. She said the wander guard and should be coded on the MDS assessment right away.  The corporate consultant (CC) and director of nursing (DON) were interviewed on 3/29/21 at 6:24 p.m. To confirmed Resident #19 had a wander guard alarm on and agreed the wander guard thould be identified.	NAME OF PROVIDER OF SUPPLIED		STREET ADDRESS CITY STATE 71	D CODE
Sterling, CO 80751  For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.  (X4) ID PREFIX TAG  SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)  -Observe location at regular and frequent intervals. Document wander behavior and attempted diversion interventions;  -Offer emotional and psychological support;  -Offer snacks as diversion;  -Orient resident to environment;  -Reorient/validate and redirect resident as needed; and  -Wander guard in place.  Review of all the MDS assessments previously submitted to the state reveal the use of a wander/elopen alarm was not coded.  IV. Staff interviews  The MDS coordinator was interviewed on 3/29/21 at 1:11 p.m. She said had been doing the MDS assessments at the facility for three years. She said she completed all parts of the MDS assessment exfor the therapies section and activities section. She said in order to complete the assessment she did he own observations and interviews, reviewed nursing documentation in progress notes and monthly summaries. She said she would submit a new assessment right away.  The corporate consultant (CC) and director of nursing (DON) were interviewed on 3/29/21 at 6:24 p.m. Toonfirmed Resident #19 had a wander guard alarm on and agreed the wander guard should be identified.				PCODE
SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)  F 0636  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few  Cifer emotional and psychological support;  -Offer emotional and psychological support;  -Orient resident to environment;  -Reorient/validate and redirect resident as needed; and  -Wander guard in place.  Review of all the MDS assessments previously submitted to the state reveal the use of a wander/elopen alarm was not coded.  IV. Staff interviews  The MDS coordinator was interviewed on 3/29/21 at 1:11 p.m. She said had been doing the MDS assessments at the facility for three years. She said she completed all parts of the MDS assessment she id the own observations and interviews, reviewed nursing documentation in progress notes and monthly summaries. She said she knew of two residents that currently had wander guard alarms on. She said the wander guard alarms on. She said the wander guard alarms on. She said the wander guard and to being coded fo Resident #19 was an oversight and she would submit a new assessment right away.  The corporate consultant (CC) and director of nursing (DON) were interviewed on 3/29/21 at 6:24 p.m. Tonfirmed Resident #19 had a wander guard and agreed the wander guard should be identified.	Otorning Norlabilitation and Nationing ELEC			
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
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Sterling, CO 80751				
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0657  Level of Harm - Minimal harm or potential for actual harm	Develop the complete care plan within 7 days of the comprehensive assessment; and prepared, reviewed, and revised by a team of health professionals.  **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 39261			
Residents Affected - Some	Based on record review and interviews, the facility failed to ensure the comprehensive care plans for three (#39, #13 and #142) of three out of 29 sample residents were reviewed and revised by the interdisciplinary team after each assessment, including both the comprehensive and quarterly review assessments.			
	Specifically, the facility failed to ens	sure:		
	-Timely care conferences were cor	ducted with Resident #39;		
	-Residents #39 had care plans specific to participation in the restorative nursing program;			
	-Resident #13's transfer status was updated on their care plan; and,			
	-Resident #142's care plan was updated with the resident's hydration preferences.			
	Findings include:			
	I. Facility policies and procedures			
	The Comprehensive Care Plan policy and procedure, last revised November 2017, was provided by the corporate consultant (CC) on 3/29/21 at 3:00 p.m. and read in pertinent part:			
	nursing, mental, and psychosocial	develop a comprehensive person-centered care plan that identifies each resident's medical, and psychosocial needs within seven days after the completion of the comprehensive he plan includes measurable objectives and timetables agreed to by the resident to meet .		
	-The care plan is reviewed on an ongoing basis and revised as indicated by the resident's needs, wis a change in condition. At a minimum, the care plan is updated with each comprehensive and quarter assessment in accordance with Resident Assessment Instrument (RAI) requirements.			
	The Care Plan Conferences policy 3/29/21 at 3:00 p.m. and read in pe	and procedure, last revised November ertinent part:	2017, was provided by the CC on	
		nction with the resident and/or the resident and/or the resident and/or the care plan nable goals.		
	comprehensive assessment, care p	n must be developed within seven days plan conferences are held: at intervals of ts, and when there is a change in resid	every 90 days thereafter; with any	
	(continued on next page)			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021		
NAME OF PROVIDER OR SUPPLIE		STREET ADDRESS, CITY, STATE, ZIP CODE			
Sterling Rehabilitation and Nursing LLC		1420 S 3rd Ave	CODE		
Sterling Renabilitation and Nursing	, LLO	Sterling, CO 80751			
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)				
F 0657  Level of Harm - Minimal harm or	-The following individuals must be involved in the development of the care plan: resident, resident representative, attending physician, registered nurse responsible for the resident, resident car (certified nurse aide), and a member of food service.				
potential for actual harm	II. Failure to have timely care confe	erences for Resident #39			
Residents Affected - Some	A. Resident #39 status				
	Resident #39, age 74, was admitted on [DATE]. According to the Mach 2021 computerized physician orders (CPO), diagnoses included nondisplaced fracture of the medial malleolus right tibia, reduced mobility, other abnormalities of gait and mobility, and muscle weakness.				
	The 3/12/21 minimum data set (MDS) assessment revealed the resident was cognitive mental status (BIMS) score of 15 out of 15. She was independent in all activities of da for dressing and personal hygiene in which she required one person physical assistan any behaviors or rejections of care.				
	B. Resident interview				
	Resident #39 was interviewed on 3/23/21 at 3:32 p.m. She said she had been in the facility for a fe She said the facility had been hit or miss when it came to having care conferences, and in the past one or two staff members attended the care conferences. The resident said it would be helpful if of would attend the meetings if she had questions.				
	C. Record review				
	A review of the resident's medical region 2020 to current:	record revealed the following care confe	erence notes for the resident for		
	11/12/2020 Care conference note documented a care conference was held with the social service director (SSD), the minimum data set coordinator (MDSC), and the activity director (AD).				
	6/18/2020 Care conference note documented a care conference was held with the SSD, MDSC and AD.				
	No other care care conferences were documented in the resident's medical record.				
	D. Staff interviews				
	The AD was interviewed on 3/29/21 at 1:05 p.m. She said there had been a lack of care conferences in the facility during the past year. She said it had been quite a while since the interdisciplinary team (IDT) participated in care conferences, and typically it was just her and the SSD, and occasionally the MDSC.				
	The MDSC was interviewed on 3/29/21 at 1:38 p.m. She said care conferences should follow the MDS calendar, and the IDT should be participating along with the resident and/or their representative. The MDSC said care conferences were not happening in the past year on a regular basis. She said when they were happening it was typically the AD and the SSD attending the care conferences.				
	(continued on next page)				

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021		
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI	P CODE		
		Sterling, CO 80751			
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)				
F 0657  Level of Harm - Minimal harm or potential for actual harm	The director of nursing (DON) was interviewed on 3/29/21 at 6:08 p.m. She said care conferences should be happening in accordance with the MDS schedule and as needed or requested by residents or their families. The DON said the IDT needed to attend the care conferences, and the care conference needed to be documented in the resident's medical record.				
Residents Affected - Some	III. Failure to ensure Resident #39	had a restorative care plan			
	A, Record review				
	On 3/29/21 at 10:00 a.m. Resident resident. (Cross reference F688, re	#39 care plan was reviewed. There was storative program).	as no restorative care plan for the		
	B. Staff interviews				
	The DON was interviewed on 3/29/21 at 6:08 p.m. She said if a resident had a restorative program, that program needed to be care planned. The DON said the care plan was important to know what the goals and interventions were for each resident.				
	IV. Failure to ensure Resident #13's ADL care plan was updated				
	A. Resident status				
	Resident #13, age less than 65, was admitted on [DATE]. According to the March 2021 CPO, diagnoses included cerebral palsy.				
	The 1/12/21 MDS assessment revealed the resident had no cognitive impairment with a BIMS score of 15 out of 15. The resident required extensive assistance of one person for bed mobility and locomotion on the unit and the extensive assistance of two people for transfers, dressing, toilet use and personal hygiene.				
	B. Record review				
	The fall care plan, last revised 3/11/2020, revealed the following interventions:				
	-Full body lift for all transfers; and,				
	-The resident is able to squat pivot 3/11/2020.	transfer with two staff. These were init	iated on 1/15/2020 and revised		
	The activity of daily living (ADL) cal	re plan, last revised 12/15/2020, reveal	led the following interventions:		
	-Requires extensive assistance of	one to two staff for transfers, last revise	ed 12/15/2020; and		
	-Requires extensive assistance of	one to two staff for toilet use, last revise	ed 8/18/2020.		
	(continued on next page)				

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZIP CODE		
Sterling Rehabilitation and Nursing LLC		1420 S 3rd Ave Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0657  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Some	A 2/4/21 in-house communication form from the rehab program manager (RPM) revealed the resident had change in transfers. It indicated the resident may use the sit to stand lift to assist with toileting tasks.  A 2/5/21 progress note revealed the RPM assessed the resident for use of the sit to stand lift to assist with toileting tasks. It indicated the resident demonstrated good body mechanics and the staff were released to use the lift for toileting tasks only.  The residents care plan was not updated with this information.  V. Failure to ensure Resident #142 hydration care plan was updated.  A. Resident status  Resident #142, age 74, was admitted [DATE]. According to the March 2021 computerized physician orders (CPO), diagnoses included diabetes, gastro-esophageal reflux disease (GERD) and cognitive			
	communication deficit.  The 12/30/2020 minimum data set (MDS) assessment revealed the resident had severe cognit impairment with a brief interview for mental status (BIMS) score of four out of 15. The resident extensive assistance of one to two staff members for his activities of daily living (ADLs) except independent with set up assistance only for eating. The resident did not have any signs or sym possible swallowing disorder however he was on a mechanically altered diet.  B. Resident observations and interview			
	On 3/23/21 at 4:27 p.m. the resident was lying in bed. He had an empty Coke can on the table in front of his			
	On 3/24/21 at 5:22 p.m. the resider of him.	nt was lying in bed. He had an empty C	oke can sitting on the table in front	
	On 3/25/21 at 10:01 a.m. the reside Coke can sitting on the table in from	ent was lying in bed with his head undent of him.	er the covers. He had an empty	
	C. Record review			
	The March 2021 CPO revealed the	following orders:		
	-Dysphagia diet-pureed texture, ne	ctar consistency liquids, ordered 4/7/20	020; and	
		times a week for pleasure, ordered 10		
	·	6/27/19, revealed the following interveed texture and nectar liquids, which off		
	for estimated needs.		·	
	(continued on next page)			

			No. 0938-0391	
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, Z	IP CODE	
	Sterling Rehabilitation and Nursing LLC			
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0657	-Encourage fluids with and betwee	n meals, last revised 5/17/19; and,		
Level of Harm - Minimal harm or potential for actual harm	-Provide and encourage fluids of cl	noice with each encounter, last revised	5/21/19.	
Residents Affected - Some	The care plan did not include the repleasure.	esident's ability to have a non-thickene	d Coke two times a week for	
	VI. Staff interviews			
		er (RPM) was interviewed on 3/24/21 a ned. She said it was the MDS coordina		
	Certified nurse aide (CNA) #1 was interviewed on 3/26/21 at 1:22 p.m. She said the CNAs used the kardex (a way to communicate important information about how to take care of a resident) to know what type of care to provide for each resident. She said the kardex was not updated with the resident's current information. She said she was not sure who was responsible for updating the kardex.			
	She said she had been present when therapy evaluated Resident #13 for his lift use so she knew that he was cleared to use the lift for toileting needs but was unable to find it on the resident's kardex.			
	She said knew Resident #142 could have a non-thickened coke and she thought it was care planned once a day or once a shift but could not remember for sure and she was unable to find it on the resident's kardex.			
	The MDS coordinator was interviewed on 3/29/21 at 1:11 p.m. She said it was her responsibility to update the resident's care plans. She said she came in early in the morning to review the 24 hour report in the electronic health record system and get updates in the morning meeting then she would update the care plan after the meeting. She said when updating the care plan, if she puts the CNA as the responsible party, then it would populate onto the kardex for the CNAs to see.			
	She said she did not realize Reside	ent #142's coke was not on the care pl	an or kardex.	
	She agreed Resident #13's transfe	r status needed to be updated on his o	are plan and kardex.	
	37661			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZIP CODE  1420 S 3rd Ave Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0677  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Some	Provide care and assistance to per  **NOTE- TERMS IN BRACKETS H  Based on observations, record revi to carry out activities of daily living hygiene for three (#34, #35, and #1  Specifically, the facility failed to:  -Ensure Resident #34, #35 and #18  -Ensure facial hair was removed fo  Findings include:  I. Facility policy and procedure  The Routine Resident Care policy a (CC) on 3/29/21 at 3:00 p.m., reveal maintain food grooming and persor least twice weekly and more often a encouraging residents with washing their teeth and or providing denture.  II. Resident #34  Resident #34, age 87, was admitte (CPO), diagnoses included vascula (multiple joints affected with pain), care.  The 3/2/21 minimum data set (MDS brief interview for mental status (BI personal hygiene and was totally diagnoses included the covering her chin.  On 3/23/21 at 4:36 p.m. the resider covering her chin. She sa have a razor she would take care of the control of the covering her chin. She sa have a razor she would take care of the covering her chin. She sa have a razor she would take care of the covering her chin. She sa have a razor she would take care of the covering her chin. She sa have a razor she would take care of the covering her chin. She sa have a razor she would take care of the covering her chin. She sa have a razor she would take care of the covering her chin. She sa have a razor she would take care of the care of the covering her chin. She sa have a razor she would take care of the car	form activities of daily living for any restance in the procedure of the part of the procedure, last revised 9/11, provided in pertinent part, Residents received assistance with showers as a Resident #34, #35 and #18.  The procedure of the part of the part of the procedure of the part of the procedure of the part of	ident who is unable.  ONFIDENTIALITY** 37661  ensure residents who were unable intain good grooming and personal imple residents.  scheduled; and  ded by the corporate consultant the the necessary assistance to dor shampoos are scheduled at imally includes assisting or hair each morning and brushing  021 computerized physician orders to dor assistance with personal and severe cognitive function with a tend the supervision of one person for greasy and she had long facial hair or hair was greasy and she had long her and if the facility would let her would do it at least every other day.	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF DROVIDED OD SLIDDLII	NAME OF PROVIDER OR SUPPLIER		P CODE	
		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave	PCODE	
Ctoring remarkation and realong EEO		Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0677  Level of Harm - Minimal harm or	The nursing home administrator (N notified of the resident's desire to h away.			
potential for actual harm  Residents Affected - Some	B. Record review			
Residents Affected - Soffie		the task of bathing for January 2021 re of nine opportunities it was scheduled to		
	Review of the response history for the task of bathing for February 2021 revealed the resident received assistance with a shower six out of eight opportunities it was scheduled to be done. There were no signed refusals for the month.			
	Review of the response history for the task of bathing from 3/1-3/24/21 revealed the reassistance with a shower five out of seven opportunities it was scheduled to be done. other times documented that the resident had performed the task independently with supervision of one person. Interviews with staff revealed this was done when the resident had performed the task independently with supervision of one person. Interviews with staff revealed this was done when the resident had performed the task independently with a supervision of one person. Interviews with staff revealed this was done when the resident had performed the task independently with a supervision of one person. Interviews with staff revealed this was done when the resident had performed the task independently with a supervision of one person. Interviews with staff revealed this was done when the resident had performed the task independently with a supervision of one person. Interviews with staff revealed this was done when the resident had performed the task independently with a supervision of one person. Interviews with staff revealed this was done when the resident had performed the task independently with a supervision of one person.			
	The care plan, last revised 11/6/19 confusion and dementia. Intervention	, revealed the resident had an ADL selons included:	f-care performance deficit related to	
	-Provide cuing with tasks as neede	d; and		
	-Requires limited assistance of one	staff for bathing/showering.		
	III. Resident #35			
	Resident #35, age 93, was admitted [DATE]. According to the March 2021 CPO, diagnoses included congestive heart failure (CHF), generalized muscle weakness, lack of coordination, abnormalities of gait and mobility and need for assistance with personal care.			
	The 3/2/21 MDS assessment revealed the resident had no cognitive impairment with a BIMS score of 13 out of 15. She required supervision with the assistance of one person for personal care and was totally dependent on one person for bathing.			
	A. Resident observations and interviews			
	On 3/23/21 at 4:36 p.m. the resident was sitting in her wheelchair in her room. Her hair was greasy and she had long facial hair covering her chin.			
	On 3/24/21 at 2:40 p.m. the resident was sitting in her wheelchair in her room. Her hair was greasy and she had long facial hair covering her chin. She said she needed assistance from the staff with bathing and with removing her facial hair. She said if she could get the hair removed during her showers, that would be often enough for her but she did not always get help with her showers.			
	(continued on next page)			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLII		STREET ADDRESS, CITY, STATE, ZI	CTDEET ADDRESS SITV STATE ZID SODE	
Sterling Rehabilitation and Nursing LLC		1420 S 3rd Ave	PCODE	
5-1g - 1		Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0677	B. Record review			
Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Some		the task of bathing for January 2021 re of nine opportunities it was scheduled		
	Review of the response history for the task of bathing for February 2021 revealed the resident received assistance with a shower four out of eight opportunities it was scheduled to be done. There were no signed refusals for the month.			
	Review of the response history for the task of bathing from 3/1-3/24/21 revealed the resident received assistance with a shower three out of seven opportunities it was scheduled to be done. There were no signed refusals for the month.			
		0, revealed the resident had an ADL se		
	-She preferred her showers two times a week on Monday and Friday; and			
	-Requires supervision to limited assistance of one staff member for bathing/showering.			
	IV. Resident #18			
Resident #18, age 56, was admitted [DATE]. According to the March 2021 CPO, diagnoses stage renal disease with dependence on dialysis, generalized muscle weakness and need f with personal care.				
	The 1/28/21 MDS assessment revealed the resident had no cognitive impairment with a BIMS score of 15 out of 15. She required the extensive assistance of two people for personal care and was dependent on two people for bathing.			
	A. Resident observations and inter	view		
	On 3/24/21 at 9:11 a.m. the resident was lying in bed. She had long facial hair covering her chin and cheeks. The resident had body odor.			
	On 3/26/21 at 9:56 a.m. the resident was lying in bed. She had a significant amount of long facial hair covering her chin and cheeks. The resident said she wished the staff would remove it more often, especially before she left the facility to go to dialysis. She said it was embarrassing to her. The resident had strong body odor.			
	B. Record review			
	Review of the response history for the task of bathing for January 2021 revealed the resident received assistance with a shower two out of eight opportunities it was scheduled to be done. There were no signed refusals for the month.			
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA	(X2) MULTIPLE CONSTRUCTION	()(7) DATE GUDVEV
	065174	A. Building B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZII	P CODE
		Sterling, CO 80751	
For information on the nursing home's pla	an to correct this deficiency, please cont	act the nursing home or the state survey a	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)		
Evel of Harm - Minimal harm or potential for actual harm  Residents Affected - Some	Review of the response history for the assistance with a shower three outerfusals for the month.  Review of the response history for the assistance with a shower six out of refusals for the month.  The care plan, last revised 11/3/202 increased lethargy/decreased interestance of contract of the contra	he task of bathing for February 2021 re of eight opportunities it was scheduled the task of bathing from 3/1-3/25/21 revalue opportunities it was scheduled to 20, revealed the resident had an ADL saction. Interventions included:  d, one to two staff for bathing/showering; and one person for personal hygiene.	evealed the resident received to be done. She had two signed realed the resident received be done. There were no signed elf-care performance deficit due to elf-care performance deficit due to and estate with the resident's shower and estate the with the resident's shower and estate to the director of nursing eded to keep the resident's face effect to have a shower were estate to have a shower swere estate the said if a resident refused their sed, then she would have them uld be removed during their hing before she went to dialysis. The said showers should be offered to that day. She said if a refusal form that was signed by

