

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER / SUPPLIER / CLIA IDENTIFICATION NUMBER 345116	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____	(X3) DATE SURVEY COMPLETED 05/06/2016
NAME OF PROVIDER OF SUPPLIER GOLDEN LIVINGCENTER - STARMOUNT		STREET ADDRESS, CITY, STATE, ZIP 109 S HOLDEN ROAD GREENSBORO, NC 27407	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG F 0282	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		
<p>Level of harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Provide care by qualified persons according to each resident's written plan of care. **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY**</p> <p>Based on record review and staff interviews, the facility failed to follow care plan interventions for 1 of 1 resident (Resident #1) assessed as a falls risk. This resulted in a fall which caused a left femur (thigh bone) fracture that required an open reduction internal fixation (ORIF) surgical procedure to correct, and 2 more subsequent falls without a reported injury.</p> <p>Findings included: Resident #1 was admitted to the facility on [DATE]. Cumulative [DIAGNOSES REDACTED]. A review of a nursing note dated 12/31/15 at 7:55 PM read, in part, admitted from home with family present. Resident ambulatory with slightly unsteady gait, alert and oriented to family with periods of confusion. Will require supervision when ambulating due to unsteady gait at times. A review of a nursing note dated 1/1/16 at 7:23 PM read, in part. Resident was noted to be wandering down hallway with unsteady gait. The note further indicated the resident was redirected and encouraged to use the walker, but the resident was non-compliant due to mental status. A review of the admission Minimum Data Set ((MDS) dated [DATE] revealed Resident #1 had no vision, speech or hearing deficits, was severely cognitively impaired, displayed inattention and disorganized thinking constantly, wandering-with significant risk to the resident occurred daily, and had no limb impairment. All activities of daily living (ADLs) required supervision except dressing which required extensive assistance. Resident #1 was unable to perform transitions and walking without staff assistance related to (r/t) not being steady without assistance. Active [DIAGNOSES REDACTED]. A review of the physical therapy (PT) notes revealed Resident #1 received PT beginning on 1/1/16 and therapy ended on 1/14/16. A note dated 2/3/16 revealed Resident #1 was discharged from PT on 1/14/16 r/t Goal met. The PT note indicated the resident needed stand by assistance (SBA)/supervision for safe transfers, sit to stand and stand pivot due to the resident's impaired cognition and subsequent poor safety awareness. The clinical impression entered by PT #1 read, Nursing staff have been educated in patient assist (assistance) level for transfers and ambulation(walking)-including (the) need for CGA (contact guard assistance-actually touching the resident) with ambulation, hand held assistance and need for SBA for transfers-and high fall risk. A review of the care plans dated 1/20/16 included a care plan r/t Impaired neurological status r/t [MEDICAL CONDITION]. The goal was to be free from injury. Interventions included assistance in mobility as needed. An additional care plan dated 1/20/16 was present r/t a physical functioning deficit r/t a mobility impairment. Interventions included assistive devices as needed, locomotion assistance as needed, and walking assistance as needed. A care plan for falls r/t use of medications, a new environment and no safety awareness dated 1/20/16 was initiated and revealed a goal of no falls through the next review. The interventions listed were: call light or personal items (to be) available and in easy reach; keep (the) environment well lit and free of clutter; and observe for side effects of medications. A nursing note dated 2/4/16 at 7:27 PM read, in part, 6 PM, during dinner, 2 staff members heard the resident fall on the floor on her right side, when staff approached the resident to assess for injuries the resident rolled over onto her left side and became physically aggressive with the nurse. Unit manager was called to the unit to assist with assessing the resident and the resident began to scream at the staff stating, 'Don't touch me my leg hurts.' Resident remains on the floor. Unable to assess ROM (range of motion). 6:10 PM- 911 was called by the unit manager. 