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION  NAME OF PROVIDER OR SUPPLIEF Sterling Rehabilitation and Nursing I  For information on the nursing home's p  (X4) ID PREFIX TAG  F 0684  Level of Harm - Minimal harm or potential for actual harm	olan to correct this deficiency, please con	<u> </u>		
Sterling Rehabilitation and Nursing I  For information on the nursing home's p  (X4) ID PREFIX TAG  F 0684  Level of Harm - Minimal harm or	olan to correct this deficiency, please con	1420 S 3rd Ave Sterling, CO 80751 tact the nursing home or the state survey a		
(X4) ID PREFIX TAG  F 0684  Level of Harm - Minimal harm or	SUMMARY STATEMENT OF DEFIC	<u> </u>	agency.	
F 0684  Level of Harm - Minimal harm or				
Level of Harm - Minimal harm or		SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)		
Residents Affected - Few	e's plan to correct this deficiency, please contact the nursing home or the state survey agency.  SUMMARY STATEMENT OF DEFICIENCIES		eferences and goals.  DNFIDENTIALITY** 37661  provide treatment and care in residents out of 29 sample  Int #18; and  Dy the corporate consultant on receiving licensed nurse enters the electronic administration record  Diarch 2021 computerized physician and no cognitive impairment with a trequired extensive assistance of did not include the resident's open demoving an undated dressing off small brown dressing from inside the ingth by 1.5 cm in width with g skin was pink. There was a small not cleanse the wound. She	

			NO. 0936-0391	
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI	P CODE	
		Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0684  Level of Harm - Minimal harm or potential for actual harm	-On 2/25/21 orders were obtained to cleanse the wound to the right lower abdomen with wound cleanser, particle dry and apply zinc oxide to the wound and leave open to air daily until healed. This order was discontinued on 3/22/21.  -On 3/22/21 orders were obtained for wound care for the abdominal fold dehiscence wound to cleanse with			
Residents Affected - Few	wound cleanser, apply silver alginate and cover with a secondary foam dressing every night shift.  The March 2021 treatment administration record (TAR) revealed the order for the zinc oxide was discontinued on 3/22/21 and the order for the wound care obtained on 3/22/21 for the silver alginate was scheduled to start on the TAR until 3/27/21 instead of on the day it was ordered. This transcription error meant the resident would not receive any treatment to the area for five days. This error was corrected of 3/25/21 after the above observation was made.  E. Staff interviews			
	LPN #2 was interviewed on 3/24/21 at 4:22 p.m. She said she checked the physician orders before end Resident #18's room and the orders were to apply zinc and leave it open to air. She said she must ham issed that the order had been discontinued.			
		1 at 12:30 p.m. She said before doing a hat the current treatment orders were. on the current TAR.		
	look at the TAR and check the ordenurse to clean the wound prior to a	interviewed on 3/29/21 at 6:24 p.m. Shers prior to providing any type of wound pplying any type of medication or dress provided to the other nurses as well.	care. She said she expected the	
	37166			
	II. Failure to complete skin assessr	ments timely and monitor existing bruis	ing for Resident #32	
	A. Facility policy and procedure			
	admission residents are assessed	rovided by the director of nursing (DON for skin integrity. Residents admitted w ote healing and physician orders for tre	ith skin impairment will have	
	B. Resident #32 status			
		as admitted on [DATE]. According to the included orthopedic aftercare, tibial fractorder.		
	(continued on next page)			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE	
Sterling Rehabilitation and Nursing LLC		1420 S 3rd Ave Sterling, CO 80751	. 6052	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0684  Level of Harm - Minimal harm or potential for actual harm	The 12/21/20 minimum data set (MDS) assessment revealed the resident was cognitively intact, her brief interview for mental status (BIMS) score of 13 out of 15. She required extensive assistance of two people with bed mobility and transfers. She was at risk for developing skin conditions and she was admitted with surgical wounds.			
Residents Affected - Few	C. Resident interview and observat	ions		
	The resident was interviewed on 3/23/21 at 3:57 p.m. She was sitting in the wheelchair, looking out the window. She said she was here because of this and pointed to her legs. The resident had dressings on both of her legs and large multicolored bruises on both of her forearms. The bruises extended from elbow to wris on both hands. She said her hands were bruised by a dog who lived with her at home before she came to the facility. She said she wanted to go home.			
	D. Record review			
	According to the admission note on 12/22/2020, the resident arrived at the facility from the hospital after surgery on her tibia. Prior to the surgery she was residing at a group home. The skin assessment on admission revealed the resident had extensive bruising to both of her forearms.			
	The bruises were not measured at	the time of admission.		
	All consecutive skin assessments a were not included on the skin asses	after the admission mentioned the resid	lent's wounds on both legs. Bruises	
	Review of the progress notes since admission revealed no mention of the bruising on both of the resident's arms.			
	Review of the March 2021 CPO rev	vealed no orders to monitor the bruising	g.	
	Review of the treatment administra bruising.	tion record (TAR) for March 2021 revea	aled no orders to monitor the	
	The care plan, inticiated on 12/21/2	2020 documented monitor skin per facil	ity protocol.	
	E. Staff interviews			
	Licensed practical nurse (LPN) #4 was interviewed on 3/28/21 at 4:45 p.m. She said she the resident and had taken care of her for the last few weeks. She said she was aware of arms and looked at them every shift. She said she did not document the healing of the beprobably should document that on the skin assessment with other skin conditions. She standard the director of nursing (DON) where it should be documented.			
	Resident #32 were not documented to document all skin issues including	21 at 11:21 a.m. She said it was broug d on the skin assessments. She said sh ng bruises on weekly skin assessments She said she reviewed Resident #32's	ne provided education to the nurses and addition, all bruises should be	

			No. 0938-0391	
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE	
Sterling Rehabilitation and Nursing LLC		1420 S 3rd Ave Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)	
F 0687	Provide appropriate foot care.			
Level of Harm - Minimal harm or potential for actual harm	**NOTE- TERMS IN BRACKETS H	AVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 39261	
Residents Affected - Few	Based on observations, record review and interviews the facility failed to ensure one (#25) of three resident reviewed for ancillary services, such a podiatry services, out of 29 sample residents received proper foot care and treatment according to standards of practice.			
	Specifically, the facility failed to ens	sure podiatry care was provided timely	and as requested by Resident #25.	
	Findings include:			
	I. Facility policy			
	The Podiatry Policy and Procedure was requested on 3/29/21, but was not provided by the facility.			
	II. Resident status  Resident #25, under the age of 87, was admitted on [DATE]. According to the March 2021 computerized physician orders (CPO), diagnoses included bipolar disorder, essential hypertension, need for assistance with personal care, and muscle weakness.			
	mental status (BIMS) score of 14 or required one person assistance wit required one person physical assis	s) assessment revealed the resident want of 15. She did not have any rejection h bed mobility, transfering, walking, toi tance with bed mobility, locomotion on tance with transfers, walking, eating, a	ns of care or behaviors. She let use, and personal hygiene. She and of the unit, and personal	
	III. Resident interview			
	and she finally had to make her ow	/23/21 at 4:17 p.m. She said her toena n podiatry appointment because the fa digging into the sides of her other toes	cility staff were not assisting her.	
	IV. Record review			
	A 1/27/2020 Social Service Progres	ss note documented the following:		
	Resident #25 has stated that she w	rould like to see the visiting podiatrist w	when he is here on 2/11/2020.	
	A 2/4/2020 Social Service Progress	s note documented the following:		
	Resident #25 is scheduled to see the	ne podiatrist on 2/11/2020. No other ar	ncillary needs at this time.	
	(continued on next page)			
	L			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION  (X1) PROVIDER/SUPPLIER Sterling Rehabilitation and Mursing LLC  STREET ADDRESS, CITY, STATE, ZIP CODE 1420 S 3rd Ave Sterling, CO 80751  Fur information on the nursing harme's plan to correct this deficiency, please contact the nursing home or the state survey agency.  (X4) ID PREFIX TAG  SUMMARY STATEMENT OF DEFICIENCIES Each deficiency must be preceded by full inguistory or LSC identifying information?  A 3/29/21 review of the resident's medical revealed no additional documentation regarding the resident recording podistry services from January 2020 to March 2021.  V. Staff interviews  The social work consultant (SWC) was interviewed on 9/28/21 at 2:56 p.m. She said she was in the facility on a part time basis and in her role she was working on completing new admission social services assessments, and also working with residents who were discharging. She said the repostorability of podiatry care were currently the responsibility of the runsing department and she was unawared of the last time position of other podiatry services.  The SWC was interviewed a second time on 3/28/21 at 3:15 p.m. She said she had followed-up with nursin regarding potainty services, and the last the provider was in the facility was 8/5/2020. She said she was unsure when the provider value to be take in the facility.  The director of nursing (OON) was interviewed on 3/28/21 at 3:15 p.m. She said she had followed-up with nursin regarding potality services.  The DWC was interviewed a second time on 3/28/21 at 3:15 p.m. She said she had followed-up with nursin regarding potality services.  The facility in Dwcamber 2020 due to the facility of OVID-19 coltrable, but as was unsure with the provider would be back in the facility.  The director of nursing (OON) was interviewed on 3/28/21 at 6:08 p.m. She said the podiation than one provider would be back in the facility in Dwcamber 2020 due to the facility of OVID-19 coltrable.				
Sterling Rehabilitation and Nursing LLC  1420 S 3rd Ave Sterling, CO 80751  For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.  (X4) ID PREFIX TAG  SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)  F 0687  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few  The social work consultant (SWC) was interviewed on 3/28/21 at 2:56 p.m. She said she was in the facility on a part time basis and in her role she was working on completing new admission social services assessments, and also working with residents who were discharging. She said the responsibility of podiatry care was currently the responsibility of the nursing department and she was unaware of the last time podiat services had been provided. She said the podiatry provider should be in the facility at least every 90 days to offer podiatry services.  The SWC was interviewed a second time on 3/28/21 at 3:15 p.m. She said she had followed-up with nursing regarding podiatry services, and the last the provider was in the facility was 8/5/2020. She said she was unsure when the provider would be back in the facility.  The director of nursing (DON) was interviewed on 3/29/21 at 6:08 p.m. She said the podiatrist had not come into the facility in December 2020 due to the facility's COVID-19 outbreak, but she was unsure why they had not been in this year. The DON said if the podiatrist was unable to enter the facility, the facility needed to be		IDENTIFICATION NUMBER:	A. Building	COMPLETED
Sterling Rehabilitation and Nursing LLC  1420 S 3rd Ave Sterling, CO 80751  For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.  (X4) ID PREFIX TAG  SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)  F 0687  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few  The social work consultant (SWC) was interviewed on 3/28/21 at 2:56 p.m. She said she was in the facility on a part time basis and in her role she was working on completing new admission social services assessments, and also working with residents who were discharging. She said the responsibility of podiatry care was currently the responsibility of the nursing department and she was unaware of the last time podiat services had been provided. She said the podiatry provider should be in the facility at least every 90 days to offer podiatry services.  The SWC was interviewed a second time on 3/28/21 at 3:15 p.m. She said she had followed-up with nursing regarding podiatry services, and the last the provider was in the facility was 8/5/2020. She said she was unsure when the provider would be back in the facility.  The director of nursing (DON) was interviewed on 3/29/21 at 6:08 p.m. She said the podiatrist had not come into the facility in December 2020 due to the facility's COVID-19 outbreak, but she was unsure why they had not been in this year. The DON said if the podiatrist was unable to enter the facility, the facility needed to be	NAME OF DROVIDED OD SUDDIUS	<u> </u>	STREET ADDRESS CITY STATE 7	ID CODE
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			NO. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave Sterling, CO 80751	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0688  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Some	Provide appropriate care for a resic and/or mobility, unless a decline is  **NOTE- TERMS IN BRACKETS II  Based on observations, record reviresidents with limited range of motiresidents reviewed.  Specifically, the facility failed to est #39 did not have a decline in activit  I. Facility policy and procedure  The Restorative Nursing Managem corporate consultant (CC) on 3/29/  A resident may be started on a resirestorative needs, but is not a canduring the course of a longer-term restorative nursing programs are in occupational, or speech rehabilitati  Based on identified needs, services -Individualized,  -Care planned with measurable good -Implemented to assist the resident well-being to the extent possible, in -Documented in the resident's heal II. Resident #13  A. Resident #13  A. Resident status  Resident #13, age less than 55, was physicians orders (CPO), diagnosis The 1/12/21 minimum data set (ME BIMS score of 15 out of 15. The residention on the unit and the extention of the state of th	dent to maintain and/or improve range of for a medical reason.  IAVE BEEN EDITED TO PROTECT Company and interviews, the facility failed to conceived appropriate treatment and ablish a restorative program within the ties of daily living (ADL).  Ident System policy and procedure, date 21 at 3:00 p.m. and documented the footorative nursing program when he or stilidate for formalized rehabilitation thera stay, or in conjunction with formalized in itiated when a resident is discharged from therapy.  Is are:  als and interventions, It to attain and/or maintain their physical accordance with the resident's own not accordance with the resident's own not stay and interventions.  It is admitted [DATE]. According to the Main admitted accordance with the resident to the maintain their physical accordance of two people for transitions assistance of two people for transitions assistance of two people for transitions assistance of two people for transitions as a sistance of two people for transitions are sistance of two people for transitions as a sistance of two people for transitions are s	of motion (ROM), limited ROM  ONFIDENTIALITY** 37661  ensure two (#13 and #39) of three services out of 29 sample  facility to ensure Resident #13 and  ad April 2018, was provided by the allowing:  the is admitted to the facility with apy, or when restorative needs arise rehabilitation therapy. Generally, from formalized physical,  I, mental, and psychosocial peds and preferences, and:  Il, mental, and psychosocial peds and preferences, and:

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED		
	065174	A. Building B. Wing	03/29/2021		
		D. Hillig			
NAME OF PROVIDER OR SUPPLIE	NAME OF PROVIDER OR SUPPLIER		P CODE		
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)				
F 0688	B. Record review				
Level of Harm - Minimal harm or	According to an 8/20/2020 in-house	e communication from the physical the	ranist the resident's mode of		
potential for actual harm		e resident was cleared for modified inc			
Residents Affected - Some		tive therapy form revealed the resident			
		sk of loss of ROM to the left upper extr (PROM), active assistive range of mot			
	motion (AROM) to left upper extremed for 12 weeks.	nity joints, all planes. The activity was t	to be completed six days per week		
	-Review of the record on 3/26/21 revealed no documentation of a restorative program occurring.				
		020, revealed the resident had an ADL igh risk for falls. Interventions included			
	-Observe/document/report and signs and symptoms of immobility: contractures forming or worsening, skin breakdown or fall related injury;				
	-Requires extensive assistance of	one to two staff for transfers, last revise	ed 12/15/2020;		
	-Full body lift for all transfers, initiated 1/15/2020				
	-Resident is able to squat pivot trar	nsfer with two staff, last revised 3/11/20	020.		
	The resident did not have a care pl	an for a restorative nursing program.			
	A 2/4/21 in-house communication f use the sit to stand lift to assist with	orm from the rehab program manager n toileting tasks.	(RPM) revealed the resident may		
	A 3/25/21 nursing progress note re	vealed the resident requested to go ba	ck to doing restorative.		
	C. Interviews				
	restorative program but would need	21 at 6:12 p.m. She said Resident #13 d to be reassessed to see what type of on a program when he was discharged	program would be best for him.		
	39261				
	III. Resident #39				
	A. Resident #39 status				
	Resident #39, age of 74, was admitted on [DATE]. According to the Mach 2021 computerize orders (CPO), diagnoses included nondisplaced fracture of the medial malleolus right tibia, other abnormalities of gait and mobility, and muscle weakness.				
	(continued on next page)				

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NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave Sterling, CO 80751	P CODE	
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0688  Level of Harm - Minimal harm or potential for actual harm	The 3/12/21 minimum data set (MDS) assessment revealed the resident was cognitively intact with a brief mental status (BIMS) score of 15 out of 15. She was independent in all ADLs except for dressing and personal hygiene in which she required one person physical assistance. She did not have any behaviors or rejections of care.			
Residents Affected - Some	The MDS documented the resident speech) program or from the restor	t did not receive services from the thera rative nursing program.	apy (physical, occupational, or	
	B. Resident interview			
	Resident #39 was interviewed on 3/23/21 at 3:32 p.m. She said she had been in the facility for a few years, and had participated in therapies on and off with most recently having therapy at the end of 2020. The resident said when she came off of therapy she was told she would be placed on a restorative program. The resident said she had never participated in any type of restorative program, and she was worried she might lose the strength she had built up while in therapy.			
	C. Record review			
	The 8/20/2020 Transition to Restorative Therapy form documented the following:			
	Functional areas included in this restorative plan: walking and range of motion.			
	Range of motion: upper and lower body range of motion, to maintain current level of ambulation.			
	Range of motion upper body:			
	Encourage pt (patient) to ambulate (righ) ankle. Pt (patient) is safe to a	with fww (front wheeled walker) outsic to (the) gym and back. Problems: dec ambulate on (her) own with fww (front w ) may require encouragement on most	reased ROM (range of motion) to rt wheeled walker) around (the) facility	
	How often is activity to be complete	ed: five days per week for 12 weeks.		
	Range of motion lower body:			
	Goal: To maintain current level of s	strength and functional endurance on B	LE (bilateral extremities).	
		anding LE (lower extremity) with up to isses time two sets of 10 each. How offer		
		f the resident's medical record revealed for the resident. Cross reference: F657 tive care plans for the residents.		
	D. Staff interviews			
	(continued on next page)			

			No. 0938-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
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Sterling Rehabilitation and Nursing	LLC	1420 S 3rd Ave Sterling, CO 80751	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0688  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Some	had been on the therapy caseload for restorative therapy. The RPM sa RPM said it had been identified by working the way the facility would p (CNA) had been assigned to complete floor to work as a CNA due to sprior to COVID-19, and that COVID sufficient nursing staff, the facility father the RPM said the facility had been program in the facility. The RMP sate two CNAs who would be completing the RPM reviewed Resident #39 in chart regarding any type of restorate the director of nursing (DON) was process of fixing and implementing process would include screening all the DON said when those resident.	er (RPM) was interviewed on 3/24/21 at last year, and when she was discharge aid the resident had an order on 8/6/20 the facility about a year ago that the reporter and was basically nonexistent. The leted the restorative programs for the restorative programs for the restorative programs for the restorative nursing staffing moduled to provide sufficient nursing staffing working on a PIP (performance improvide yesterday and today (during the time of the restorative nursing program for a medical records and stated she could not interviewed on 3/25/21 at 2:46 p.m. She a new restorative nursing program in the lofther esidents to identify who would its had been identified, the therapy dependent and participation would be documented and participation would be documented.	and from therapy she had an order 20 for restorative therapy. The storative therapy program was not the RPM said a certified nurse aide esidents was frequently pulled to ffing concerns were happening are difficult. Cross reference: F725 to meet the needs of the residents.  It were the survey) she had trained all of the residents.  It find any documentation in her reding a care plan.  It is said the facility was in the he facility. The DON said the benefit from a restorative program.

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F 0689 Level of Harm - Actual harm Residents Affected - Some	accidents.  **NOTE- TERMS IN BRACKETS H Based on interviews and record reverse of accident hazards as possible injuries. The facility failed to ensure the facility smoking area. The facility #16, and #19) reviewed for falls out the facility after smoking outside, and when he attempt and the wall, and waited for approxidacility.  Resident #16 sustained six falls over fall caused re-opening of the surgice with subdural hematoma. The facility prevent multiple falls, resulting in the resident #15 had four consecutive interventions to prevent the falls after arm. Resident #15 was not assessed eveloped arm discoloration and sur room for evaluation. The facility failed recurring falls. Fall risk assessment checks were not consistently performances after falls.  Findings include:  I. Facility policies and procedures  The Safe Smoking/Tobacco Use policy and the resident who smokes, uses smoothed the resident is proceeded.	aled the facility failed to ensure Reside le in sub-zero temperatures. The reside ted to gain entry back into the facility himately 20 minutes before staff found her a period of two months. Two of the facil wound on his amputated leg, and arity failed to provide adequate and timely womajor injuries for Resident #16.  If alls in less than one month. The facilitier the third fall. The fourth fall resulted ed by an RN for any injuries after the fawelling. She called 911 herself and was ures contributed to the resident's fall with to properly assess, develop and imple to the properly and the resident was not consist med, and the resident was not consist policy and procedure was provided by the pertinent part:	confident environment remained as a dassistance to prevent falls with or smoking safety was safe while in for three of five residents (#15, and #13 had adequate access back ent suffered frostbite to his fingers to became stuck between the door nim and assisted him back into the alls resulted in major injuries. One nother fall resulted in a head injury by supervision and assistance to the fall to put in place in a fracture of the resident's left all. The next morning the resident is transferred to the emergency with fracture.  In ment interventions to prevent courately or timely, neurological ently assessed by registered  The director of nursing (DON) on the left use to bacco products or its evaluated to determine whether its evaluated to determine whether

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Sterling Rehabilitation and Nursing LLC		1420 S 3rd Ave	F CODE	
Otoring Nonabilitation and Naroling	Sterling Renabilitation and Nursing ELC			
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)	
F 0689	· ·	the Nursing Admission Data Collection n the Safe Smoking/Tobacco Use Eval	` ,	
Level of Harm - Actual harm  Residents Affected - Some	-Quarterly, annually, with significant change of condition, and/or an infraction of facility smoking policy: The Safe Smoking/Tobacco Use Evaluation (UDA) is completed for residents who continue to use tobacco or e-cigarettes.			
	-The degree of supervision is deter physical attributes of the smoking a	mined based on the Safe Smoking/Tobarea, and other relevant factors.	pacco Use Evaluation (UDA), the	
	The Incident/Accident Reporting fo (CC) on 3/29/21 at 3:46 p.m. and re	r Residents policy and procedure was pead in pertinent part:	provided by the clinical coordinator	
	All indecent, accidents, and unusual occurrences involving a resident are investigated, documented and reported in accordance with Federal and State law.			
	-Relevant facts regarding the Incident are recorded in the Progress Notes (Electronic Health Record). Relevant facts may include, but are not limited to: the location the resident was found, assessments conducted, care provided, follow-up care provided etc.			
	The Fall Management policy, revised in July 2017, was provided on 3/29/2021 by the nursing home administrator (NHA). The policy read in pertinent part: The facility assists each resident in attaining/maintaining his or her highest practicable level of function by providing the resident adequate supervision, assistive devices and /or functional programs, as appropriate, to minimize the risk for falls. The Interdisciplinary Team (IDT) evaluates each resident's fall risk. A care plan is developed and implemented, based on this evaluation, with ongoing review.			
	II. Failure to ensure Resident #13's	safety by providing access into the fac	cility from the smoking patio	
	A. Resident #13 status			
		nitially admitted on [DATE] and most re outerized physician orders (CPOs), diag disorder.		
According to the 1/12/21 minimum data set (MDS) assessment, the resident was cognitively brief interview for mental status (BIMS) score of 15 out of 15. He had behavioral symptoms n towards others one to three days during the review period. The resident rejected care for four required set-up assistance with eating; one person assistance with locomotion on and off the mobility; and two person extensive assistance with transfers, dressing, toilet use and personal				
	B. Resident interview			
	(continued on next page)			
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NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		A. Building B. Wing  STREET ADDRESS, CITY, STATE, ZI  1420 S 3rd Ave	03/29/2021 P CODE
Sterling Rehabilitation and Nursing LLC	rreat this deficiency places con		P CODE
	rreat this deficiency places approx	1420 S 3rd Ave	·
F : 6 P P P P P P P P P P P P P P P P P P	root this deficiency places can	Sterling, CO 80751	
For information on the nursing nome's plan to co	rect this deliciency, please con	tact the nursing home or the state survey	agency.
	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
Level of Harm - Actual harm  Residents Affected - Some  The residents Affected - Some  Residents Affected - Some  Residents Affected - Some  The residents Affected - Some  The residents Affected - Some  Residents Affected - Some  The residents Affected - Some  Residents Affected - Some  The residents Affected - Some  A 2/14  Note of the residents Affected - Some  A 2/14  Note of the residents Affected - Some  A 2/14  Nursin freezin because	orning or early afternoon, he The resident said he had gornt said he was an independe policy. He said when he toucaused blisters on his thumb chair to the handicap accesside it halfway through the docilly stuck inside and outside a cility. The resident said he did formed. He said when staff staff members when he was anal pairs of gloves, and mad esident said staff continued to itsted it happened when he to ker and also placed material if.  Issident said he always broughday. He said he always make the said he always broughday. He said he always make the said he always broughday. He said he always make the said he always broughday. He said he always make the said he always broughday. He said he always make the said he always broughday. He said he always broughday.	24/21 at 10:45 a.m. He said he had be could not recall, and suffered frostbite ne outside to smoke and it was about z ant smoker, and his smoking materials with the lock his fingers froze to the lock and fingers. He said when he was finished door. He said he used the blue har or before it closed with him in between the lock about 20 minutes before stand it took about 20 minutes before stand it not notify staff about his fingers until the became aware of the blisters they edungoing to go outside to smoke. He said the sure he had a winter coat to wear when the state the frostbite occurred when he to but he had a winter coat to wear when the same had a winter coat to wear when the same had a winter coat to wear when the same had a winter coat to wear when the same had a winter coat to wear when the same had a winter coat to wear when the same had a winter coat to wear when the same had a winter coat to wear when the same had a winter coat to wear when he was sure he has his phone now, and will do the following:  I blisters from his fingers sticking to when he goes out an check to see if he is ok. Educated resure drops outside. (name of physician) when the same had assessment recommendation) Coat and check to see if he is ok. Educated resure drops outside. (name of physician) when the same had a winter commendation) Coat and the same had a winter commendation when the same had a winter commendation when the same had a winter coat to wear when he was not touch the same had a winter coat to wear when he was not touch the same had a winter coat to wear when he was not touch the same had a winter coat to wear when he was not touch the same had a winter coat to wear when he was not touch the same had a winter coat to wear when he was not touch the same had a winter coat to wear when he was not touch the same had a winter coat to wear when he was not touch the same had a winter coat to wear when he was not touch the same had a winter coat to wear when he was not touch the same had a winter coat to wear when he was not to	to the tips of his fingers on his right ero (0) degrees outside. The were kept in a locker outside per ck and he had to pull them off, shed smoking he propelled his idicap button to open the door, and the door jam. He said he was if found him and assisted him into he following day when the raised cated him on the importance of they also provided him with two ien he was outside.  Duched his wheelchair wheels, but He said staff replaced the lock on ing metal when he propelled  Went to smoke, but he had forgotten go back to his room if he forgets to elichair outside in the freezing cold the wheelchair because it was 0 at to smoke so that staff could set a sident to possibly not go out to and wife made aware of the  Infinity of the wheelchair in the immunication form and Progress  Infingers froze to the wheelchair in the ing to the wheelchair outside in the ingers froze to the wheelchair in the ingers froze to the wheelchair in the ing to the wheelchair outside in the ingers froze to the wheelchair in the ing to the wheelchair outside in the ing to the was ing to the in

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
AND PLAN OF CORRECTION	065174	A. Building	03/29/2021	
	000174	B. Wing	33/23/2321	
NAME OF PROVIDER OR SUPPLII	NAME OF PROVIDER OR SUPPLIER		P CODE	
Sterling Rehabilitation and Nursing LLC		1420 S 3rd Ave		
Sterling, CO 80751				
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES			
	(Each deficiency must be preceded by	full regulatory or LSC identifying informati	on)	
F 0689	Resident description: I got stuck at	the door try(ing) to get in, I yelled for h	elp and no one came.	
Level of Harm - Actual harm		resident on letting staff know when he		
Residents Affected - Some		that staff can check to see if he is ok. It temperature drops outside. Resident v		
	A 2/15/21 Resident/Family Educati	on Record documented the following:		
	Resident educated on safe smokin smoke so that he will be able to ha	g in subzero temperatures. Resident is ve some help when needed.	to tell staff when he goes out to	
	The skin care plan, last revised on 3/23/21 (during the survey) identified the resident as having frostbite to his right hand from smoking in below zero temperatures. The goal was for the resident's wounds to show signs of healing by the next review. The pertinent interventions included:			
	Resident agreeing to not go out to smoking area.	o smoke if maintenance has not cleared	d the snow from the ground in the	
	- Gloves provided to the resident to wear outside while smoking in below zero temperatures.			
	- Maintenance to move rubber grips to the right wheelchair to ensure the resident does not have to touch cold metal in below zero temperatures.			
		d 2/15/21, identified the resident as bei unsafe smoking practices. Pertinent ir		
	- Resident agreeing to not go outsi	de if the snow had not been cleared in	the smoking area.	
	- Education provided to the residen	t on risk of smoking outside in below ze	ero temperatures.	
	- Gloves provided to the resident w	hile he is outside smoking in below zer	o temperatures.	
	Maintenance to move rubber grip does not have to touch cold metal it.	s to the right wheel of the residents who n below zero temperatures.	eelchair to ensure the resident	
	D. Staff interviews			
	The staff development coordinator (SDC) was interviewed on 3/24/21 at 1:28 p.m. She said she was the member who completed the education to the resident on 2/15/21 regarding safer smoking practices. The SDC said she was part of the investigation and making sure all of the residents who smoke continued to safe.			
	(continued on next page)			
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021		
NAME OF PROVIDER OR SUPPLII		STREET ADDRESS, CITY, STATE, ZI	P CODE		
Sterling Rehabilitation and Nursing LLC		1420 S 3rd Ave	F CODE		
Otoming Nonabilitation and Naroling	, 220	Sterling, CO 80751			
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)				
F 0689	The SDC said the resident was agr	reeable to the interventions such as not	tifying staff when he was going out		
Level of Harm - Actual harm	to smoke and wearing gloves. The	SDC said she thought the frostbite occ	urred from the resident's		
	questions regarding how he got the	was completing the investigation she sle injuries.	louid have asked the resident more		
Residents Affected - Some	The director of nursing (DON), nurs	sing home administrator (NHA) and clin	ical coordinator (CC) were		
	interviewed on 3/25/21 at 12:17 p.r	n. The CC said the facility had identifie	d the concern with the resident		
		sub zero temperatures. The CC said to ad only identified one additional reside			
	currently smoking as she did not lik	te to smoke when the weather was cold	d outside. The CC said the facility		
		physician for treatment orders for the bare plan to ensure there were appropria			
	they also reviewed the resident's care plan to ensure there were appropriate interventions. Additionally, the maintenance department made sure the smoking area was safe including making sure the door and handicap accessible button were functioning properly.				
	The director of nursing said a safe	emoking assessment should have heel	n completed with the resident		
	The director of nursing said a safe smoking assessment should have been completed with the resident following the incident, but nursing staff did not complete an updated smoking assessment until 3/23/21, during the time of the survey. The CC said she had educated nursing staff, during the time of the survey, on the facilities policy and procedure of making sure smoking assessments were completed timely.				
	37166				
	III. Failure to provide adequate supervision and assistance to prevent falls with injuries				
	A. Resident #16				
	Resident status				
		idmitted on [DATE]. According to the Macquired absence of left leg, diabetes t			
	The 1/18/21 minimum data set (MDS) assessment revealed the resident was cognitively intact with a binterview for mental status (BIMS) score 15 out of 15. The resident required extensive two person physics assistance for bed mobility, transfers, dressing, toileting and personal hygiene. He was occasionally incontinent of bowel and bladder.				
	The fall section revealed the resident had at least one fall in the last six months prior to admission that resulted in minor injuries. The behavior section indicated the resident did not resist care, and had no hallucinations, delusions or other types of behaviors.				
	2. Resident interview				
	(continued on next page)				