6:15 PM- Resident's family members were called and message was left for both to call facility. 6:15 PM- the Director of Nursing (DON) responded to the dining room attempting to convince the resident to allow the staff to assist her off the floor. Resident remains resistant and continues to scream and yell at staff. The nursing note further indicated: 6:30 PM- Resident's family member returned call. Informed regarding fall. 7:00 PM- 911 called a second time. 7:10 PM- resident's family member arrived at the facility and was able to calm the resident down. 7:20 PM- EMS (Emergency Medical Services) arrived and resident out to (hospital name) ER (emergency room) for evaluation and treatment. A review of the hospital radiology report dated 2/4/16 revealed Resident #1 sustained a left femur (thigh bone) fracture with displacement and angulation. There was no evidence of significant [MEDICAL CONDITION] changes. The care plan r/t falls was revised on 2/11/16. The goal was modified to reduce the number of falls through the next review. Interventions were modified to include footwear to prevent slipping as needed, monitor the resident frequently and keep in a highly visible area, a therapy referral per physician order, toilet schedule as needed, and transferred to the hospital-upon return will place low impact mattress to floor and therapy referral. An observation made on 5/4/16 at 8:00 AM of Resident #1's room revealed no low impact mattress (fall mat) at Resident #1's bedside. An additional observation was made on 5/4/16 at 11:00 AM of Resident #1's room and revealed no fall mat present. An observation was made on 5/4/16 at 11:40 AM of Resident #1's room with the Administrator, and Director of Nursing (DON). The resident was lying supine in the bed with no fall mat present. The DON stated, There should be a fall mat there. A nursing note dated 3/11/16 at 4:55 PM was labeled Late entry and read, Resident (Resident #1) attempted self-transfer. Found on floor at bedside after lunch. Staff re-educated to provide rest periods after each meal, and continue to keep in highly visible area. An interview with the DON on 5/4/16 at 11:40 AM revealed Resident #1 had a fall on 3/11/16. She stated, The staff left her in her room (Resident #1) in her geri-chair unsupervised and she had a fall while trying to transfer herself. Care plans were again revised on 3/18/16. Goals were modified and read no falls through the next review. Interventions were modified and included staff (were) re-educated to provide rest periods after each meal and place (the resident) in a highly visible area. A nursing note dated 5/3/16 at 2:59 AM revealed Resident #1 had made several attempts to get out of bed, with her legs hanging over the assist rail of the bed. Repositioning was attempted but was not successful. Resident #1 was placed in a Geri-chair. A nursing note dated 5/4/16 at 5:00 PM read, Observed on floor by staff. History of falls, altered safety awareness, [MEDICAL CONDITION]. A nursing note dated 5/4/16 at 7:08 PM read, Observed with legs hanging over assist rails attempting to get OOB (out of bed). Resident placed in Geri-chair by staff to promote safety. Placed in hallway. Constant viewing of resident performed by all staff members. At 8:10 PM resident placed in bed. An interview with the Director of Nursing (DON) was conducted on 5/5/16 at 10:30 AM r/t a fall Resident #1 had on 5/4/16 at 5:00 PM. She stated her understanding was NA #2 saw the resident's (Resident #1) feet under the curtain in her room. When NA #2 entered she saw the resident sitting on the fall mat on the floor with her back against the assist rail. An interview with NA #3 was conducted on 5/5/16 at 10:55 AM. She stated, The call light was going off for the resident</p>		
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE	