STATEMENT OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY	
AND PLAN OF CORRECTION	IDENTIFICATION NUMBER: 065174	A. Building B. Wing	03/29/2021	
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE	
Sterling Rehabilitation and Nursing	LLC	1420 S 3rd Ave Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	STATEMENT OF DEFICIENCIES ency must be preceded by full regulatory or LSC identifying information)		
F 0689 Level of Harm - Actual harm Residents Affected - Some	knee amputation of his left foot. He Specifically, he had multiple falls si in the longer need for care at the falleg for ambulation and was dependence and when he called for assistance. He said on multiple occasions he wall about the call light response time to any feedback from anyone. The state prevent falls in the future. He felt as staff kept telling him to use the call but that was not the problem. He si he ended up transferring independitrying to make things better for him 3. Record review  The admission assessment on 1/13. The care plan for falls was initiated 1/17/21), and revealed that the resimake sure call light was within read provide prompt response to all requivalent from the was assessed to transfer from wheelchair to the reclamputation. Resident was educate  -The SBAR note did not mention wence assessment.  The fall assessment was complete was updated with an intervention Etransfer arises.  The IDT review was initiated on 1/16.	und, assessment report (SBAR) on 1/1 by a licensed practical nurse (LPN). Th iner and slid to the floor. Resident verb	care he received in the facility. his physical condition and resulted a was no longer able to use his left to transfers and bathroom use. He someone to answer his call lights and a fall. He said he complained uses on the floor, but never received do not ask him what would help to can't remember anything. He said is as a reminder to use the call light, anded to the call light on time, and cared about anything and was not sing staffing.)  sk for falls.  and after two falls on 1/14/21 and included to assist with transfers, for assistance as needed, and to alized difficulty adjusting to left leg and if his call light was on or off.  Ontacted to complete the	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave Sterling, CO 80751	P CODE	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0689 Level of Harm - Actual harm	According to the SBAR on 1/17/21, the resident had a witnessed fall in his room. He was assisted by a certified nurse aide (CNA) in the bathroom, lost his balance and was lowered to the floor. At that time the incision broke open. Area was cleansed and pressure dressing applied.			
Residents Affected - Some	-The physician was not notified unt	il the next day, 1/18/21 at 8:00 a.m.		
		t (see above) needed extensive two-petted that one CNA performed the transf		
	The resident's vital signs were doct assessed by an RN. There were no	umented by an LPN. There was no evic of urther notes regarding the resident's	dence that the resident was wounds that opened up.	
	was updated with an intervention: E	d on 1/17/21, and documented a score Be sure resident's call light is within rea the resident needs prompt response to a	ch and encourage the resident to	
	The IDT review was initiated on 1/18/21 and completed (locked) on 1/26/21. Interventions included to provide two person assistance to the resident.			
	Fall #3 - 1/30/21			
	According to the SBAR completed on 1/31/21 (one day after the fall), the resident had an unwitnessed fall in his room on 1/30/21. During the fall he bumped his leg that resulted in the dehiscence of the wound. The resident was sent to the emergency room to stop the bleeding.			
	The residents' vital signs and SBAR form were completed by an LPN. There was no evidence that the resident was assessed by an RN. There were no further notes regarding the resident's wound that opened up.			
	The IDT review was initiated on 1/31/21 and completed (locked) on 2/1/21. The note read: resident states, h was sitting in recliner trying to pull the pillow out from under him. Resident states that in the process he somehow 'slid' out of the recliner and bumped his stump as he went to the floor. Interventions included moving the resident closer to the nurses station and conducting frequent checks.			
		d on 1/30/21, and documented a score o initiate frequent checks as needed for		
	The emergency room (ER) admission note, dated 1/30/21, revealed that the resident arrived at the ER with leg injury. Assessment revealed some wound dehiscence, sutures in place, no active bleeding. Wound was redressed and the resident was sent back to the facility.			
	Fall #4 - 2/10/21			
	(continued on next page)			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
	065174	A. Building B. Wing	03/29/2021	
		D. Willig		
NAME OF PROVIDER OR SUPPLIE	ER	STREET ADDRESS, CITY, STATE, ZI	P CODE	
Sterling Rehabilitation and Nursing	LLC	1420 S 3rd Ave Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG		SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0689		the resident had an unwitnessed fall in with no apparent injury. No additional		
Level of Harm - Actual harm		t was found, what he was wearing and		
Residents Affected - Some	The resident's vital signs were door assessed by an RN.	umented by an LPN. There was no evid	dence that the resident was	
		d on 2/10/21, and documented a score Bedside commode for shorter distance	`	
	The IDT review was initiated on 2/10/21 and completed (locked) on 2/16/21. The note indicated the resident was found by a CNA during rounds. There were no notes regarding the exact location of the fall, the status of the call light or the resident's footwear. The facility initiated the following intervention: offer bedside commode, resident refuses use of commode. No further clarification was added on why the commode was provided to the resident, the reason for resident refusal of the commode, or any additional interventions.			
	According to the physician note dated 2/24/21, the resident had a dehiscence of amputation stump after the fall on 1/30/21 with re-opening of the surgical incision to the stump. The ortho surgeon started a wound vac on 2/17/21 to promote improved healing. The wound vac was in place, and the resident was followed by a wound care team after 2/17/21 and during the survey.			
	Fall #5 - 2/28/21			
	According to the SBAR on 2/28/21, the resident had an unwitnessed fall in his room. It was documented, resident found on the floor, stated he fell head first on the floor while trying to transfer. Resident has a knot on the side of the forehead. The physician was notified and the resident was sent to the ER for evaluation.			
	There were no fall risk assessment	after the fall on 2/28/21 and there were	e no IDT notes.	
	The care plan was not updated with	h any new interventions.		
	stump pain after sustaining a fall at	ted 2/28/21 documented the resident was admitted with a headache and left fall at the nursing facility. In the ER he was diagnosed with a subdural to the hospital overnight for observations.		
	Fall #6 - 3/7/21			
	1	ording to the SBAR on 3/7/21, the resident had an unwitnessed fall in his room. A note documented, ident attempted to self transfer from wheelchair to recliner, wound vac got caught on wheelchair and dent fell to his knees.		
	The resident's vital signs were documented by an LPN. There was no evidence that the resident was assessed by an RN.			
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLII	NAME OF PROVIDED OF CURRUED		P CODE	
	NAME OF PROVIDER OR SUPPLIER  Sterling Rehabilitation and Nursing LLC  Sterling, CO 80751  STREET ADDRESS, CITY, STATE, ZIP CODE  1420 S 3rd Ave  Sterling, CO 80751		1 6052	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0689  Level of Harm - Actual harm	was updated with an intervention: r	d on 2/10/21, with a documented score resident at times refuses to use call lights. Staff to offer frequent help with ADL's	t for assist with transfers. Staff to	
Residents Affected - Some		7/21 and completed (locked) on 3/23/21 se call light for assist with transfers. Sta p with ADL's.		
	The facility failed to provide superv #16.	ision and assistance to prevent repeate	ed falls with injuries for Resident	
	4. Staff interviews			
	CNA #3 was interviewed on 3/29/21 around noon. She said the Resident #16 needed one-person assist with transfers and mobility, and was mostly independent with other tasks. She said the resident was at risk for falls and they were frequently checking on him, making sure his call light was answered promptly. She said the resident did not have behaviors and did not refuse care.			
	LPN #3 was interviewed on 3/29/21 around noon. She said Resident #16 was alert and oriented, and required one person assistance with most tasks. She said the resident was at risk for falls, but had no falls recently. She said the resident used his call light frequently and had no memory problems and no behaviors. She said he did not refuse care.			
	The rehab program manager (RPM) was interviewed on 3/29/21 around 4:00 p.m. She said Resident #16 was currently working with physical therapy (PT) and occupational therapy (OT). He required one person assistance with ambulation and transfers. She said the resident had multiple falls and at times was impulsive. She said he made several attempts to self transfer and sometimes did not use his call light.			
	coordinator. She said she participa Regarding Resident #16, she said refused to use his call light and was educated to use the call light and the resident refused most of the intresident in person and did not ask	The MDS coordinator was interviewed on 3/29/21 around 5:00 p.m. She said she was an RN and MDS coordinator. She said she participated in IDT meetings and was responsible for the update of the care plans. Regarding Resident #16, she said she recalled discussing the falls in IDT meetings. She said the resident refused to use his call light and was not cooperative with care. She said Resident #16 was continuously educated to use the call light and the facility came up with many interventions to prevent his falls. She said the resident refused most of the interventions including a bedside commode. She said she did not talk to the resident in person and did not ask him why he was refusing the bedside commode. She said she did not provide direct care to the resident, but heard it from a third party that the resident was refusing care.  The director of nursing (DON) was interviewed on 3/29/21 around 5:00 p.m. in the presence of the corporate consultant (CC). She said Resident #16 had several falls and they reviewed all falls in IDT meetings. She said she did not talk to the resident about refusals to use the call light, and she did not know why he would refuse it. She said they continued to educate him and remind him to call for assistance.		
	consultant (CC). She said Resident said she did not talk to the resident			
	B. Resident #15			
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE	
Sterling Rehabilitation and Nursing		1420 S 3rd Ave Sterling, CO 80751	. 6552	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0689	Resident status			
Level of Harm - Actual harm  Residents Affected - Some		d on [DATE]. According to the March 2 , kidney failure, heart failure, hypertens		
	The resident required limited assist	aled the resident was cognitively intact cance of one person and physical assis giene. She was occasionally incontinen	tance for bed mobility, transfers,	
		nt had at least one fall in the last six mayor section indicated the resident did rapes of behaviors.		
	2. Resident interview			
	The resident was interviewed on 3/23/21 around 3:00 p.m. She said she did not recall having any falls and was doing well. She said she was working with physical therapy and was looking forward to going home. No slings were observed on the resident's arms (see 1/14/21 hospital documentation from record review below). She was able to move her arms and propel herself in a wheelchair.			
	3. Record review			
	The care plan for falls was initiated on 1/4/21 revealed that the resident was at risk for falls.			
	Interventions included to assist with transfers, make sure call light was within reach and encourage the resident to use it for assistance as needed, and to provide prompt response to all requests for assistance.			
	Fall #1 - 1/5/21			
	According to the SBAR on 1/15/21, the resident had an unwitnessed fall in her room. She was assessed by an LPN. The note read fall without injury. The SBAR note did not mention where the resident was found, what she said, what footwear she was wearing and if her call light was on or off.			
	No progress notes were located to	demonstrate that an RN was contacted	d to complete the assessment.	
	The care plan was updated with an was too big.	intervention to place a smaller recliner	in her room as the one she had	
	Fall #2 - 1/7/21			
	According to the SBAR on 1/7/21, the resident had an unwitnessed fall in her room. Resident found sittle the floor in her room with a recliner at her backside. Res states, 'I slid out of the chair.' She has some particle her lower back where the footstool of the recliner would have hit her while sliding out. Presents with no bruising or redness anywhere. No abrasions. Assisted to bathroom and back to the recliner.			
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLII	NAME OF PROMPTS OF GURBLIEF		D CODE	
Sterling Rehabilitation and Nursing		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave	P CODE	
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For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0689	-The SBAR note did not mention w	hat footwear the resident was wearing	and if her call light was on or off.	
Level of Harm - Actual harm	The care plan was updated with an bed.	intervention to move the recliner out o	f the room and replace it with a	
Residents Affected - Some	Fall #3 - 1/14/21			
	According to the SBAR on 1/14/21, resident room. Complaint of neck p	the resident had an unwitnessed fall in ain and left hip pain.	n her room. Unwitnessed fall in	
	-The SBAR note did not mention what footwear the resident was wearing and if her call light was on or off.  Vital signs and SBAR assessment were completed by an LPN. No notes documented if the resident was assessed by an RN. The physician was contacted and the resident was sent to the ER for evaluation.			
	The ER notes dated 1/14/21 revealed the resident was brought to the ER after sustaining a mechanical fall. The x-ray of the hip revealed no fractures or other acute abnormalities. The CT scan of the cervical spine showed a compression deformity of the T1 vertebral body with approximately 50 percent height loss and multilevel degenerative changes.			
	IDT notes dated 1/14/21 had no reupdated with any new interventions	commendations or interventions. The res.	esident's care plan was not	
	Fall #4 - 1/15/21			
	There were no SBAR or progress notes related to the resident's fall on 1/15/21.			
	The IDT note completed on 1/16/21 revealed that the resident had a fall on 1/15/21 around 10:00 p.m. Resident found face down in her room, per CNA resident was sitting in a wheelchair before that. Physician and family were notified on 1/18/21.			
	-There were no progress notes to s found on the care plan.	show if the resident was assessed after	the fall. No new interventions	
	The SBAR dated 1/16/21 (the day after the fall) revealed that the resident had a change of condition, where she developed swelling and discoloration to the left hand with decreased range of motion. The resident herself contacted emergency services, and was taken to the emergency room for evaluation.			
	The ER notes dated 1/14/21 revealed the resident presented with extremity injury from nursing home for the second time in less than 48 hours for evaluation after the fall. The most recent fall was last night and she landed on her left side injuring her left shoulder, elbow and wrist.			
	The resident was diagnosed with a left radius fracture, and left shoulder and wrist contusion. The splint sling was provided and the resident was discharged back to the nursing facility.			
	(continued on next page)			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI	P CODE	
	Sterling, CO 80751			
For information on the nursing nome's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0689	There were no additional IDT notes	s related to the fall, hospitalization or fo	llow-up treatment above.	
Level of Harm - Actual harm	4. Staff interviews			
Residents Affected - Some	CNA# 3 was interviewed on 3/29/21 around noon. She said the resident needed one-person to assist with all tasks, and she was able to propel herself independently in a wheelchair. She said the resident was not at risk for falls and had no falls that she was aware of. She said the resident was very cooperative and always used a call light when she needed help.  LPN #3 was interviewed on 3/29/21 around noon. She said, the resident was actively working with physical			
	1 1 0 1 0	She said the resident had no falls that e said the resident was getting ready to		
	instructed to call the DON with eve	d after a fall every resident should be a ry fall. The physician and family should not participate in IDT meetings and was	be contacted as well and an SBAR	
	coordinator. It was part of her response	wed on 3/29/21 around 5:00 p.m. She sonsibilities to update care plans. She soft too busy and some interventions were	aid she tried to update the care	
	The director of nursing (DON) was interviewed on 3/29/21 around 5:00 p.m. in the presence of the corporate consultant (CC). She said the resident did not have any recent falls and was getting ready to be discharged . She said nurses were expected to call her after every fall in the facility and she provided guidance to them over the phone w[TRUNCATED]			

NAME OF PROVIDER OR SUPPLIER  Sterling Rehabilitation and Nursing LLC  STREET ADDRESS, CITY, STATE, ZIP CODE 1420 S 2rd Ave Sterling, CO 80751  For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.  SUMMARY STATEMENT OF DEFICIENCIES [Each deficiency must be preceded by full regulatory or LSC identifying information)  F 0692  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few  Based on observations, record review and interviews, the facility failed to ensure the nutritional and hydration needs were consistently mel for one (#142) resident out of three reviewed out of 29 sample residents.  Specifically, the facility failed to ensure Resident #142, who was on thickened liquids, consistently received a sufficient amount of fluids throughout the day.  Findings include:  I. Facility policy and procedure  The Hydration Management policy and procedure, last revised July 2017, provided by the corporate consultant (CC) on 3/28/21 at 3:00 pm., revealed in pertinent part, Residents are provided with sufficient fluid intake the maintain proper hydration and nutritional status. Residents are provided with sufficient fluid intake the maintain proper hydration and nutritional status. Residents are provided with sufficient fluid intake the maintain proper hydration and nutritional status. Residents are provided with sufficient fluid intake the maintain proper hydration and nutritional status. Resident status  II. Resident #142  A. Resident #142  A. Resident status  Resident #142, age 74, was admitted [DATE]. According to the March 2021 computerized physician orders (CPD), diagnoses included diabetes, gastro-esophageal reflux disease (GERD) and cognitive communication deficit.  The 12/30/2000 intermediate that the provision of the status (BIMS) socree of four out of 15. The resident required extensive assistance on for real framembers for his activities of daily living (ADLs) except he was independent with set up assista	STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)   F 0692			1420 S 3rd Ave	P CODE
Each deficiency must be preceded by full regulatory or LSC identifying information	For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few  **NOTE-TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 37661  Based on observations, record review and interviews, the facility failed to ensure the nutritional and hydration needs were consistently met for one (#142) resident out of three reviewed out of 29 sample residents.  Specifically, the facility failed to ensure Resident #142, who was on thickened liquids, consistently received a sufficient amount of fluids throughout the day.  Findings include:  1. Facility policy and procedure  The Hydration Management policy and procedure, last revised July 2017, provided by the corporate consultant (CC) on 3/29/21 at 3:00 p.m., revealed in pertinent part, Residents are provided with sufficient fluid intake to maintain proper hydration and nutritional status. Residents are provided with sufficient fluid means the amount of fluid needed to prevent dehydration and maintain health. The amount needed is specific for each resident, and fluctuates as the resident's condition fluctuates.  II. Resident #142  A. Resident status  Resident #142, age 74, was admitted [DATE]. According to the March 2021 computerized physician orders (CPO), diagnoses included diabetes, gastro-esophageal reflux disease (GERD) and cognitive communication deficit.  The 12/30/2020 minimum data set (MDS) assessment revealed the resident had severe cognitive impairment with a brief interview for mental status (BIMS) score of four out of 15. The resident required extensive assistance of one to two staff members for his activities of daily living (ADLs) except he was independent with set up assistance only for eating. The resident did not have any signs or symptoms of a possible swallowing disorder however he was on a mechanically altered die.  B. Resident observations and interview  On 3/23/21 at 4:27 p.m. the resident was lying in bed. He had an empty water pitcher in his room. He had an empty Coke can sitting on the table in front of him. He said he was	(X4) ID PREFIX TAG			on)
water pitcher in his room. He had an empty Coke can sitting on the table in front of him.  (continued on next page)	Level of Harm - Minimal harm or potential for actual harm	Provide enough food/fluids to main  **NOTE- TERMS IN BRACKETS F Based on observations, record revineeds were consistently met for on Specifically, the facility failed to ensufficient amount of fluids throughout Findings include:  I. Facility policy and procedure  The Hydration Management policy consultant (CC) on 3/29/21 at 3:00 fluid intake to maintain proper hydron a regular basis.  Sufficient fluid means the amount on eeded is specific for each residen II. Resident #142  A. Resident #142  A. Resident status  Resident #142, age 74, was admitt (CPO), diagnoses included diabete communication deficit.  The 12/30/2020 minimum data set impairment with a brief interview for extensive assistance of one to two independent with set up assistance possible swallowing disorder howe B. Resident observations and interior On 3/23/21 at 4:27 p.m. the resider can, within reach, on the table in from On 3/24/21 at 5:22 p.m. the resider empty Coke can sitting on the table on 3/25/21 at 10:01 a.m. the resider empty Coke can sitting on the had a set on 3/25/21 at 10:01 a.m. the resider can sitting on the had a set on 3/25/21 at 10:01 a.m. the resider can sitting on the had a set on 3/25/21 at 10:01 a.m. the resider can sitting on the had a set on 3/25/21 at 10:01 a.m. the resider can sitting on the had a set on 3/25/21 at 10:01 a.m. the resider can sitting on the had a set on 3/25/21 at 10:01 a.m. the resider can sitting on the had a set on 3/25/21 at 10:01 a.m. the resider can sitting on the had a set on 3/25/21 at 10:01 a.m. the resider can sitting on the had a set on 3/25/21 at 10:01 a.m. the resider can set on 3/25/21 at 10:01 a.m. the resider can set on 3/25/21 at 10:01 a.m. the resider can set on 3/25/21 at 10:01 a.m. the resider can set on 3/25/21 at 10:01 a.m. the resider can set on 3/25/21 at 10:01 a.m. the resider can set on 3/25/21 at 10:01 a.m. the resider can set on 3/25/21 at 10:01 a.m. the resider can set on 3/25/21 at 10:01 a.m. the resider can set on 3/25/21 at 10:01 a.m. the resider can set on 3/25/21 at 10:01 a.	tain a resident's health.  HAVE BEEN EDITED TO PROTECT Company and interviews, the facility failed to be (#142) resident out of three reviewed sure Resident #142, who was on thicker out the day.  and procedure, last revised July 2017, p.m., revealed in pertinent part, Reside ation and nutritional status. Residents' of fluid needed to prevent dehydration at t, and fluctuates as the resident's conductive and fluctuates as the resident's conductive and fluctuates as the resident with the day.  (MDS) assessment revealed the resident mental status (BIMS) score of four out staff members for his activities of daily a only for eating. The resident did not have the was on a mechanically altered conview.  In the was lying in bed. He had an empty we can be a sin front of him. He said he was thirsty. His lant was lying in bed. He did not have a very limit was lying in bed. He did not have a very limit was lying in bed. He did not have a very limit was lying in bed. He did not have a very limit was lying in bed. He did not have a very limit was lying in bed. He did not have a very limit was lying in bed. He did not have a very limit was lying in bed with his head under the was lying in bed with his head under the was lying in bed with his head under the was lying in bed with his head under the was limited to the was lying in bed with his head under the was limited to the was lying in bed with his head under the was lying in bed with his head under the was limited to the was lying in bed with his head under the was limited to the was limite	ensure the nutritional and hydration out of 29 sample residents.  ened liquids, consistently received a provided by the corporate ents are provided with sufficient hydration status will be monitored and maintain health. The amount ition fluctuates.  21 computerized physician orders GERD) and cognitive ent had severe cognitive at of 15. The resident required living (ADLs) except he was ave any signs or symptoms of a liet.  22 rater pitcher and an empty Coke ips were dry.  23 vater pitcher in his room. He had an and this lips were dry.