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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<p>F 0282</p> <p>Level of harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p> <p>F 0323</p> <p>Level of harm - Actual harm</p> <p>Residents Affected - Few</p>	<p>(continued... from page 1)</p> <p>(Resident #1). I went down to the room and the nurse was already in there. She asked me for help because the resident had both legs hanging over the bed between the assist rail and foot board.</p> <p>An interview with NA #2 was conducted on 5/5/16 at 3:10 PM. She stated, She (Resident #1) had a fall out of bed yesterday. I was walking up the hall and saw her feet under the curtain. I looked behind it and she was sitting on the floor. I went to her nurse (Nurse #8) and told her she (Resident #1) had fallen, she said okay and continued to pass her medications in other resident rooms. Nurse #8 was not available to be interviewed.</p> <p>Make sure that the nursing home area is free from accident hazards and risks and provides supervision to prevent avoidable accidents</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY**</p> <p>Based on record review, and staff interviews, the facility failed to provide therapy recommended assistance for 1 of 3 residents (Resident #1) that were assessed as being a high risk for falls. The resident had a fall which resulted in a fractured left hip.</p> <p>Findings included:</p> <p>Resident #1 was admitted to the facility on [DATE]. Cumulative [DIAGNOSES REDACTED].</p> <p>A review of a nursing note dated 12/31/15 at 7:55 PM read, in part, admitted from home with family present. Resident ambulatory with slightly unsteady gait, alert and oriented to family with periods of confusion. Will require supervision when ambulating due to unsteady gait at times.</p> <p>A review of a nursing note dated 1/1/16 at 7:23 PM read, in part, Resident was noted to be wandering down hallway with unsteady gait. The note further indicated the resident was redirected and encouraged to use the walker, but the resident was non-compliant due to mental status.</p> <p>A review of the nursing notes dated 1/8/16, 1/9/16, 1/10/16, and 1/11/16 revealed Resident #1 had 1 to 1 (1:1) observation for wandering behavior. No further entries related to (r/t) 1:1 observation after 1/11/16.</p> <p>A review of the admission Minimum Data Set (MDS) dated [DATE] revealed Resident #1 had no vision, speech or hearing deficits, was severely cognitively impaired, displayed inattention and disorganized thinking constantly, wandering-with significant risk to the resident occurred daily, and had no limb impairment. All activities of daily living (ADLs) required supervision except dressing which required extensive assistance. Resident #1 was unable to perform transitions and walking without staff assistance related to (r/t) not being steady without assistance. Active [DIAGNOSES REDACTED].</p> <p>A review of the physical therapy (PT) notes revealed Resident #1 received PT beginning on 1/1/16 and therapy ended on 1/14/16. A note dated 2/3/16 revealed Resident #1 was discharged from PT on 1/14/16 r/t Goal met. The PT note indicated the resident needed stand by assistance (SBA)/supervision for safe transfers, sit to stand and stand pivot due to the resident's impaired cognition and subsequent poor safety awareness. The clinical impression entered by PT #1 read, Nursing staff have been educated in patient assist (assistance) level for transfers and ambulation(walking)-including (the) need for CGA (contact guard assistance-actually touching the resident) with ambulation, hand held assistance and need for SBA for transfers-and high fall risk.</p> <p>A review of the care plans dated 1/20/16 included a care plan r/t Impaired neurological status r/t Alzheimer's disease. The goal was to be free from injury. Interventions included assistance in mobility as needed. An additional care plan dated 1/20/16 was present r/t a physical functioning deficit r/t a mobility impairment. Interventions included assistive devices as needed, locomotion assistance as needed, and walking assistance as needed. A care plan for falls r/t a new environment and no safety awareness dated 1/20/16 was implemented and revealed a goal of no falls through the next review. The interventions listed were: call light or personal items (to be) available and in easy reach; keep (the) environment well lit and free of clutter; and observe for side effects of medications.</p> <p>A progress note dated 2/4/16 and timed 5:14 PM read, Social Services spoke to RP (Responsible Party) to inform her about the resident's (Resident #1) wandering behavior. The resident will be placed on one to one (1:1).</p> <p>A review of the staffing sheets dated 2/4/16 revealed no entries for 1:1 assignment r/t Resident #1.</p> <p>A nursing note dated 2/4/16 at 7:27 PM read, in part, 6 PM, during dinner, 2 staff members heard the resident fall on the floor on her right side, when staff approached the resident to assess for injuries the resident rolled over onto her left side and became physically aggressive with the nurse. Unit manager was called to the unit to assist with assessing the resident and the resident began to scream at the staff stating, 'Don't touch me my leg hurts.' Resident remains on the floor. Unable to assess ROM (range of motion). 