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE	
Sterling Rehabilitation and Nursing	LLC	1420 S 3rd Ave Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	' STATEMENT OF DEFICIENCIES ency must be preceded by full regulatory or LSC identifying information)		
F 0692  Level of Harm - Minimal harm or potential for actual harm	bed with the head of the bed up 30 with 240 ml of a thickened red fluid	Continuous observations were made on 3/26/21 from 10:42 a.m. until 1:35 p.m. The resident was lying in ped with the head of the bed up 30 degrees. He did not have a water pitcher in his room. He was provided with 240 ml of a thickened red fluid with his lunch meal. He was not offered any fluids before or after his meal and no fluids were placed within his reach while he was in bed.		
Residents Affected - Few	C. Record review			
	The March 2021 CPO revealed the	following orders:		
	-Dysphagia diet-pureed texture, ne	ctar consistency liquids;		
	-May have non-thickened Coke two	times a week for pleasure; and		
	-House supplement 4 ounces (oz) three times a day.			
	According to the 6/26/2020 nutrition registered dietitian (RD) assessment the resident estimated fluid needs were 1,725-2,070 milliliters (ml) a day. This was based on the ideal body weight (IBW) of 69 kilograms (kg) or 25-30 ml/kg. It indicated the resident had swallowing difficulty related to speech therapy findings and had a need for pureed textures and nectar thickened liquids.			
		survey report for the amount of fluids covas 498 ml/day. His average meal intak		
		tion survey report for the amount of fluids consumed revealed the resident's als was 569 ml/day. His average meal intake was 0-50%.		
		n survey report for the amount of fluids consumed revealed the resident's als was 694 ml/day. His average meal intake was 0-50%.		
	III. Staff interviews			
	Certified nurse aide (CNA) #1 was interviewed on 3/26/21 at 1:22 p.m. She said [NAME] should be passed each resident at least once a shift but they did not always have time to get it done (cross-reference F725 sufficient staff). She said Resident #142 got his fluids during meals since he was on thickened liquids. She said he did have thickened liquids in the refrigerator in his room that could be given to him when he requested. She said it should also be offered frequently but when she got busy she would frequently forgous She said she had not had time to give him any fluid that day but was going to get him a cup with thickene fluids at that time.			
	(continued on next page)			

	.a.a 55.7.555		No. 0938-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIE	ER	STREET ADDRESS, CITY, STATE, ZI	P CODE
Sterling Rehabilitation and Nursing	LLC	1420 S 3rd Ave Sterling, CO 80751	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	I <b>IENCIES</b> full regulatory or LSC identifying informati	on)
F 0692 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	company at the beginning of March he was reviewing the resident's recresident's body weight with a calcul intakes, he would have to see how He said a resident's hydration statu amount of fluids needed, the staff staff should also be offering fluids in not meeting his fluid intake needs.  CNA #2 was interviewed on 3/29/2 two times a shift and as needed. SI #142 got most of his fluids at meal  The director of nursing (DON) was passed every shift and as needed.	Interviewed on 3/29/21 at 11:00 a.m. He 2021 and had not had the opportunity ords remotely. He said a resident's flui ation of 30 ml/kg. He said when he was much fluid was in the meal being provise should be reviewed quarterly. He said hould offer increased fluids at meals if in between meals. He agreed document at 12:09 p.m. She said [NAME] should ne said that included resident's on thick times but had Cokes in his fridge if he interviewed on 3/29/21 at 6:24 p.m. She said this included residents on thick times whenever they pass the fresh wat water they pass the fresh wat said the said this included residents on the rink whenever they pass the fresh wat the said this included residents on the rink whenever they pass the fresh wat said the said this included residents on the rink whenever they pass the fresh wat said the said the said this included residents on the rink whenever they pass the fresh wat said the said the said this included residents on the rink whenever they pass the fresh wat said the said this included residents on the rink whenever they pass the fresh wat said the s	to do an in-facility visit yet. He said dineeds should be based on the strying to determine a resident's ded and monitor their meal intakes. dito ensure a resident is getting the their intakes were good and the tation showed Resident #142 was die be passed to all resident's one to tened liquids. She said Resident wanted one.  e said fresh water should be ekened liquids. She said staff

			NO. 0930-0391	
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave Sterling, CO 80751	P CODE	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.		agency.		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0697	Provide safe, appropriate pain mar	agement for a resident who requires s	uch services.	
Level of Harm - Actual harm	**NOTE- TERMS IN BRACKETS H	IAVE BEEN EDITED TO PROTECT C	ONFIDENTIALITY** 37661	
Residents Affected - Few	reviewed out of 29 sample resident	view, the facility failed to manage the p is in a manner consistent with profession are plan and the resident's goals and p	onal standards of practice, the	
	The facility failed to identify when Resident #18 was having increased complaints of pain and failed to perform a current comprehensive pain evaluation to determine the root cause of the resident's increasing complaint of pain and adjust the resident's plan of care to provide optimal pain management.			
	Resident #18 had frequent complaints of moderate sacral pain during her dialysis sessions that were communicated to the facility but were not addressed or treated by the facility.			
	These failures led to the resident ending her dialysis sessions early frequently due to her unresolved pain.			
	Findings include:			
	I. Facility policy and procedure			
	The Pain Management policy and procedure, last revised July 2017, provided by the corporate consultant (CC) on 3/29/21 at 3:00 p.m., revealed in pertinent part, The facility will evaluate and identify residents experiencing pain; evaluate the existing pain and cause (s); determine the type and severity of the pain; and develop a care plan for pain management consistent with the comprehensive care plan and the resident's goals and preferences.			
	An evaluation of pain should be completed when the resident has a new complaint of pain or when pain is suspected to be present.			
	Consult with the resident or resident's representative when developing an individualized care plan related the signs and symptoms of their pain. Interventions should be focused on approaches that help to control resident's level of pain, whether it is by managing pain by the use of pain medication or other non-pharmacological approaches.  Staff should be proactive to address the resident's pain to aid in achieving relief. Evaluation of pain, implementation of interventions, monitoring the resident response to those interventions, and communicate with the care team regarding pain management strategies are important components of a successful pain management system.			
	II. Resident #18			
	A. Resident status			
		d [DATE]. According to the March 202 ge renal disease with dependence on		
	(continued on next page)			

			NO. 0936-0391	
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER  Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave Sterling, CO 80751	P CODE	
For information on the nursing home's	plan to correct this deficiency, please con	Lact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	NT OF DEFICIENCIES e preceded by full regulatory or LSC identifying information)		
F 0697 Level of Harm - Actual harm Residents Affected - Few	The 1/28/21 minimum data set (MI brief interview for mental status (BI assistance of two people for her ac pain during the assessment period was receiving pressure ulcer care.  B. Resident interview and observat Resident #18 was interviewed on 3 bottom hurt. She said it was hurting pain medications when she returne no pain to 10 - severe pain) at that sitting up in the chair at dialysis. She said she did not know if she has for the pain to her bottom.  Observations revealed an approxim pressure area to the resident's cool blanchable. No open areas were so relieving cushion in her wheelchair C. Record review  Coccyx and sacral to describe the citation.  According to the March 2021 CPO  -Tylenol Extra Strength 500 milligra ordered 10/21/2020; and	DS) assessment revealed the resident has score of 15 out of 15. She was detivities of daily living (ADLs). The resident has she had one stage 2 pressure ulcer a She had a pressure reducing device for sion by 24/21 at 4:00 p.m. She said she left day, even after lying in bed for a while. She deform dialysis. She said she rated her time because she could lay down, but he said she could tolerate a pain level of ad orders for any pain medications other and two centimeter (cm) diameter, nor cyx surrounded by approximately 4 cm seen. The resident was lying on an air material two centimeters are living on an air material two centimeters are sident was lying on an air material two centimeters are living on an air material two seens. The resident was lying on an air material two seens that the following orders for the resident had the following orders for the f	nad no cognitive impairment with a pendent or required the extensive ent did not have any complaints of the time of the assessment and or her chair and bed.  Tallysis early that day because her he said she was not offered any apain 3 out of 10 (on a scale of 0 - it was a 6 out of 10 when she was of 3 out of 10 but not much more. For than Tylenol and it did not work ablanchable, dark pink, stage 1 diameter lighter pink skin that was nattress and had a pressure	
	interventions prior to medication if a The 10/28/2020 pain evaluation rev	resent, complete pain flow sheet and trappropriate and document in the progravealed the resident complained of genelicated the resident had no complaints as needed.	ess notes, ordered 10/22/2020.  Paralized pain, treated with	
	after the resident started having ne  Review of the Dialysis Communica	tion Records from 2/1/21 until 3/25/21	revealed the resident's dialysis	
	2/6/21 - termed one hour and 40 m (continued on next page)	inutes early due to pain;		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZIP CODE  1420 S 3rd Ave Sterling, CO 80751	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0697	2/9/21 - termed treatment early due	e to pain;	
Level of Harm - Actual harm	2/11/21 - Tylenol given at dialysis;		
Residents Affected - Few	2/16/21 - resident signed out again	st medical advice (AMA);	
	2/18/21- termed early per her reque	est;	
	2/20/21 - termed treatment two and	d a half hours early due to pain;	
	2/25/21 - termed early due to pain;		
	2/27/21 - resident chose to end trea	atment 100 minutes early;	
	3/2/21 - resident only had 50 minut	es of treatment done;	
	3/4/21 - resident termed early for d	iscomfort and signed AMA;	
	3/9/21 - termed 100 minutes early of	due to pain;	
		ain in her coccyx immediately going into sed Tylenol. She stated she was in too	
	3/16/21- termed three hours early p signed;	per resident request due to her bottom	hurting despite repositioning. AMA
	3/18/21 - termed early due to pain;		
	3/20/21 - termed early due to pain;	and	
	3/25/21 - termed early due to pain.		
	termination due to complaints of pa incontinent during the dialysis sess	evealed the dialysis staff was getting or nin to the dialysis staff, however the res ion due to diarrhea and had to be char days in January (2021) with improver	ident stated to the facility she was aged. It indicated the resident
	-No new orders were implemented	regarding the resident's complaint of p	ain during dialysis.
	, ,	26/21 revealed the facility frequently do did not document any interventions to a	
	A 2/20/21 nursing progress note re early related to pain and the physic	vealed the resident terminated dialysis ian was notified.	treatment two and a half hours
	(continued on next page)		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIE	NAME OF PROVIDER OF SUPPLIER		P CODE	
Sterling Rehabilitation and Nursing			F CODE	
Otoring Norlabilitation and Naroling	, 223	1420 S 3rd Ave Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0697	A 2/27/21 nursing progress note re treatment 100 minutes early and th	vealed the resident returned from dialy e physician was notified.	sis after she chose to end	
Level of Harm - Actual harm  Residents Affected - Few		ealed the resident returned from dialysi nd she signed AMA. It indicated the res e facility.		
	resident had a complaint of pain in	vealed the resident returned from dialy the coccyx area immediately after goin ain after returning to the facility and be	g into the dialysis chair. It indicated	
	A 3/20/21 nursing progress note revealed the resident returned from dialysis early with a compla Another 3/20/21 nursing progress note revealed the resident's primary physician made rounds vi and all concerns were addressed. (See physician progress note below).			
	A 3/20/21 physician progress note revealed the resident was having sacral pain during dialysis treatment despite changes to position and cushioning. It indicated the resident would be evaluated for optimal pain relief. The plan was to use Lidocaine in the wound bed.			
	-Review of the record revealed this	did not occur.		
	A 3/23/21 nursing progress note re returning from dialysis.	vealed the resident complained of havi	ng more pain that day after	
	An order was written by the physician on 3/24/21 at 4:15 p.m. that revealed on dialysis days, at least one hour prior to dialysis, Lidocaine 5% cream was to be applied to the sacral area and covered with a bordered foam dressing to cushion. The dressing was to be removed after the dialysis session on Tuesday, Thursday and Saturday due to sacral pain.			
		e electronic medical record (EMR) until one prior to going to dialysis on the mo		
	A 3/25/21 nursing progress note re	vealed the resident got off dialysis early	y due to pain.	
	,	the resident received Tylenol one time of 10 and the effectiveness was docur	•	
	The February 2021 MAR also revealed the observation of pain was being done twice a day at 6:00 a. 6:00 p.m. The resident's pain was documented 0 out of 10 (no pain) for the entire month except on 2/ when the resident had a pain rating of 2 out of 10.  The March 2021 MAR revealed the observation of pain, done twice a day from 3/1 until 3/24/21, docu the resident rated her pain 2-4 out of 10, 21 times, showing an increase in the resident's complaint of The MAR revealed the resident did not receive any Tylenol.			
	(continued on next page)			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
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For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0697  Level of Harm - Actual harm		resident was not offered any non-pharm	nacological pain interventions.
Residents Affected - Few	III. Staff interviews	an to address her complaints of pain.	
residence in con-	Certified nurse aide (CNA) #3 was	interviewed on 3/24/21 at 4:25 p.m. Sh vas not at dialysis. She said she would complain of any pain.	
	resident received dialysis three tim arrived she was transferred into the resident had frequently requested to the said she thought it was possib. She said they frequently reposition offered Tylenol but did not want to it did not work anyway. She said the that maybe they would be able to perform to assist with the resident's pain continuous to the time when she was periods of time and did not complain back from dialysis early due to complain back from dialysis early due to complain back from dialysis early due to complain the did not give her anything. She appointment and did not write any survey) and new orders were obtain the certified medication aide (CMA) #1 residents if they were in any pain whon-verbal, she tried to use the PA were having any pain. She said she effective, then she would give the rish would notify the nurse so a requififerent alternative. She said Residents.	was interviewed on 3/26/21 at 10:31 a. s not at dialysis. She said she would sit in of pain when she was up. She said to a plaints of pain, but once she got here is said the physician had seen her last worders but the physician was contacted ned for lidocaine to be applied before to a was interviewed on 3/29/21 at 12:15 per whenever she had any contact with the plant in Advanced It is would offer a non-pharmacological in the esident pain medication. She said if the puest could be made from the physician dent #18 usually did not complain of pay had complaints of pain when she was	e. She said when the resident ight bearing lift. She said the complaints of pain to her coccyx. her coccyx but she was unsure. Ip. She said the resident was vallowing pills and the resident said formation with the facility in hopes vide some other type of intervention in the said Resident #18 stayed in the resident was frequently sent she never complained of pain so be each of after her dialysis again two days ago (during the her resident went to dialysis.  In the said she always asked the intervention scale to determine if they the tervention first and if it was not the pain medication was ineffective, a for something stronger or a sin when she was lying in bed. She

Level of Harm - Actual harm  Level of Harm - Actual harm  upon admission, quarterly and with any change in the residents' complaints of pain. She said a resident's acceptable level of pain should be part of that evaluation. She said the nurse should offer non-pharmacological interventions first then pain medication. If the interventions and medication were				NO. 0930-0391
Sterling Rehabilitation and Nursing LLC  1420 S 3rd Ave Sterling, CO 80751  For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.  (X4) ID PREFIX TAG  SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)  The director of nursing (DON) was interviewed on 3/29/21 at 6:24 p.m. She said pain evaluations were dor upon admission, quarterly and with any change in the residents' complaints of pain. She said a resident's acceptable level of pain should be part of that evaluation. She said the nurse should offer non-pharmacological interventions first then pain medication. If the interventions and medication were ineffective, the physician should be notified. She said the physician was addressing the resident's complaint of pain during dialysis. She said she was not aware the resident was not completing her dialysis sessions		IDENTIFICATION NUMBER:	A. Building	COMPLETED
(X4) ID PREFIX TAG  SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)  The director of nursing (DON) was interviewed on 3/29/21 at 6:24 p.m. She said pain evaluations were dor upon admission, quarterly and with any change in the residents' complaints of pain. She said a resident's acceptable level of pain should be part of that evaluation. She said the nurse should offer non-pharmacological interventions first then pain medication. If the interventions and medication were ineffective, the physician should be notified. She said the physician was addressing the resident's complain of pain during dialysis. She said she was not aware the resident was not completing her dialysis sessions			1420 S 3rd Ave	IP CODE
F 0697  The director of nursing (DON) was interviewed on 3/29/21 at 6:24 p.m. She said pain evaluations were dor upon admission, quarterly and with any change in the residents' complaints of pain. She said a resident's acceptable level of pain should be part of that evaluation. She said the nurse should offer non-pharmacological interventions first then pain medication. If the interventions and medication were ineffective, the physician should be notified. She said the physician was addressing the resident's complain of pain during dialysis. She said she was not aware the resident was not completing her dialysis sessions	For information on the nursing home's	plan to correct this deficiency, please con	Lact the nursing home or the state survey	agency.
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	Level of Harm - Actual harm	The director of nursing (DON) was interviewed on 3/29/21 at 6:24 p.m. She said pain evaluations were done upon admission, quarterly and with any change in the residents' complaints of pain. She said a resident's acceptable level of pain should be part of that evaluation. She said the nurse should offer non-pharmacological interventions first then pain medication. If the interventions and medication were ineffective, the physician should be notified. She said the physician was addressing the resident's complaint of pain during dialysis. She said she was not aware the resident was not completing her dialysis sessions		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE	
Sterling Rehabilitation and Nursing LLC		1420 S 3rd Ave	PCODE	
		Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)	
F 0698	Provide safe, appropriate dialysis o	are/services for a resident who require	s such services.	
Level of Harm - Minimal harm or potential for actual harm	**NOTE- TERMS IN BRACKETS H	IAVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 37166	
Residents Affected - Few		nterviews, the facility failed to ensure or a sample residents received dialysis se		
	Specifically, the facility failed to:			
	,	made between an artery and vein for di sound associated with turbulent blood admitted on [DATE];	,	
	-Have an order not to take blood pr	ressure on the left arm with dialysis fist	ula/shunt;	
	-Monitor peritoneal dialysis (PD) po	ort from admission 1/13/21 until 2/5/21;	and,	
	-Update the dialysis care plan with	PD port care.		
	Findings include:			
	1. Facility policy and procedure			
	The Hemodialysis, Care of Residents policy and procedure, last revised August 2017, was provided by the corporate consultant (CC) on 3/29/21 at 3:00 p.m. and read in pertinent part:			
	Review and ensure orders upon accare, diet and fluid restrictions.	lmission are received for follow-up dialy	ysis center appointments, shunt	
	-Do not take blood pressure on the	arm with dialysis shunt.		
	-Provide routine arteriovenous account with physician's orders and facility	ess (AV) shunt or hemodialysis cathete policies and procedures.	r care and monitor in accordance	
	-Check vital signs every shift for the	e 24 hours post-dialysis or in accordance	ce with physician's orders.	
	-Upon return from dialysis, the nurs hours after the resident's return.	ee will check for thrill and bruit of the A	/ shunt twice during the first eight	
	-The nurse will assess the condition these conditions are noted, contact	n of the access site for bleeding, redne physician and document findings.	ss, tenderness or swelling. If any of	
	2. Resident #16			
	a. Resident's status			
	(continued on next page)			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLII	FD	STREET ADDRESS, CITY, STATE, ZI	P CODE	
Sterling Rehabilitation and Nursing			PCODE	
Sterning Renabilitation and Nursing	JLLO	1420 S 3rd Ave Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0698  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few	Resident #16, age under 60, was admitted on [DATE]. According to the March 2021 computerized physician orders (CPO), diagnoses included acquired absence of left leg, diabetes type two, end stage renal disease, and dependence on dialysis.  The 1/18/21 minimum data set (MDS) assessment revealed the resident was cognitively intact with a brief interview for mental status (BIMS) score 15 out of 15. The resident required extensive two person physical			
		rs, dressing, toileting and personal hyg er. Resident was receiving dialysis serv		
	b. Resident interview			
	Resident #16 was interviewed on 3/23/21. He said he was receiving dialysis services outside the facility three times a week. He said he had two ports, an abdominal port that was not used, and fistula on his left arm that was used for dialysis every other day. He said both ports were monitored by dialysis staff every time he visited the dialysis center. He said nurses at the facility did not look at the fistula or other port.			
	c. Record review			
	included checking for thrill and brui	1/18/21 read resident was receiving dia t twice per shift every day, maintain corshift for 24 hours post-dialysis, and to r	mmunication with the dialysis	
	The care plan did not mention that the resident had a second port on his abdomen.			
	Review of the March 2021 CPO revealed there were no orders to monitor Resident #16's fistula on the left arm, additionally there was no order to not take the blood pressure in the residents left arm.			
	According to the medical administra	ation record (MAR) for March 2021, res	ident had following order:	
		ite cap is on the resident's PD port. If it the dialysis center. The order was initi		
	There was no order on the MAR to take blood pressure in the resident	monitor the fistula on the left arm for b 's left arm.	ruit and thrill and no order not to	
	Progress notes reviewed from admission to survey (3/23/21 to 3/29/21) revealed only two notes by staff, one on the day of the admission 1/13/21 and a second on 3/25/21 during survey to monitor dia fistula on the left arm.			
	d. Staff interviews			
	(continued on next page)			