6:10 PM- 911 was called by the unit manager. 6:15 PM- Resident's family members were called and message was left for both to call facility. 6:15 PM- the Director of Nursing (DON) responded to the dining room attempting to convince the resident to allow the staff to assist her off the floor. Resident remains resistant and continues to scream and yell at staff. The nursing note further indicated: 6:30 PM- Resident's family member returned call. Informed regarding fall. 7:00 PM- 911 called a second time. 7:10 PM- resident's family member arrived at the facility and was able to calm the resident down. 7:20 PM- EMS (Emergency Medical Services) arrived and resident out to (hospital name) ER (emergency room) for evaluation and treatment.</p> <p>A review of the hospital radiology report dated 2/4/16 revealed Resident #1 sustained a left femur (thigh bone) fracture with displacement and angulation. There was no evidence of significant degenerative changes.</p> <p>An interview was conducted with nursing assistant #1 (NA) on 5/5/16 t 3:55 PM. She stated she was assigned to the dining room on 2/4/16 when Resident #1 fell. She also stated, I was helping another resident and I heard (Resident #1) yell out, 'Help, help.' When I turned around she was on the floor. She required supervision because she walked around herself. She was 1:1 at the time, but I wasn't assigned to her. The DON will have us do 1:1 for some residents and that means you care for that specific resident only. The DON assigned someone to be 1:1 with (Resident #1) that night because of her Alzheimer's, but it wasn't me.</p> <p>An interview was conducted with Nurse #4 on 5/5/16 at 4:05 PM. She stated she was assigned to the hall where Resident #1 resided on 2/4/16 and Resident #1 was 1:1 at that time. She also stated a NA assigned 1:1 with a resident was to stay with the resident they were assigned to only. She could not state who was assigned to Resident #1 on 2/4/16.</p> <p>A nursing note dated 2/5/16 labeled Late entry read, Falls Management Meeting: Resident (Resident #1) noted with increased agitation with restlessness and exit seeking behavior requiring 1:1 care. Noted (on 2/4/16) ambulating in (the) dining room reorganizing table cloths prior to staff hearing resident scream. Resident transferred to the hospital. Upon return to the facility will place low impact mattress (falls mat) and therapy referral.</p> <p>The care plans were updated on 2/11/16. Goals were modified to reduce the number of falls through the next review. Interventions were modified to include: footwear to prevent slipping as needed, monitor the resident frequently and keep in a highly visible area, a therapy referral per physician order, toilet schedule as needed, and transferred to the hospital-upon return will place low impact mattress to floor and therapy referral.</p> <p>A nursing note dated 3/11/16 at 4:55 PM was labeled Late entry and read, Resident (Resident #1) attempted self-transfer. Found on floor at bedside after lunch. Staff re-educated to provide rest periods after each meal, and continue to keep in highly visible area.</p> <p>Care plans were revised on 3/18/16. Goals were modified to no falls through the next review. Interventions were modified and included: keep the resident in a highly visible area, and re-educate (staff) to provide rest periods after each meal.</p> <p>A nursing note dated 5/3/16 at 2:59 AM revealed Resident #1 had made several attempts to get out of bed, with her legs hanging over the assist rail of the bed. Repositioning was attempted but was not successful. Resident #1 was placed in a Geri-chair.</p> <p>A nursing note dated 5/4/16 at 5:00 PM read, Observed on floor by staff. History of falls, altered safety awareness, Alzheimer's disease.</p> <p>A nursing note dated 5/4/16 at 7:08 PM read, Observed with legs hanging over assist rails attempting to get OOB (out of bed). Resident placed in Geri-chair by staff to promote safety. Placed in hallway. Constant viewing of resident performed by all staff members. At 8:10 PM resident placed in bed.</p> <p>An interview with NA #2 was conducted on 5/5/16 at 3:10 PM. She stated, She (Resident #1) had a fall out of bed yesterday. I was walking up the hall and saw her feet under the curtain. I looked behind it and she was sitting on the floor. I went to</p>		