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, Z 1420 S 3rd Ave Sterling, CO 80751	IP CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying informat	ion)
F 0698  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few	Licensed practical nurse (LPN) #4 nurse for Resident #16. She said s worked with him for the last severa and she was monitoring his fistula anywhere but was monitoring it dai Registered nurse (RN) #2 was inte day shift. He said the resident had forearm port was used. He said nu ports should be on the MAR and or on the MAR.  The director of nursing (DON) was the order to monitor both ports was monitored every shift to ensure proinfection. In addition, all dialysis ca	was interviewed on 3/29/21 at 12:30 p he was a traveling nurse but was famil Il weeks. She said the resident was rec side every time he returned from the c	.m. She said she was a primary iar with the resident and had seiving dialysis three times a week linic. She did not document that a said he was a charge nurse for the port was not used and only the left rare the fistula monitoring was not was not was not used and only the left rare the fistula monitoring was not was said she did not know why not had you seem to seem the said she did not know why not had you seem to seem the said she did not know why not had you seem to seem the said she did not know why not had you seem to seem the said she did not know why not had you seem to seem the said she did not know why not had you seem to seem the said she did not know why not had you seem to seem the said she did not know why not had you seem to see the said she did not know why not had you seem to see the said she was a charge nurse for the your said

			NO. 0930-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave Sterling, CO 80751	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	Lact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0712 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)  Ensure that the resident and his/her doctor meet face-to-face at all required visits.		ed visits.  ONFIDENTIALITY** 37661  142 and #14) of five residents obysician at least once every 30 thereafter.  21 computerized physician orders of the physician orders of t
	(		

			NO. 0930-0391	
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, Z 1420 S 3rd Ave Sterling, CO 80751	IP CODE	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG		SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0712  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Some	responsible for keeping track of the more difficult because of the COVII  The corporate consultant (CC) and They said it was medical records reaccording to regulation. They said visits. They said the medical directors	(HIC) was interviewed on 3/28/21 at 3 physician visits and ensuring they we D-19 restrictions and the start of telehous the director of nursing (DON) were interpreted by the director of nursing the proposition of the propo	re done timely. He said it had been ealth. erviewed on 3/29/21 at 6:24 p.m. ensure they were being done physicians to get them to do their other physicians and it had been	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIE	-R	STREET ADDRESS, CITY, STATE, ZI	IP CODE
Sterling Rehabilitation and Nursing LLC		1420 S 3rd Ave Sterling, CO 80751	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0725  Level of Harm - Minimal harm or potential for actual harm	charge on each shift.	day to meet the needs of every reside	
Residents Affected - Many	Based on interviews, record review and observations, the facility failed to provide sufficient nursing ensure the resident's received the care and services they required in maintaining their comprehend of care, to achieve and maintain their highest practicable physical, mental and psychosocial well-best Specifically, the facility failed to consistently provide adequate nurse staff, which considered the addiagnoses of the facility's resident population, resident census and daily care.  As a result of inadequate staffing, the facility failed to provide assistance with activities of daily living ensure residents were provided meals in a timely manner, ensure fall interventions were in place to resident injury and provide an effective restorative nursing program.  Cross-reference F677: the facility failed to provide assistance with activities of daily living (ADL) for dependent residents.		
	Cross-reference F688: the facility fa	ailed to have an effective restorative nu	ursing program.
		ailed to ensure resident safety while sn juries and failed to have an assessme	
	Cross-reference F692: the facility fa hydration status.	ailed to ensure residents were provided	d sufficient fluids to maintain
	Cross- reference F804: the facility	failed to provide palatable food.	
	I. Resident census and condition		
	The Census and Conditions of Residents form, provided by the facility and dated [DATE], revealed 42 residents resided at the facility. Care needs of the residents were documented as follows:		
	-15 residents were dependent on staff for bathing and 22 residents needed the assistance of one or two staff to bathe;		
	-37 residents needed the assistance of one or two staff to dress;		
	-One resident was dependent on transferring and 31 residents needed the assistance of one or two staff to transfer;		
	-One resident was dependent on to toilet use;	oilet use and 35 residents needed the a	assistance of one or two staff for
	-18 residents needed the assistance	ee of one or two staff to eat;	
	(continued on next page)		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave Sterling, CO 80751	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0725  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Many	-29 residents were occasionally or -22 residents were occasionally or -0ne resident had an intellectual and -12 residents had a diagnosis of decentric residents had behavioral healther -10 residents had psychiatric diagnosis residents were in their wheelcher -42 residents received preventative -3ix residents were receiving respire -0ne resident received ostomy care -3ix residents had contractures; and -22 residents were on a pain mana -22 residents were on a pain mana -22 residents were on a pain mana -22 residents, who per facility and assess the facility provided sufficient nursing Resident #30 was interviewed on [I as long as he could remember. He had gotten used to waiting for staff. Resident #10 was interviewed on [I required two staff members to assist amount of time she waited for staff she had adjusted to it. The resident already knew that staffing was a proposition of the she waited for staff she had adjusted to it. The resident already knew that staffing was a proposition of the she waited for staff she had adjusted to it. The resident already knew that staffing was a proposition of the she waited for staff she had adjusted to it. The resident already knew that staffing was a proposition of the she waited for staff she had adjusted to it. The resident already knew that staffing was a proposition of the she waited for staff she had adjusted to it. The resident already knew that staffing was a proposition of the she waited for staff she had adjusted to it. The resident already knew that staffing was a proposition of the she waited for the she waited for the she waited for the she waited for staff she had adjusted to it. The resident already knew that staffing was a proposition of the she waited for the sh	frequently incontinent of bladder; frequently incontinent of bowel; and/or developmental disability; frementia; freare needs; fosis; freair all or most of the time; freatory treatment; frequently incontinent of bowel; frequently incontinent of bowel, and the bowel, and the bowel incontinent of bowel incon	following statements when asked if ag in the building had been bad for answer his call light. He said he really needed anything. a two person transfer, meaning it g). The resident said the least resident said she did not like it, but bout her concerns, because they d to wait a long time for her call light would ask for help it would take so

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave Sterling, CO 80751	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
Evel of Harm - Minimal harm or potential for actual harm  Residents Affected - Many	twice a week and have the hair shall enough time or help for her to be a Resident #35 was interviewed on [I bathing and with removing her facial not have the time.  III. Staff interviews  Certified nurse aide (CNA) #4 was had been really hit or miss. She sa up for work. She said she was the building was frequently short staffe her shift, and often she would have CNA said when she had to assist a were needed, she would have to fir 10 minutes to locate assistance an Licensed practical nurse (LPN) #2 for the back hallway which had 32 plus assist the CNAs as needed. Sevening and night shift. The LPN sc COVID-19 outbreak, and there wer residents were safe.  The nursing home administrator (N were interviewed on [DATE] at 3:44 2019, trying to hire more staff by of (CNAs) working were agency staff. and would be providing restorative  CNA #1 was interviewed on [DATE management was talking about ded done already and it would only get showers, passing water, changing staff. She said fresh water should be have time to get it done. She said to sometimes it felt like all she could consider the said to the said to sometimes it felt like all she could consider the said to sometimes it felt like all she could consider the said to said to said to get their for sometimes it felt like all she could consider the said to said to get their for sometimes it felt like all she could consider the said to the said	DATE] at 2:40 p.m. She said she needed hair but she often did not get it because interviewed on [DATE] at 11:50 a.m. Stid today ([DATE]) she was not schedule only person working on her hall, which d, especially CNAs. She said it was differ to delay showers for residents and try a resident that was a two person transfernd a nurse or another CNA to assist he	ed assistance form the staff with use they were short handed and did the said the staffing in the building ed to work, but accidentally showed had 11 residents. She said the ficult to get everything done during to do them the following day. The er, meaning two staff members r, but that would often take at least m. She said she was the only nurse all of her daily nursing tasks, done falls in the facility, mostly on the heir room due to a recent vailable to make sure all of the the corporate consultant (CC) gon their staffing problems since aid 30% of the certified nurse aides interested in being restorative aides to the floor to work as CNAs.  The corporate consultant the day and th

			No. 0938-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave Sterling, CO 80751	P CODE
For information on the nursing home's	plan to correct this deficiency please con	tact the nursing home or the state survey	agency
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	<u> </u>	
F 0725  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Many	for passing all the resident's medicacare because they did not have end Licensed practical nurse (LPN) #1 get all tasks done timely if they did and other tasks, such as linen char the best they could with what they I (DON) and give her the details on t needed.  The minimum data set (MDS) coord managers had multiple responsibilit coordinator (SDC) was also the infection on and off for several months and t such as behavior tracking and monwere obtained, scheduling and followeach person was responsible for, so The CC, NHA and DON were intervexpired the previous month so the the RN shifts during the day and night of the second care the such as the such as the previous month so the such as the such as the previous month so the such as the such as the previous month so the such as	was interviewed on [DATE] at 12:30 p.inot have enough staff on the floor. She ages or passing ice, often did not get do had. She said if a resident fell, she wo he phone and the DON would determined in the facility. She said, for example ection control nurse, a unit manager, the rate last couple of weeks. She said the he nursing department was covering a itoring, ensuring consents for restraints owing through with ancillary services. Some things were falling through the craviewed again on [DATE] at 4:06 p.m. Toon and the SDC, being the only RNs ght. They said if there was a fall in the streeently hired two traveling RNs to control the streeently hired two traveling RNs to control the streeently hired two traveling RNs to control the street was a fall in the streeently hired two traveling RNs to control the street was a fall in the str	e CNAs with resident's personal  m. She said it was very difficult to e said showers were often skipped one either. She said the CNAs did uld call the director of nursing ne if further assessment was  11 p.m. She said several of the e, the staff development e restorative nurse and had also ey had been without a social worker lot of the social worker duties, s and psychoactive medications he said with the multiple tasks tacks and getting missed.  they said their RN waiver had in the building, were covering all building, they would come in to do

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY	
AND PLAN OF CORRECTION	IDENTIFICATION NUMBER: 065174	A. Building B. Wing	03/29/2021	
NAME OF PROVIDER OR SUPPLIE	NAME OF PROVIDER OR SUPPLIER		P CODE	
Sterling Rehabilitation and Nursing	LLC	1420 S 3rd Ave Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)	
F 0740  Level of Harm - Minimal harm or	Ensure each resident must receive and the facility must provide necessary behavioral health care and services.			
potential for actual harm	**NOTE- TERMS IN BRACKETS H	IAVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 39261	
Residents Affected - Few	Based on record review and staff interviews, the facility failed to provide the necessary behavioral health care and services to attain and maintain the highest practicable physical, mental, and psychosocial well-being for one (#7) of three residents reviewed for mood and behavior of 29 sampled residents.			
	Specifically, the facility failed to follow-up on a physician order for a mental health screening to determine if Resident #7 would have benefitted from mental health services following an inpatient psychiatric hospitalization.			
	Findings include:			
	I. Facility policy and procedure			
	The Behavioral Management System policy and procedure, last revised March 2018, was provided by the corporate consultant (CC) on 3/29/21 at 3:00 p.m. and read in pertinent part:			
	Residents receive behavioral health care and services, including those residents diagnosed with mental disorder or psychosocial adjustment difficulty, to attain or maintain their highest practicable physical, mental, and psychosocial well-being in accordance with the resident's comprehensive assessment and care plan.			
	II. Resident status			
	Resident #7, under the age of 60, was admitted on [DATE]. According to the Mach 2021 computerized physician orders (CPO), diagnoses included fibromyalgia, anxiety disorder, altered mental status, major depressive disorder, obsessive-compulsive disorder and insomnia.			
	with a brief mental status (BIMS) sometimes behaviors. The resident wandered transfering, walking, toilet use, and	The 1/1/21 minimum data set (MDS) assessment revealed the resident had moderate cognitive impairment with a brief mental status (BIMS) score of nine out of 15. She did not have any rejections of care or behaviors. The resident wandered one to three days. She required two person assistance with bed mobility ransfering, walking, toilet use, and personal hygiene. She required one person physical assistance with be mobility, walking in her room and in the corridor, dressing, toilet use and personal hygiene, she was ndependent with eating.		
	III. Record review			
	A 12/16/2020 physician order docu	mented the following:		
		provider) may provide psychological secent inpatient psych hospitalization at		
	The 12/28/2020 Initial Social Service	ces Assessment document the following	g:	
	(continued on next page)			

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIE	ir.	STREET ADDRESS, CITY, STATE, Z	IP CODE
Sterling Rehabilitation and Nursing		1420 S 3rd Ave Sterling, CO 80751	
For information on the nursing home's p	plan to correct this deficiency, please con	l tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informat	ion)
F 0740  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few	(Name of resident's husband) was wife. She requires supervision with management. (Name of resident's I that she needs for her mental and Resident #7 needs LTC (long term A 3/29/21 review of the resident's n services being offered to the reside VI. Staff interviews  The director of nursing (DON) was order (December 2020), the outside The DON said starting January 202 health consultation was never setudoing much better and the facility her DON said the physician felt the consult.  The social work consultant (SWC) resident's medical record and conficonsultation. The SWC said the resident's medical record and conficonsultation. The SWC said she she was admitted in December of 2	unable to take care of the physical, me almost all ADLs (activities of daily livin husband) reports that he feels the need emotional state are way more that he co	ental, and emotional needs of his and as well and for med (medication) do for Resident #7 has and the care can handle. He reports that each handle he reports that each handle health consultation.  The said at the time of the physician ing residents due to the pandemic. ON said Resident #7 behavioral said the resident was currently completing the physician order. The eassess her need for a psychiatric eassess her need for a psychiatric eassess her need for a psychiatric easses her had reviewed the easy possible, even if that initial the facility at the time of the easy doing much better than when to follow-up with the outside

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLII		STREET ADDRESS, CITY, STATE, ZI	D CODE	
Sterling Rehabilitation and Nursing		1420 S 3rd Ave	PCODE	
Sterning Renabilitation and Nursing	Sterling, CO 80751			
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)	
F 0758  Level of Harm - Minimal harm or potential for actual harm	prior to initiating or instead of contin	s(GDR) and non-pharmacological inter- nuing psychotropic medication; and PR e medication is necessary and PRN us	N orders for psychotropic	
•	**NOTE- TERMS IN BRACKETS H	IAVE BEEN EDITED TO PROTECT C	ONFIDENTIALITY** 39261	
Residents Affected - Some		ews, the facility failed to ensure three ( s were as free from unnecessary medi		
	Specifically the facility failed to accurately track behaviors, and failed to document interdiscipli (IDT) meetings regarding discussions about the continued needed for psychotropic medication #25, #16, and #15.			
	Findings include:			
	I. Facility policy and procedure			
	The Psychotropic Management System policy and procedure, last revised November 2017, was provided by the corporate consultant CC) on 3/29/21 at 3:00 p.m. and read in pertinent part:			
	The licensed nurse will institute the appropriate behavior monitoring form associated with the medication category via the behavior care record and the side effects record to:			
	-Identify and document objective and quantifiable specific behaviors;			
	-Document the number of episodes of behaviors; -Document the interventions and outcomes; and			
	-Document the presence or absence of side effects and interventions implemented to address side effects.			
	The IDT (interdisciplinary team) wil	I individualize the resident's care plan a	and address:	
	-The reason for the medication;			
	-Opportunities for non-pharmacolog	gical interventions;		
	-The goal for reducing or eliminatin	g the medication, if not contraindicated	ļ <b>,</b>	
	-The resident's goals and preference	ces; and		
	-The expected outcomes.			
	Monitoring and evaluation of the re at the resident's quarterly care plar	sident for the potential reduction psych	otropic medication will be reviewed	
	(continued on next page)			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION  A. Building	(X3) DATE SURVEY COMPLETED	
	065174	B. Wing	03/29/2021	
NAME OF PROVIDER OR SUPPLIE	ER	STREET ADDRESS, CITY, STATE, ZI	P CODE	
Sterling Rehabilitation and Nursing	LLC	1420 S 3rd Ave Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0758	II. Behavior monitoring			
Level of Harm - Minimal harm or potential for actual harm	A. Resident #25			
Residents Affected - Some	Resident status			
Nesidents Affected - Soffie	Resident #25, age of 87, was admitted on [DATE]. According to the March 2021 computerized physician orders (CPO), diagnoses included bipolar disorder, essential hypertension, need for assistance with personal care, and muscle weakness.  The 1/1/21 minimum data set (MDS) assessment revealed the resident was cognitive intact with a brief mental status (BIMS) score of 14 out of 15. She did not have any rejections of care or behaviors. She required one person assistance with bed mobility, transfering, walking, toilet use, and personal hygiene. She required one person physical assistance with bed mobility, locomotion on and of the unit, and personal hygiene. She required set-up assistance with transfers, walking, eating, and toilet use. She was coded as taking antipsychotic and antianxiety medication for six days.			
	2. Record review			
	The care plan, initiated 1/31/19, revealed the resident used antipsychotic and anti-anxiety medications related to bipolar disorder. Interventions included:			
	-Discussion with physician and family regarding the ongoing need for the use of the medication.			
	-Review behaviors/interventions and alternate therapies attempted and their effectiveness as per facility policy.			
	-Observe and record occurrence of	f targeted behavior symptoms and docu	ument per facility protocol.	
	The March 2021 CPO revealed the	following orders:		
	Lithium carbonate capsule 150 MG (milligrams) give one capsule by mouth three times a day related to bipolar disorder. Order date 3/2/21  Lorazepam concentrate 2 MG/ML (milligrams per milliliter) give 0.125 ML by mouth two times a day related to bipolar disorder. Order date 3/4/21			
	Observation: Antipsychotic Medica	tion (Lithium) -		
	Observe for behavior: hallucinations.			
	Document: Y (yes) if resident is fre- document behaviors in the progres	e of behaviors. N (no) if the resident is s notes- ordered 3/22/2020	not free of behaviors. If no	
	Observation: Anti-Anxiety Medication	on:		
	Observe behavior: pacing, air hung	er.		
	(continued on next page)			