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<p>F 0431</p> <p>Level of harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>(continued... from page 3)</p> <p>--An entire line representing a shift change (including both nurses' signatures and the count number) were missing on 3 dates ([DATE], [DATE], and [DATE]).</p> <p>Additionally, there was a discrepancy in the count numbers of controlled medications/narcotic sheets on the 2 North medication cart from [DATE] to [DATE]. On [DATE], the count number was 40. No counts were recorded over the next 3 (12-hour) nursing shifts. On [DATE], two removals of controlled medications/narcotic sheets were noted. On [DATE], the count was noted to be 37 (indicating one controlled medication/narcotic sheet was not accounted for). A second discrepancy was noted in the count on [DATE] when the count was recorded as 41. The next count on [DATE] was recorded as 39 (indicating two controlled medications/narcotic sheets were not accounted for). There was no documentation of controlled medications/narcotic sheet withdrawal between [DATE] and [DATE]. A third discrepancy was noted in the count between [DATE] and [DATE]. On [DATE] the count was documented as 41. One withdrawal of a controlled medication/narcotic sheet was noted on that date. However, the next count noted on [DATE] indicated the count was 38 (indicating two controlled medications/narcotic sheets were not accounted for).</p> <p>A review of the Change of Shift Controlled Substances Count Sheet for the 2 East medication cart from [DATE] to [DATE] revealed the following:</p> <p>--Six (6) nurses' signatures were missing for the change of shift controlled medication count (2 on [DATE], 2 on [DATE], 1 on [DATE], and 1 on [DATE]);</p> <p>--Six (6) count numbers reflecting the total number of drug entities and narcotics sheets on that cart were missing (1 on [DATE], 1 on [DATE], 1 on [DATE], 2 on [DATE], and 1 on [DATE]);</p> <p>--Four (4) removals of controlled medications and their corresponding narcotic sheets were documented without noting a Resident's Name or any other identifying information (1 on [DATE], 1 on [DATE], and two on [DATE]);</p> <p>--Fourteen (14) additions of controlled medications and their corresponding narcotic sheets were documented without noting a Resident's Name or any other identifying information (3 on [DATE], 1 on [DATE], 1 on [DATE], 4 on [DATE], 2 on [DATE] and 3 on [DATE]).</p> <p>An interview was conducted on [DATE] at 4:02 PM with the facility's Director of Nursing (DON). During the interview, the DON reviewed the process for the accounting of controlled medications within the facility. She reported the facility's procedures required both the outgoing and oncoming nurses to count the narcotics (controlled medications), record the number of drug entities and corresponding narcotic sheets for each entity at shift change, and sign the Change of Shift Controlled Substances Count Sheet signifying completion of the task. The DON stated she expected that process to be followed each shift with no exceptions (other than the occurrence of a major disaster). The DON reported when a controlled medication was added to the med cart, the Count Sheet should reflect this addition along with the Resident's Name. If a controlled medication and its corresponding narcotic sheet was taken off of the cart, this should also be indicated on the Count Sheet along with the Resident's Name. Any controlled medication taken off of the cart was expected to be given to the DON. Upon further inquiry, the DON stated she expected all signature lines on the Change of Shift Controlled Substances Count Sheet to be filled out and all counts to be completed, along with additions and subtractions to the count made in accordance with the facility's established procedures.</p> <p>A telephone interview was completed on [DATE] at 5:24 PM with the facility's Consultant Pharmacist. During the interview, the Consultant Pharmacist reviewed the process for the accounting of controlled medications at the facility. Upon inquiry, the pharmacist reported she would expect the nurses to fill out the Change of Shift Controlled Substances Count Sheet when medications were put into and taken out of the medication cart; and, she expected two nurses to conduct and sign off on the controlled medication count at the change of each shift.</p>		