			No. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave Sterling, CO 80751	P CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying informati	ion)
F 0758  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Some	document behaviors in the progres  A review of the residents medicatic revealed the facility nursing staff with check mark indicated the reside and the same behaviors listed on the same behaviors CNAs should today (3/29/21) and she was unsurful cicensed practical nurse (LPN) #1 on the MAR was not very clear as when she was working she would be to monitor if they were having behaving were occurring. The LPN said.  The social work consultant (SWC) medication there should be specific MAR and stated it was unclear if the pandemic many of the provider records off-site. She said it made it when the documentation was not of disciplines, and all staff should be a B. Resident #16.  1. Resident status  Resident #16.  1. Resident status  Resident #16, age under 50, was a orders (CPO), diagnoses included and dependence on dialysis.  The 1/18/21 minimum data set (ME interview for mental status (BIMS).	e of side effects. N (no) if the resident is notes- ordered (2/9/21) on administration record (MAR) from Jacas documenting the resident's behavior ent was experiencing the behavior or we interviewed on 3/29/21 at 11:15 a.m. She CNA tracking sheets. She said it may be a considered the behaviors she should be monitoring. The CNA said she was end all the behaviors she should be moved to if a resident was or was not having a create her own list of specific behaviors. The LPN said she would chart the she was not aware of any behaviors in the she was not aware of any behaviors. The LPN said she would chart the she was not aware of any behaviors in the staff should monitor the resident was having any of the behavior including herself, had been working a difficult to review behaviors and the order. The SWC said behavior tracking shaware of resident specific behaviors.  Admitted on [DATE]. According to the Macquired absence of left leg, diabetes the core 15 out of 15. The resident requirers, dressing, toileting and personal hygonia.	nuary 2021 through March 2021 r with a checkmark. It was unclear if ras free from the behavior.  She said every resident in the facility ade it difficult to know if a resident as providing care for Resident #25 conitoring for the resident.  m. She said the behavior tracking a specific behavior. The LPN said a for each resident and would use it nose behaviors in progress notes if desident #25 was having.  n. She said for each antipsychotic.  The SWC reviewed Resident #25 viors or not. The SWC said during off-site and accessing medical verall well being of the residents should be consistent among all

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIE		STREET ADDRESS CITY STATE 71	D CODE	
		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave	PCODE	
Sterling Rehabilitation and Nursing LLC  1420 S 3rd Ave  Sterling, CO 80751				
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey a	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)	
F 0758	The care plan, initiated 1/25/21, revealed the resident used antidepressant medication related to depression. Interventions included:			
Level of Harm - Minimal harm or potential for actual harm	-Administer antidepressant medica	tions as ordered by a physician.		
Residents Affected - Some	-Observe/document side effects an	d effectiveness every shift.		
	-Observe/document/report adverse	reactions to antidepressant therapy.		
	The March 2021 CPO revealed the following orders:			
	Escitalopram Oxalate tablet, give 20 mg by mouth one time a day every Monday, Wednesday, Friday, and Sunday for depression. Order date 2/24/2021			
	Observation: Antidepressant medication: Escitalopram			
	Observe for behavior: agitation.			
	Document: Y (yes) if resident is free of behaviors. N (no) if the resident is not free of behaviors. If no document behaviors in the progress notes- ordered 2/9/21.			
	A review of the residents medication administration record (MAR) from January 2021 through March 2021 revealed the facility nursing staff was documenting the resident's behavior with a checkmark. It was unclear if the check mark indicated the resident was experiencing the behavior or was free from the behavior.			
	3. Staff interviews			
	Certified nurse aide (CNA) #1 was interviewed on 3/29/21 at 12:15 p.m. She said Resident #16 did not have any behaviors. She said he was alert and oriented, able to tell what he needs and she never observed any behaviors. She was not sure what behaviors she was supposed to watch for.			
	Licensed practical nurse (LPN) #5 was interviewed on 3/29/21 at 1:22 p.m. She said Resident #16 did not have any behaviors. She said he was monitored for high risk for fall and use of call light, but not any othe behaviors. She said usually everything they needed to monitor the resident for was on the MAR or treatn administration record (TAR) and they were monitoring him for side effects of medications that he was on.			
	C. Resident #15			
	1. Resident Status			
		d on [DATE]. According to the March 2 al infarction, encephalopathy, kidney fai	,	
	(continued on next page)			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave Sterling, CO 80751	P CODE	
For information on the nursing home's	plan to correct this deficiency please con	tact the nursing home or the state survey	agency	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	<u> </u>	<u>-                                    </u>	
F 0758  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Some	interview for mental status (BIMS) and physical assistance for bed mo section indicated the resident did n	S) assessment revealed the resident wascore 13 out of 15. The resident require shillity, transfers, dressing, toileting and oit resist care, and had no hallucination g antipsychotic medication for seven d	ed limited assistance of one person personal hygiene. The behavior is, delusions or other types of	
	The care plan, initiated 1/4//21, revealed the resident used antipsychotic medication related to anxiety ar agitation. Interventions included:			
	-Administer antipsychotic medications as ordered by a physician.			
	-Observe/document side effects and effectiveness every shift.  -Observe/record occurrence of for target behavior symptoms (pacing, wandering,			
	disrobing, inappropriate response to verbal communication, violence/aggression			
	towards staff/others. etc.) and document per facility protocol.			
	The March 2021 CPO revealed the following orders:			
	Seroquel Tablet 25 mg (Quetiapine Fumarate) give 0.5 tablet by mouth two times			
	a day for anxiety/agitation 12.5mg twice a day -order date 1/18/2021			
	Observation: Antipsychotic medication: Seroquel			
	Observe for behavior: exit seeking,	verbal aggression, delusions.		
	Document: Y (yes) if resident is free of behaviors. N (no) if the resident is not free of behaviors. If no document behaviors in the progress notes- ordered 1/18/21.  A review of the residents medication administration record (MAR) from January 2021 through March 20 revealed the facility nursing staff was documenting the resident's behavior with a checkmark. It was unthe check mark indicated the resident was experiencing the behavior or was free from the behavior.			
	3. Staff interviews			
	CNA #4 was interviewed on 3/29/21 at 2:15 p.m. She said Resident #15 did not have any beha said when the resident initially came, she was having an exit seeking behaviors, and was talkin ghosts. Now, she did not have any behaviors, always used her call light and was always asking she needed.			
	(continued on next page)			

STATEMENT OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY	
AND PLAN OF CORRECTION	IDENTIFICATION NUMBER:	A. Building	COMPLETED	
	065174	B. Wing	03/29/2021	
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE	
Sterling Rehabilitation and Nursing	LLC	1420 S 3rd Ave Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)	
F 0758  Level of Harm - Minimal harm or potential for actual harm	LPN #5 was interviewed on 3/29/21 at 1:22 p.m. She said Resident #15 was alert and oriented, she did not wander around and always asked if she could go to the library. She was always cooperative with care, used her call light and did not display any behaviors. She said Resident #15 was not observed for any behaviors, they just made sure they know where she was due to the history of wandering behaviors.			
Residents Affected - Some	III. Failure to have documentation of IDT (interdisciplinary team) reviews for resident on psychotropic medications			
	A. Resident #25			
	Record review			
	A review of the resident's medical record revealed the resident had been reviewed by the psychotropic IDT on the following dates regarding her use of psychotropic medications (see physician orders above):			
	- 4/23/2020 IDT review of psychotropic medications			
	- 2/13/2020 IDT review of psychotropic medications			
	No additional IDT psychotropic team notes were noted in the residents medical record.			
	B. Resident #16			
	Record review			
	A review of the resident's medical r	of the resident's medical record revealed no IDT psychotropic team notes.		
	C. Resident #15			
	Record review			
	A review of the resident's medical r	nedical record revealed no IDT psychotropic team notes.		
	D. Staff interviews			
	The SWC was interviewed on 3/29/21 at 9:13 a.m. She said she was unsure if the facility har monthly psychotropic IDT meetings. She said she was unable to locate documentation regar meeting, including which residents had been reviewed, and if there were any recommendation meeting.			
	pharmacist who participated in the SWC said that was a good place to psychotropic medications and ensusaid moving forward a note would baccess to that information.	d a second time on 3/29/21 at 5:50 p.m. She said she had contacted the ed in the IDT meeting, and she had notes she would provide to the facility. The d place to start but she would review all of the residents currently taking and ensure they were reviewed at the next psychotropic IDT meeting. The SWG e would be created in the resident's electronic medical record so all providers h		
	(continued on next page)			

			10. 0930-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, Z	IP CODE
Sterling Rehabilitation and Nursing	LLC	1420 S 3rd Ave Sterling, CO 80751	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying informat	ion)
F 0758  Level of Harm - Minimal harm or potential for actual harm	psychotropic IDT meeting, which w performance improvement) meeting	interviewed on 3/29/21 at 6:08 p.m. Sl ras held monthly following the facility's g. The DON said she was unsure who otes of the meeting would be documen	QAPI (quality assurance in the facility was documenting the
Residents Affected - Some	37166		

NAME OF PROVIDER OR SUPPLIER  Sterling Rehabilitation and Nursing LLC  1420 S 3rd Ave Sterling, CO 80751  For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.  (X4) ID PREFIX TAG  SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)  F 0759  Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few  Sased on observations and interviews, the facility failed to ensure the medication error rate was not great than five percent.  Specifically, nursing staff failed to prime the insulin needle prior to administering an insulin injection, resul in an eight percent medication error rate.  Findings include:  I. Resident #16, age under 50, was admitted on [DATE]. According to the March 2021 computerized physic orders (CPO), diagnoses included acquired absence of left leg, diabetes type two, end stage renal diseas and dependence on dialysis.  A. Record review  According to the medical administration record (MAR) for March 2021, the resident was scheduled to receive the following medications:  -Novolog flex pen solution 100 Units per milliliter (U/ml) per sliding scale.	STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)  F 0759  Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few  **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 37166  Based on observations and interviews, the facility failed to ensure the medication error rate was not great than five percent.  Specifically, nursing staff failed to prime the insulin needle prior to administering an insulin injection, resul in an eight percent medication error rate.  Findings include:  I. Resident #16, age under 50, was admitted on [DATE]. According to the March 2021 computerized physic orders (CPO), diagnoses included acquired absence of left leg, diabetes type two, end stage renal disease and dependence on dialysis.  A. Record review  According to the medical administration record (MAR) for March 2021, the resident was scheduled to receive the following medications:  -Novolog flex pen solution 100 Units per milliliter (U/ml) per sliding scale.			1420 S 3rd Ave	P CODE
(Each deficiency must be preceded by full regulatory or LSC identifying information)  Ensure medication error rates are not 5 percent or greater.  **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 37166  Based on observations and interviews, the facility failed to ensure the medication error rate was not great than five percent.  Specifically, nursing staff failed to prime the insulin needle prior to administering an insulin injection, resul in an eight percent medication error rate.  Findings include:  I. Resident #16, age under 50, was admitted on [DATE]. According to the March 2021 computerized physic orders (CPO), diagnoses included acquired absence of left leg, diabetes type two, end stage renal diseas and dependence on dialysis.  A. Record review  According to the medical administration record (MAR) for March 2021, the resident was scheduled to receive the following medications:  -Novolog flex pen solution 100 Units per milliliter (U/ml) per sliding scale.	For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few  **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 37166  Based on observations and interviews, the facility failed to ensure the medication error rate was not great than five percent.  Specifically, nursing staff failed to prime the insulin needle prior to administering an insulin injection, resulting an eight percent medication error rate.  Findings include:  1. Resident #16 status  Resident #16, age under 50, was admitted on [DATE]. According to the March 2021 computerized physic orders (CPO), diagnoses included acquired absence of left leg, diabetes type two, end stage renal disease and dependence on dialysis.  A. Record review  According to the medical administration record (MAR) for March 2021, the resident was scheduled to receive the following medications:  -Novolog flex pen solution 100 Units per milliliter (U/ml) per sliding scale.	(X4) ID PREFIX TAG			on)
On 3/24/21 at 5:10 p.m., licensed practical nurse (LPN) #2 was observed during medication administratio She prepared to administer five units of insulin to the resident. She turned the dial on the flex pen to five units, attached the needle and administered the insulin.  The above observations were reported to the director of nursing 3/24/21 around 5:15 p.m.  LPN #2 was interviewed 3/24/21 around 5:20 p.m. She said priming the needle meant to check the needle for any defects. She said she did not recall the last time she received education about insulin pens.  The director of nursing (DON) was interviewed on 3/24/21 around 5:30 p.m. She said the insulin needle he to be primed prior to an insulin injection to ensure that the resident received the appropriate amount of insulin. She said she would provide immediate education to all nurses on the floor and for the incoming stas well, and she would contact the resident's physician to report the insulin administration error.  II. Resident #5 status  Resident #5, age 68, was admitted on [DATE]. According to the March 2021 CPO, diagnoses included medepressive disorder and type two diabetes.  (continued on next page)	Level of Harm - Minimal harm or potential for actual harm	Ensure medication error rates are reserved.  **NOTE- TERMS IN BRACKETS In Based on observations and interview than five percent.  Specifically, nursing staff failed to perime in an eight percent medication error in an eight percent in an eight percen	not 5 percent or greater.  BAVE BEEN EDITED TO PROTECT Contents, the facility failed to ensure the meditarism the insulin needle prior to administrate.  Individual on [DATE]. According to the Macquired absence of left leg, diabetes to according to the Macquired absence of left leg, diabetes to according to the Macquired absence of left leg, diabetes to according to the Macquired absence of left leg, diabetes to according to the macquired to the resident. She turned that it is of insulin to the resident. She turned almost the director of nursing 3/24/21 around 5:20 p.m. She said priming the most recall the last time she received education to ensure that the resident receives immediate education to all nurses on resident's physician to report the insulinon [DATE]. According to the March 20	DNFIDENTIALITY** 37166 dication error rate was not greater stering an insulin injection, resulting larch 2021 computerized physician type two, end stage renal disease, resident was scheduled to receive during medication administration. I the dial on the flex pen to five around 5:15 p.m. the dial on the check the needle cation about insulin pens. The said the insulin needle has the appropriate amount of the floor and for the incoming shift in administration error.

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NAME OF PROVIDER OR SUPPLIE		STREET ADDRESS, CITY, STATE, ZI	ID CODE	
Sterling Rehabilitation and Nursing		1420 S 3rd Ave	P CODE	
Graning Franciscon and Francisco		Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	ion)	
F 0759	A. Record review			
Level of Harm - Minimal harm or potential for actual harm	According to the medical administration record (MAR) for March 2021, the resident was scheduled to receive the following medications:			
Residents Affected - Few	-Novolog flex pen solution 100 Unit	ts per milliliter (U/ml) per sliding scale.		
	B. Observations			
	On 3/28/21 at 6:20 p.m. licensed practical nurse (LPN) #4 was observed during medication administration. She prepared to administer ten units of insulin to the resident. She turned the dial on the flex pen to two units, squirted insulin into a trash bin, attached the needle to the flex pen, set the dial to ten units, and administered the insulin.			
	(Cross-reference F760, significant	medication errors.)		
	C. Staff interviews			
	received the education on priming i training was that insulin pen neede	round 6:30 p.m. She said she was a tra insulin pens before her shift. She said of d to be primed and this is what she did in. She did not recall anything about p	what she remembered from the I when she set the pen to two units	
	She demonstrated written material nurses who completed the education	/21 around 6:40 p.m. She said she prothat was presented to nurses on propeon. She said she would contact the rese would re-educate the nurse and implementations correctly.	er insulin pen priming and a list of ident's physician and report the	
	III. Facility follow-up			
	On 3/29/21 around 8:30 a.m. the DON provided logs of staff education and written material that was presented to staff. All nurses that were on the schedule received education on proper insulin administrat with return demonstrations.			

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

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NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave Sterling, CO 80751	P CODE
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0760  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few	Ensure that residents are free from  **NOTE- TERMS IN BRACKETS H  Based on observations and interviet two hallways free of any significant  Specifically, the facility failed to print Residents #5 and #16.  Findings include:  I. Facility standards  The Medication Administration polic (CNC) on 1/14/2020 at 10:45 a.m. accurate, safe, timely, and sanitary  II. Manufacturer 's recommendation  The Novolog flexpen package insermaty collect in the cartridge during i	significant medication errors.  BAVE BEEN EDITED TO PROTECT Colors, the facility failed to keep two (#5 a medication errors.  The the flex pen insulin needles prior to the flex pen insulin needle tip. The flex pen insulin needle pen insulin needle pen insulin pertinent part: Before the flex pen insulin needle pointing up. Tap the cartridge and the the flex pen insulin needle pen insulin needle tip. The flex pen insulin needle tip. If not, change the needle flex pen insulin needle tip, but it will not be injected.	ONFIDENTIALITY** 37166  Ind #16) of four residents on one of administering insulin injections for administering insulin injections for the clinical nurse consultant ications are administered in an each injection small amounts of air of ensure proper dosing:  In gently with your finger a few  The dose selector returns to 0.  In and repeat the procedure no each repeat the procedure no flexPen.

AND PLAN OF CORRECTION  IDENTIF  065174  NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC  For information on the nursing home's plan to corre  (X4) ID PREFIX TAG  SUMMA (Each def  F 0760  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few  According the follow  -Novolog  B. Obse  On 3/24, She prequinits, att  The abo  LPN #2 for any of the said and she are said and said	ect this deficiency, please con ARY STATEMENT OF DEFIC ficiency must be preceded by at #16, age under 50, was a CPO), diagnoses included bendence on dialysis. ard review and to the medical administrations are the second and the medical administration and the second are to the medical administration and the second and the medical administration and the second are to the medical administration and the second are the second and	CIENCIES full regulatory or LSC identifying informati admitted on [DATE]. According to the M acquired absence of left leg, diabetes t	agency.  on)  arch 2021 computerized physician ype two, end stage renal disease,
Sterling Rehabilitation and Nursing LLC  For information on the nursing home's plan to corre  (X4) ID PREFIX TAG  SUMMA (Each def  F 0760  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few  According the following -Novolog B. Obse  On 3/24, She prequinits, att  The aboot LPN #2 for any of the said and she in the following and she in th	ary STATEMENT OF DEFIGATION OF DEFIGA	1420 S 3rd Ave Sterling, CO 80751  tact the nursing home or the state survey of the st	agency.  on)  arch 2021 computerized physician ype two, end stage renal disease,
(X4) ID PREFIX TAG  SUMMA (Each def  F 0760  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few  According the following - Novolog B. Obse  On 3/24, She prejunits, att  The about LPN #2 for any of the grid and she	ary STATEMENT OF DEFIGATION OF DEFIGA	tact the nursing home or the state survey state.  CIENCIES full regulatory or LSC identifying information admitted on [DATE]. According to the Macquired absence of left leg, diabetes to	arch 2021 computerized physician ype two, end stage renal disease,
F 0760  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few  According the following B. Obse  On 3/24, She prequents, att  The aboot LPN #2 for any of the said and she	at #16, age under 50, was a CPO), diagnoses included bendence on dialysis.  and review  and to the medical administricular wing medications:	full regulatory or LSC identifying informati admitted on [DATE]. According to the M acquired absence of left leg, diabetes t	arch 2021 computerized physician ype two, end stage renal disease,
Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few  A. Recording the follow -Novolog  B. Obse  On 3/24, She prequents, att  The abooth LPN #2 for any of the said and she	CPO), diagnoses included bendence on dialysis.  ord review   ng to the medical administric wing medications:	acquired absence of left leg, diabetes t	ype two, end stage renal disease,
depressi A. Recording the follows  -Novolog B. Obse On 3/28, She prequents, sq administ	Is plan to correct this deficiency, please contact the nursing home or the state survey agency.  SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)  Resident #16, age under 50, was admitted on [DATE]. According to the March 2021 computerized physis orders (CPO), diagnoses included acquired absence of left leg, diabetes type two, end stage renal disea and dependence on dialysis.  A. Record review  According to the medical administration record (MAR) for March 2021, the resident was scheduled to recite following medications:  -Novolog flex pen solution 100 Units per milliliter (U/ml) per sliding scale.  B. Observations  On 3/24/21 at 5:10 p.m. licensed practical nurse (LPN) #2 was observed during medication administration She prepared to administer five units of insulin to the resident. She turned the dial on the flex pen to five units, attached the needle and administered the insulin.  The above observations were reported to the director of nursing on 3/24/21 around 5:15 p.m.  LPN #2 was interviewed 3/24/21 around 5:20 p.m. She said priming the needle meant to check the need for any defects. She said she did not recall the last time she received education about insulin pens.  The director of nursing (DON) was interviewed on 3/24/21 around 5:30 p.m. She said the insulin needle to be primed prior to insulin injection to ensure that the resident received the appropriate amount of insul She said she would provide immediate education to all nurses on the floor and for oncoming shifts as we and she would provide immediate education to all nurses on the floor and for oncoming shifts as we and she would provide immediate ducation for pursue that the resident received the appropriate amount of insul She said she would provide immediate of the province of the floor of the floor of the medical administration record (MAR) for March 2021 CPO, diagnoses included to depressive disorder and type two diabetes.  A. Record review  According to the medical administ		the dial on the flex pen to five  1 around 5:15 p.m.  Beedle meant to check the needle cation about insulin pens.  In. She said the insulin needle had the appropriate amount of insulin. It and for oncoming shifts as well, sulin administration.  21 CPO, diagnoses included major  In resident was scheduled to receive the resident was scheduled to receive the dial on the flex pen to two

			No. 0938-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE
Sterling Rehabilitation and Nursing LLC  1420 S 3rd Ave Sterling, CO 80751			
For information on the nursing home's p	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0760	C. Staff interviews		
Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few	LPN #4 was interviewed 3/28/21 ar received the education on priming i training was that the insulin pen neunits and squirted insulin into the tr.  The DON was interviewed on 3/28/She demonstrated written material nurses who completed the education insulin administration, and she wou sure staff understood the instruction V. Facility follow-up  On 3/29/21 around 8:30 a.m. the D	ound 6:30 p.m. She said she was a transulin pens before her shift. She said seds to be primed and this is what she cash bin. She did not recall anything ab 21 around 6:40 p.m. She said she provided was presented to nurses on proper on. She said she would contact the resild re-educate the nurse and implement as correctly.  ON provided logs of staff education and the end on the schedule received education.	what she remembered from the did when she set the pen to two out priming the needle.  Wided education to all nursing staff. It is in a list of dent's physician and report the tareturn demonstration to make

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave Sterling, CO 80751	P CODE	
For information on the nursing home's	plan to correct this deficiency, please con	Lact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0804 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Ensure food and drink is palatable, 39261  Based on observations and intervie appetizing for residents on two out Specifically, the facility failed to ser I. Facility policy and procedure The Food and Nutrition Services por corporate consultant (CC) on 3/29/ The facility takes reasonable steps -Palatable, attractive, and at the processive service observations of holding cart to the unit, and then less that the processive service observations of holding cart to the unit, and then less that the service observations of holding cart to the unit, and then less that the service observations of holding cart to the unit, and then less that the service observations of holding cart to the unit, and then less that the service observations of holding cart to the unit, and then less that the service of the service observations of the service observation the meal trays.  CNA #4 was interviewed on 3/23/2 she was the only CNA for the hallwest that the service observation the meal trays. Cross-referent observations the meal trays.	attractive, and at a safe and appetizing ews, the facility failed to provide food the two hallways.  The food at a palatable temperature.  The provided procedure, last revised February at 3:00 p.m. and read in pertinent part to ensure that: Each resident is served as a served to a resident food trays was brought as pulled from the metal cart and served as served to a resident on the middle hallway. The was served to a resident on the middle hallway arrived on the unit until the last at 12:15 p.m. following passing all the ray, and she had to get the residents the The CNA said she also set-up the tray arrived on the was not enough notice F725 for sufficient nurse staffing.  The one of the pack hallway, threat with resident food trays was brought to the tray are staffing.  The one of the pack hallway threat the tray are staffing.  The one of the pack hallway threat the pack hallway t	g temperature.  at was palatable, attractive, and  ary 2017, was provided by the art:  I food that is:  itchen staff brought the metal A) #4 was observed passing all the  to the hallway.  ed to a resident.  allway.  It tray was passed was 36 minutes.  It resident meals. The CNA said eir drinks, and then pass the meal for the residents offering them ass all the trays, and that was if she arsing staff in the building to help  ed CNAs were observed passing all	
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OF SUPPLIED		STREET ADDRESS CITY STATE 71	D CODE
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	PCODE
Sterling Rehabilitation and Nursing	LLO	Sterling, CO 80751	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)		ion)
F 0804  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Some	The total time from when the reside minutes.  CNA #2 was interviewed on 3/29/2 the back hallway. She said the resi because of the COVID-19 pandemi took them about 30 minutes to pass III. Test tray evaluation  A test tray was received on 3/29/21 -Pancakes and bacon. The tempers was 72 degrees. Both food items will. Administrative interview  The corporate dietary manager (CI The DM said it was difficult to ensu staff, specifically the CNAs, were rewould not be served at the correct said hot food should be served hot the test tray items would not have to COVID-19 pandemic. The DM said process of beginning communal dir	ent meal trays arrived on the unit until to a tast 10 a.m. She said there were typic dents had been eating meals in their relic. The CNA said although there were so drinks and trays.  at 8:11 a.m. It contained the following ature of the pancakes were 78 degrees were bland and served too cold.  DM) and dietary manager (DM) were in the following ature food was served quickly when it left apponsible for passing the food trays. The temperature if it was sitting for 30 minution and cold food should be served cold.	the last tray was passed was 17  cically three CNAs who worked on coms for almost a year on and off three CNAs passing the trays, it still three CNAs passing the trays, it still three cname of the bacon of the tray of the bacon of the compact of the bacon of the compact of the bacon of the compact of the past year due to the communal dining, and was in the dishe would work with the facility

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDED OR SUPPLU	NAME OF PROVIDER OR SUPPLIER		P CODE	
Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, ZI 1420 S 3rd Ave	F CODE	
Sterling Renabilitation and Nursing LLC		Sterling, CO 80751		
For information on the nursing home's	For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0835	Administer the facility in a manner to	that enables it to use its resources effe	ctively and efficiently.	
Level of Harm - Minimal harm or potential for actual harm	37166			
Residents Affected - Many	Based on observation, record review, and interview, the facility failed to be administered in a manner that enabled it to use its resources effectively and efficiently to attain or maintain the highest practicable physical, mental, and psychosocial well-being of each resident.			
	Specifically, the facility failed to pro	vide sufficient leadership to address ar	nd/or avoid significant concerns.	
	Findings include:			
	I. Accidents			
	Cross-reference F689 for being free from falls and accidents. The facility failed to create a safe environment for Resident #13, #15 and #16.			
	II. Pain management			
	Cross-reference F697 for pain management. The facility failed to keep Resident #18 free from pain.			
	III. Staffing			
	Cross-reference F725 for sufficient staffing. The facility failed to consistently provide adequate nurse staff, which considered the acuity and diagnoses of the facility's resident population, resident census and daily care.			
	IV. Quality of care			
	Cross-reference F684 for quality of care, F688 for restorative services and F712 for physician visits. The facility failed to complete skin assessments in a timely manner. In addition, the facility failed to provide assistance with activities of daily living (ADL) for dependent residents, to have an effective restorative nursing program, and to provide physician's visits to residents every 30 days for the first 90 days after admission.			
	V. Quality assurance and performa	nce improvement (QAPI)		
	Cross-reference F865 for the quality assurance and performance improvement (QAPI) program and having a good faith attempt. The failicy failed to identify multiple concerns related to behavior tracking/psychotropic medication reviews, skin concerns, accident hazards and homelike and safety environmental concerns.			
	VI. Leadership Interviews			
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			10.0930-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, Z 1420 S 3rd Ave Sterling, CO 80751	IP CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	TATEMENT OF DEFICIENCIES  cy must be preceded by full regulatory or LSC identifying information)	
F 0835  Level of Harm - Minimal harm or potential for actual harm	The nursing home administrator (NHA) and corporate consultant (CC) were interviewed on 3/29/21 at 5:00 p. m. The NHA said the facility was recovering from the recent outbreak of COVID-19. For the last several months, their primary focus was on infection prevention and dedicated less time to other ongoing concerns in order to contain the spread of COVID-19.		
Residents Affected - Many	She said the facility was in the production ago.	cess of getting back to normal since ou	tbreak status was lifted a few days
	The CRC said they were working w local staff. In addition, the facility a staff due to the location of the facili		se (RN) as it was difficult to find
	The NHA and CRC said they would begin educating all of the staff, including management, to ensure that all of the staff were on the same page.		
		really caused problems in the facility a the areas identified management woul	

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION  A. Building	(X3) DATE SURVEY COMPLETED	
	065174	B. Wing	03/29/2021	
NAME OF PROVIDER OR SUPPLIE	ER	STREET ADDRESS, CITY, STATE, ZI	P CODE	
Sterling Rehabilitation and Nursing LLC  1420 S 3rd Ave Sterling, CO 80751				
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0842  Level of Harm - Minimal harm or	Safeguard resident-identifiable information and/or maintain medical records on each resident that are in accordance with accepted professional standards.			
potential for actual harm	**NOTE- TERMS IN BRACKETS H	HAVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 37661	
Residents Affected - Few	Based on observations, record revi records for one (#13) out of 29 sam	iew and interviews, the facility failed to nple residents.	ensure accuracy of medical	
	Specifically, the facility failed to ensure was complete and signed by the ph	sure Resident #13's Medical Orders for nysician.	Scope of Treatment (MOST) form	
	Findings include:			
	I. Resident #13's status			
	Resident #13, age under 65, was admitted on [DATE]. According to the March 2021 computerized physician orders (CPO), diagnoses included cerebral palsy.			
	The 1/12/21 minimum data set (MDS) assessment revealed the resident had no cognitive impairment with a brief interview for mental status (BIMS) score of 15 out of 15. The resident required extensive assistance of one person for bed mobility and locomotion on the unit and the extensive assistance of two people for transfers, dressing, toilet use and personal hygiene.			
	II. Record review			
		ope of Treatment (MOST) signed by the resident on 12/11/2020 was incomplete. It gnature, physician address or phone number, or a date of signature by the		
	(Cross-reference F578, right to form	mulate advance directives.)		
	III. Staff interviews			
	The certified medication aide (CMA) was interviewed on 3/29/21 at 12:15 p.m. She said she would look in the electronic health record, to see if a resident was a DNR or not. She was not aware of the MOST form of who was responsible to have it completed.			
	Licensed practical nurse (LPN) #1 was interviewed on 3/29/21 at 12:30 p.m. She said if she needed to know if a resident was a DNR (do not resuscitate) or not, she would go to the hard chart and look at the MOST form. She said it was medical records' responsibility to get the MOST form signed by the physician.			
	responsible for the medical records said it was his responsibility to get	The health information coordinator (HIC) was interviewed on 3/29/21 at 3:43 p.m. He said he was responsible for the medical records in the facility. He said he had been in the position since June 2020. He said it was his responsibility to get physician orders signed and ensure MOST orders were signed. He said he was not aware Resident #13 's MOST form was incomplete and said he would take it to the physician to get it filled out right away.		
	(continued on next page)			

			10. 0930-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021
NAME OF PROVIDER OR SUPPLIER Sterling Rehabilitation and Nursing LLC		STREET ADDRESS, CITY, STATE, Z 1420 S 3rd Ave Sterling, CO 80751	IP CODE
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)		ion)
F 0842  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few	The corporate consultant (CC) and the director of nursing (DON) were interviewed on 3/29/21 at 6:24 p.m. They said upon admission, the nurse should go over the MOST form with the resident or resident's representative and determine if the resident is a full code or a DNR, then they should contact the physiciar and get orders to match. They said it was medical records' responsibility to get the MOST form signed by t physician.		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE	
		1420 S 3rd Ave	PCODE	
Sterling Kenabilitation and Nursing	Sterling Rehabilitation and Nursing LLC			
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)	
F 0865	Have a plan that describes the pro	Have a plan that describes the process for conducting QAPI and QAA activities.		
Level of Harm - Minimal harm or potential for actual harm	37166			
Residents Affected - Many	Based on observations, interviews and record review, the facility failed to develop, implement, monitor and reevaluate its quality assurance performance improvement (QAPI) program to ensure the unique care and services the facility provided were maintained at acceptable levels of performance and continuously improved.			
	Specifically, the facility's QAPI program failed to systematically self-identify, investigate, analyze and correct problems relating to staffing, quality of care and resident safety. This failure contributed to serious adverse outcomes and the likelihood of further serious adverse outcome.			
	Cross-reference F689 for accident hazards, F697 for pain, and F725 for sufficient staffing.			
	Findings include:			
	I. Facility policy and procedure			
		ocedure were requested from the nursi The facility policies were not located a		
		21- 3/29/21) revealed multiple areas in and unique resident population at an acc		
	According to 4/28/2020 facility assessment, the facility's resident profile included the following diseases/conditions, physical and cognitive disabilities: psychiatric/mood disorders including, psychosis, impaired cognition, anxiety disorder and behaviors that need interventions. The services and care the facility offered based on resident need included hospice, bariatric care, palliative care and respite care.			
	The recertification survey findings revealed deficiencies in the facility's level of performance in keeping residents free from accidents, in ensuring residents ' safety, in delivering quality resident care and in promoting residents ' quality of life that were neither new nor uncommon. However, there was little evidenc the findings had triggered a QAPI plan with corrective actions prior to survey. (Cross-reference F835 for administration). Specifically:			
	A. Cross-reference F689 for failure to ensure resident safety from accidents, cited at H level, actual harm with a pattern.			
	Survey findings revealed the facility failed to ensure Resident #13 had adequate access back into the facility after smoking outside in sub-zero temperatures. The resident suffered frostbite to his fingers while outside, and when he attempted to gain entry back into the facility he became stuck between the door and the wall, and waited for approximately 20 minutes before staff found him and assisted him back into the facility.			
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI	P CODE	
Sterling Rehabilitation and Nursing LLC		1420 S 3rd Ave	FCODE	
ololing to administration g ==0		Sterling, CO 80751		
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0865	Resident #16 sustained six falls ov	er a period of two months. Two of the f	alls resulted in major injuries. One	
Level of Harm - Minimal harm or potential for actual harm	Resident #16 sustained six falls over a period of two months. Two of the falls resulted in major injuries. One fall caused re-opening of the surgical wound on his amputated leg, and another fall resulted in a head injury with subdural hematoma. The facility failed to provide adequate and timely supervision and assistance to prevent multiple falls, resulting in two major injuries for Resident #16.			
Residents Affected - Many	Resident #15 had four consecutive falls in less than one month. The facility failed to put in place interventions to prevent the falls after the third fall. The fourth fall resulted in a fracture of the resident's left arm. Resident #15 was not assessed by a registered nurse (RN) for any injuries after the fall. The next morning the resident developed arm discoloration and swelling. She called 911 herself and was transferred to the emergency room for evaluation. The facility failures contributed to the resident's fall with fracture.			
	For Resident #19, the facility failed to properly assess, develop and implement interventions to prevent recurring falls. Fall risk assessments were not consistently documented accurately or timely, neurological checks were not consistently performed, and the resident was not consistently assessed by registered nurses after falls.			
	B. Cross-reference F697 for failure to manage resident's pain. Cited at G level, actual harm that is isolated.			
	Survey findings revealed he facility failed to identify when Resident #18 was having increased complaints of pain and failed to perform a current comprehensive pain evaluation to determine the root cause of the resident's increasing complaint of pain and adjust the resident's plan of care to provide optimal pain management.			
	Resident #18 had frequent complaints of moderate sacral pain during her dialysis sessions that were communicated to the facility but were not addressed or treated by the facility.			
	These failures led to the resident e	nding her dialysis sessions early freque	ently due to her unresolved pain.	
	C. Cross-reference F725 for failure potential for more than minimal har	e to provide sufficient nursing stuffing. ( m that is widespread.	Cited at F level, no actual harm with	
		r failed to consistently provide adequates resident population, resident census		
		he facility failed to provide assistance veals in a timely manner, ensure fall intestive restorative nursing program.	, , , , , ,	
	D. Cross-reference F677, F688 and F712 for failure to provide assistance with activities of daily living (ADL for dependent residents, to have an effective restorative nursing program, and to provide physician's visits t residents every 30 days for the first 90 days after admission. Cited at E level, a pattern with the potential for more than minimal harm.			
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065174	(X2) MULTIPLE CONSTRUCTION  A. Building B. Wing	(X3) DATE SURVEY COMPLETED 03/29/2021	
NAME OF PROVIDER OR SUPPLIE	NAME OF PROVIDED OR CURRUED		ID CODE	
		STREET ADDRESS, CITY, STATE, ZI	PCODE	
Sterling Rehabilitation and Nursing	TLLO	Sterling, CO 80751		
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)		ion)	
F 0865  Level of Harm - Minimal harm or potential for actual harm	F. Cross-reference F684 for failure to complete resident care (skin assessments and wound care) in a timely manner. The facility's failure to complete skin assessments timely, cited at a D level, a potential for more than minimal harm that is isolated.			
Residents Affected - Many		cility's inability to effectively care plan a l, mental and psychosocial well-being.	and promote each resident's	
	III. Leadership interviews			
	The nursing home administrator (N 3:00 p.m.	HA) and corporate consultant (CC) we	re interviewed on 3/29/21 around	
	The NHA said the facility currently had a QAPI committee which consisted of herself, the medical director, the director of nursing, the infection control nurse, the dietary manager, and the maintenance director.  The NHA stated the QAPI committee had identified some concerns. Specifically, number of falls in the facility, assessments after the falls, accurate documentation and effective interventions. They had develope plans and corrective actions for identified problems. In addition, NHA said the current issues the facility had identified were staffing, and infection control. However, the facility failed to identify the lack of restorative programs, social services assessments, availability of electronic medical records, timeliness of the physicial visits, and inadequate assistance with ADLs.			
	visited by a corporate manager on previously and was working on the systems she and her team would b	id she and the other corporate manager provided support to the facility. She said the facility was a corporate manager on at least a monthly basis. She personally visited the facility a few months and was working on the falls and accidents concerns. The CRC said QAPI would be one of the ne and her team would be working on to ensure the facility was able to self-identify system failures ally implement systems to correct any problems.		